EVER HAVE

HEARTBURN?

OR ACID RIFTINGS OF FOOD?

Bileans Ends These Symptoms.

How? Because when food returns

these unpleasant "feelings of fulness,"

it is because your digestive system has given way for the time. The "food tax"

or post free from the Bilean Co., To onto, for price. 6 boxes sent for \$2.50.

Light on a Long-Forgotten Tragedy.

the German Emperor to Chinese Turkes-tan in September, 1904, to carry on the work of excavation in and around the

town of Turian. For the most part these discoveries consist of MSS. in at least ten different languages, and paint-ings on hardened mud. plaster and

There are several in a tongue that

no papyrus among them, all being writ-ten on parchment two or three kinds of Chinese paper or leather

of Chinese paper or leather.

Other discoveries made by this expedition were of a more gruesome nature.

In one temple unearthed from the sands that had long covered it Dr. von Le Coq found some hundreds of dead bodies of Buddhis monks. The place was crowded with these to the very doors, and evidence was forthcoming of these

and evidence was forthcoming of these having been driven into the temple by the Mongol followers of Confucius and then so fastened in that escape was impossible and death from suffocation was only a matter of time. Probably this

remarkable state of preservation.-From

The Nova Scotia "Lumber King" says: "I consider MINARD'S LINIMENT the

I got my foot badly jammed lately. I bathed it well with MINARD'S LINI-

MENT and it was as well as ever mext

The Favorite Girl.

She is the girl who is not "too bright

and too good" to be able to find joy and

She is the girl who appreciates the

pleasant place because she is so plea-

Yvette Guilbert, the famous French

ictress, is an excelentl skater. Talking

about it in New York one day, Mmc Guilbert said

got up and offered me his seat.

No Need for Ships.

(New York Times.)

Increasing Average of Life.

(Savannah, Ga., News.)

learning to skate.

York Times.

Minard's Liniment Cures Diphtheria.

pleasure all over the world.

Yours very truly, T. G. McMULLEN.

the London Times.

BEST liniment in use.

baggings of big game are significant compared to the elophant hunt of the King of Stam. It is an old as well as a picturesque custom and survives unenanged in all its important features.

It used to be ananual affair, but there have been serious layers in this region, says the National Goographic Magazine. There are forebodings lest the great caase be given no of necessity as time goes on.

The royal elephant hunt was on more serious affair, perhaps, when that majeste beast was the only means of royal branch of the army. Save for tradition and scatiment, for occasional state splendors and farades, the elephant to-day has no part comment, for occasional state splendors and farades, the elephant to-day has no part comes, the road builders, official travelling in the faraway provinces and the teat forests and timber yards where American overhead machinery cannot supplant the intelligent strength of the elephant.

For the great hunts of Ayuthia, site of the abandoned cegital, the hunters go out weeks beforehand and beat the jungles for a hundred miles to north and east, and the cordon of tame elephants slowly closes around the wild elephants and drives them in a herd of two or three hundred down to the river bank and across to the King's kraal.

The last hunt of this kind was arranged for the special enjoyment of the Crown Prince and his tour of America, and before he assumed the robes of a Buddhist priest and spont the regulation three months in a monastery, in accordance with old Siamese custom.

For the speake of Rang-Rain, on the liver

custom.

For the hunt week the court stays at the nearby palace of Bang-pa-in, on the fiver banks, and the diplomatic and other foyleign guests go up to Ayuthia on their houseboat.

which inturiously lodge them during the

riverside and creek country people paddle riverside and creek country people paddle riverside and creek country people paddle the small boats and dug out cances to the their small boats and dug out cances to the their small boats and dug out cances to the moving game out from the jugle to the moving game out from the jugle to the river bank the limited in at a safe discipling and the limited in the converging approaches to the krasl.

This square enclosure has solid walls six foct thick, with an inner stockade of teak loss twelve feet high, banded together with iron and set so closely together that there is barely space between for the slimmest Siamose to squeeze through.

The grand stand, with its royal lodge from which the King and his guests view the scene, is built over the krail, but as this position of honor and fixed Assatic condition is a bad one and fixed Assatic continuous a bad one and the a

the royal stables, but the survey camps and the teak forests.

There is great contrast between the start, and the teak forests.

There is great contrast between the start, and the teak forests, and the sorry looking than the survey looking and easy manoeuvres, and the sorry looking and easy manoeuvres, and the sorry looking stungle folk—gaunt, weather worn elephants, with visible ribs and patches of fungous growth—but a few weeks of care and food, a few ecrubbings and oilings transform them and they son acquire the urbane manner and composure.

composure.

Every Siamese is a connoisseur and critic

folephants, and judges unerringly from the

vild herd. First, the creature should have

t good skin, unscarred, of uniform wrink
lings or texture, and as light in color as

His toes should have black nails and his tail must be absolutely intact. Insignificant as the elephant's tail is, the want of it renders the creature impossible and ridiculous; and many a promising elephant is rejected at the kraai because he has lost his tail in some jungle fight. A steady, wen gait is necessary for the elephant to

his tail in some jungle fight. A steady, seep gait is necessary for the elephant to be used in travelling.

When the wild elephants have been chosen and made fast to stakes they sometimes break loose and wroak their frenzy on the first animal in sight, and battles royal between flere tuskers and often occur. Then the air rings with the shouts of the neople and the Siamese thinks he has had a royal holiday indeed.

When the final choice has been made and the rejected elephants are turned back into the meadow, fed and freed, the King rises and goes to his boat. The King of Siam is one of the most kingly looking men now gracing a throne—"the handsomest man in Asia," many of the diplomats call himand in his white military uniform he steps off at a pace that puts the royal umbrella bearer at a dog trot to keep up with the strenuous ruler.

At sight of the King in his European clothes, under his Asiatic umbrella, the people sink or, their heels and remain in a nose of reverent humility until he has passed. Then the people, who have enjoyed the holiday to the full, the a fresh betol quid, tuck up their panuse, paddle away or wade the stream, and Ayuthia becomes again but a busy water village near ecome ruled temples in the jungic.

Minard's Liniment Cures Colds, etc.

Minard's Liniment Cures Colds, etc.

THE JARRING NOTE.

Solitary Cause of Discord in the Merry Music of the Flat.

"Piano playing overhead I don't obaid the flat dweller, "nor do ject to," said the flat dweller, "nor do I permit myself to worry over the singing there.

ing there.

The piano may be out of tune and on the blink generally, and the playing may be worse, and the singing may be rasping as to voice and shrieking as to manner, but I dont let any of those things disturb me at all. Nor am I put out by the drawing of flatings, and out by the dropping of flatirons and things like that on the floor overhead. "These things may make the gas fixtures in my flat dance and jingle and
stop the clock, but they don't any of
them affect my nerves the least little
bit, because, with a multitude of other
sounds, they are all a part of life in a
flat, and to be expected. We get used flat, and to be expected. We get used to them, sort of keyed up to them, and we should miss them if we didn't hear

mill, you know, but its sudden stopping that gives us the jolt. "But there is one sound to be heard in flats that I confess does disturb me and that one is stamping on the tloor everhead. That sound I have never been able to get used to, because stamping is something that could be avoided.

"Sometimes, to be sure, this pounding may be done by the pounder thought-less; he his own amusement; but even

them. It isn't the hum of the saw-

Homeson wood Dr. H. H. Mack's Rheumatism

Compound Cures Rheumatism-and cures it to stay

To prove it, Dr. Mack will give you a Acttle to try, asking you to pay only the express (about 25c). express (about 25c).
Write to-day—to Dr. H. H. Mack, 60
Yonge street, Toronto—and get a full
size \$1.00 bottle absolutely

FREE

in the exceptional cases it may be no less disturbing to the people below.

"I lived once under a man who tapped on the floor unconsciously. When he began thinking over something, or maybe when he got busy working, he would begin to drum a tune on the floor with his foot; a drumming with a regular pattern in it, like the drumming on a drum.

"He would keep that up for minutes at a time; he drummed lightly, and so he was sure to keep it up for a long time. It used to worry me. Sometimes after I'd gone to bed and just as I was dozing off pleasantly into sleep I'd be woke up with a shock by the sound of that patter, patter, pattering on the floor overhead.

"Then, after a while he'd stop, and

"But it isn't that sort of stamping All Bankkok that can find foothold goes that makes the staple of this sort of up the forty miles by train, and all the riverside and creek country people paddle their small boats and dug out cances to the arm of the Meinam on which the King's arm of the Meinam on which the King's start of the meinam of the me

" RELIANCE"

BAKING POWDER Makes Food Mealthful. Costs Less to Ucc.

Gives Better Results. Insist on the Cenuine.

EDFF BEAUTIFUL PICTURE POST CARDS To anyone writing us answering the following questions we will gladly send ab-

solutely free, postage prepaid, a set of four of our latest edition of heautiful picture post cards lithographed in brilliant 1st. Namo your grocer. ENTERNATIONAL FOOD CO.,

> en amandanamen When Winter Knocks. (Baltimore Sun.)

TORONTO, CANADA

A sad farewell to summer time, Good-by to autumn, too. The bregzes of a balmy clime, Good-by, good-by, to you.

But though the wailing winds sweep down And nipping grows the air, Why need we sigh when dreams be nigh? He for the rocking chair!

Ho for the corner by the blaze,
The book, the song, the glee.
The sweet delight of winter night,
With Goddlocks at my knee!

Knock, Mr. Winter, at my door! Blow, bugle of the storm! Around me streams the fireside dreams, The love lights keep me warm.

And while the blast beats loud without Till summer we forget
Through all we know that 'neath the snow
Soft sleeps the violet.

Distance Lends Enchantment. "The earthquake that eastern seismo graph recorded was somewhere 14,000

niles away. 'Hasn't it been reported yet?"
"No." "Took place and nobody knew it, eh?" "Evidently."

"Well. say, that's just the sort of earthquake I like."—Cleveland Plain

Had a Feeling of Curiosity. (Washington Herald.)

'I was asked to find out when you would pleasantly," answered the lebtor, "I am un"Really," answered the debtor, "I am unsoothsayer in the next block who throws
a fit and reveals the future at 50c a throw."
"I've no money to waste," growled the

Miss Peart—What is your favorite tree, Mr. Dashaway? Mr. Dashaway

PASS THE WINTER IN SLEEP.

Starving Russians Endeavor to Imitate Animals Which Hibernate.

A St. Petersburg despatch annuthat in several of the provinces of sia, the peasants, as a result of the famine, have taken to their beds, lying motionless for days at a time in order motionless for days at a time in order to weaken the pangs of hunger. This exigency may be akin to the pseudo-hibernation habitually practised by Russian peasants in the northern provinces, notably in the Pskov district. If such is the case, the hardships endured by the peasants this winter may not be as great as the casual reader may be led to believe.

lieve.

True, the pseudo-hibernation which is general in Pskov has resulted from the fact that famine is well-night chronic there, but by practice from time immemorial the peasants have become accustomed to imitate the habit of the bear and marmot in winter, until now the custom is regarded by them as one of the normal conditions of human existence. They have a name for this winter sleep. It is called "lotska."

In the brief autumn the housewives of

he was sure to keep it up for a long time. It used to worry me. Sometimes after I'd gone to bed and just as I was dozing off pleasantly into sleep I'd be woke up with a shock by the sound of that patter, pattering on the floor overhead.

"Then, after a while he'd stop, and once more everything would be quiet, and then again the stilness would be broken by that regular thump, thumping on the floor; and, as I have said, I'm an easy man, but I was glad when he moved away.

In the brief autumn the housewives of Pskov prepare a sufficient quantity of hard, black bread to last until spring. Once in the twenty-four hours everyone wakes up to nibble at a piece of black bread, which is washed down with a drink of water. Then all go to sleep again. The members of the family take watch and watch about to keep the fire going.

This pseudo-hibernation lasts until spring, or upward of six months, when the peasants take up their humble tasks

spring, or upward of six months, when again, and are busy until the succeeding winter, when silence reigns oven the frozen land once more.-New York Time



IT CLEANS AND IT CURES

"Royal Crown" Witch-Hazel Toilet Soap

It's a toilet soap and a medicated soap — for the price of ordinary soap. Only 10c. a cake. 3 cakes for 25c.

At all Druggists and Dealers.

possible and death from suffocation was only a matter of time. Probably this masacre took place ten or twelve centuries ago, but when the temple was opened the bodies were found to be in a He Got the Job. "I was much amused the other day," said a hardware dealer, "at a small boy who came around for a job. One of the who came around for a job. clerks had dropped a lot of sharp-point-clerks had dropped a lot of sharp-pointed tacks into a drawer of the screws, and had given up the idea of taking them out. When the youngster screws, and had given up the idea of taking them out. When the youngster turned up we thought we would try him by letting him sort the two articles. He went at it the same way the clerk had begun, picking out the tacks with the fingers, and getting the point of about every third tack in the ball of his thumb. He had enough in about a minute and he straightened up. We all heute, and he straightened up. We all be gan to smile, expecting him to give up job. Instead of that he went over to the show case and picked out a horseshoe magnet. Then he came back to the hor. In thirty seconds he had the tacks out and the screws were still in the compartment. He knew that the magnet would attract iron and not the brass, ve had been trying to do all the morning. We didn't realy need a boy, but this little fellow's smartness appealed to us, and we engaged him at once.

Minard's Liniment Cures Garget in Cows

Would Need It.

Would Need It.

In a little town in Scotland the grave-digger has been induced to give up his habit of hard drinking and sign the pledge. At a public meeting he gave his experience. "I never thocht to tell ye," he said, "that for a whole month I havna" touched a drap of anything. I save enough to buy a braw oak coffin wi' brass handles and brass nails—and if I'm a tectotaler for anither month I shall be wantin' it!"

Shifting Tracks Nothing New. Somebody has suggested to Commander Peary the idea of building a railway over the lee toward the pole that would keep him in touch with his base of supplies at all times. The commander thinks the builder would need a lively section gang, because parts of the track would be shifted every hour. But Peary mustn't be as hasty in condemning the suggestion. There are certain railways tht seem to be built under exactly the same conditions.

For Strains -of Shoulder -of Hough -of Stifle -of Whirlebone -of Knee



Leeming's Essence

Two or three teaspoonfuls in a little Rum or Brandy, cures Sprains, Bruises and Lameness in 24 hours—takes out all the soreness-and puts horses "on their feet again." 50c. a bottle. If your druggist does not have it, send to

National Brug & Chemical Co.

A writer in the London Lancet finds that the average of life has been increased from "a trifle under forty years in '1854 to a trifle over forty-eight years in 1800." A man of eight years in less than half a contury is tremendous. Should the progress continue the world will again see Methuselahs. Limited, Mentreal. 17

SONG OF THE SPARERIES.

his Editor Moved to Ecstasy by the Pleasing Prospect.

Rehold the hefty shote! See his ro and proportions aglow with oleaginous fory! Watch him as he crunches the grain from the cob, changing the richmeas of the field into the incense of the construction of the increase of the body, as gently as the plant manges the sunlight into a flower. It is a vision as full of anticipation as a wip to the seaside or a visit to the mountain air.

Rebold again that shote in his final analysis. Here is a table surged white with that sour taste, when you have heartburn," wind after food or any of

major again that store in a same years. Here is a table spread white and in the centre a platter filled to the brim with spareribs. The scene changes. Here is where the heart meanders along the lane, of delight. Lift a section of the lases of delight. Lift a section of that unctuous framework to your plate and behold the delicious membrane beween the ribs, as sweet a morsel as

given way for the time. The "food tax" upon its energies has been too heavy. Bileans just enter the stomach, and, dissolving there, they liberate certain herbal essences which at once correct the gastric glands. These essences also pass into the blood and are carried to the delicate vessels of the intestines. All along, these herbal essences act beneficially, so that digestive disorders are corrected, the bowels are gently opened—not violently purged—the acid and fermenting substances are removed from the body, the blood is cleared of poisons, and a feeling of lightness and restored vigor, with return of healthy appetite and freedom from all digestive troubles is the regult. Bileans also cure constipation, deblity, female ailments, piles, headache, and all liver, kidney and stomach disorders. Of all stores and druggists at 50 cents a box, or post free from the Bilean Co., Toronto few price 6 boxes sent for \$2.50. It is what considerate nature provides an offset to these keen October days.

How, winds, and beat, rain, and sting, the special control of the sparerib simply makes joy of you all. How one thanks the cold treezes that come tearing around the se, with their menace of sleet and ice the is only gnawing at a sparerib! His saly concern is that the membrane is all too slight. But he remembers that so with that satisfaction that goes with a grateful heart he nibbles and gnaws the last shred of muscle is gone from that fair bone and he looks anxiously over at the platter for more. Will he lare take more? Wouldn't you?—Co-tambia, O., State Journal. There has just returned to Berlin Dr. A. von Le Coq, the head of the small scientific party despatched by order of the German Emperor to Chinese Turkes-

Your Doctor

Can cure your Cough or Cold, no question about that, but— why go to all the trouble and inconvenience of looking him up, and then of having hisprescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE There are several in a tongue that is declared to be utterly unknown. These last will probably attract the notice and interest of etymologists throughout the world. Apparently this language is a variation of Syriac.

Although most of these manuscripts must date back to the eighth and ninth centuries, if not even earlier, there is no payorus among them, all being writ-

a bottle of SHILOH'S CUKE for a quarter. Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you

why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doc-tor whenever a Cough or Cold

appears.
SHILOH will cure you, and all druggists back up this statement with a positive guarantee.
The next time you have a Cough or Cold cure it with

Self-Sacrifice of the Stage Kiss.

Stage kisses! No one but an actor or an actress can fully appreciate what they an actress can fully appreciate what they mean. The picture as presented to the audience is very presty, but the vision which looms up before the eyes of the poor player is something like this: A face covered with a coating of cold cream, which has been powdered over with a thick layer of pearl-white or brunette powder, as the case may be. On the checks are daubs of rouge, which at that close range in no possible manon the cheeks are daubs of rouge, which at that close range in no possible manner suggest, as they do to the duaience, the rosy cheeks of a country lassic. Over the eyes are rubbed a little darkblue powder to make them poetical. The under lids are heavily penciled and a mark extends a quarter of an inch from the eye at the end. This makes them larger. Upon each separate lash is a bead of black cosmetic, which has the effect of making them heavy and long. The cherry lips, which to the audience the hero is cager to press to his own, are to his distorted vision at such close range only a gash of carmine painted into a Cupid's bow. The actress sees before her a picture even less attractive, before her a picture even less attractive

fact that she cannot always have the first choice of everything in the world. She is the girl who is not aggressive people.

She is the girl who has tact enough not to say the very thing that will cause the skeleton in her friends' closet to rattle his bones.

She is the girl wha, whether it is warm or cold, clear or stormy, finds no fault with the weather.

She is the girl who when you invite her to any place compliments you by looking her best.

She is the girl who makes this world a pleasant place because she is so pleasant herself.

The Ruminants.

They are two-toed, hoofed mammals. Their hollow horns grow from bony Most astonishing, they have four

stomachs. The first stomach holds their half-After a rest they bring it back to the

"It is only through perseverance that one learn to skate well. I am sure no one ever suffered more than I did in outh and finish the chewing. These animals are all without front teeth in the upper jaw.

Their long teeth assists the cutting teeth of the lower jaw in clipping grass "I remember one day in my girlhood, the second or third time I had ever been on the ice. I was returning home in a crowded omnibus, and a kind old man

from the ground.

These ruminants comprise one of the most important groups, furnishing much food for man.

ISSUE NO. 8, 1907.

MISCELLANEOUS

Mrs. Winslow's Soothing Syrum should a ways be used for children teething works the child, spothes the gums, cure wind colic and is the best remedy for diar



Mange, Prairie Scratches and every form of contagious Itch on human or animals cured in 30 min-tee by Wolford's Sanitary Lotica. It never fails. Sold by druggists.

WHITELEY, UNIVERSAL PROVIDER How He Found a Wife for an Anguain

dian Official in London on Furlough. "Anglo-Indian" writes to the N. Y. With reference to the death of the great dry goods prince in London, Mr. William Whiteley, I should like to relate an incident which came under my own observation when I was in India many years ago. It was Mr. White-ley's boast that you could get anything in his store, from a pin to a plough, and he endeavored to live up to his position as a "universal provider." In the 70's there was a civil officer in the Central Provinces who occupied the position of a commissioner, or chief civil officer of a division, and consequently he was pro-

minent socially.

During a furlough in England he had patiently looked for a wife, but has not succeeded. When he was about to return to India he went to Whiteley's turn to India he went to Whiteley's store and made some large purchases, and as he was leaving the store Mr. Whiteley accosted him and asked if he had found everything he wanted. The commissioner replied: "Yes, Mr. Whiteley, you have thoroughly supplied me with everything I want but one article, which it will be impossible for you to find." "Don't be so sure of that, sir." replied the merchant. "State your wants, sir, and they shall be supplied." "Well." sir, and they shall be supplied."

Mr, Whitely, I am in search of a wife, and I scarcely think you can supply that article." Mr. Whitely said: "Indeed I can. A young lady has just become a saleslady in one of our departments, and she is altogether too highly educated she is altogether too highly educated and too refined for such a position. She is a clergyman's daughter, and has been left an orphan. If you will allow me, I will introduce you to her, and I will take care that she does not know about the hargain!"

the bargain!"
The commissioner went to the departent and was introduced to the young lady, of whom he made large purchases. The result was that he eventually ask-The result was that he eventually asked her to become his wife. They were married in due time and went to India. During my residence this lady was the leader of society in one of the divisions of the Central Provinces. It is said that after the marriage, and before helf England the commissioner called on left England, the commissioner called on Mr. Whiteley and told him of his suc, cess. "Oh," he replied, "that is con amore. Simply a labor of love!"

NERVOUS DEBILITY

—muscular weakness—all wasting blood and nerve diseases—yield quickly to the tonics contained in filling Tablets. They increase the red corpuscles in the blood and oxygenise the system. Most helpful in many forms of female weakness, anaemia, pain in the back, loss of memory—and other evils attendant on a debilitated condition of the body.

At druggests'—50c, a-box—6 for \$2.50—or from The Chemiss' Co. of Canada, Limited, Hamilton—Toronto, Note the trademark—

The Thaw Evidence. (London Advertiser.)

There were portions of the evidence of Mrs. Evelyn Thaw yesterday which no newspaper should have printed. The Advertiser, like the Toronto, Hamilton, Detroit evening newspapers and deleted these paragraphs, and perhaps incurred the displeasure of readers who want every salacious detail of the trial. It is possible, however, for a newspaper to give the outlines of the stories told by the witnesses without filthy particby the witnesses, without filthy partic ularization. Only the prurient-minded want more, and their claims are not to be weighed against the danger of poisening the imaginations of the young

Mistakes in Measuring Age. Mistakes in Measuring Age.

Age is not a question of years, but of experience and of the effects thereof on body, brain or heart. A man may be "old" at 30 or young at 70. The fact of measuring age in years leads to dismal consequences. One who counts his years becomes the victim of a dreadful autosuggestion. He thinks that he should begin to decline at 70 just because he is 70, and not from any inherent reason. So he proceeds to decline. His vigor is sapped by a date. Perhaps it would be well to abolish all records of births and never allow any one to know his own age in years.—St. Louis Globernocrat.



EDDT'S SAFETY MATCHES FOR ROTELS, WARRESOUSES, HOSPITALE, ASYLUMS, ETC.