# RASH ON BABY **CAUSED PAIN**

Itched Very Much. He Was Always Scratching. Cuticura Healed Him.

"My baby was suffering with scaling and crusting of the skin and scalp which caused a good deal of pain. The breaking out was in a red rash on his face which was sore and

itched very much, as the child was always scratch-ing till it would bleed. 'I thought I would try

Cuticura Soap and Ointment and I used about one box of Cuticura Ointment and two cakes of Soap when he was healed." (Signed) Mrs. Hartsborne, 940 Old Orchard Ave., Notre Dame de Grace, Montreal, Que., Dec. 16, 1916.

Cuticura Soap and Ointment prevent primples or other cruations.

pimples or other eruptions.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

#### FOR HOUSEWIVES.

How to Keep Fruit Juices Without Sugar.

Fruit juices can be kept without sugar for use later on in jelly making. This enables the housewife to get along with fewer jelly glasses. Moreover, with bottled juice a greater variety of jellies can be made, as juice that will not jell can be put up when the fruit is ripe and combine later with fruits that will jell. or fruit ripening at different seasons can be combined. Juice of strawberries, cherries or pinappie can be kept without sugar and later when apples are plentiful made into combination jelly. It is really surprising how much fruit sa allowed to go to wasts in the ordinary garden. Until one has made an effort to save all the fruit grown, including the windfall apples, no idea can be had of the large amount wasted. An effort to save all the fruits and vegetables will result first in the housewife learning that there are probably only about one-third or one-quarter of the necessary can's on hand and finally that to save, all the food drying will have to be resorted to in some cases.

The next notteenble result will be that more fruits, vegetables, jellies and jams will be served all winter, the family will fare better and enjay better health and need bills will diminsh correspondingly. It may be even necessary to supply less fortunate neighbor, with some of the preserves to finish them up at the end of the season, or some may be carried over, as unsugared sterilized juices of currants, apples, crabappies and granes keepfrom nine to eighteen months and then make excellent jelles.

To put up unsugared fruit juices for jelly making, proceed exactly as if jelly were to be made in the time. Come the fruits until they are soft and strain out the juice through a financh bag, lied and pour while hot into bottles, previously acalded. Fill the bottles full leaving no air since between juice and cork or seal. Place the filled sealed between on their sides in water near the bottles are cool cover the cork with a paraffin seal. Through sterilization and sealing are absolutely essential to success.

To made jelly

Minard's Liniment for sale every-

## GERMANY'S CREDIT.

An Estimate of the Economic Conditions of the Empire.

The war had begun to go against The war man negative to as a second the average man immediately looks at the war man, compares it with the the war map, compares it with the war map of two three or six months ago and sees that this is so. If he were to look at the economic map he would see that the war is going against Germany even more pronouncedly, and in a way which no Hinden ourg line can check.

Cabled reports from Berne on Sat urday week stated that the exchange rate for Gorman reichsmarks had fallen to 71 Swiss francs per 100 warks as against a normal mint parity of 123.42 Swies france for 100 marks. The rate for Swiss france at New York on that day was 5.03 france for a dollar. Arbitraged under the system of international exchange, this would make the mark worth 14.1 cents here, or at rate of 56.4 cents for four marks or at rate of 56.4 cents for four marks, the unit of quotation which prevailed before we entered the war. This represents a discount of 40.3.4 per cent, the lowest, so far as we in America know, that German exchange has

The greatest discount on German the greatest discount on German exchange prior to our entrance into the war was 30 1-2 per cent, reached on February 9th last, and on March 30th, the last day marks were quoted in the New York market, the rate stood at 70, which showed a discount of approximately 26 1 2 per cent. Thus, the German exchange which is the the German exchange, which is the measure of her credit, has fallen 14 14 per cent, since the United States became arrayed against her.

In the matter of her exchanges with

Switzerland, the case is even worse than it appears to be. Germany has free and unrestricted facilities for trading with Switzerland. No barbar-ous British blockade can interfere with these relations. She can export anything she wants to the country and she can import what she needs or can get. The fact that her exchanges

DRS. SOPER & WHITE



SPECIALISTS Call of some listing to the ladvice. Medicine formulae in tablet horn. I ourself some to 1 a m, and 2 = 6 p in. Some over 1, a cuto 1 p m.

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Please Meation This Paper.

are so poor indicates that she has been importing from Switzerland on a vast scale. But she is paying for these imports at a ruinous rate. The argument that she must hold on to her gold to protect her circulating paper gold to protect her circulating paper currency will not explain away the situation, for Switzerland has more gold than she knows what to do with, and would gladly accept goods in pay-ment for goods, as she is doing with her two entente neighbors—France and Italy.

The plain, evident truth is that Ger-many can neither new in gold nor in

many can neither pay in gold nor in goods, but must pay in credit, which is worth less than 60 cents on the dol-lar. How long this can cor linus nobody knows, and it would be rash to predict a speedy collapse, in view of the lessons taught by the war, because of what the financial markets show. But it is quite apparent that Germany is desperately hard up, much more so than either England or France, her chief European rivals, and it is also apparent that she has no "vast accum-ulation of goods with which to deluge the world when peace returns." This seems to be pretty much of a myth, else she would use some of her goods in correcting her exhcanges with Switzerland.

Germany is having an unhappy time Germany is having an unnappy time of it in a military way. We hope and believe she will have a worse time before the war ends. But when the war does end she will have an even greater problem to solve, and one the solving of which will require more than wentime financial legerdemain. financial legerdemain. Brooklyn "Eagle."

#### Gratitude!

An usual form of testamentary gratitude is recorded in the diary of Henry
Grenville. "A man who had spent much
this time in fishing left a direction in
his will that as he had derived much
neurishment as well as pleasure from
the fish be had caught at Chertsey it was
only fair to the descendants of those fish
that he in return should become their
food. He therefore desired that his
body be cast into the Thames at Chertsey."—London Tatier.

## WHEN YOUR COLOR FADES

When a girl-or a woman-finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after slight exertion, or under the least excitement, it means that she is suffering from anaemia—thin, watery Headache and backache fre quently accompany this condition and nervousness is often present.

The remedy for this condition is to build up the blood, and for this purpose there is no medicine can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy. The only other treatment needed is plenty of sun-light, moderate exercise and good, plain food. The girl or woman who gives this treatment a fair trial will soon find herself enjoying perfect health

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mai! post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## Poison Gas of Beetles.

Most people think that the use of poison gas in warfare is a purely human, or perhaps one should say, inhuman idea. Yet the plan has been adopted by nature. Certain kinds of beetles known as bombardlers, and called by scientists branchinus, make free use of poisonous fumos to keep their enemies at bay. A typical spe-cies known as as branchinus crepitans is largely attacked by certain ground beetles. These ground beetles are very active, and can easily overtake the bombardiers. Just as they get within reach, however, a strange thing happens

The bombadier has the power of tecting a peculiar liquid which when it comes into contact with the at-mosphere, bursts into a sort of a pale blue-green flame. This is immediately followed by a kind of smoke. Now upon the pursuer. No sooner do No sooner do the ground beetle than the creature is blinded and stupified. A strange paralysis overtakes the insect, and it seems unable to move any farther. Quite a while elapses before the ground beetle recovers. In the meantime the bombardier makes good his escape.—The American Boy.

Minard's Liniment Relieves Neuralgia

## REVERSION TO TYPE.

Habits of Animals Which Date Back to Days of Their Ancestors.

Just as men have developed from their savage state into pleasant civil-ized beings, so naturally dogs and cats and horses and hogs and other domes-tic animals are very different from the wild things that were caught in the forest and trained to usefulness, but there are some habits inherited from their far away ancestors which they still retain, and by which they are dis-

tinguished one from the other We never question, for instance, why a horse runs so swiftly and has such power of endurance, but we must remember that his ancestors had to flee and defend themselves from the wolves—their greatest enemies—and that their rearing and plunging was also a former means of defense if the enemy sprang on their backs. Their neigh was a watchword and call when wild horses went in droves, and some sort of signal was necessary to keep

sort of signal was necessary to keep them from straying.

Sheep, when frightened, always run to an elevation, because their ances tors originally came from the moun-tains. They always follow a leader, because in the dangerous mountain pass their ancestors had to go in single

Hogs grunt because their feeding grounds were thick woods, where the could not see one another and sound was necessary to keep them together.

Dogs have a way of turning around aeveral times before they lie down.

This looks very foolish now, but when they were wild things, centuries ago, they also the tall grass and turned

they slept in the tall grass and turned

Ripe Cherries



"Pure and Uncolored" make delicious and economical preserves

In 10, 20 and 100-lb. sacks. 2 and 5-pound cartons



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Atlantic Sugar Refineries Limited Power Bldg., Montreal

around several times to hollow out a bed, and they have never outgrown this habit, but to this late day they will turn around on a rug, just as if

will turn around on a rug, just as if they were in the tall grass.

Cats have, perhaps, the most traces of old ancestral habits, says the Virginia "Pilot." Many times they do have a trace of the lion or the tiger very near the surface. Their uncertain temper, their purring and growling, their sudden bounds, their tendency to scratch, all comes from the forest and the jungle.

and the jungle.

All these and many more traits can be found, but when we canter across country on our ponies and fatten our respectable hogs for the markets, and make pets of our dogs and cats, we forget how far these traits have traveled, and that when the world was younger its live stock was of a very different order.—Buffalo Commercial.

Indian City of Juggernauts Temple and Chariot.

so say of any place in India that it is strangest and most curious city in the empire is to make a bold statement, for

is strangest and most curious city in the empire is to make a boid statement, for India is a museum of curious places, each one stranger than the last. Yet it is probably true that Puri is the strangest place in India. Here in this little seaside viliage, only a few hours from Calcutta, you come closer to the mysteries of India than anywhere else, in a playsical sense at least.

At Puri is the world-famous temple of Juggernaut, whose death-dealing charioth has become a stock figure for ruthless destruction of human life in every modern language. The Car of Juggernaut is perhaps not quite up to advertisement, but there are strange things enough in Puri to make up for that. The temple of Juggernaut houses the rudely-carved figure of the god himself, hewn out of a log and never finished. The story goes that a certain king was instructed from above to build the temple, and the god would come from the sea. He came as per schedule in the form of a floating log, and the god sent a sculptur from their immortal real to carve the log into god-like semblance. The sculptor arrived and set to work; but the gods are jealous of heavenly secrets in the way of carving. The people were warned that no man must watch the sculptor at work. The king who built the temple, with a highly human curiosity bored a hole in the wall and peepred. The sculptor disappeared in a rage and left the god half-finished; and that half-carved log is perhaps the most sadred idol of India to-day.

Once a year he is placed on a great car and drawn through the streets for a visit to another temple. This is the occasion when the devout fling themselves beneath the wheels of the charlot, but the car is hardly heavy enough to account for much mortality. Most of the casualities occur in the struggle to get a hand on the ropes that haul it.

The greatest mystery of Puri is its effects on the matter of caste. India is iron-bound in the matter of caste nas much to-day sever crossed the threshold. The vievroy of India came to Puri to visit it, and was refused a d

## Odd and Interesting Facts.

Switzerland in June and July had the heaviest, most continuous rains known for fifty years.

Sacremento, Cal., business men have formed a Barefoot League for health and amusement objects.

By a new French process aluminum can be so substantially nickel-plated that the metel con be hammered and bent without cracking.

Iron safes and cash boxes are in de-mand nowadays among native merchants of Indo-China, and Chinese doing busi-ness in the faraway region of Asia.

Successful experiments with cotton growing have been carried on in the canal zone by a North Carolina man.

### MAKE TOURISTS MARVEL.

The Sharp Contrasts Between Australia and New Zealand.

One of the first surprises awaiting the tourists from the northern hemisphere is to find that Australia and New Zealand may not be grouped as two islands of like appearance, differing mainly in size, near neighbors which may be treated as a unit. New Zealand is nearly twice as far from Australia as Bermuda is from New York and not only east, but also

Four days' travel across a chilly see is required for the traverse from Wellington to Sydney, and after exchanging the chill midsummer climate of the New Zealand lake region for the heat of Alelaide one readily accepts the evidence of the map that the southern coast of the Australian mainland has the latitude of central New Jersey, while the southernmos of the three islands which compose the Dominion of New Zealand occuthe position of southern New foundland

In climate and vagitation the two dominions are as unlike as Norway and South Carolina. New Zealand is a land of mountains, gorges, rivers and flords. The higher peaks of the South Island are eternally snow capped, and the glaciers of its southern Alps rival those of Switzerland. The surrounding seas are too cold for

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MI-NARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both, with excellent results.

Yours truly, T. B. LAVERS,

Among the mountains of the North island volcanic fires are still active, and the geysers and hot springs are little less impressive than those of the Yellowstone park. The aboriginal inhabitants of New Zeaby Dr. Cook were the most advanced of all the south Position land at the time of their discovery of all the south Pacific races, while the aborigines of Australia are the lowest in intelligence of all human beings.

Australia is in no sense inferior to New Zealand in geographic interest, but lofty peaks, profound canyons and active volcanoes are lacking. Its rivers are unimpressive and its permanent lakes small and few in num-It is a continent composed of plains interrupted by ridges and mountain knobs.—National Geogra-

## Minard's Liniment Cures Dandruff.

Neck of Mutton.

Neck of Mutton.

Don't despise it.

It makes fine broth.
Judiclously cooked it is good eating.
Cooked by itself it may not be tempting.
A little elaboration and the whole thing is transformed.
Try cooking it slowly in a little water till nearly done.
When nearly done cover with the following mixture:
Two cups breadcrumbs, two tablepoons fine-chopped sweet herbs and the yolk of an egg.
With this mixture over the mutton neatly brown the whole in the oven.

Blessed are the happiness makers! Blessed are they that are without fric The United States has more telegraph offices and more line mileage than any other nation. Germany is second in rank.

30 cents per lb. for beef is not high when compared to 50 cents per lb. live weight paid for the champion of the Toronto Fat Stock Show. Start feeding that steer now and get some of the big money at the

EIGHTH ANNUAL TORONTO FAT STOCK SHOW

**Union Stock Yards Toronto Dec. 7th and 8th, 1917** 

Secretary Will Mail Prize List on Request

#### BATHS A MONTH LONG.

Natives of Japan Take Them Hot and Sleep in the Water.

number of baths taken daily by the Japanese at the hot springs and the length of time they remain in the water length of time they remain in the water run counter to all western medical opinion regarding the utility of hot baths for invalids. Five or six times a day for an hour or longer at a time would not be considered an uncommon regime. A smile of incredulity was raised some years ago when Professor Chamberlam told us of a tiny spa where the bathers stayed in the water for a month or more, with stones on their lays to prevent them from floating in their sleep. Yet I could name another remote little spot where a very old man—well advanced in the nineties, in fact—has literally lived in the shallow warm water of the spring for years, his knees and neck supported by a beam, from early morn till midnight.

night.

The high temperature at which the baths are teken has excited the wonder of the spring for years, his knees and neck supported by a beam, from early morn till midnight.

The high temperature at which the baths are taken has excited the wonder of many travelers. At Kusatsu, for instance, that of the chief bath in 123 degrees F., but such a temperature necessarily involves special precautions before entering the bath, with a limit of from three and one-half to four minutes' immersion.

from three and one-half to four minutes' immersion.

When we remember that water at 115 degrees F. can just be borne by the hand, but not by the whole body, it is possible to realize the agony of afflicted humanity in the Kusatsu baths. At the same time the Japanese skin cannot be so sensitive as that of the European, for the daily bath is enjoyed by the natives at a temperature that makes the boldest of us wince.—Herald of Asia.

#### IT IS UP TO CANADIANS

In order to facilitate train move-

ments and release passenger train crews for other work, the railways of the United States are making drastic reductions compared to which those in Canada early this year appear mild. Thus, for instance, the Pennsylvania Railroad merely on its lines east of Pittsburg has eliminated no less than 102 trains, or mor elimin than double the number taken off the whole of the Canadian railways. This will cut down the passenger movement by an amount equivalent to 2,268,000 train miles per annum or over 6,500 train miles every week day. A number of parlor cars, res-taurant cars and observation cars are being discontinued. The Boston & Maine has taken off no less than 255 trains or more than five times the number taken off in Canada, saving approximately 41,000 train miles per week. Strenuous efforts are also be-ing made to increase the carload and to impress on merchants the mportance of rapid unloading so that the freight equipment shall be kept busy to its utmost capacity, and terminals should be kept clear. The American should be kept clear. The American railroads realize that speed in freight movement is one of the greatest aids they can give to help win the war and according to all reports are achieving remarkable results. It is up to Can-adians to see that Canada is not left behind in this patriotic race.

### Widowed Birds.

The married life of most birds could he taken for a model by members of the human family. For instance, the staid, dignified and homely baldheaded eagle never mates but once and lives with his one mate until he or she dies. If left a widower—even a young widower—the baldheaded eagle never mates again. He remains alone and disconsolate in the nest of the rocky craig or in the branches of the tail pine that formed his domicile while his mate was alive. No other fe-male eagle can tempt him to forsake his desolate life. With him once ; widower, always a widower. The gold-en woodpeckers live in a happy married state, mating but once. If the male dies his mate's grief is lasting and she remains a widowed bird the rest of her life.

JETa woman ease your suffering. I want you to write, and let me tell you of my simple method of home treatment, send you ten days' free trial, postpaid, and put you in touch with women in Canada who will gladly tell what my method has done for the m.

If you are troubled with weak, tired feelings, he adeche, be acked, be acked, bearding down to be a constipution, caterial conditions, pain in the sides, regularly, bloating, sense of falling or misplacement of internal organs, nervousness, desire to cry, palpitation, hot flashes, dark rings under the eyes, or a loss of interest in life, write to me to-day. Address:

Mrs. M. Fammers, Er. g. Windser, Sat.

## The Echo.

Midst mourtains wild I met a shepherd w upon a long, long linglish horn.
And sweet his melody did flow. The horn,
So strong the resounding, was but the
instrument
That midst the hills the charming echo
wakened. walkened.
And every time the shepherd walted, silent.
Until the coho died, that long persisted, And flew from height to height; its sounds were sweet.
Beyond compare, and inexpressible.
It seemed to me, a choir invisible.
On instruments ethereal were expressing the earthly tongue in heaven's wondrous language.

and thought I then—"O genius! Like this horn, Thou, too, must sing the earthly song to waken In hearts another song. Blessed he who nears!"
midst the mauntains heard I in "Nature is but a symbol, like his horn. She sings but for the echo, which is God.

God.

Blessed be he who hears the song, and hears the echo!"

-Viacheslav Ivanov in Russian Review.

## How to Carry Water.

If you want to carry a full pail of water any distance without spilling or to carry water from one room to another in a flat dish or tray you should always have something floating on it. If it is drinking water a clean saucer will do, and a flat piece of wood is the best thing for a pail. It is the little waves that arises from the water's lapping against the sides and then rushing to the other side that makes the water spill over. The floater stops this.—New York Sun.

Next to its unique flavor, the great economy of Salada Tea has been reason for its enormous sale.

## ISSUE NO. 30, 1917

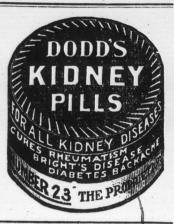
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WANTED - PROLATIONERS TO train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED—A GENERAL SERVANT for only two in family. Apply, 15 St. Mathew's Ave., Hemilton, Ont.

MONEY ORDERS

A DOMISION EXPRESS MONEY ORder for five dollars, costs three cents.



## What It Would Be

A teacher was endeavoring to explain the term "facs:mile" to his

"Now," he remarked to one sharp youth, "what is your father's trade or profession?"
"He's a lithographer," was the reply.
"Very well. Supposing a man came to your father with a document which he wented reproduing in every wert. he wanted reproducing in every parti-cular, your father agreed and the do-cument was faithfully copied, what would it be?"

'Well," replied the boy thoughtful-

ly, "it depends."
"On what?" asked the teacher. "On the document."

"How so?"
"Well, if it was a ten dollar bill, for instance, the other would be a counterfeit. If the document was a check the copy would be a forgery."
"You don't understand what I mean."

"Oh, yes, I'm quite sure I do," went on the boy. "I'm just coming to it now. In either case it would be about ten years." mean.

#### Other People's Money.

In handling other people's money the principal must be kept intact. If, as a trustee, those to whom you are responsible insist upon an income which you in your heart know cannot be obtained without taking some slight chance, give up the trust without hesitation, says World's Work. There is no more bitter experience through which an honest trustee can pass than the rendering of an accountpass than the rendering of an accounting for a lost or deposited trust. No reason or excuse can weigh for an instant against the actual result which faces. A single slip in the handling of funds like this may doom all future generations of that family to lives of poverty. This is the greatest responsibility ever laid upon a trustee, an executor, a banker or an adviser, and no honest man should assume it unless he is prepared to endure for the sake of the future all the criticism that may centre upon him on acount of extreme conservatism in the present.

Minard's Liniment Cures Burns, Etc.

What Tipping Means.

Fourteen thousand six hundred per cent is a pretty high rate of rent! But it's just what you pay when you hand the cloakroom pirate a jitney for watching your hat for an hour. Do you get us? Well, it's just like this: When you pay 10 cents for the loan of a dollar for a year you pay 10 per cent. But if you pay 10 cents for the loan of a dollar for a day you pay 365 times as high a rate, or 3,650 per cent. It's just the same way with your \$3 hat. When you pay 5 cents on it for an hour you are paying the rate of \$438 a year, counting only twelve at the rate of 14,000 per cent. Tell this business hours a day. And this is at to the cloakroom girl to-day and get her "comeback." But don't blame us if she's a bit snippy.--Worcester Post.

## As the Years Go By.

The letterhead of a certain lawyer bears a legend that savors of sound philosophy. It runs, "I am anxious for business, but have passed the experimental age and am now demand-ing cash for my services."—Case and Comment.

Ex-King Constantine is one who is justified in talking about the trouble caused for him by his wife's relatives -- Washington Star.

The Waste of War is terrible, but the waste of food in times of peace is colossal. Rich and poor alike eat tons of food that has little food value-and this useless food breaks down the so-called eliminating organs and depletes the physical and mental powers.

Shredded Wheat Biscuit is all food, prepared by a process which makes every particle thoroughly digested. It is 100 per cent. whole wheat. Two or three of these Biscuits with milk, make a nourishing meal, supplying the greatest amount of energy at lowest cost. Delicious with sliced bananas, berries or other fruits. 1,745

" Made in Canada.