IN SICKNESS

When it is very important that the food should be light

M 8



ALLEN & HANBURYS LIMITED, LONDON. Special Representative for the B.W.I.
H. S. HALSALL, P.O. Box 57, BRIDGETOWN, BARBADOS.

THE PANGS OF REMORSE

A COMPLICATED TANGLE.

CHAPTER XXIII.

"I don't know which I look forward She was to stick to that, let him] to most," he said, "a return to Riverssay or do-what he might, and then hall or the hour when the gang will be Clarence promised he would not only unmasked. I leave all in your hands, of which she had great horror, though my dear Mr. Clifford, absolutely all. Remember that I am at your disposal assuredly no prison or prison discipline could be worse than the bondage and Lilian also." "Would you were in better and wiser and the life she was leading nowhands, sir," he said. "This is a combut would prevent anyone else from plicated tangle for one set of brains.

She listened and crowed in her There are more disjointed pieces than dreadful way at that, and thus im- you imagine." pressed Clarence left her and return-

At break of dawn Clarence rose again and set off for his lodgings. Notwithstanding the success of his plans as far as they had gone he felt would obtain by a marriage with that somewhat low-spirited. For one thing the magnitude of the issue, the certainty of tracing the crime home to writhing in Melchior's power, depressed him unaccountably. For another be felt that though he had declared b Lilian hotly that he would never heave her they should most surely have

so part eventually. The approaching encounter with Melchior would lead to a full disclos- mine is sprung, conscious that they are ure of his, Clarence's, early life, and necessitate an everlasting farewell to presence." Rivershall and its high-born inmates.

devotion! He knew that in honor he bitterness, "is a sovereign virtue for Attentive to the slightest noise, a in, I teeter out, and I am calm and could not ask so great a boon at Ralph's hands as his daughter.

"No," he thought, "for them are Rivershall and a happy life restored; for me is some foreign land, where I may toil and perhaps earn forgetfulness of the fact that I am a rogue's mystery and a nameless adventurer."

CHAPTER XXIV.

With this gnawing at his heart he found Sir Ralph at breakfast. Lilian had a headache and would be

down directly, the maid said. Sir Falph rose to meet him with eager welcome and Clarence, who had breakfasted before he started from the hotel, sat down, and with a cup of coffee before him reported progress.

All is going well, then," said Sir Ralph, "and you think we shall be able to circumvent and punish the villain-or, rather, villains?"

Ralph, "we would not do more to in-"I think-I hope so," said Clarence, with a sigh, his eyes wandering to- fringe upon your rights than take one ward the door.

Start baby on Eagle Brand if you cannot nurse him. Do not experiment with foods and

The Borden Co. Limited

Sir Ralph nodded eagerly. She kissed him, with a suppressed

sigh, and took her seat at the head of the table; then, before she asked a question, took Clarence's cup of halfcold coffee from him and poured him out a fresh supply.

Clarence assented.

would rather give him half of Rivers-

hall than his only well-beloved child.

fellow, but he is an adventurer. I can-

not, nor will others, ever forget that,"

he thought, and turned to the window.

At that moment Lilian entered, with

a beautiful crimson flush of joy, which

faded suddenly and left her pale as she

noted the careworn look which all

Clarence's art could not hide from her

He rose and took the warm little

cup of coffee; you must complete the

"Poor young fellow! a noble young

He could not meet her eyes, and commenced talking rapidly to Sir Ralph.

Lilian perceiving his evident embarrassment, and fearful that something dreadful had occurred and that they were keeping it from her, set down her cup and put the question to Clar-

"What has happened? Tell me all,

Clarence, glancing at Sir Ralph and getting his acquiestcence by a nod, hen told her of the approaching cli-

Lilian, as well she might be, wa

"Oh!" she said, aghast, "You will lever be able to prevent it. One pair of hands, powerful as they may be, and one brain, clever as it is, cannot do it. Oh, papa, if we had some one to help dim. Can't you see how ill he is?" "New do look ill, indeed, Mr. Clif-

are sacrificing yourself for us."

"No, I am not," said Clarence; but should like one extra pair of hands,

"What are you thinking of?" asked Sir Ralph, who, with excusable restlessness, had risen and was pacing to

"I was going over all our friends,

Lilian, with a blush and a half old of Claude Ainsley's noble advice and all that it had saved her from, re-

"I know that he is a friend worth having, and that I would give a thousand guineas for him now."

Poor Sir Ralph, to whom all things seemed gravely mysterious, almost "I shall never get any rest again. I

don't understand half that's going on round me; indeed, it seems that I don't know half." Clarence rose,

"I snatched half an hour," he said, "but I must not leave my quarry longer. For the present good-day. You

"I can believe it," said the old man, passing his hand across his brow. "I am quite at a loss to conjecture who "No fear of that," said Clarence, "Good-by."

Lilian did not go to the door with infamous woman, who is no doubt his him, for she felt she had some reason to resent his sudden change of man-"I would rather say his dupe," said ner; but her loving heart looked Clarence, with an involuntary spasm of through her eyes imploringly as he took her hand, and he went into the "Well, well," said Sir Ralph, commencing to pace the room, "tool, dupe,

"I shall lose her, but I shall never what you will, they and the other dead-

ly creature are a precious trio. Be-Hastening back to the hotel, he lieve me, it requires no little patience to sit here and wait quietly till the room, and, ordering breakfast in the polluting the old house with their coffee room that he might have an excuse for sitting there when Melchior pot a-boiling. I've ample kopecks in entered, he took up the paper and my store from fear of want to free me, "Patience," he said, with a touch of waited.

commotion in the hall caused him to happy, and neighbors call, "Hello, old Sir Ralph stopped and looked at him lay aside his paper and walk to the scout, you're looking pert and snappy. and turned away useasily. He knew head of the stairs.

what the man who had probably saved The hall was filled with waiters as much as is allowed by laws in pressing forward to take the luggage force at present. I would not be a his life and his daughter's wanted, but the old pride had sprung to life again, and other belongings of a gentleman plutocrat, immersed in gorgeous splen and, as he admitted to himself, he who had just alighted from a cab.

> ing man, with a face bronzed by travel. few simple pleasures; he fears that Clarence, satisfied, returned to the every man he sees would strip him of coffee room, but had the curiosity to barred against manhandling dangers,

> "That's Mr. Ainsley, sir," said the mix with Neighbors Jones and Smith waiter. "A great traveller; always they'll ask for twenty bones if they puts up here, sir, when he comes back don't ask for eighty. He thinks the from Africa or America. A wonderful universe conspires to touch him for

> "Mr. Claude Ainsley?" asked Clarfrom human things and doings, from "Yes, Mr. Claude Ainsley," said the sentiment and Santa Claus, and gos-

waiter, and the next moment Claude sip of home brewings. I'd hate to sit in guarded den, more coin and still "Come, my dear Lily," said Sir Ainsley himself entered. more earning, and bar out all the common men who keep the world's wheels

(To be continued.)

PAINS ACROSS Relieved by Lydia E. Pink-ham's Vegetable Compound

Mitchell, Ontario. - "I have taken if Mitchell, Ontafio.—"I have taken your medicine for a number of years. I do not take it steady all the time, but I am never without it. I always keep it in the house. I took it first for pains in the abdomen and bearing-down pains, headaches and pains across the back. I have my home to look after and many a day I could not get up at all. I saw the advertisement in the paper about Lydia E. Pinkham's Vegetable Compound, and Mrs. John Miller told me about it, too. Every time I take it, it makes me feel better and I always recommend it to my friends. I am willing to answerletters from women askingabout this medicine and you may use this

it to my friends. I am willing to answer letters from women asking about this medicine and you may use this letter as a testimonial."—Mrs. F. J. WASSMANN, Mitchell, Ontario.

The merit of Lydia E. Pinkham's Vegetable Compound is told by women to each other. Many women know by experience what this medicine will do and they are anxious for otherstoknow. Such testimony should cause any woman suffering from the troubles so common to her sex to give this well-known medicine a fair trial.

Do you know that in a recent canvass among women users of the Vegetable Compound over 220,000 replies were received. To the question, "Have you received benefit by taking this medicine?" 98 per cent. replied "Yes." This means 98 out of

Make it the Family Beverage



ECAUSE it represents the highest possible Bquality—real fresh lemon juice, most enjoyable and wholesome, also most economical

It's rich and delectable flavour delights everyone because it supplies in beverage form all the flavour and tang of fresh lemons, so agreeable and so good.

Your guests will enjoy KIA-ORA Lemon Squash, not only at lunch or dinner, but at all times, and will appreciate the fact that you cannot offer them a better brand.

A sovereign drink for all at all times.

KIA-ORA LEMON SQUASH

SOLD BY ALL GOOD STORES.

Sole Makers: KIA-ORA Limited. Blackfriars. London, Eng.

MODEST WEALTH.

a seemly roll put down in brine securely, so you can pay the doctor's toll when you are feeling poorly; so when you're old you'll

It's good to have

sit and rest without the need of toiling, sufficient in your treasure chest to keep the

they would come to see me. I teeter I like to mingle with the crowd on equal terms and pleasant, and laugh dors, a diamond sunburst on my hat, and gems on my suspenders. When He was a thin, distinguished-look- one has millions of bawbees he has his treasures. He has an office sternly ask a waiter the name of the gentle- and cold-eyed men are there on guard to shoo away the strangers. He doesn't and Brown and Skatey: he fears gentleman, been all over the world." his money, the humble poets with their lyres, the beemen with their honey. And further, further he withdraws

> turning. It's a very strong flavoring extract and takes very little to flavor a freezer of ice cream-Shirriff's Vanillol now obtainable in pint bottles from GERALD S. DOYLE, 'Phone 811. july30,eod,tf

Just Folks. By EDGAR GUEST.

SYMPATHY. If riches make men kindlier, or fame Or pomp or place were fellowship's first need;

If culture all that's gentle must pre-

But in true living all men are the

A mind unschooled may better live its creed, Than that which shines with learn-ing's brilliant flame. Brave hearts and good untutored may remain,

Though culture is a charm to be de-Rough hands, dull minds, undying love may gain.

Wisdom and skill for silver may be Only great sculs can feel another's

The taste of Crisco is delicious at any time, is particularly delightful in the country—aug4,3i,tu

A new preparation for the prevention of bites from Mosquitoes and Sand Flies, etc.

WE GUARANTEE IT. WE RECOMMEND IT.

because it has been given a good test in the interior of the country where the "NIPPERS" are numerous. and found to be very effective.

MOSQUITOL is not a preparation that will dry off quickly, nor will it colour the skin in any way. One application will give you at the least two or three hours comfort from the pests when you go on a trouting ex-

TRY A BOTTLE

FOR SALE EVERYWHERE.

Manufactred by

Dr. F. Stafford & Son

Chemists & Druggists, St. John's, Newfoundland.

THE CANADA STEAMSHIP LINES, Ltd. FREIGHT SERVICE

Montreal and Charlottetown to St. John's, Nfld. SAILINGS FOR AUGUST

From Montreal. From Charlottetown Aug. 8th per part to S. S. CEUTA and the Aug. 12th Aug. 22nd S. S. HITHERWOOD Aug. 26th For Freight Space, rates, etc., apply to The Canada Steamship Lines, Ltd., Carvell Bros., Charlottetown

HARVEY & CO. LTD. St. John's, Nfld., Agents.

Be Wise and Buy Now W. H. HYNES.

Sloan-Duployan Shorthand Competition

The results are now announced of Semi-Annual International Shortand Competitions of the Sloan-Duployan Shorthand Society, held in

MANY NEWFOUNDLAND SUCCESS-

granted, no less than twelve have etitors, although the highest award the Gold Medal for 200 words pe inute, on this occasion goes to Indi The following are the complete re

Class I. (Self-Taught Section)ver Medal to A. Samuel, clo S. Pon niah, Sungei Niborg Estate, Teluk, Anson. F.M.S. Class L. (Instructed Section)-

ver Medals to Miss Mary Wall. St Patrick's Convent. St. John's. Nfld. Miss W. M. Morris. Presentation Conent, Harbor Grace, Nfid. Class II. (Self-Taught Se Silver Medals to Sidney Butler, 33 Al-

berta Terrace, Nottingham, England;

J. G. Mathur, Gunti Bazaar, M.B. Rams Street, Lahore, India. Class II. (Instructed Section) ver Medals to James Stake, 6, Felto Green Lane, Musselburgh, Scotland W. T. Nyoke, 14, Cheras Road, Kaiang, F.M.S.; Miss Gertrude W St. Patrick's Convent, St. John's, Nfl.

Miss Stella Harris, Presentation vent, Harbor Grace, Nfld.; Eleanor Bennett, Academy of Lady of Mercy, St. John's, Nfid.; M Mary O'Dea, Academy of Our Lady Mercy, St. John's, Nfid.; Miss Edna Deliveries and Production Mercer, St. Joseph's Convent, Hoylestown, Nfld Class III. (100 words per minute) Gold-Centre Medals to Miss Vera Mil-

er and Miss Josephine Keiley, both of Academy of Our Lady of Mercy, St. John's, Nfid.; Miss Alice Curtin, St. lishing new high records continuous Patrick's Convent, St. John's, Nfid.; for several months, as compared to the control of the contr Miss Bride Grouchey, St. Bride's Convent, Littledale, Nfid.; Miss Veronica 11 is the best in the company's Buckle, Corner Brook, Bay of Islands,

Gold Medal to S. Venkataraman, B.A., several hundred cars. New ret Judicature, Madras, India.

The Silver Challenge Shield pr sented by Lord Foley for the best team work, has been won this year by a team representing St. Benedict's College, Colombo, Ceylon,

Ice cream is only as good as the spurt, but a steady, healthful flavoring used. You can't make pure ice cream from poor flavoring. Use Shirriff's Vanill-ol. One pint bottle flavors hundreds of gallons of ice cream. Get it from GERALD S. DOYLE, 'Phone 811 .- july81,eod,tf

New Zealand Sheep

CORRIEDALES TO BE SEEN AT WEMBLEY.

Farmers and animal lovers generally will be interested to learn that a number of Corriedale sheep from New

Zealand will shortly be on view at A year ago New Zealand breeders were anxious to send some of their sheep for display at the first British Empire Exhibition, but owing to the

quarantine restrictions the matter was allowed to drop. At this year's Exhibition, however, Merinos from Australia, three from each of four States, are being exhibited, and it was felt that a supreme ef- with Provincial & Foreign Section

fort should be made to send some of New Zealand's sheep, particularly some of the famous Corriedale breed, as this breed is entirely of New Zealand origin, and in addition to its pop- in London and in the Provincial Torsome fifteen ularity in New Zealand, no breed has and Industrial Centres of the Unlink to-day, done more to advertise abroad the resources of the Dominion as one of the foremost countries in the world for and other details are classified und the production of livestock.

Through the close co-operation of the Department of Industries and Commerce with the originators of the enterprise, Messrs. Abraham and Wil- Markets supplied liams, this has been arranged, and the sheep will soon be released from arranged under the Ports to whi A THOUS quarantine. The selection consists of th wo one-sheer stud rams and four mate Sailings. ewe hoggets, bred by Mr. H. T. Little, One-inch BUSINESS CARDS of Fire Lawrence of Hui Hui, Woodgrove, North Canter-

Although the sheep are only in half wool, their fleeces are of exceptional quality, and all of them show splendid mutton qualities.

The flock from which the sheep were selected was founded twenty-five years ago with sheep from the flock of he late Mr. James Little, the or iginator of the Corriedale breed.

The Corriedale Breeders' Society has forwarded to Wembley a large supply of pamphlets dealing with the origin and history of the breed, and these will be distributed to farmer and others interested in the sheep. It is intended to keep the Corriedales on exhibition until Septe when they will be sold at public auction.

When making ice cream be sure t use not only the most economical, b the purest flavoring, Shirriff's Vani ol which you can now get by phonin Shirriff's agent, GERALD S. DOYLI Phone 811.-july30,eod,tf

MINARD'S LINIMENT FOR CORN AND WARTS.

KIELLEY'S DRUG STORE

SPECIALS: See our window for the display of Toilet Seaps in City. Marked down to fit The following are our

Packer's Tar Soap (in metal The Box (3 cakes) \$1.00 Cuticura Soap 35c. The Box (3 cakes) \$1.00 Woodbury's Facial Soap-

The Box (3 cakes) 85c. Erasmic Carbolic and Glycerine (in tin box) 20c. er Erasmic Carnor Balls 15c. Per dozen \$1.35 Erasmic Galety 15c. Per dozen \$1.35 Pears Unscented Glycerine

Erasmic Cold Tar . 15c, The Box (3 cakes) 40c, If you don't want to Don't! But look.

Water Street East feb3,1yr

Dodge Brothers Set New Reco

Margaret L

The

Thril

the soft

that you

berals

U.S A

tember

Work.

W BRUNSV

e Governn

was defeate

n the elec

vatives and

eats in the

Conserva

next Gove

1700 MIN

Empire St

e of six day

ike just en

ousand m

her or n

INTER-I

ended

erial Eco

from 1

likely to

UNEMPLA

RIA

ENT

ST.

ber 1

Best Previous Week in Histor

Although Dodge Brothers Cars are now being built at t Dodge Brothers have been similar periods for previous ve

With retail deliveries aggre more than 7,000, an average than 1,300 each production best previous week was surp ders exceeded the corresponding

of 1.100 a day, both deliveries an onsen "Had dealers' stocks permitt number of deliveries for the week would have been even gr ent in Charge of Sales. "It

ROYAL GARAGE

Prescription Compounding

is the most important work do. We take a great deal pains to do it right. As soon you leave your prescription our store it is placed in hands of a man of high qu

prescription work. BRING IT TO

PETER O'MARA THE DRUGGIST, THE REXALL STORE

PUBLISHED ANNUALLY.

THE LONDON DIRECTOR ad up the uld resign. and Trade Headings in Five Languages

enables trades to communicate MANUFACTURERS & DEALER n of the N of Europe, Africa, Asia, Australas merica, etc. The names, addre der the int the five m ore than 3,000 trade headings, ited Mine W

EXPORT MERCHANTS d of the w with detailed particulars of the God ped and the Colonial and Forei pusand men STEAMSHIP LINES

desiring to extend their connects DEALERS SEEKING AGENCIES invade that or each trade heading under whiters are on ey are inserted. Larger advert ents at 80 dollars per page.

the directory is invaluable to ever en this more one interested in overseas commer en this more and a copy will be sent by parcel peaning up wo for 10 dollars nett cash with order. the collier HE LONDON DIRECTORY CO. LT

Business Established in 1814.

* CARD. Dr. M. F. Hogan, Dentist, 142 Water Street,

(Opp. Royal Stores), Telephone 1255.

INARD'S LINIMENT FOR SPRAI