

levity for we are nearing the Rocky Mountains. Yonder are the hills, "tremulously visible amidst dim vapors." Soon the line ascends, and, in the words of Lady Macdonald, "we see, far up in the sky, its delicate pearly tip clear against the blue, a single snow peak of the Rocky Mountains. Our coarse natures cannot appreciate the exquisite, aerial grace of that solitary peak that seems on its way to heaven. But as we look gauzy mist passes over it and it is gone." These are the words of a woman, and, possessed as she is of those finer sensibilities that are less characteristic of the steamer sex, we will leave it to a woman to describe the first impressions of the Rocky Mountains. Here is an education which cannot be obtained in the schools, an education direct from the Father of Lights. The sense of the Infinite that comes over one can never be forgotten. Just as we behold the white lightening quivering in the sky and learn there a lesson of power; so in those mountain peaks, mingling with the descending clouds, we are forced to look beyond mere massiveness to the Infinite One who fills heaven and earth. There are three ranges of the Rockies, the Rocky Mountain range proper, the Selkirks and the Columbian or Gold range. Pass we on through the grassy foot hills, with the herds grazing peacefully under the mountain peaks;

on through the gap which yawns between two vertical walls; on past Pidgeon Mountains, to the "Three Sisters," rising gracefully to greet us. Gorgeous colors of white and gold and purple, and almost every shade meet the eye. At Canmore an observation car is attached, from which an unbroken view of the mountain scenery is obtained. Approaching Anthracite station, the train strikes up the Cascade Valley, toward the Cascade Mountain which, though miles away, appears as a large mass of rock coming boldly to meet us. Passing Anthracite, we halt at Banff. The springs here are considered among the best in the world for medicinal purposes. Some years ago the Medical Association of Ontario, visited them and pronounced them of inestimable value, especially for Rheumatic ailments. The Springs are on different elevations on the east slope of Sulphur Mountain. The most important of them have been improved by Government. The C.P.R. Hotel is beautifully situated. Trout are obtained in Devil's Lake near by, and the mountain goats abound on the neighboring hills. The station itself is situated in the midst of rugged mountain scenery. To the north is Cascade Mountain nearly 10,000 ft. high. A little to the east of this is Mount Peechee, with an altitude of 10,000 ft. Between the Cascade peak and the Railway are the beautiful Ver-