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A leading Ottawa Doctor writes:
"During Lactation, when the strength of the mother is deficient, or the secretion of milk scanty,
WYETH'S MALT EXTRACT
gives most gratifying results." It also improves the quality of the milk.

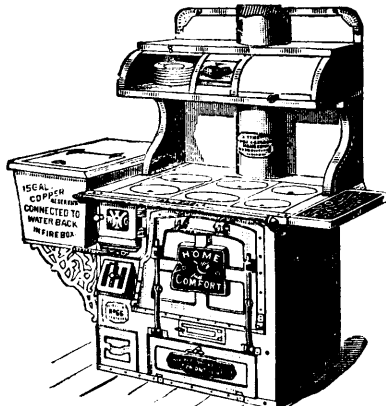
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To Assist Digestion,
To Improve the Appetite,
To Act as a Food for Consumptives,
In Nervous Exhaustion, and as a Valuable Tonic.

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And ONE SILVER Medal
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- HIGHEST AWARDS**
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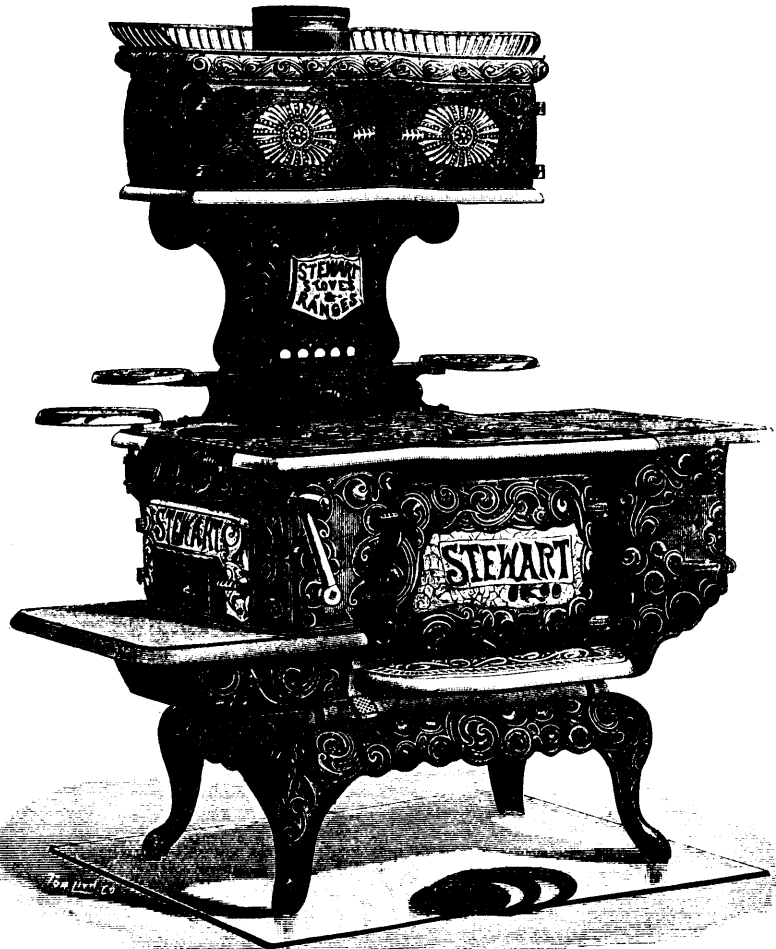
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For Cash Coal and Wood And Present Delivery.

Grate.....	\$5.25 per ton	Best Hardwood,	\$5.50 per cord
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A FAMOUS REFORMER.

REV. C. J. FREEMAN SPEAKS OF HIS LIFE AND WORK.

He has Written and Preached on Both Sides of the Atlantic—Recently the Victim of a Peculiar Affliction From which he was Released in a Marvellous Manner.
From the Boston Herald.

No. 157 Emerson St., South Boston, is the present home of Rev. C. J. Freeman, B.A., Ph.D., the recent rector of St. Mark's Episcopal Church at Anaconda, Mont. During the reform movement which has swept over Boston, Dr. Freeman has been frequently heard from through the various newspapers, and although a resident of a comparatively recent date, he has exerted much public influence, which has been increased by the fact that he was ten years ago on a commission appointed in England to investigate the troublesome question of the vice of great cities.

He has preached before cultured audiences in the old world, as well as to the rough pioneers in the mining towns of the Rocky mountains, and his utterances as well as his writings have been in the line of progress and liberality, well-seasoned with practical common sense. Dr. Freeman has written this paper a letter which will be read with interest. He says:

"Some five years since I found that deep study and excessive literary work, in addition to my ordinary ministerial duties, were undermining my health. I detected that I was unable to understand things as clearly as I usually did; that after but little thought and study I suffered from a dull pain in the head and great weariness, and all thought and study became a trouble to me. I lost appetite, did not relish ordinary food after eating, suffering acute pains in the chest and back. There was soreness of the stomach, and the most of my food seemed to turn to sour water, with most sickly and suffocating feeling in vomiting up such sour water.

"At this time I consulted several physicians. One said I was run down, another said I had chronic indigestion; but this I do know, that with all the prescriptions which they gave me I was not improving; for in addition, I had pains in the regions of the kidneys, a very sluggish liver, so much so that I was very much like a yellow man, was depressed in spirits, imagined all sorts of things and was daily becoming worse and felt that I should soon become a confirmed invalid if I did not



REV. C. J. FREEMAN, B.A., PH.D.

soon understand my complaints. I followed the advice of physicians most severely, but with all I was completely unable to do my ministerial duty, and all I could possibly do was to rest and try to be thankful. After eighteen months' treatment I found I was the victim of severe palpitation of the heart, and was almost afraid to walk across my room. Amid all this I was advised to take absolute rest from all mental labour. In fact, I was already unable to take any duty for the reason that the feeling of complete prostration after the least exertion precluded me from any duty what every, and it appeared to my mind that I was very near being a perfect wreck. As for taking absolute rest, I could not take more than I did unless it was so absolute as to rest in the grave. Then it would have been absolute enough.

"It is now quite three years, since, in addition to all the pains and penalties which I endured, I found creeping upon me a peculiar numbness of the left limbs, and in fact could not walk about. If I tried to walk I had to drag the left foot along the ground. The power of locomotion seemed to be gone, and I was consoled with the information that it was partial paralysis. Whether it was or not I do not know, but this I do know, I could not walk about and I began to think my second childhood had commenced at the age of 41 years.

"Just about two years ago or a little more, a ministerial friend came to see me. I was sick in bed and could hardly move, and he was something like old Job's comforter, although not quite. He had much regret and commiseration which was a very poor balm for a sick man. But the best thing he did say was this: 'Did you ever see Pink Pills?' I said, 'Who in the world is he?' He said,

'Why do you not try Pink Pills?' He said good by very affectionately, so much so that doubtless he thought it was the last farewell. Nevertheless, after thinking a little, I just came to the conclusion that I would make an innovation and see what Pink Pills would do. I looked at them, and I said can any good possibly come out of those little pink things? Anyway, I would see. I was suspicious of Pink Pills, and I remembered the old proverb: 'Sospetto licentia fede,' 'Suspicion is the passport to faith.' So Pink Pills I obtained, and Pink Pills I swallowed. But one box of them did not cure me, nor did I feel any difference. But after I had taken nine or ten boxes of pills I was decidedly better. Yes, I was certainly improving, and after eight months of Pink Pills I could get about. The numbness of the left limb was nearly gone, the pains in the head had entirely ceased, the appetite was better. I could enjoy food and I had a free, quiet action of the heart without palpitation. In fact, in twelve months I was a new creature, and to-day I can stand and speak over two hours without a rest. I can perform all my public duties which devolve upon me, without fatigue, and do all the walking which I have to do, and am thankful for it. I can safely say I was never in a better state of health than I am to-day, and that I attribute it to the patient, persevering use of Dr. Williams' Pink Pills.

"I fully, cordially and strongly commend Dr. Williams' Pink Pills to all or any who suffer in a similar way, and feel sure that any one who adopts Pink Pills with perseverance and patience cannot find their expectations unrealized or their reasonable hopes blasted. But he will find that blessing which is the reward of a full trust in a true and reliable remedy. I shall always wish and desire the greatest success for Dr. Williams' Pink Pills and always cherish a deep feeling of gratitude to the friend who first said to me buy Pink Pills. I have tried them and know their true value, and am truly glad I did, for I have found them from a good experience, to do more than is actually claimed for them."

"Very faithfully yours,
"C. J. FREEMAN, B.A., Ph.D.

"Late rector of St. Mark's, Montana."
Dr. Williams' Pink Pills contain, in a condensed form, all the elements necessary to give a new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervousness, headache, the after effect of la grippe, palpitation of the heart, pale and sallow complexion, all forms of weakness either in male or female. Pink Pills are sold by all dealers, or will be sent post paid on receipt of price (50 cents a box, or six boxes for \$2.50—they are never sold in bulk or by the 100) by addressing Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N.Y.

Radway's Ready Relief

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

RADWAY'S READY RELIEF

CURES AND PREVENTS

Colds, Coughs, Sore Throat, Influenza, Bronchitis, Pneumonia, Rheumatism, Neuralgia, Headache, Toothache, Asthma, Difficult Breathing.

CURES THE WORST PAINS in from one to twenty minutes. Not one hour after reading this advertisement need any one SUFFER WITH PAIN.

ACHES AND PAINS.

For headache (whether sick or nervous) toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

TAKEN INWARDLY—A half to a teaspoonful in half a tumbler of water for stomach troubles. Colic, Wind in the bowels, Colds, Chills, Fever and Ague, Diarrhoea, Sick Headache, and all internal pains.

Price 25c. per bottle. Sold by all druggists.

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