

### 3. Critical Incident Stress Debriefings

This year, we did not conduct any group debriefings. This service is entirely reactive in nature and totally unpredictable from year to year.

### 4. Development of Organizational Stress Profiles

There was no request for this service this year.

### 5. Training/Educational Activities

#### ⇒ *Noon-hour Sessions*

The number of sessions held this year was 37 (it was 32 last year). Four hundred and nine (409) employees and family members attended 23 sessions in English and 14 sessions in French. This year again sessions were conducted at Place Vanier and in Hull for International Service Group employees in order to facilitate employee attendance at these two locations. This year, the number of participants was up by almost one third (from 309 last year). The percentage of men who attended the noon-hour sessions decreased slightly compared to last year (from 14.6 percent to 11.7 percent), almost to its 1992-93 level of 11.6 percent. It has been difficult to identify topics which would attract more men. It is obvious that women are more interested in this kind of activity than men, as is the case with mental health and health promotion services and activities in general.

#### ⇒ *Management of Change and Transition*

This particular workshop was in great demand again this year. A total of 46 workshops/sessions on this topic were conducted, 20 abroad and 26 at headquarters. The sessions abroad were attended by both Canada-based and LES employees. A table containing all the statistical data pertaining to information/training/education activities is on pages 20 and 21.