

closely, or rather exclusively, the lines of dietetic treatment, but enters into the etiology and enough of the general treatment to make it a very useful book from that standpoint. It is undoubtedly what its title indicates, the Golden Rules of Dietetics.

W. J. W.

The Sexual Question: A Scientific, Psychological, Hygienic and Sociological Study for the Cultured Classes. By AUGUST FAREL, M.D., Ph.D., LL.D., formerly Professor of Psychiatry at and Director of the Insane Asylum in Zurich, Switzerland. English adaptation by C. F. Marshall, M.D., F.R.C.S., late Assistant Surgeon to the Hospital for Diseases of the Skin, London. Illustrated. New York: Rebman Company, 1123 Broadway.

For any author to take up and write a volume, small or large, dealing with "The Sexual Question," is no easy task. Even in professional circles, such a writer is sometimes blamed for being a little too plain spoken; but, in dealing with this subject, it is absolutely essential that the author "call a spade, a spade." That there is a lamentable prevalence of ignorance regarding sexual matters, this being due to too great a sense of modesty on the part of mothers especially, is undoubtedly true. The family physician should accept it as part of his mission to educate his patients as to the amount of knowledge to be imparted to growing girls and boys regarding sexual subjects, and, after reading Dr. Forel's book, he will be better fitted to do so. The book consists of, in all, nineteen chapters, each one worthy of careful perusal. We can recommend it as a scientific work and promise that the reader in search of knowledge will be repaid for its study.

Clinical Lectures on Surgical Diseases of the Urinary Organs. By P. J. FREYER, M.A., M.D., M.Ch., Surgeon to King Edward VII.'S Hospital for Officers, and to St. Peter's Hospital; Consulting Surgeon to Queen Alexandra's Military Hospital; Late Examiner in Surgery at the Durham University; Lieut.-Colonel, Indian Medical Service (Retd.). London: Balliere, Tindall and Cox. Canadian Agents: J. A. Carveth & Co., Toronto. Price, \$3.75.

This volume is composed of a series of post-graduate lectures, some of which have been published in medical journals. They have been "amplified, brought up-to-date and arranged in convenient order" until they make a very comprehensive work on the subject. The author's Indian medical service gave him a great field for observation. He seems to have made much of his opportunities. Think for a moment what it means to have operated 1,358 times for stone in the bladder. The average surgeon sees a very small