ST.JOHN MAN HAS **GAINED 28 POUNDS**

H. F. Rollings Is Surprised By Rapid Improvement-Troubles End

"The best proof I can give that Tanlac is the right thing for me is the way it is building me up. Said H. F. Rollings, of 62 Flower Hill, St. Johns, Newfoundland, recently. Mr. Rollings has been employed as carpenter by Reeds Newfoundland Railway Company for ten years.

"At the time I began taking Tanlaci" he continued, "I only weighed one hundred and twenty two pounds, but now I weigh one hundred and fifty pounds - have actually gained twenty-eight pounds - and am picking up, both in weight and strength.

"I had been in the worst kind of a fix for some time and could get nothing to do me much good, if any. My appetite went back on me and my stomach was in such a bad fix that I could not eas meats or any of the more substantial foods at all. I had severe headaches and was so run down and weak that I couldn't do justice to my work. I would get so weak, faint and dizzy that I was actually afraid to mount the scaffolds. I was very nervous and nearly all my strenth just seemed to be gone. One day while crossing the railroad track I felt one of those dizzy spells coming on me. I managed to call for help, but I fainted dead away, and the next thing I knew I was home. I could never get a tgood night's sleep and that tired, worn out feeling was with tired, worn out feeling was with me all the time.

"My improvement since I began using Tanlac has certainly surprised me, My appetite returned after the first few doses and by the time my first bottle was gone
I could eat and digest anything.

Then I commenced to pick up my

The is cleaner and less trouble. It is ever so much easier to transport and to supply to engines, few feet of tubing and a main line express engine, for example, can take in 600 gallons of oil fuel in from few feet. lost weight and strength and get rid of that tired, worn out feeling.

The headaches, dizziness and get that there are so many big deposits of it in various parts of the world that it is not affected by strikes nervousness have all left me and I sleep so soundly that I have to be woke up in the mornings. My appetite is so big that I can hardly get enough to eat and I never have the least trouble with my stomach any more, and when it seemes to work I can have up to the following the least trouble with my stomach any more, and when it seemes to work I can have up my my my stomach and the state of the stomach any more, and when it ers can be replaced by girls in spot-comes to work I can keep up my less white caps and aprons. end with the best of them. I am convinced that Tanlac will help anyone who tries it and I am ma, the last two member of Vilh-glad to make this statement for what it may be worth to others.

Tanlac is sold in Hartland by Estey & Curtis Co., in Bristol by Dr. G. W. Somerville, in Centreville by Stevens Bros., in Woodstock by E. W. Mair, in Benton by W. E. Porter, in River de Chute by Daniel B. Baird, and in
Florenceville by A. B. Lovely
and in Bath by Bath Drug Co.,

H. M. Forter Mount Pleasant.

Storkerson and one other member
Storkerson and one other member H. M. Foster, Mount Pleasant,

death of their husband and father, and also the Contreville choir and those that contributed flow-



There is more energy in a pound of good bread made in the home with Royal Yeast Cakes than in a pound of meat. Bread making is a simple operation and requires no previous experience. Full instructions in Royal Yeast Bake Book, mailed free on request. E.W.GILLETT CO.LTB.

SAVED FROM LIFELONG MISER

And a Dangerous Operation, by Taking "FRUIT-A-TIVES"



MRS. M. J. GORSE 8928 Union St., Vancouver, B.C. "I suffered with all the symptoms of Female Trouble, with chronic Con-

stipation and constant Headaches. I had pains low down in the back and sides of the body. I tried various remedies without relief, and then put myself under a doctor's care and he advised me to have an operation. I Then, I started taking 'Fruit-a-

tives'; and from the outset, I felt better, and this medicine has completely relieved me of all my misery and suffering. My weight was only 143 pounds and now it is 168 pounds. I am free of pain and headaches and the terrible Constipation; and what saved me from misery is the splendid fruit medicine, 'Fruit-a-tives'. MRS. M. J. GORSE.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited Ottawa, Ont.

Oil Cheaper Than Coal. The high price of coal and the prospects of it becoming dearer still has resulted in a big demand for oil

The great coal strikes of 1911 and 1912 made hundreds of big firms turn towards oil, and it is a remarkable fact that once oil fuel has been used coal is abandoned forever. Oil is not only cheaper than coal,

but it is cleaner and less trouble. It

Two Explorers

Wartin Killin and Adelbert Gu-

Expedition to leave the Arctic, are reported aboard the trading schooner Anna Alga, which is working its way toward Nome.

Killin and Gumaer were not members of Stefansson's original party. They were members of a party Storker Storkerson, Stefansson's lieutenant, led on to an icefice last year in the hope that the Arctic drifts would carry the floe westward to Siberia. After spending eight months

H. M. Foster. Mount Pleasant,
John McIntosh, Glassville, Chas.
L. Bent, Plaster Rock.

Mrs. John Stewart and family
of Centreville wish to thank their
neighbors and friends for their
kindness during the illness and
last to f their husband and father.

Storkerson and one other member headed overland for the outside was his first in eleven years. He has been an explorer, trader and trapper along the northern rim of the continent ever since 1908. He expects to associate himself with Stefansson in handling the Canadian Government's proposal to stock the northern rundra plains with reindeer. ern tundra plains with reindeer.

> Additional Data. Young Hopeful-My teacher told us

today that the tongue is the organ of

Henpecked Father-But did she tell you that in women it is an organ rithout any stops?

Rideout-Hitchcock

A pretty wedding took place at the Baptist church at Grand Falls on Wednesday morning at ten o'clock, when Miss Mary Olivia Hitchcock, daughter of Walker Hitchcock, of Ortonville, was united in marrage to Frank Henry Rideout, youngest son of Mr. and Mrs. Samuel Rideout, of Grand Falls Portage. The ceremony was performed by Rev. W. J. Hurlow, pastor of the Baptist church at Tracy's Mills, Carleton County, and formerly pastor of the Baptist church here, the double ring service being used. While the bridal party entered the church, Miss Helen Hallett played the bridal chorus from Lohengrin. The bride who was given in marriage by her father, looked very charming in a bridal gown of white satin and georgette, with pearl trimmings. She wore a veil and wreath of lillies of the valley,

and carried a beautiful bouquet of white roses and carnations. The bridesmaid was Miss Glayds Northrup of Cole's Island, who silver lace carried a bouquet of pink carnations Little Miss Marion McLaughlin nice of the groom, was flower girl. She wore white silk with blue trimming and carried a basket of carnations Leon P. Ludgate, of Woodstock, nephew of the groom, acted as grooms man. The ushers were Allan E. Merritt and Ervine Hitchcock, cousins o

After the ceremony, the bridal party and invited guests drove to the home of Mr. ond Mrs. Samuel Ridehut, where a reception was held. The decorations in the house were pink and white carnations and evergreen

Mr. and Mrs. Rideout left on the C. P. R. express for Wickley, where they will make their home. The bride's going away dress was of brown tricotine with hat to match and black furs. Many beautiful presents of silver and cut glass were received, and substantial cheque from the groom's father. The groom's present to the bride was a cabinet phonograph; to the bridesmaid a pearl and amethyst pendant; to the ushers, tie pins and to the organist, Miss Hallett, a pearl and amethyst brooch. Both the young people have many friends in the vicinty who wish them every happiness. The bride attended the high school here, and was afterwards a successful teacher. The groom served overseas with the signallers, returning home last summer. The out of town people here for the wedding were Mrs. Edmund Ludgate and Leon Ludgate, of Woodstock, and Rev. W. J. Hurlow, of Tracy's Mills.

Corner of the Earth is charming in a thousand ways, but it has the dampest winters of all Canada and the winds are cold and "raw". Coughs and colds are

HAWKER'S TOLU AND CHERRY BALSAM

will protect you and your family from coughs and colds. Keep bottle always in the house. Colds demand prompt treatment.

Read what Thos. McAvity, of St. John, N. B., has to say about Hawker's Tolu and Cherry Balsam:

"I take great pleasure in stating that I have used Hawker's Tolu and Wild Cherry Balsam in my family for years and find it an

Sold by all druggists and general stores The same price everywhere - 25c. & 50c. None gensuine without Company's name. THE CANADIAN DRUG CO., Limited ST. JOHN, N. B.

Before the war, Zam-Buk was sec. a box. All during the war, when the cost of production was rapidly advancing, the price of Zam-Buk to the consumer remained the same. Now, with the war over, while some prices continue to soar, Zam-Buk is still 50c, a box! Not only so, but the made high standard of quality has been maistained throughout.

There has been no profiteering

There has been no profiteering in regard to Zam-Buk. For every box you have bought, you have been asked to pay fair value only. Is this method of doing business not worthy of recognition? Answer this question by continuing to recommend, to appreciate, and to use Zam-Buk—the greatest household healer of modern times.

Use it for all skin troubles, en sema, ringworm, shocesses, nicers, boits, pimples, piles, blood-poisoning, chapped hands, cold sores, cuts, bruises, burns, scalds, etc.

All Dealers, Sc. Box.



Notice

The Councillors of the Parish of Brigh-ton, W. D. Keith and F. W. Smith, and of Hartland Town, E. C. Morgan, desire to secure at once the name of every soldier from both parish and town who fell in

Notice of Legislation

Notice is hereby given that a Bill will be presented to the Legislative Assembly at the next session thereof to provide that the United Farmers Co-Operative Company of New Brunswick, Ltd.. may increase the number of its Directors to any number not exceeding forty.

Dated at Woodstock, New Brunswick the 30th day of January, A. D. 1920 JONES & JONES

Solicitors for Applican

NEW **HARNESS** SHOP

Having bought out George W. Letson's business we have opened a first class Harness shop in the T. J. Hurley store and are prepared to do all kinds of Harness Repairs on short notice. We also carry

Single and Double Harness

Harness Parts, Robes, Blankets, and other Collars, Shelf Goods

Handmade Harness a Specialty

Seeley & Shaw



arrive here every day or two

Meats, Fish, Poultry, Provisions Light Groceries

Eggs, Butter, Poultry, Pork Wanted

The Hartland Meat Market

ANNOUNCEVIEN

We are now prepared to take orders for the

New 1920 Model "490" and Model "F.B." Baby Grand Chewrolet Touring Cars

for spring delivery. Prospective buyers should place their orders now as the price still remains the same as last year for the model "490" being \$1035,00 delivered to the customer. This new 192 Model is built on graceful lines, and is much superior in construction than last years model. Both the "490" and the "F.B." Baby Grand have valve-in-head motors, and valve-in-head motors spell maximum economy. All Automobile buyers have to admit that the Chevrolet is the best buy of any car in Canada today for the money. As we are in a position to give good terms on same we would advise ordering early, as prices may change at any time.

J. Clark & Son, Ltd.

Main Street—Hartland H. N. Dickinson, Manager

Hay and Oats Wanted

We are in a position to handle this at any points on the C.P.R. or Valley Roads.

BASIC SLAG

We have 100 tons on order. Parties wishing this excellent article produced by the famous Alex. Cross & Sons, should place their orders quickly so that they may haul home on snow. This also applies to

BERTHAMER

of which we still have a small quantity of 4-8-4 and 4-8-6, with genuine German potash.

C. E. & C. M. RIDEOUT

Office over Hatfield & Scott Ltd.

We wish every one a Happy New Year and Promise our Customers Honest Value Every Day

Men's and Boys' Clothing and Furnishings

Extensive lines in everything and prices always right,

Hartland Clothing Co. Ltd.

Chandler, Chalmers and Maxwell Cars and Trucks

Call and see us and get the price and value for your money when boying a car. We have the agency for all of Carleton County.

Repairs on Cars, Batteries, Gas Engines and Engines of all kinds

Our motto is: "Please the Public at all times." We are going to carry a full stock of

Goodyear Tires and Tubes. Oils and Accessories or all hinds

(O) DIVINITION OF THE COLOR

Smith Grant, Manager HARTLAND, N. B.