

**OUR NATIONAL ECONOMIC PROBLEM.**

The following interesting extract from an article by Mr. E. W. Beatty, president of the C. P. R. appeared recently in the Montreal Gazette:—  
 "So much for the manner in which the transportation machinery of the country is carrying out its obligations to the Canadian producer. Other aspects of the transportation problem are less satisfactory. There are many people who look upon Canadian Railways as custodians of magic fortunes which cannot be exhausted. That bookkeeping should be as simple and incapable in its tale of losses and vanished profits as a railway as it may be to a corner grocer, is to these people unthinkable. It apparently does not occur to them that to no public is it more important than to the Canadian public that the good reputation of its railway securities in the world of shift and investment should be carefully guarded. To these, however, who understand these things clearly and who view the matter from the standpoint of broad public interest, it is at once apparent that the Canadian public pays a very high rate for the quality of service rendered. One that is rapidly approaching when, if Canadian railway securities are not to be made less desirable to investors than almost any other kind of industrial security, railway rates will either have to go up, or railway operating costs go down. Such persons recognize that it is not because the situation of the railways is an easy one that certain companies have been able to show net earnings—very low net earnings compared to the actual cash invested in the industry—but because in the past the shareholders of such companies have been, as they are to-day, courageous persons willing to supply the means for constructive enterprises in which no one but themselves had faith, and because their officers have been skilled, resourceful and loyal business men, assisted by staffs filled with the spirit of pride and devotion to their work. This, indeed, is the thing which has made it possible for Canada's railroads to function successfully during the war without making anything like the demands that foreign roads—less efficient in serving their community, yet earning the same rates and paying the same wages—have made upon their public exchequers. I do not believe that this strain upon the railways and this tendency to weaken the general reputation of Canadian Railway securities should continue. The servant, after all, is worthy of his hire, and railway capital is not less worthy a servant than other forms of capital whose earnings have not been so consistently depressed. "The net earnings during the war years, of those companies which showed net earnings, would have been much lower had the Canadian railroads been making expenditures for maintenance which circumstances would have justified, but which conditions prevented during that period. These services have now to be made up. During 1919 the Canadian Pacific laid 70,000 tons of steel rail. In place of, say, 2,000,000 ties, worth 40c in 1914, the Canadian Pacific laid 4,024,000 ties at 85c per tie. The educational advance in the rate of railway wages is well known. Further advance may be necessary within the very near future, as indicated by discussions in the United States. The price of coal for locomotives was \$2.09 in 1913. Now it is \$4.77. The cost of hauling an average train (freight or passenger) one mile has risen from \$1.604 in 1912, to \$2.494 in 1918. It is higher to-day. The operating expenses of one mile of line in 1915 were \$4,152; in 1918, \$7,046, and to-day they are even greater. On the other hand, railway rates, taking all classes of revenue together, have advanced scarcely 25 per cent. I venture to say no other industry in the Dominion can show such moderation."

**Incubator FOR SALE**  
 (Manson Campbell) Chat-ham make, 160 egg capacity. Price \$12. Can be seen at 198 Lake Avenue

**Skates Ground and Con-sawed at 15c Pair**  
 By latest improved skate grinder. Call and see. Also furniture repaired at Novelty Woodturning Works 30 Centre Street

**Farmers, Notice!**  
 If you want To Sell Hogs, either alive or dressed, call write or telephone for our prices before selling elsewhere. Moyer Bros., Ltd. 8 Frank St. Phone 197. ST. CATHARINES

**LUMBER**  
 James M. McBride & Sons, George-st. near Welland Ave. TELEPHONE 41 W

**AFFLICTED COLDS Lead to Consumption**

Unless a complete cure is effected, the inflammation passes rapidly to the throat, bronchial tubes, and then to the lungs. You can't make new lungs any more than you can make new fingers or a new nose—hence, consumption is practically incurable. But Catarrh can be cured, except in its final and always fatal stage.

**Catarrhozone Guaranteed to Cure**

The purest balsams and the greatest antiseptics are sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are destroyed, nature is given a chance and cure comes quickly. Colds and throat troubles can't last if the pure healing vapor of Catarrhozone is breathed—sneezing and coughing cease at once, because irritation is removed. Use Catarrhozone to prevent—use it to cure your winter ills—it's pleasant, safe and guaranteed in every case. Two months' treatment, large size, guaranteed to cure, price \$1; small size 50c. sample size 25c.; sold everywhere.

**Investigation Into Shelter**

(Continued from page 1)  
 to make the matter clear and to make his own position as president of the Children's Aid Society clear. Mr. Boyle said that trouble in getting help was at the bottom of the difficulty. Mrs. C. M. Gibson corroborated this. As soon as applicants find it is an institution of this kind, there is nothing doing. The clothing for the children is made by the ladies of the society in the city. The county ladies have never offered any assistance. If they had the clothing question would have been settled par' excellent. "Did the gentlemen of the county council know the full facts and the difficulties under which the society labours, they would not have criticized. The children were well clothed going to school, but at home the same as the ordinary child, they are given older clothing to play in. Mrs. Gibson said a mother's help is needed. They are aiming at this appointment and hoped to have such an officer there very shortly. Mrs. Revett wanted to know about the food and Mrs. Gibson said she couldn't say as to that as at meal time she was at home as she should be. Mr. Claus said he had often walked in during meal time and found the children well fed and properly attended to. Mr. Claus read a letter signed by the teachers of Connaught School as follows: "We, the teachers of Connaught School, wish to certify that the children from the Children's Shelter who attend our school (while under the care of the present matron, Mrs. Davis), are clean in body, free from vermin, and neat in appearance; as healthy children as the average child who comes under our care. They show by their happy disposition that they receive kind, motherly treatment." Mr. Mitchell wanted to know what member of the county council favored the present building but there was no definite information to be had. Mr. Claus said he had favored an entirely new building. He thought a farm would be the right thing. Mr. Westwood said the inspector from Toronto had approved the building; at the same time Mr. Westwood thought a white elephant had been unloaded on the city and county. Defending the Children's Aid Society, Mr. Westwood said they had put the whole management in the hands of the matron, and there was never any stinting of food or clothing. The children were always well and happy. He couldn't say they were always clean, because no children anywhere are always clean. Mrs. Davis is a good matron, doing splendid work, and when the building is completed they will have a first class institution, as good as any in the land. With the aid of the noble band of women of the city the institution will be carried on satisfactory to all.

**A Witness Testifies SHE WAS WEAK AND NERVOUS**

Brampton, Ont.—"About five years ago I began suffering with woman's troubles. I became all run-down and nervous and was so completely down and out that I could not do anything, could scarcely dress myself. I had the doctor and took other medicine but without getting better—until I began taking Dr. Pierce's Favorite Prescription and his Golden Medical Discovery. It was only necessary for me to take about three bottles when I was completely restored to health and I have been in better health than I ever was before. I have had no use for medicine since, but should I need it I would take these same remedies, knowing them to be excellent."—MRS. HARRY KNIGHT, Jessie St.

**OWES HER LIFE**

Ft. Saskatchewan, Alta.—"It is with great pleasure that I write the following and I hope it will help the many sufferers who do not know the good Dr. Pierce's medicines would do them if they would try them. "In regard to my condition, I will say that I suffered from childhood from a very weak back. I had the misfortune of having spinal meningitis when I was one year old and still I was 13 I did not see a well day, but a very kind lady told my mother about Dr. Pierce's Favorite Prescription and she got a bottle to try it. It did me so much good that I bought two more bottles. Recently I happened with a car accident and hurt my back badly. My doctor gave me up and said I would not live, but I still stick to Dr. Pierce's Favorite Prescription and to my surprise in three weeks was out of bed and better. I owe my life to it and nothing else, and shall never be without it. "If any sufferer wishes to write I will answer with pleasure."—MRS. NOEL BARTHOLOMEW.

**OPEN NOSTRILS! END A COLD OR CATARRH**

How to Get Relief When Head and Nose are Stuffed Up.

Count fifty! Your cold in head or catarrh disappears. Your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more sneezing, hawking, mucous discharge, dryness or headaches, no struggling for breath at night. Get a small bottle of Ely's Cream Balm from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every air passage of the head, soothing and healing the swollen or inflamed mucous membrane, giving you instant relief. Head colds and catarrh yield like magic. Don't stay stuffed-up and miserable. Relief is sure.



**Dainty Ready-to-serve Luncheons**

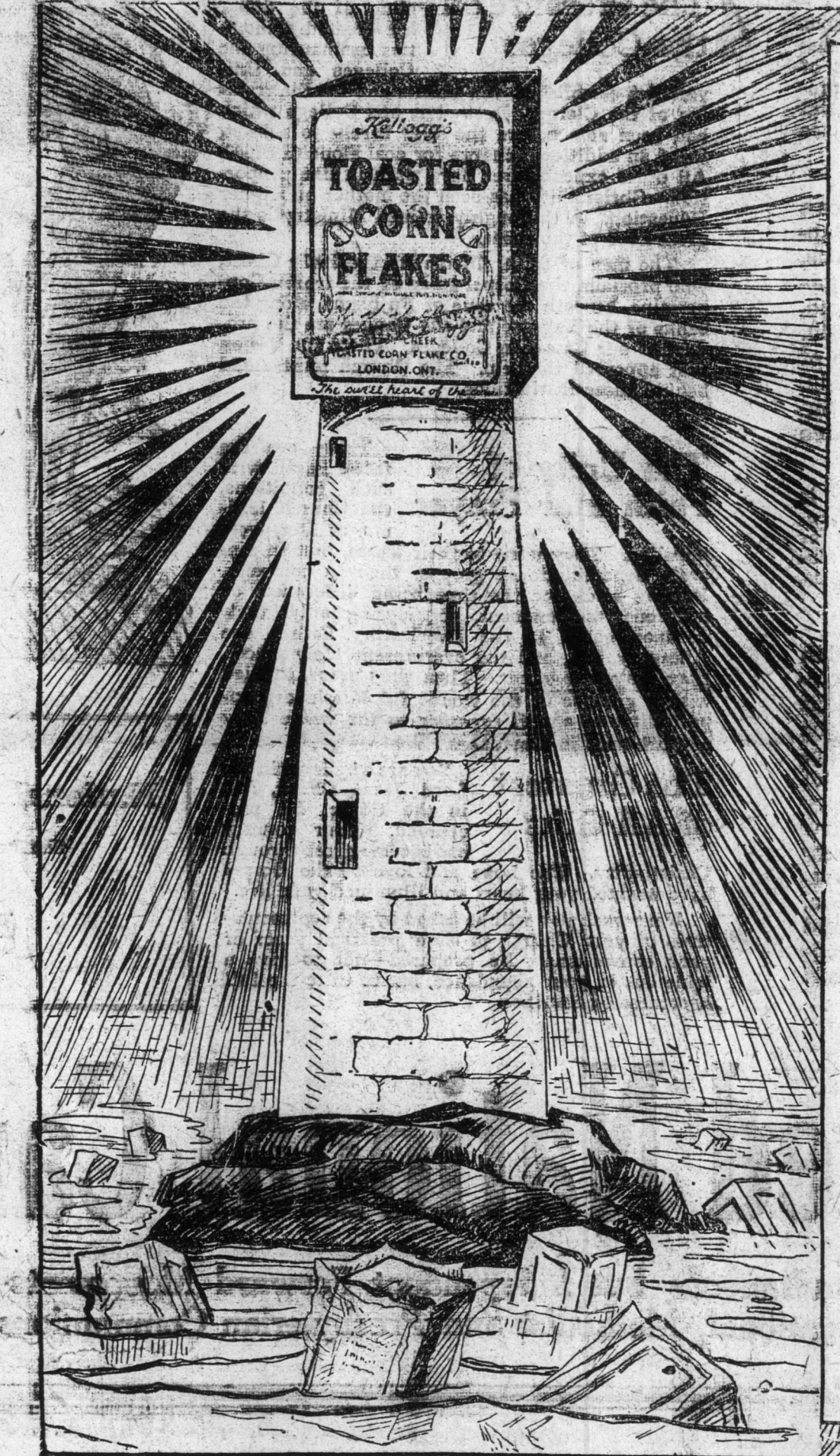
BY the wayside, on the table, in your home or at the cottage, here are delicacies for the warmer days that help to make a real holiday or everyone—including the housewife! Ready to eat—no fuss, no worry—no cooking, no heat!

**Swift's Cooked Meat Delicacies**

will furnish a delightful menu, varied every day in the week. Here are some of the ready-cooked specialties your butcher and grocer have, or can easily get for you, if you insist on them by name:—

Swift's Premium Cooked Ham  
 Swift's Baked Luncheon Loaf  
 New England Style Cooked Specialty  
 Premium Minced Specialty  
 Swift's Jellied Beef  
 Jellied Beef Tongue  
 Jellied Pork Tongue  
 Ashland Cooked Specialty

Swift's Baked Ham  
 Swift Canadian Co. Limited  
 Toronto Winnipeg Edmonton  
 Canada Food Board License Nos. 13-170, 171, 172



**LONDON KELLOGG'S**  
**Outshine All Imitations**

THE package may be imitated but the flakes inside cannot be equalled.

That is why  
**The Genuine Original**  
 "MADE IN LONDON"

**Kellogg's TOASTED CORN FLAKES**  
**Outshine All Imitations**

BE sure the words "Made in Canada" and "London, Ont." are printed in red on the face of every red, white and green package. This is your guarantee of quality unequalled and unvarying.

**The Big Package**  
 Only Made in Canada by

**The Battle Creek Toasted Corn Flake Company, Limited**  
 HEAD OFFICE AND PLANT  
**LONDON, ONT.**

**Efficient Banking Service**

to the community has built up the reputation and prestige of this Bank since its foundation in 1832. Our constantly increasing number of customers, in all branches of industry, is sufficient endorsement of our methods. World-wide service, through our 300 branches in Canada, Newfoundland, West Indies, United States, and correspondents all over the world.

**THE BANK OF NOVA SCOTIA**

Capital \$ 5,000,000  
 Reserve Fund 18,000,000  
 Resources 281,000,000

V. D. MACLEOD  
 Manager St. Catharines Branch

The inquiry conducted by Comptroller Rutherford into the affairs of the Bank of Nova Scotia in Canada will be resumed today at St. Catharines.

**M. MALLOY**  
 Light and Heavy Trucking  
 Local and Long Distance Moving.  
 Phone 1878 65 Lowell Av

**Mazda**  
**The Best Tungsten Electric Lamps**

The Kind You Read About  
 We carry the largest stock in Peninsula, and can fill orders in any quantity immediately. Buy them by the box and money. Guaranteed against defects.

**H. SANDHA COMPANY**  
 235 St. Paul Street  
 Telephone 1112

**Properties For Sale**

6,000 to loan on approved estate.  
 1300.00—On Hainer St., one one-half storey frame dwelling, large lot 48x110 ft. five room good soil will accept small payment.  
 1700.00—On North St. large cottage with barn, all are in repair, central, will accept cash payment, balance arranged.  
 800.00—On Sherwood Ave. ft cottage in good repair, two rooms will accept small cash payment, balance arranged.  
 2000.00—On Leeper St., ft cottage with barn, all in good pair, will accept small cash payment.  
 3600.00—On Decotah St., storey new brick dwelling, convenience, all in good repair, accept \$1500.00 cash, balance in 7 per cent.

**KERNAHAN & GRAVES**  
 June 33 - 14 Queen

**ONE HORSE CARTING and delivery work.**  
 Phone 351. - Cheapest Rate DAY AND NIGHT  
 Phone 351  
 to 4 p.m. or by appointment. Office residence 35 Church street telephone 624.

**CARPET CLEANING**  
 NOW IS THE TIME TO HIRE your carpet cleaned. We do work first-class by vacuum chines Furniture crated and ed. Upholstering in all its branches. - CARPET CLEANING CO. St. Paul Street. Phone 605. W. Westwood, Proprietor.