Warriors sink York as swim team lacks males to go the distance

By MEIYIN YAP

York's swimming team came within two points of upsetting the Waterloo Warriors last Friday.

Despite being on the losing end of a 94-92 score the York squad exhibited a number of bright spots. The most encouraging sign was the strength and depth of the women's teams as consistency in all their events gave them a 48-42 victory over the Waterloo women.

The men, however, did not fare as well. Suffering from a lack of distance swimmers the final tally was 52 to 44 for Waterloo.

York received an outstanding performance by their women's team with rookie Cheryl Stickley, who placed first in the 50 metre and 100 metre freestyle with times of 28.77 and 1:0 3.10 seconds respectively. She was also on the winning 400 metre relay team.

Rookie Jennifer McCleneghan swam an exciting race for a close win in the 200 metre breaststroke. Her new personal best time of 3:12 can be accredited to the hard work she has put into improving her technique. Senior Nicole Macpherson won the 400 metre freestyle with a time of 5:13 and placed second in the 200 metre freestyle. Senior Anne Nicolussi looked good as she clocked in at 10:42 to place first in the 800 metre freestyle. Her time is already close to her final time at last year's meet.

The men were led by rookie Peter Darvas, who demonstrated his versatility and toughness by placing wins in the 200 metre individual medley, 200 metre butterfly and 200 metre backstroke. His times were 2:21.4, 2:18.2 and 2:22.3 seconds respectively.

Captain Adam Robinson placed first in the 50 metre and 100 metre freestyle with times of 25.10 and 55.9 seconds. He was also on the winning 400 metre freestyle relay team. Robert Kirwin provided a superb anchor in the 400 metre freestyle as well as placing second in the 50 metre freestyle and the 200 metre backstroke.

The swimmers have been training

for eight weeks with more emphasis on aerobic workouts. The regular distance clocked in at the practices ranges from 4500 metres to 5500 metres. About once or twice a week, swimmers are put through a fast, short anaerobic workout to build speed. At the moment, coach Carol Wilson expects good swims with more emphasis on the technical aspects of each swimmer's stroke.

This training has been designed so that they will have their first peak in two weeks at the OUAA invitational meet (University of Toronto on November 21 and McMaster on November 22). "At this point, they aren't swimming their best," comments Wilson. Given their training schedule, the York swim team is still putting out enough to give Waterloo a close race.

This weekend, York will host 27 high schools in a meet to raise money for their Christmas training camp. Then they will head off to Fort Lauderdale on December 26, for 10 days of intensive swimming and sunbathing!!

Sports Briefs

By DAVID BUNDAS

YEOMEN THRASH OPPONENTS

The Yeomen bumped their record to 5-0-1 and remain in first place in the standing after impressive weekend road victories over Queen's and RMC. Friday night against Queen's, the Yeomen came out flying and never looked back trouncing the Golden Gaels 10-1. Greg Rolston paced York with two goals and an assist. On Saturday York continued with another offensive barrage against the Royal Military College, with Brian MacDonald scoring a hat trick to help York win the game 10-3. Rolston set up five goals in the game and added one himself for good measure.

COED BASKETBALL

With just seconds left to go in the championship game, Bethune sunk a basket to win the Coed Basketball bragging rights against Founders, 37-35. The win gave Bethune an 11-1 record in combined regular season and playoff games.

TORCH HOCKEY

The only two undefeated teams in the Men's Torch League, Founders and Bethune, went head in hockey action last week. Solid goaltending left the game deadlocked at 2-2 with four minutes to go when Founders broke it open with a quick goal and an empty netter to make the final 4-2, keeping their undefeated record intact. Calumet solidified its hold on third place beating Glendon 4-3 with three goals in the last five minutes of play. Calumet is one of the hottest teams in the league winning six of their last seven games.

B-ball squad features new faces

By ROBERTA DI MAIO

Once again York will be one of eight teams to participate in the second annual John McManus Invitational Tournament, being held this weekend at the University of Toronto's Varsity Stadium.

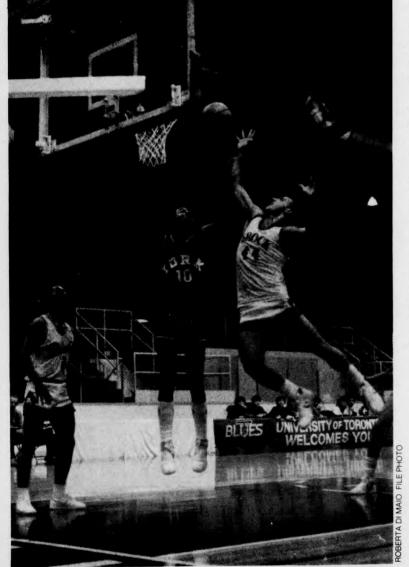
The tournament is named after former U of T basketball coach John McManus, who coached at U of T for over 30 years.

Last year, York was defeated by Calgary in the first round by a score of 78-76, in overtime play. York went on to win the consolation round after defeating McMaster 76-64 and Brock 99-70.

In this year's tournament, York's first opponents will be the Acadia Axemen. "Acadia was the team to knock us out of the championships last year," coach Bob Bain said in a recent interview.

After defeating U of T 67-63 in last year's OUAA Eastern Finals, York placed first in the division. From there, York flew to Wolfville, Nova Scotia to play Acadia. The fourth ranked York Yeomen were defeated by the 15th ranked Acadia Axemen by a score of 86-69. "We weren't very healthy at the time," Bain said, "but it'll be an added bonus for the team to beat Acadia in the first round of this year's tourney."





DRIVING TO THE HOOP: A Brock player is rudely greeted under the York boards by Stu Levinsky at last year's John McManus Invitational Tournament.

At last year's tourney, the Yeomen's top scorers were Tim Rider, Mark Jones and Ron Hepburn but York is lacking these three this year due to graduation and academic complications. Rider and Jones graduated and Hepburn did not get accepted in the Faculty of Arts and is looking to apply to a community college.

"This is the year where we have a lot of young players," commented Bain, but adds that the basketball team is "still extremely competitive." Bain expects third year players Jeff McDermid and Mike Sherwood along with rookie Lance Winn to replace York's major point-getters. Second year forward Paul Rosenberg is expected to do the "rebounding and board work," in other words to replace Tim Rider and 'Dr. Defence' Wayne Shaw.

York is also missing Lou Karkabasis who has gone to play in a semipro league in Greece where he is earning \$60,000 US.

November 13, 1986 EXCALIBUR Page 15