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If you want **RELIEF** from all pain—a **CURE** instead of constant danger—strength instead of weakness—if you want to be rid of the old, unsatisfactory and uncomfortable leg-strap appliances and Spring Trusses—send to-day for our **FREE Book of Advice**. It took us 40 years to learn the facts it contains, and tells you just how the **Cluths Self-Massaging Pad STRENGTHENS** the weakened muscles, **HOLDS** with ease and **CURES** Rupture. Waterproof, durable, hygienic; sent under **Guarantee Trial**. Remember—**NO** body-spring, **NO** plaster, **NO** leg-strap. Write **NOW** for this free Rupture Book and 4000 Public Endorsements. Just address:—

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50-lb. bags, \$2.25, at all dealers.

CANADIAN REPRESENTATIVES:
WM. RENNIE CO., Limited, TORONTO

REASONABLE RESTRAINT.

Jones—"Is it necessary for you to send your daughter to Europe to complete her musical education?"

Brown—"Yes—I can't stand the infernal racket here any longer."

IF THE LIVER IS LAZY

STIR IT UP BY THE USE OF
MILBURN'S LAXA-LIVER PILLS.

They stimulate the sluggish liver, clean the coated tongue, sweeten the breath, clean away all waste and poisonous matter from the system, and prevent as well as cure all sickness arising from a disordered condition of the stomach, liver and bowels.

Mrs. Matthew Sullivan, Pine Ridge, N.B., writes:—"I had been troubled with liver complaint for a long time. I tried most everything I could think of, but none of them seemed to do me any good, but when I at last tried Milburn's Laxa-Liver Pills I soon began to get well again; thanks to The T. Milburn Co. I would not be without them if they cost twice as much."

Milburn's Laxa-Liver Pills are 25 cents per vial, or 5 vials for \$1.00, for sale at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

GOSSIP.

HOLSTEINS ENTERED IN CANADIAN RECORD OF PERFORMANCE SINCE LAST REPORT.

Canaan Mosetta (8527), at 2 years; 9,701 lbs. milk, 336.93 lbs. fat; average per cent. of fat, 3.47; number of days in milk, 366. Owned by F. E. Came.

National Queen De Kol (10134), in two-year-old class; 14,735.5 lbs. milk, 506.16 lbs. fat; average per cent. of fat, 3.43; number of days in milk, 316. Owned by E. Laidlaw & Sons.

Lady Calamity Pauline (11248), in two-year-old class; 10,369.81 lbs. milk; 332.73 lbs. fat; average per cent. of fat, 3.20; number of days in milk, 365. Owned by Cecil W. Hagar.

Doris Lee Pietertje (9011), in two-year-old class; 11,324.75 lbs. milk; 404.96 lbs. fat; average per cent. of fat, 3.57; number of days in milk, 327. Owned by S. J. Foster.

Jean F. De Kol (5480), in mature class; 15,654.6 lbs. milk, 523.64 lbs. fat; average per cent. of fat, 3.34; number of days in milk, 362. Owned by S. G. Carlyle.

Aaggie Emily of Riverside (10253), two-year-old class; 14,376.5 lbs. milk, 455.27 lbs. fat; average per cent. of fat, 3.16; number of days in milk, 365. Owned by L. W. Hutchinson.

Kate Castleton (4512), in mature class; 18,713.5 lbs. milk, 580.58 lbs. fat; average per cent. of fat, 3.10; number of days in milk, 365. Owned by F. S. Passmore.

Buffalo Girl Butter Maid (11851), at two years old; 13,114.4 lbs. milk, 443.34 lbs. fat; average per cent. of fat, 3.38; number of days in milk, 328. Owned by Tig Wood.

Nellie's Pet (7489), in four-year-old class; 12,677 lbs. milk; 421.03 lbs. fat; average per cent. of fat, 3.32; number of days in milk, 289. Owned by Tig Wood.

Bessie De Kol of Niagara (9354), in two-year-old class; 13,439.18 lbs. milk, 462.86 lbs. fat; average per cent. of fat, 3.44; number of days in milk, 365. Owned by John C. Brown.

Niagara Maid (9353), in three-year-old class; 13,650 lbs. milk, 511.31 lbs. fat; average per cent. of fat, 3.74; number of days in milk, 365. Owned by John C. Brown.

May Echo (3372), in mature class; 23,707 lbs. milk, 833.64 lbs. fat; average per cent. of fat, 3.51; number of days in milk, 365. Owned by F. R. Mallory.

Johanna Mercedes of Riverside (10858), in two-year-old class; 11,520.7 lbs. milk; 377.56 lbs. fat; average per cent. of fat, 3.278; number of days in milk, 336. Owned by C. Duff Nelles.

Belle Mercedes Posch (12117), in two-year-old class; 9,265.75 lbs. milk, 295.74 lbs. fat; average per cent. of fat, 3.19; number of days in milk, 365. Owned by Elias Ruby.

Aaggie De Kol (7928), in four-year-old class; 13,119.37 lbs. milk, 513.54 lbs. fat; average per cent. of fat, 3.91; number of days in milk, 338. Owned by J. W. McCormick.

Korndyke Pauline De Kol (9320), in three-year-old class; 9,501.37 lbs. milk, 357.46 lbs. fat; average per cent. of fat, 3.7; number of days in milk, 347. Owned by J. W. McCormick.

Pauline Aaggie De Kol 2nd (5889), in mature class; 11,647.43 lbs. milk, 436.80 lbs. fat; average per cent. of fat, 3.7; number of days in milk, 357. Owned by J. W. McCormick.

Utica Teake De Kol (9009), in two-year-old class; 10,440.5 lbs. milk, 363.71 lbs. fat; average per cent. of fat, 3.48; number of days in milk, 365. Owned by A. J. Tamblin.

Princess Concordia (11445), in two-year-old class; 11,101 lbs. milk, 375.96 lbs. fat; average per cent. of fat, 3.29; number of days in milk, 365. Owned by A. J. Tamblin.

Alice Nielsen (1222), in mature class; 10,731.18 lbs. milk, 361.17 lbs. fat; average per cent. of fat, 3.37; number of days in milk, 300. Owned by S. Lemon.

Boutsje Posch De Boer (8641), in two-year-old class; 10,009 lbs. milk, 391.47 lbs. fat; average per cent. of fat, 3.9; number of days in milk, 365. Owned by S. Lemon.

Agnes Evergreen (1222), in two-year-old class; 9,175 lbs. milk, 321.07 lbs. fat; average per cent. of fat, 3.5; number of days in milk, 365. Owned by S. Lemon.

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Choice Ayrshires 10 choice cows and 10 choice heifers for quick sale. Good teats, heavy producers, high testers. Prices low considering quality. WILLIAM THORN, Trout Run Stock Farm, Lynedoch, Ont. Phone in house.

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