

### CASTORIA

For Infants and Children  
In Use For Over 30 Years  
Always bear the Signature of *Chas. H. Hitchcock*



### NERVE When You Need It

In a trying situation, where quick thought and co-ordinated action is demanded—does your nerve "hold"?

If you are not in good physical condition—if your stomach is not functioning properly—the effect is reflected in your nervous system—and you are due for a wreck.

### HAWKER'S Nerve and Stomach TONIC

cleans and regulates the digestive system, correcting all stomach disorders and aiding food assimilation, producing a soothing and strengthening effect on the nerves.—This means good health.

C. H. Dearborn, Merchant, St. John, writes:—"I have used Hawker's Nerve and Stomach Tonic for several months and have received much benefit from it. I find it especially beneficial as a nerve tonic."

A trial bottle will convince you. At all drug and general stores.  
The Canadian Drug Co., Limited, ST. JOHN, N. B.

### Thirty Lives Lost In Furious Storm In Southern Japan

Tokio, April 5.—Great property damage was done and thirty lives were lost in a terrific storm which swept the southern coast of Japan on Sunday night. Telephone and telegraph lines are prostrated throughout the southern part of the empire.

Tokio is still in darkness and a number of houses were destroyed here. The storm was especially severe in the harbor of Yokohama. The Japanese steamers Alabama Maru and Atlas Maru dragged their anchors and went ashore. The former vessel was about to sail for Seattle and had her passengers aboard.

Belated despatches received from the provinces report inundations in many prefectures, and is said many houses were demolished by the wind. A naval cutter capsized near the port of Nagoya, and an officer and eight blue jackets were drowned. Eight workmen were buried when a tunnel collapsed near Fuhushima.

The Ibi, Hida and Tenryu rivers, in the province of Gifu, overflowed their banks and three thousand houses were flooded.

The famous bridge across the Tenryu river was destroyed.

Robert Nolan, charged with theft of \$520.10 from Messrs. Fraser Company, Limited, was tried before Judge McLatchy under the Speedy trials, in the County Court here on Tuesday. Accused pleaded guilty and offered to make restitution of the amount taken, but His Honor sentenced him to two years in Dorchester with hard labor.

### Ottawa Won Stanley Cup At Vancouver

Vancouver, B. C., April 4.—Ottawa champions of the National Hockey League, tonight retained the Stanley Cup, emblematic of the world's professional hockey championship by defeating Vancouver, champions of the Pacific Coast Hockey League by a score of two to one, the final for the series of five games being: Ottawa 3; Vancouver 2.

The game was played under seven men hockey, Western rules governing the contest. About ten thousand people saw the Easterners retain their supremacy as world's champions.



### why wait—

—if you are Nervous, have Headaches and Attacks of Indigestion, why wait and hope to get better and still suffer, when you can get sure relief by taking

### Dr. Wilson's HERBINE BITTERS

A tonic made from the curative principles of Dandelion, Mandrake, Burdock and other purifying herbs. Perfectly harmless, but very invigorating. It purifies the blood—clears the complexion and removes all those nasty pimples and blotches.

Try a bottle—At most stores. 50c. small size. Family size, four times as large. \$1.00  
The Brayley Drug Co., Limited, St. John, N.B.

### Chatham Head School Standing For March

Grade V.—Helen Jarvis 1; Marguerite Wilson 2; Edward Hartery 3.  
Grade IV.—Celia Willette 1; William Savoy 2; Addie Gould 3.

Grade III.—Janet McAndrew 1; Mayme Gould 2; Frank Blackmore 3.  
Grade II. (a)—Katie Blackmore 1; Odell Furlotte, Ruth McAndrew 2; Adolph Savoy 3.

Grade II. (b)—Archie Muzzerall 1; Doris Willette 2; Annie Savoy 3.

Grade I. (a)—Viola Ramsey 1; Evelyn Therault 2; Eva Losier 3.

Grade I. (b)—Myles Wilson 1; Roy McFarlane 2; Josie Ramsey 3.

### Lime As A Soil Builder

Fertile soils contain sufficiency of the three most essential elements for growing plants, nitrogen, phosphorus and potash. Should any of these be lacking, plants cannot grow satisfactorily. The two latter elements are found in the mineral soil particles and also in the vegetable matter that is the soil. The former-nitrogen is found in the vegetable matter only. Thus it will be seen that a soil deficient in vegetable matter is lacking in nitrogen.

Nitrogen we find when buying commercial fertilizers is that most expensive plant food element costing at least 25 cents per pound. If the fertilizer contains 4 per cent of nitrogen the cost for this element in one ton would be \$20.00.

The legumes when fully established have the power to obtain nitrogen from the air through a soil organism which forms nodules on the roots of plants belonging to this order. The principal leguminous plants are the common red clover, alsike clover, alfalfa sweet clover, vetch and peas and of these the common red clover is probably of greatest importance.

There are approximately 70 pounds of nitrogen in 1 1/4 tons of clover hay and the production of this amount of top growth leaves a root system containing at least 1200 pounds of vegetable matter, furnishing say, 30 pounds of nitrogen, in the soil. Of his 105 pounds of nitrogen in the entire plant it has been estimated that about 70 pounds comes from the air and 35 pounds from the soil provided that conditions favourable to the activities of the bacteria exist. It will be seen therefore that the 70 pounds of nitrogen at the lowest market value is worth \$17.50 or nearly as much as that 1 1/4 tons of clover extracts from the air nitrogen equal to that contained in one ton of our best fertilizers. True, some of this may be lost by careless handling of the manure from stock, but for the most part it should ultimately go back to the soil, if the hay crop is not sold.

It has been found that the soil organism which furnishes the clover with nitrogen from the air does not thrive in an acid soil or on one lacking in lime, consequently if we wish to build up a soil through the clover plant it is necessary, where soil acidity is found, to correct this condition by an application of lime in some form.

Ground limestone is the most popular and effective form of lime. If applied at the rate of 2 tons per acre when seeding to grain, at which time the clover is usually sown, best results will be obtained. Subsequent applications of one ton every three years usually suffices to maintain freedom from acidity.

Among the many tests conducted at the Experimental Station, Kentville, N. S., the one carried on in half acre plots is of particular interest. There was little apparent difference in the crop of grain on the plots and the average of four half acre plots which were limed when seeding down at the rate of 2 tons per acre was 42 bushels and 15 pounds of oats, and on the two, half acre plots not limed, 39 bushels and 31 pounds per acre. After the oats were out there was a noticeable difference in the clover growth in favour of the limed areas and the yield of hay the following year averaged 4560 pounds per acre from the four limed plots, and 2480 pounds per acre from the two plots not limed, a difference in favour of liming amounting to 2080 pounds of clover hay per acre. When this land was plowed there was a decidedly marked difference in the amount of root development in favour of the limed areas thus greatly increased store of vegetable matter and nitrogen carrying materials.

Lime, therefore, is most valuable as a soil builder because it produces a suitable environment for the clover plant through which farm soils can be built up most economically.

### Have You Tried "SALADA" TEA

**"SALADA" TEA**  
(BROWN LABEL)

Your Grocer sells it for **55c** per pound.

### SENATOR WANT TO KNOW ABOUT HIGHWAYS MONEY

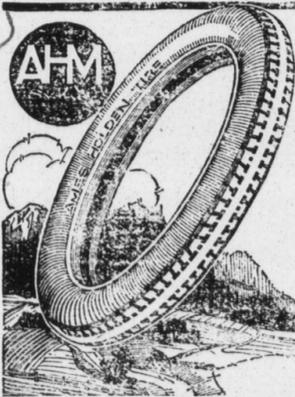
Ottawa, April 5.—In the Senate tonight Senator Todd (New Brunswick), Girroir, (Nova Scotia), Sharpe,

(Manitoba), and Barnard (British Columbia) gave notice of an inquiry regarding the agreement to spend federal money on highways and the amounts expended in their respective provinces.

### CREAM The WEST FLOUR



You can procure "Cream of West Flour" from **P. HENNESSY,** Newcastle, N. B.



### "Auto-Shoes" Mean Mileage

The mileage given by the best tire you ever used would just about approximate the average given by Ames Holden "Auto-Shoes" year after year.

Ames Holden "Auto-Shoes" are miles better than ordinary tires. The name "Auto-Shoes" is to help you to remember that—to make it easy for you to get the cheapest mileage you can buy.

### AMES HOLDEN "AUTO-SHOES"

Cord and Fabric Tires in all Standard Sizes

For Sale By "Grey Sox" Tubes "Red Sox" Tubes

CHAS. M. McLAUGHLIN, Newcastle, N. B. Phone 128

LAWLOR & BARRY Newcastle, N. B. Phone 255



**MACDONALD'S "Pilot" Smoking Tobacco**  
1/9 lb. Package 15¢

### WRIGLEY'S



### Pleases Them All!

It appeals to everybody because of the pleasure and benefit it affords.

The longest-lasting refreshment possible to obtain.

Sealed tight—kept right in its wax-wrapped impurity-proof package.

5¢

The Flavor Lasts

