THE SENTINEL OF THE BLESSED SACRAMENT.

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May such condescension, such touching kindness awaken in our souls feelings of liveliest gratitude.

REPARATION.

Jesus dwel ls with us, He dwells in us.

He never departs from us, even for one instant.

He seems to have nothing else to think about except what concerns us. And do we think of Him ? Alas! how few can answer "Yes"!

After welcoming Him into our heart in Holy Communion we leave Him alone there, all the day long, absorbed as we are by a multitude of trifling occupations and cares. Coming and going we pass His churches without ever a thought of stepping in for a moment if only to greet Him and thereby show that we do not forget Him.

We allow ourselves to be so thoroughly engrossed by the bustle of business, the craving for distractions, and the allurements of pleasure, that days, months and years steal by unnoticed and we never give a serious thought to our progress on the royal road to heaven, to the Home of Jesus, our true Fatherland. In our folly we bind ourselves to this transient earthly abode of ours, and neglect to make ourselves worthy of being admitted to our Father's House.

Allowing that we Christians, who strive to remain faithful to the end, do not wholly forget God, yet how true it is that many of our fellowmen grope through life without ever lifting up their eyes to Heaven.

PRAYER.

O Jesus, I know where Thou dwellest, I know the blessed house of Thy residence. I know in some slight degree how much it has cost Thee to dwell there with me. I know since Thou hast said it—that Thou deignest to find Thy delights among the children of men, redeemed at the price of untold labors and sufferings.

O Jesus, grant that we may understand the honor Thou bestowest upon us, grant we appreciate more and more the benefit of Thy presence.

Give us the courage and strength to pluck from our hearts whatever might displease or offend Thy eyes when Thou dost visit us in Holy Communion.

Grant us, O Jesus, a taste for heavenly things; enkindle in us the desire to cleanse our souls from all evil, to banish worldly cares, so that nothing may hinder our progress towards the eternal dwellings of heaven. D. N. P. S. S. S.

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