

Loss and Gain.

CHAPTER I.

"I was taken sick a year ago With bilious fever."

"My doctor pronounced me cured, but I got sick again, with terrible pains in my back and sides, and I got so bad I could not move! I shrunk! From 228 lbs. to 120! I had been doctoring for my liver, but it did me no good. I did not expect to live more than three months. I began to use Hop Bitters. Directly my appetite returned, my pains left me, my entire system seemed renewed as if by magic, and after using several bottles I am not only as sound as a sovereign but weigh more than I did before. To Hop Bitters I owe my life. Dublin, June 6, '81. R. FITZPATRICK.

CHAPTER II.

"Malden, Mass., Feb. 2, 1880. Gentlemen— I suffered with attacks of sick headache."

Neuralgia, female trouble, for years the most terrible and excruciating mania. No medicine or doctor could give me relief or cure until I used Hop Bitters. "The first bottle Nearly cured me;" "The second made me as well and strong as when a child, "And I have been so to this day." My husband was an invalid for twenty years with a serious "Kidney, liver and urinary complaint. "Pronounced by Boston's best physicians— "Incurable!" Seven bottles of your bitters cured him and I know of the "Lives of eight persons" In my neighbourhood that have been saved by your bitters. And many more are using them with great benefit. "They almost Do miracles?" —Mrs. E. D. Stack.

HOW TO GET SICK.—Expose yourself day and night; eat too much without exercise; work too hard without rest; doctor all the time; take all the vile nostrums advertised, and then you will want to know how to get well, which is answered in three words—Take Hop Bitters!

ROUGH ON RATS."

Clears out rats, mice, roaches, fleas, bed-bugs, skunks, chipmunks, gophers. Druggists.

W. A. EDGARS, of Frankville, was cured of Liver and Kidney Complaint after life was despaired of. He had remained from ten to fifteen days without an action of the bowels—Burdock Blood Bitters cured him, and he writes that he is a better man than he has been for twenty years past.

LOOK OUT FOR FRAUDS!

The genuine "Rough on Corns" is made only by E. S. Wells (Proprietor of "Rough on Rats"), and has laughing face of a man on labels. 15c. & 25c. Bottles.

NOTHING KNOWN to medical science can surpass the healing properties of Dr. Fowler's Extract of Wild Strawberry in Cholera Morbus, Dysentery, Colic and all Bowel Complaints.

DECLINE OF MAN.

Nervous Weakness, Dyspepsia, Impotence, Sexual Debility, cured by "Wells' Health Renewer." \$1.

If you would escape the ravages of that scourge of the summer season, Cholera Morbus, keep Dr. Fowler's Extract of Wild Strawberry at hand for use. In that and all other forms of Bowel Complaint, it is infallible.

CATARRH OF THE BLADDER

STINGING irritation, inflammation of Kidney and Urinary Complaints, cured by "Buchupaiba." \$1.

FOR A GOOD POT-PIE.—One quart sour milk or buttermilk; one tea-spoonful salt; one of soda; flour enough for a stiff batter; steam until done; cut into slices and lay in a deep dish and cover with a chicken or meat stew. Your dumplings will be neat and nice.

"MOTHERS' OWN WORM SYRUP" Infallible, tasteless, harmless, cathartic for feverishness, restlessness, worms, constipation. 25c.

Dresses, cloaks, coats, stockings and all garments can be coloured successfully with the Diamond Dyes. Fashionable colours only 10c.

BE CAREFUL!

The genuine "Rough on Corns" is made only by E. S. Wells (Proprietor of "Rough on Rats"), and has laughing face of a man on labels. 15c. & 25c. Bottles.

Words of the Wise.

THE lowest ebb is the turn of the tide.—Longfellow.

THE highest form of Christian life is self-denial for the good of others.—Dr. E. A. Park.

BEAR up, bear on; the end shall tell The dear Lord ordereth all things well! —F. J. Whittier.

IF we cannot live so as to be happy let us at least live so as to deserve happiness.—Fichte.

LOVE's sweetest meanings are unspoken; the full heart knows no rhetoric of words.—Boree.

IT is necessary to try to surpass one's self always; this occupation should last as long as life.—Queen Christina.

THINGS that never happen are often a much realities to us in their effects as those that are accomplished.—Dickens.

THE years write their records on human hearts, as they do on trees, in hidden, inner crevices of growth which no eye can see.—S. Holm.

THE anger of an enemy represents our faults or admonishes us of our duty with more heartiness than the kindness of a friend.—Jeremy Taylor.

MAN are guided less by conscience than by glory, and yet the shortest way to glory is to be guided by conscience.—Henry Home.

LET a man learn that everything in nature, even moles and feathers, goes by law and not by luck, and that what he sows he reaps.—Emerson.

FRIVOLITY, under whatever form it appears, takes from attention its strength, from thought its originality, from feeling its earnestness.—Madame de Staël.

AH, how rare it is to find a soul still enough to hear God speak! The slightest murmur of our vain desires or of a love fixed upon self confounds all words of the spirit of God.—Fenelon.

THEN pealed the bells more loud and deep, "God is not dead; nor doth He sleep! The Wrong shall fail, the Right prevail, With peace on earth, good-will to men!" —Longfellow.

LIFE is made up, not of great sacrifices or duties, but of little things, in which smiles and kindnesses and small obligations, given habitually, are what win and preserve the heart, and secure comfort.—Sir H. Davy.

TRUE friendship, grounded on the covenant of the Lord, possesses inconceivable force. It is stronger than death, and able to silence the voice of emulation, ambition, self-love, and even relative affection.—T. Scott.

MAN seldom die of hard work; activity is God's medicine. The highest genius is willingness and ability to do hard work. Any other conception of a genius makes it a doubtful, if not a dangerous, possession.—R. S. MacArthur.

UNCTION is the tongue of fire, and is just the very gift which no universities, no degrees, no amount of learning or critical attainment, no cultivation of the science of belles-lettres or rhetoric or elocution can bestow.—E. Paxton Hood.

HERBIN lies a great truth. We are builders of our own characters. We have different positions, spheres, capacities, privileges, different work to do in the world, different temporal fabrics to raise; but we are all alike in this—all are architects of fate.—F. F. W. Ware.

WE sorely complain of the shortness of time, and yet have much more than we know what to do with. Our lives are either spent in doing nothing at all, or in doing nothing to the purpose, or in doing nothing that we ought to do. We are always complaining that our days are few, and acting as though there would be no end of them.—Seneca.

THE real evils of the papal system I suppose to be its setting the letter above and instead of the spirit; authority above and instead of conscience; dogmatic formula above and instead of evangelic faith. Little is to be accomplished, in my opinion, by hacking at the boughs and foliage of the Upas tree nourished by those roots.—Bishop Whittingham.

THE time may be delayed, the manner may be unexpected, but sooner or later, in some form or other, the answer is sure to come. Not a tear of sacred sorrow, not a breath of holy desire, poured out in prayer to God, will ever be lost; but in God's own time and way it will be wafted back again in clouds of mercy, and fall in showers of blessings on you and those for whom you pray.—Prof. W. S. Tyler.

A NOTED BUT UNTITLED WOMAN.

(From the Boston Globe.)



Messrs. Editors— The above is a good likeness of Mrs. Lydia E. Pinkham, of Lynn, Mass., who above all other human beings may be truly called the "Dear Friend of Woman," and whose name our correspondents love to call on the streets of Lynn, and who is devoted to her work, which is the utterance of a heart, and is obliged to keep six lady assistants, to help her answer the large correspondence which daily pours in upon her, each bearing its special burden of suffering, of joy at release from it. Her Vegetable Compound is a medicine for good and not evil purposes. I have personally investigated it and am satisfied of its truth.

On account of its proven merit it is recommended and prescribed by the best physicians in the country. One says: "It works like a charm and saves much pain. It will cure entirely the worst form of falling of the uterus, Leucorrhoea, irregular and painful Menstruation, all Ovarian Troubles, Inflammation and Ulceration, Floodings, all Displacements and the consequent spinal weakness, and is especially adapted to the Change of Life."

It permeates every portion of the system, and gives new life and vigor. It removes faintness, flatulency, destroys all craving for stimulants, and relieves weakness of the stomach. It cures Bloating, Headaches, Nervous Prostration, General Debility, Dizziness, Depression and Indigestion. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. It will at all times, and under all circumstances, act in harmony with the law that governs the female system.

It costs only \$1 per bottle or six for \$5, and is sold by druggists. Any advice required as to special cases, and the names of many who have been restored to perfect health by the use of the Vegetable Compound, can be obtained by addressing Mrs. P., with stamp for reply, at her home in Lynn, Mass.

For Kidney Complaint of either sex this compound is unsurpassed as abundant testimonials show.

"Mrs. Pinkham's Liver Pills," says one writer, "are the best in the world for the cure of Constipation, Biliousness and Torpidity of the Liver. Her Blood Purifier works wonders in its special line and bids fair to equal the Compound in its popularity."

All must respect her as an angel of Mercy whose sole ambition is to do good to others.

Philadelphia, Pa. (C) Mrs. A. M. D.

Advertisement for Wells, Richardson & Co's Improved Butter Color. A NEW DISCOVERY. For several years we have furnished the Dairy-men of America with an excellent artificial color for butter, so meritorious that it met with great success everywhere receiving the highest and only prizes at both International Dairy Fairs. But by patient and scientific research we have improved in several points, and now offer this new color as the best in the world. It Will Not Turn Rancid. It is the Strongest, Brightest and Cheapest Color Made. Beware of all imitations, and of all other oil colors, for they are liable to become rancid and spoil the butter. If you cannot get the "Improved" write us to know where and how to get it without extra expense. (16) WELLS, RICHARDSON & CO., HARTFORD, CT.

FROZEN oranges for dessert on an August day are delicious. Remove the peel and slice the oranges; to each pound of oranges add three-quarters of a pound of sugar and one-half pint of water, and freeze.

Mr. H. McCaw, Custom House, Toronto, writes: "My wife was troubled with Dyspepsia and rheumatism for a long time; she tried many different medicines, but did not get any relief until she used Northrop and Lyman's Vegetable Discovery and Dyspeptic Cure. She has taken two bottles of it, and now finds herself in better health than she has been for years."

PEOPLE WHO RESIDE OR SOJOURN in regions of country where fever and ague and biliousness and other fevers are prevalent, should be particularly careful to regulate digestion, the liver and the bowels, before the approach of the season for the periodic fevers. The timely use of Northrop and Lyman's Vegetable Discovery and Dyspeptic Cure is a valuable safeguard against the malarial scourge. It is acknowledged to be the best blood purifier in the market.

Mr. W. A. Wing, Westport, writes: "I wish to inform you of the wonderful results which followed the use of Northrop and Lyman's Emulsion of Cod Liver Oil and Hypophosphites of Lime and Soda. A cough of six months' standing had reduced me to such an extent that I was unable to work. I tried many remedies without effect; at last I used this Emulsion, and before three bottles were used I am glad to say I was restored to perfect health."

Scientific and Useful.

HOW TO PRESERVE DAMSONS.—Weigh a quantity of damson plums after each one has been pricked with a large needle, and well-washed, and take three-quarters of a pound of sugar to each pound of fruit. Stew together for half an hour, skimming them thoroughly.

MOTHER GRAVES' Worm Expeller is pleasant to take; sure and effective in destroying worms.

EGGS ON TOAST.—Poached eggs are very good served on rounds of toast, which should be cut from slices of stale bread, toasted carefully, buttered and laid in a heated dish with a spoonful of boiling water poured on each slice. When the eggs are poached lay each one on its own round of toast, pepper and salt it and serve immediately.

CARAMEL CAKE.—Make and bake a cake as for jelly cake. For the caramel, take one cupful of sweet vanilla chocolate, one cupful of granulated sugar, one cupful of sweet milk, one beaten egg, and one teaspoonful of butter; boil all together until it crackles or flies from the spoon in hairs. Do not let it boil too long. Spread between your layers of cake.

THERE is no one thing that adds so much to the furnishing of a room as curtains. With a good carpet, nice walls, and tasty curtains, though you may have little furniture in your room, it will look quite elegant. There is no greater mistake made by people furnishing than putting all their money into a parlour set, and leaving only enough to buy dark shades for their windows.

WHY go limping and whining about your corns, when a 25 cent bottle of Holloway's Corn Cure will remove them?

GREEN CORN SOUP.—Cut the kernels from a dozen large ears of green corn, and just cover them in a stewpan with boiling water. Boil half an hour, add a quart of milk, pepper and salt to taste, and a spoonful of fresh butter. Beat three eggs very light with a tablespoonful of corn starch. When the soup just comes to the boiling point again stir in the eggs and serve quickly.

COLD FISH CUTLETS.—Melt an ounce of butter, add an ounce of flour and a gill of milk; let it boil and thicken. Then stir in the flavouring, lemon juice or vinegar, salt, cayenne, or a little anchovy sauce or paste. Last of all, add about a breakfast-cupful of cold cooked fish cut small. When this mixture is cold, shape it into cutlets or balls, egg and bread crumb them, and fry in hot fat or oil.

CONSUMPTION is a disease contracted by a neglected cold—how necessary then that we should at once get the best cure for Coughs, Colds, Laryngitis, and all the diseases of the Throat and Lungs—one of the most popular medicines for these complaints is Northrop and Lyman's Emulsion of Cod Liver Oil and Hypophosphites of Lime and Soda. Mr. J. F. Smith, Druggist, writes: "It gives general satisfaction and sells splendidly."

A BEEFSTEAK PIE.—Get some beefsteak cut from the upper part of the round, and have the butcher mince it very fine, adding about a quarter of a pound of fat salt pork to a pound of steak. Make a paste only a little richer than biscuit paste for the pie. Season the meat with pepper, salt and a little flour dredged over it. Pour a small quantity of water over it, and add a few lumps of butter. Bake rather slowly.

Mr. PETER VERMETT, Hochelaga, P.Q., writes: "Dr. Thomas' Electric Oil cured me of Rheumatism after I tried many medicines to no purpose. It is a good medicine." Just think of it—you can relieve the twinges of rheumatism, or the most painful attack of neuralgia—you can check a cough, and heal bruised or broken skin, with a bottle of Dr. Thomas' Electric Oil, costing only 25 cents.

Use the safe, pleasant, and efficient worm killer, Mother Graves' Worm Expeller; nothing equals it.

THOMAS MYERS, Bracebridge, writes: "Dr. Thomas' Electric Oil is the best medicine I know. It always gives satisfaction, and in cases of coughs, colds, sore throat, etc., immediate relief has been received by those who use it."

HAVE you tried Holloway's Corn Cure? It has equal for removing these troublesome excrescences.

GLAZED TURNIPS.—Cut some new turnips into the shape of orange quarters or of small pears. Parboil them for five or ten minutes in salted water. Drain them thoroughly, then place them in a well-battered saucepan, sprinkle them with plenty of powdered loaf sugar, put the saucepan on the fire, and as soon as they begin to colour moisten with a small quantity of clear stock, add a pinch of powdered cinnamon, and pepper and salt; let them stew gently until done.