The Charlottetown Herald.

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D. C. McLeod | W.K. Bentley, K.C.

McLEOD & BENTLEY

Barristers, Attorneys and Solicitors

MONEY TO LOAN

Offices—Bank of Nova Scotia Chambers.

LIME

We have on hand quantity of

St. John LIME!

In Barrels Casks.

C. LYONS & Co.

Fire Insurance

Possibly from an oversight or want of thought you have put off insuring, or placing additional insurance to adequately protect yourself against loss by fire is

ACT NOW. CALL UP

DEBLOIS BROS.,

Water Street, Phone 251

Canadian-West Land Regulations

Any sole head of a family, or any male over 18 years old, who was at the commencement of the present war and who has since continued to be a British subject or a subject of an allied or neutral country, may homestead a quarter section of available Dominion Land in Manitoba, Saskatchewan or Alberta. Application must appear in person at the Dominion Lands Agency or Sub-Agency for District. Entry by proxy may be made on certain conditions. Duties—Six months residence upon and cultivation of land in each of three years.

In certain districts a homesteader may secure an adjoining quarter-section as pre-emption. Price $3.00 per acre. Duties—Reside six months in each of three years, after earning homestead can rent and cultivate 50 extra acres. May obtain pre-emption patent as soon as homestead patent on certain conditions.

A settler after obtaining homestead patent, if he cannot secure a pre-emption, may take a purchased homestead in certain districts. Price $3.00 per acre. Must reside six months in each of three years, cultivate 50 acres and erect a house worth $300.00.

Holders of entries may count time of employment as farm labourers in Canada during 1917, as residence duties under certain conditions.

When Dominion Lands are advertised or posted for entry, returned soldiers who have served overseas and have been honourably discharged, receive one day priority in applying for entry at local Agent's Office (but not Sub-Agency). Discharge papers must be presented to Agent.

W. W. CORY,

Deputy Minister of the Interior

N. B.—Unauthorized publication of this advertisement will not be paid for.

Job Printing Done At The Herald

Minard's Liniment the Lumberman's friend.

McLean & McKinnon

Barristers, Attorneys-at-Law

CHARLOTTETOWN, P.E.I.

MONEY TO LOAN.

Legislative Assembly.

Prince Edward Island.

Rules Relating to Private Bills.

36 All petitions for Private Bills must be presented within fourteen days after the commencement of the season exclusive of adjournment.

37 No Private Bill shall be brought into the House, but upon a petition first presented, truly stating the case at the peril of the suitors for such Bill, and such petition must be signed by the said parties.

38 A committee shall be appointed at the commencement of every Session consisting of five members of whom three shall be a quorum, to be denominated. The Private Bills Committee to whom shall be referred every Private Bill, and no proceedings after the first reading shall be had upon such Bill until such Comimttee has reported thereon to the House.

39 So soon as the Committee has reported any Bill, such Bill together with any amendments that may be suggested by the Committee, shall be printed at the expense of the parties who are suitors for such Bill and printed copies thereof delivered to the members before the second reading if deemed necessary by the Committee.

40 No Bill for the particular interest of any person or persons, Corporation or Corporations or body or bodies of people shall be read a second time until all fees ba paid for t same into the hands of the Clerk of the House

41 No Bi.l naving for its object the vesting in or conferring upon any person or persons, Municipality or Body corporate the title to any tract of land shall be received or read in the House unless at least four weeks notice containing a full description of the land in question has been published in the Royal Gazette and one other newspaper in this Province of the intention of such person or persons Municipality or body Corporate to apply for such Bill.

H. E. DAWSON,

Clerk Legislative Assembly

On 279 Special Trains, C. G. Railways

Up to March 1st 757,400 Troops have travelled over Government Railways.

Thousands arrive each week at Halifax and are sent forward to Dispersal Areas.

Since the war began in 1914 up to March 1st, when S.S. Belgic disembarked her returned soldier passengers at Halifax 757,400 troops have been carried on special trains over the Canadian Government Railways.

The first train which carried troops over the Government Railways the year the war was declared was numbered one and all special troop trains to and from Halifax since that time have been numbered consecutively. The last train from the Belgic was on Saturday No 1279. Each train averages about twelve cars with an average of 50 men to a car, which figures up a total of 767,400 men carried. Of course in addition to this thousands of soldiers have journeyed between Montreal and Halifax by regular trains during the past four years.

The movement of troops back to Canada is now approaching its greatest activity. Last Sunday 5000 arrived at Halifax by the transports Lapland and Belgic and fifteen special trains were despatched westward inside of fourteen hours.

S. S. Megantic with soldiers and dependants arrived Wednesday and S. S. Adriadic is due Sunday. The movement of returning men is to be kept up actively all summer.

The process of disembarkation at Halifax is being carried on without a hitch, and there is a fine system of co-operation between the Military and the Railway officials.

CANADIAN NATIONAL RAILWAYS
Prince Edward Island.

Time Table in Effect March 31st, 1920

ATLANTIC STANDARD TIME

Trains Outward, Read Down.					Trains Inward, Read Up		
P.M.	P.M.	A.M.			P.M.	P.M.	A.M.
2.45	12.40	6.25	Dep.	Charlottetown Arr.	6.35	10.40	12.40
3.59	2.14	7.21		Hunter River	5.37	9.03	11.24
4.45	3.05	7.55	Arr.	Emerald Jct	5.00	8.05	10.38
6.10		8.45	Arr.	Borden Dep.	4.10	6.40	
4.10		6.40	Dep.	Borden Arr.	6.10	8.45	
5.00	3.05	8.05		Emerald Junction	4.49	8.10	10.38
5.34	3.53	8.42		Kensington	3.53	7.15	10.03
6.05	4.35	9.20	Arr.	Summerside Dep.	3.20	6.45	9.30

	P.M.				P.M.	A.M.
	6.20	12.00	Dep.	Summerside Arr	1.35	9.00
	7.23	1.36		Port Hill	11.59	7.58
	8.18	3.10		O'Leary	10.34	7.08
	9.08	4.18		Alberton	9.18	6.13
	9.45	5.20	Arr.	Tignish Dep.	8.15	5.35
					A.M.	A.M.

	Mon. Wed. Fri.				Mon. Wed. Fri.
P.M	A.M.			A.M.	P.M
3.10	7.00	Dep.	Charlottetown Arr.	10.10	6.10
4.30	8.55		Mount Stewart	8.55	4.30
5.00	9.32		Morell	8.22	3.35
5.22	10.02		St. Peters	8.00	3.00
6.30	11.35	Arr.	Souris Dep.	6.50	1.35

P.M.					A.M
7.50		Arr.	Elmira	Dep.	5.30

	Mon Wed Fri				Mon Wed Fri
P.M.	A.M.			A.M.	P.M.
4.35	9.10	Dep.	Mount Stewart Arr	8.50	4.10
5.27	10.20		Cardigan	7.48	2.48
5.51	11.00		Montague	7.23	2.10
6.25	11.40	Arr.	Georgetown Dep.	6.45	1.25

Daily ex. Sat & Sun	Sat. Only			Sat. Only	Daily ex. Sat. & Sun.
P.M.	P.M.			A.M	A.M.
3.30	4.00	Dep.	Charlottetown Arr.	10.25	10.40
5.15	5.15		Vernon River	9.09	8.45
7.25	6.45	Arr.	Murray Har. Dep.	7.30	6.45

Except as noted, all the above Trains run daily, Sunday excepted.

H. H. MELANSON
Passenger Traffic Manager
Toronto, Ont.

W. T. HUGGAN
District Passenger Agent,
Charlottetown, P.E.I.

Look! Read! Realize.

We cater to the men's trade, and no other. If you were sick you wouldn't call to see a Tailor, or a Blacksmith, about the condition of your health. Of course not; you would call to see a Doctor

If you wanted a Suit or an Overcoat would you go to see a Doctor, or a Shoemaker? Not at all. You would go to see a First Class Tailor.

WELL, there's where we shine ! ! !
We study the business We know what suits a young man

we knowwhat suits a middle-aged man, and we know what suits the old gentleman—both in goods and in style. It does not make any difference whether you want your clothes Ready-to-Wear, or Made-to-Order. We are equally in a position to suit you. We do not let a suit or overcoat leave our establishment until it suits and fits the man who is buying. Our prices are always right when you take the quality into consideration.

Do not forget that we are sole agents for the famous W H Leishman & Co., Wholesale Custom Tailors. We have an elegant stock of Overcoats to show you at the present time.

Overcoats, Made-to-Order-from....**$30.00** to **$48.00**

Overcoats, Ready-to-Wear.....**$15.00** to **$36.00**

Success Is a Habit

Our habits make us. We are creatures of habit. Whether we are a success or a failure is a question of how we do things without thinking. To Save is the only way to Success

Gloves

We have just the kind of Gloves you need, lined and unlined. Also Wool Gloves for this time of year. Suedes and Tans—both combination. Priec.....**$1.00** to **$4.00**

Underwear

Come and get your Underwear before it is all sold. We have all kinds—two-piece and light and heavy weight. Prices per suit **$1.90** to **$5.50**

MacLELLAN BROS.

The Evils of the Day

It would seem, from the pastorals issued in European countries, that in most of them family life is tainted by the inordinate thirst for pleasure, by the extravagance in female dress, and in amusements, characteristic of the times. Thus, in his pastoral, Cardinal Mercier, after referring to the weariness, disappointment and instability which continue to afflict the world, asks how we are to be delivered from this nightmare, and recalls his flock to a sense of their duties. Side by side with distress we find extravagance—a bad example is set by those who ought to know better. "In a great number of homes," says his Eminence, "family life is disorganized. Perhaps there is no coal; meat is scarce and bread not abundant; but there are the means of running off to cinemas, and young girls buy luxurious and alluring garmenta. The standard of public life is degraded. We are falling into the sink of heathen immorality." His Eminence puts the primary responsibility for these evils upon the young girls of the better class, because of their bad example in their dances and attire, their passion for luxury and pleasure of all kinds; and upon mothers of families who close their eyes to the errors of their children.

SPANISH CARDINAL'S REBUKE.

In a circular to his parish priests. Cardinal Almaraz y Santos, Archbishop of Seville, makes reference to the trend of modern amusements and fashions in dress, and joins with the Bishops of America, France and Ireland, who have not hesitated to denounce what is pagan and immoral in modern life. His Eminence says:

"We see modern society making gigantic strides towards destruction. Nothing else could be expected from the fever for amusement and sight-seeing—most of which is immoral. Taking stock of the ordinary every-day life and public morality, would anyone be convinced that such manners of life as we see are consistent with a profession of Christian faith? Who does not deplore the dangers today for our children and youth, who at all hours of the day and night have thrust upon them what is immoral in cinematographs, in shop windows, and in illustrated newspapers and in magazines? Never was parental responsibility greater to safeguard the upbringing of their children, and parish priests must never cease in their endeavor to bring home to indifferent parents their obligations and responsibility for their children's welfare.'

His Eminence goes on to warn the female portion of his flock—who happily have so far escaped the more pernicious effects of present-day fashions—against the danger of contamination in that respect. "Of recent years," says His Eminence," "so-called fashion in dress has become a matter of grave concern. We would have no comment to make if fashion was ruled by morality and decency, though even then it makes for extravagant living, and is the ruin of many a family; but today the fashions are a scandal, and the dignity of womanhood is degraded. Modern fashions are in open defiance to Christian morals, and are well on the way to lower society to the level of, or to a position below, that which it occupied in days of paganism."

Fasting and Abstinence Promote Health

A few years ago most people in this country imagined that the observance of the Church's Lenten Law of Abstinence was not compatible with good health. Today the best anthorities on dietetics teach that the very contrary is true. Nearly every year we see the true scientist making a discovery which defends some point of Catholic teaching or discipline. This is to be expected, since the Church divinely guided, could not teach anything and could hardly adopt any practice opposed to true science. One of the most eminent stomach specialists in the country has declared that no one, whether enjoying good health or not, should eat meat more than once a day. Most books on the science of eating advocate a diet which is altogether meatless. The most modern foundling asylums and institutions for the care of little children keep meat entirely out of the bill of fare. When Almighty God, in the Old Law, forbade the Hebrew people to eat certain kinds of meat, it is quite evident that one of the reasons for such legislation was that too much meat was not good for them.

God directed that the people should eat "grasses and the seeds of grasses." This meant, in a general way, that they should eat vegetables and grains; grains are the seeds of grasses. Chemical analysis demonstrates that a diet made up of any two or three vegetables or two or three grains contains everything that the body needs, in minerals, salts, lime, etc. This is true of the whole vegetable or of the whole grain. Most grain foods that we eat, such as wheat, corn, rice, barley, etc., are refined, mostly for appearance sake, in such a way as discard their most healthful and strength-building properties.

If too much meat is not good at any time, it is particularly not good during the springtime of the year; hence the observance of the Church's regulations with reference to abstinence will be far more beneficial than detrimental to the health.

Members of strict Religious Orders do not eat meat at any time during Lent or Advent. There are some Religious Orders whose members do not taste meat in their whole lifetime, and they often live to a ripe old age. Some of the schismatic churches of Asia keep a most rigorous Lenten season. The people who belong to these churches are not only ferbidden to eat meat, but they are not allowed to have eggs, milk, cheese or anything prepared with milk dnring Lent. Moreover, they eat but one meal a day, and that usually in the evening; they eat nothing from Wednesday of Holy Week until Easter.

With most Catholics the "wish is father to the thought;" they like meat, they like many other things, and they try to make themselves believe they would be incapacitated for their work and suffer in their health if they fasted or abstained. True, the one who has the habit of eating three square meals a day would experience a little hunger, and, for a few days, feel a craving hunger from fasting, but such effects would not be harmful to the health—and, of course, we are supposed to feel works of penance.—Exchange.

A New Railway In Palestine

The landing at the Port of Jaffa in Palestine was always looked upon by pilgrims with terror on account of the rocky cliffs which prevented the ships from approaching the shore and made the disembarkation very dangerous, especially during stormy weather. Indeed, many a pilgrim perished in the waves at the very gates of the Holy Land and in sight of the inhabitants of Jaffa. Some fifty years ago, three Franciscans were shipwrecked right below the Hospice of the Holy Land. A Belgian company proposed to build a railway from Egypt to Palestine, and another company proposed to construct a harbour at Jaffa. Both projects failed, however, owing to the obstinacy of the Turkish Government, which regarded with suspicion these facilities for strangers to enter their country. During the war with Turkey, the English Government made it a point to back up their advance with a railroad, which was necessary for the transport of troops and provisions. The starting point is Alcantara on the Suez Canal from which the line runs due north to Gaza, from there to Ramleh, where it connects with the Jaffa-Jerusalem line. The railway, which at the beginning was only intended for military purposes, is now also opened to the public, although, owing to the political circumstances, passengers need a special permission to travel on the line. Trains leave Cairo in the afternoon and arrive at Jerusalem the following morning. Thus the dream of many years has been realized, and the nightmare of landing at Jaffa has vanished forever.

Head Ached So Bad
HAD TO GO TO BED.

When the liver becomes sluggish and inactive it does not manufacture enough bile to thoroughly act on the bowels and carry off the waste matter from the system, hence the bowels become clogged up, the bile gets into the blood, constipation sets in and is followed by sick and bilious headaches, water brash, heartburn, floating specks before the eyes, and painful internal, bleeding or protruding piles.

Milburn's Laxa-Liver Pills regulate the flow of bile so that it acts properly on the bowels, and stirs the sluggish liver into activity.

Mrs. E. Bainbridge, Amherst, N.B., writes:—"I take pleasure in writing you of the good I received by using Milburn's Laxa-Liver Pills for headache. I was so bad I had to go to bed, and could not sit up. I feel like telling about your wonderful medicine, and two vials have made me as well as I can be."

Milburn's Laxa-Liver Pills are 25c. a vial at all dealers, or mailed direct on receipt of price, by The T. Milburn Co., Limited, Toronto, Ont.

Spanish Flu

claims Many Victims in Canada, and should be guaranteed against

MINARD'S LINIMENT

Is a great Preventative, being one of the oldest remedies used. Minard's Liniment has cured thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

MINARD'S LINIMENT CO, Ltd.
Yarmouth, N. S.

So this is the first time you've ever seen the ocean, said her escort.

Yes, the very first time.

What do you think of it?

Ah, she sighed in ecstacy, it smells just like oysters.

A SENSIBLE MERCHANT

Milburn's Sterling Headache Powders give women prompt relief from monthly pains, and have no bad after effcts what ever. Be sure you get Milburn's Price 25 cents abox

An indignant citizen rang up one of the dailies regarding a newspaper report, which alleged his death from influenza in the following style;

"Look here," he said on the telephone, "do you know my death from flu has appeared in your paper?"

W. H. O. Wilkinson Streetford says:—"It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25 cents a box.

"Now, Rastus," said the Captain, "don't you want to make your will before you go over."

"Will nuthin', sah! De only will I'se worryin' about is, will I come back?"

Kidneys Were Bad After The "Flu"
Sat Up to Turn in Bed.

That awful epidemic, the Spanish influenza, that swept Canada from one end to the other a short time ago, left in its wake a great many bad after effects. In some cases it was a weakened heart, in others shattered nerves, but in a great many cases weak kidneys have been left as a legacy.

Where the kidneys have been left weak as an after effect of the "Flu," Doan's Kidney Pills will prove to be just the remedy you require to strengthen them. Mrs. Harvey D. Wile, Lake Pleasant, N.S., writes:—"Last winter I was taken sick with the "Flu," and when I did get better I found that my kidneys were very bad, and at night I had to sit up to turn around in bed. I used Doan's Kidney Pills, and found that they did me a wonderful amount of good. I also recommend them to my husband, and he started in to use them. I will always recommend them to anyone who is bothered with kidney trouble, for they are wonders."

Doan's Kidney Pills are 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

See that our trade mark, a "Maple Leaf," appears on the box.