

ACUTE NERVOUS EXHAUSTION

All Treatments Proved Unsuccessful Until He Tried "FRUIT-A-LIVES"



MR. JAS. S. DELGATY.
R.R. No. 4, Gilbert Plains, Man.
"In the year 1910, I had Nervous Prostration in its worst form; I was reduced in weight from 170 pounds to 115 pounds.
The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take 'Fruit-a-lives'.
I began to mend almost at once; and after using this fruit medicine for 8 or 4 months, I was back to my normal state of health.
I never had such good health for twenty years as I have enjoyed in the past six years. We are never without a box of 'Fruit-a-lives' in the house'.
JAS. S. DELGATY.
One a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
AIM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
MOTTO—For God and Home and Native Land.
SLOGAN—A Knot of White Ribbon.
WATCHWORD—Agitate, educate, or save.
OFFICERS OF WOLFVILLE UNION.
President—Mrs. B. O. Davidson.
1st Vice President—Mrs. G. W. Miller.
2nd Vice President—Mrs. McKenna.
Recording Sec'y—Mrs. Ernest Eddison.
Cor. Secretary—Mrs. W. D. Taylor.
Treasurer—Mrs. H. Pines.
SUPERINTENDENTS.
Evangelistic—Mrs. George Bishop.
Parlor Meetings—Mrs. Young.
Laboratory Work—Mrs. Fiedling.
Red Cross and Lumbermen—Mrs. J. W. Vaughan.
Press and Willard Hall—Mrs. M. W. Freeman.
White Ribbon Bulletin—Mrs. H. Hutchison.
Temperance in Sabbath-schools—Mr. C. A. Fairbairn.

Let us not therefore judge one another any more, but judge this rather, that each of us may put a stop to the things which cause us to fall in his brother's way.—Rom. 14:13

Business meeting of the W. C. T. U. the last Friday of every month.

Children and Picture Shows

The Quebec Legislature proposes to forbid the admission of children under fifteen to the picture shows, whether accompanied or not. To forbid parents to take their own children to these shows is extremely drastic legislation, and implies that they have been found to be doing very great mischief of some sort to the young. There have, we know, been strong representations made by the Juvenile Court against these shows on account of their constant association with cases of juvenile crime. This seems to have two elements. One is the familiarization of the children with crime as portrayed on the films, the other the fascination of the picture theatre, inducing truancy and stealing. The former of these evils has been somewhat restrained by the censorship, and has largely disappeared from the better theatres, which are representatives of the passing social and moral education attainable in no other way and whose dramatic attractions are often such stories as appear in the 'Witness' and 'Mezzinger.' To those many of the best of parents take their children; although some question whether it is good for children to bring them up among such exhibitions of excitement as may suit them for the quiet duties of life. It is generally admitted that representations much have been made by the clergy, though without success, for what they condemn the pictures—whether because they corrupt the morals of the children or because they widen their horizons. Where then is the father's indicated right to educate his own children without legal interference, upon which all the clerical opposition to compulsory schooling is so emphatically based? It is reasonable that there are movies that sell so near the propriety and erotic excitement as they are permitted. Indeed, one would judge that in this respect from the show bills; but perhaps in this they put their worst face forward. At all events, in as far as appeal to the passions is in question, it would seem as though it was only accentuating the evil to reserve it as a privilege of the ages to which passion makes appeal. It would be better if all that sort of thing could be left out. We presume that the evolution will be that the desirable film will come to be so much a part of education, both secular and religious, that the indelicate one will be relegated to its place as a dissipation for the idle class.
—Montreal Witness.

A Kidney Remedy

Kidney troubles are frequently caused by badly digested food which overloads these organs to eliminate the irritant acids formed. Help your stomach to properly digest the food by taking 15 to 30 drops of Extract of Roots, sold as Mother Syrup's Compound Syrup, and your kidney disease will promptly disappear. Get the genuine.

WITH THE BRITISH TROOPS IN GERMAN TERRITORY



- (1) Troops Marketing in Bonn Market Square.
- (2) In the Army Printing Works, Cologne, Men Printing Programmes for a Boxing Contest.
- (3) The Amusement Officer of the 2nd Army Counting Proceeds Before Forwarding to the Lord Roberts' Memorial Fund.
- (4) A Notice which Appears at the Extreme Edge of the Boundary of Occupied Territory, Cologne.
- (5) Putting the Wounded Prisoners Aboard a German Red Cross Train.
- (6) Signs by which the Belgian Government Warn Children not to Touch Shells.
- (7) Scene at the Entrance to the Famous Hohenzollern Bridge Looking Towards Cologne.



Highway of the Great Divide

The early completion of what will be the most wonderful automobile road in Canada, opening up an Alpine region of extraordinary beauty. It will be possible to motor from Calgary to Windsor, between which there are now no roads through a hundred miles of the most glorious scenery in North America. A good automobile road runs north to Fort Assin and Cranbrook, and from Cranbrook there are excellent roads to Spokane or eastward through the Crow's Nest Pass, and back to Calgary. The Good Roads Association of Alberta is enthusiastic over the prospect as this will mean the advent of many tourists from all over America. The new road will also be of great benefit to the Upper Columbia Valley which has many attractions for visitors on account of the fertility of the soil and suitability for mixed farming. This valley is served by the Kootenay Central Railway, a recently constructed branch of the Canadian Pacific.

Between Banff, the popular summer resort in the Canadian Pacific Rockies and Lake Windermere, the head waters of the great Columbia River, lies an Alpine ridge of spectacular beauty, forming part of the Great Divide. This ridge is traversed by two comparatively easy passes, the Simpson and the Verulamian which lead into the Valley of the Kootenay River, a region abundant in game on account of its being well south of the main line of the Canadian Pacific Railway. Between the Kootenay River and the Columbia River is a broad range of mountains through which the Skeena Pass and Canyon provide an easy road. With the Good Roads were made an automobile road between Banff and Windermere it was proposed to use the Simpson Pass, named after Sir George Simpson, Governor of the Hudson's Bay Company, who made this crossing in 1841. But the route over the Verulamian was found to be easier and at the same time more beautiful, and construction of the Highway of the Great Divide was commenced from opposite Castle Mountain in this direction. At the same time the road from Windermere through the Skeena Canyon was also commenced and at the time of the outbreak of war a gap of only thirty miles separated the two roads. War put an end to construction, and a great winter destroyed several miles of the western end, so that the project seemed to have been abandoned. Now, however, the Dominion Government has made an arrangement with the British Columbia Government by which the portion of the road comes under the jurisdiction of the Dominion Parks, and a substantial appropriation has been allocated to finish the work. In this way there is every prospect of

(1) Sinclair Pass, Highway of the Great Divide.
(2) Sinclair Canyon, Highway of the Great Divide.

Pat was captured by Germans, and as he ran being led away turned to the Hun with a smile and remarked, 'Didn't them Irish give us Germans blues at Ypres?'—Probably, Irish Witness.

'Didn't us Irish give yez blazes at Ypres?' Again and again he repeated it. Throughout the day every time he came in contact with a German it was 'Didn't us Irish give yez blazes at Ypres?'

Finally it got on the nerves of the Hun, and lining Pat up against a wall they told him that if he didn't become a German citizen they would shoot him. Pat agreed.

'Say, Mister Kaiser,' he cheerfully remarked after the papers had been signed, 'yez can't shoot me now, can yez?'

'No,' answered the German commander, as Pat was removed from the wall, 'you are now one of us.'

'Potus,' was the smiling rejoinder of Pat. 'Didn't them Irish give us Germans blues at Ypres?'—Probably, Irish Witness.

A sailor who was spending the evening of his life in the country, was very proud of his watch, which for nearly thirty years had never once gone wrong.

Early one morning he roused a visitor who was staying with him, and together they set out to see the sun rise. The boat kept chugging first his watch and then a clock which gave the time of the sun's rising and setting.

There was a long wait in the pale, vague dawn. Presently, topping his watch with his forefinger, the sailor yelled:

'If the sun ain't over that hill in a minute and a half, he'll be late 'n' this time.'

Children Cry FOR FLETCHER'S CASTORIA

Every 10c Packet of WILSON'S FLY PADS WILL KILL MORE FLIES THAN 50c WORTH OF ANY STICKY FLY CATCHER.

Clean to handle, Sold by all Druggists, Grocers and General Stores.

DR. A. W. CHASE'S 25c SATANIN POWDER

A canny citizen of Dundee entered a chemist's shop and told the proprietor he wanted threepence's worth of morphine.

'What do you want it for?' asked the apothecary.

'I suppose,' answered the customer, without a moment's hesitation, 'I want it for my wife.'

Children Cry FOR FLETCHER'S CASTORIA

Hard luck is a machine for testing your friends. It separates the wheat from the chaff.

The young wife remonstrated with her husband, a dissipated spendthrift.

'My dear,' said he, 'I am like the prodigal son; I shall reform by and by.'

'I will be like the prodigal son, too,' she replied, 'for I shall arise and go to my father.'

CASTORIA For Infants and Children In Use For Over 30 Years Always bears the Signature of Dr. J. C. Watson

The orange was originally a pear-shaped fruit, but not much larger than a cherry, and it is said that its evolution into due to twelve centuries of cultivation.

Children Cry FOR FLETCHER'S CASTORIA

Better than Pills For Croup, Croup, Whooping Cough, Sore Throat, Colic, Diarrhoea, Indigestion, and all the ailments of Infants and Children.

MR. Fought Tomorrow Alright

E. B. SHAW

Repairing of Boots and Shoes of all Kinds

His trusted business at the old stand in his new building.

Orders Solicited and Carefully Executed.

Children Cry FOR FLETCHER'S CASTORIA

Better than Pills For Croup, Croup, Whooping Cough, Sore Throat, Colic, Diarrhoea, Indigestion, and all the ailments of Infants and Children.

MR. Fought Tomorrow Alright

A. V. Hall, Chemist and Druggist