

Young Folks

Phil's Robbers.

One crisp morning in October, Phil started on a long tramp across the field to the woods beyond the back pasture.

When he had crossed the field and was climbing over the fence into the pasture, he looked toward the woods and saw smoke rising among the trees. In the still, frosty air the smoke rose far above the tree tops.

He scrambled over the fence and started boldly toward the woods. As he neared the edge of the timber he saw that the smoke came from a gully; he could catch the blaze of a fire through the undergrowth. Making his way slowly and carefully, he went round the hill so that he could come into the woods above the gully and be able to look down into it from among the trees on the crest.

At last he was able to peep over the edge. Only a few rods away he saw half a dozen strange men seated round a blazing fire. They were eating, talking and laughing as they ate. "Tramps!" thought Phil at once.

If he could only hear what they were saying! He kept a scrub pine between him and the group of men, and crept past down the slope toward them, until at last he could catch, now and then, a word or two of their conversation.

"Such words as 'village,' 'tough job,' and 'to-night' were things that he heard.

"A gang of robbers!" he thought at once. "They are planning to break into the bank at the village to-night, or into one of the stores!"

He felt a sudden chill of fear, and his first impulse was to get away as fast as he could; but he made up his mind to stay and hear more if he could. But only a word now and then came to him, and after a little time, which seemed very long, he made his way back to the top of the slope, as quickly and as quietly as he could. The snapping of a twig seemed to him as loud as the report of a gun, but the men did not hear it, and when he was out of sight of the group round the fire he hastened home across the fields.

When he reached home at last, breathless and big-eyed, his father was just driving into the yard. Phil poured out his strange tale.

At first his father listened seriously. Then his eyes twinkled and he began to laugh.

"Robbers!" he exclaimed. "I am afraid they would not like that."

"Why?" asked Phil. "What do you mean?"

"They are surveyors," said his father, still laughing. "They are working on the route of the new electric road."

"Oh!" said Phil.

That was all; but he was glad that his father did not speak of the matter when they went in to dinner; and all through the dinner, while his mother was wondering what made him so still, he was thinking what might have happened if the men really had been robbers and he had saved the village bank by learning about their plans.—Youth's Companion.

MAKING STEEL RAILS.

Description of the Process They Go Through.

The rail mill presents many pictures that appeal strongly to lovers of the picturesque. Under ordinary circumstances the great strands of iron, each half as long as a city block, slide back and forth smoothly enough between the rolls that are stretching them and pressing them into the required shape, but a tiny obstacle may at any moment turn one of these cables of fire off the beaten track and twist it into a hopeless tangle or wind it like a squirming snake around some unfortunate workman, says the Century Magazine.

When the rolling process has been completed, the piece of iron slides along to the great buzzsaws, which cut it up into the thirty-foot rails known to the railway travelers. Every time the whirling circular saw clips off one of these lengths sparks radiate in every direction, as though the biggest pyrotechnical penwheel ever devised had been suddenly set in motion.

When the rail has been cooled and holes have been drilled in it, it is ready to start for any part of the world. The evolution of bars or beams or sheets from the big steel slabs is gained by the same general method of procedure. It is the size and shape of the grooves in the rolls which determine the form to be ultimately assumed by the steel in their clutches.

An Ancient Hunger Strike.

Hunger striking began as long ago as the reign of Edward III, and there is an official record of the fact. A royal note has reference to the case of Cecilia de Ryegway, who was in Nottingham prison on the charge of murdering her husband. There she had remained, mute and abstinent from meat and drink, for full forty days. At last, the king, "moved by pity, and for the glory of God, to whom the miracle was owing," granted her a pardon.

The jellyfish eats by wrapping itself round its food and absorbing it.

LOOKING OLD TOO SOON

The Condition of Too Many Women and Too Many Girls.

Too many women and too many girls look old long before they should. Their faces become pale and drawn; wrinkles appear and their eyes lack brightness. Can this be wondered at when they so frequently have headaches, backaches and a general feeling of wretchedness and weakness? In most cases it is the blood that is to blame. From one cause or another the blood has become thin and watery, and it is a fact that anaemia (bloodlessness) more than any other cause, gives women this prematurely aged appearance. It is important that the blood supply of girls and women be regularly replenished—important not only on the score of looks, but to restore robust health, which is of greater value. Dr. Williams' Pink Pills actually make new blood and restore the system shattered by overwork or worry. These pills give a glow of health to pale faces and make tired, weary women and girls feel bright and happy. With Dr. Williams' Pink Pills at hand there is no need for any woman or any girl to look ill or feel ill. Mrs. J. McDonald, Jr., Hay, Ont., says: "I honestly believe Dr. Williams' Pink Pills saved my life. Some years ago I had anaemia, and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I neither ate nor slept well, and could not go upstairs without stopping to rest. At times I had an almost unbearable pain in my back, and would have to remain in bed. I suffered almost constantly from a dull headache, and when sweeping I would stoop to pick up anything I would get so dizzy that I would have to catch hold of something to keep from falling. At times my heart would beat so fast that I would have a smothering sensation. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medicines without benefit, and my friends thought I would not recover. Then I began taking Dr. Williams' Pink Pills, and before long could see and feel that they were helping me. I gladly continued the use of the pills until I was completely cured, and I cannot say enough in their praise, and I strongly recommend them to all run-down girls and women."

You can get Dr. Williams' Pink Pills from any dealer in medicines or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

IMPORTANT ANNOUNCEMENT.

Postage on Parcels Going to the Troops in France.

The Post Office Department is in receipt of applications to have parcels addressed to our soldiers in France sent free or at reduced rates of postage, there evidently being an impression that the Department has control of these rates and could do as it wished, but this is not so, as the question of postage is fixed by International agreement, so that it is not within the power of the Canadian Post Office Department to undertake to carry the parcels free or at a reduced rate of postage. Under International law, provision is made for prisoners of war, but this privilege does not extend to parcels for troops engaged in active service, nor is it within the power of the Department to so extend it.

The rate of postage required on parcels addressed to the troops depends upon the location of the addressee. If the addressee is in England, the rate on parcels for England applies, which is twelve cents per lb., whilst, if he is in France, the parcels are subject to the rates applicable to parcels for France, which are as follows:

1 lb.	32 cents.
2 lbs.	40 "
3 "	48 "
4 "	56 "
5 "	64 "
6 "	72 "
7 "	80 "
8 "	88 "
9 "	\$1.02
10 "	1.10
11 "	1.18
12 "	1.26

These are exactly the same charges which existed for years between Canada, England and France before the war, and are the result of an agreement or convention made between these countries and Canada, and as these countries have not agreed to lower their rates between England and France, Canada has to pay to them the same rates as before the war and must charge the same postage.

In all cases parcels for the troops must be addressed Care of Army Post Office, London, England, but this does not in any way affect the rate of postage which depends entirely upon the location of the addressee.

Missing No Tricks.

Anna—Since you've been in love you seem to have a faraway expression in your eyes.

Amy—There's a reason, dear. Charley always kisses me when I'm not looking.

Norway possesses no fewer than 2,137 steamers and 1,902 sailing ships, besides 209 motor ships as deep sea craft.

New Lady Tupper



Lady Tupper

Wife of Sir Charles Stewart Tupper, of Winnipeg, who becomes Lady Tupper through the death of Sir Charles Tupper. Lady Tupper was Miss Margaret Peters Morse, only daughter of Dr. and Mrs. Charles Morse of Ottawa. Her father was a second cousin of the late Sir Charles Tupper's wife. Her husband, who succeeds to the Baronetcy, is about to leave for the front, having a commission in the Cameron Highlanders.

ECLIPSES FRIGHTEN ARMIES.

Soldiers Have Always Been Rather Superstitious.

The official explanation to the Russian soldiery and peasants about the recent eclipse of the sun, to save them from considering it an evil omen, was an unnecessary precaution, for when the French Marshal Tesse was marching from Barcelona in 1702 an eclipse of the sun—the emblem of the Bourbons—so depressed his troops that for some time they behaved little better than an unorganized rabble. Soldiers, indeed, like sailors, have always been rather superstitious, and even in the remote times of Alexander the Great's march on Babylon an eclipse of the moon threatened to destroy his army. Well disciplined as they were, the Greek troops became seized with uncontrollable panic, and were more than half minded to fly. But Alexander, with great ceremony, consulted the gods, and then the priests diplomatically pointed out that, as the Greeks worshipped the sun and the Persians the moon, the eclipse was a good omen, portending the defeat of the latter. In this way discipline was restored.

LONDON IN WAR TIME.

Inhabitants Indifferent to the Tragic Side of War.

To judge from the general aspect of London to-day, the nation, as represented by the inhabitants of the metropolis, appear somewhat indifferent to the tragic side of war. The restaurants and theatres are as crowded as in former times, and it is only to those who know the capital well that any great change is apparent. What mostly reminds London of the war are the men in khaki, the wounded driving in cars, and the darkened streets at night. After the shops are closed central London is as if the ninth plague of Egypt had fallen upon it. It is worse than in the time of oil lamps a hundred years ago, and a fog would bring everything to a standstill. The county of London in ordinary times spends £1,000 a day in street lighting, but although much of this is saved, it is the lighting contractors, and not the public, who are benefiting most by this enforced economy.

A FRIENDLY GROCER

Dropped a Valuable Hint.

"For about eight years," writes a lady, "I suffered from nervousness—part of the time down in bed. 'Sometimes I would get numb, and it would be almost impossible for me to speak. At other times I would have severe bilious attacks, and my heart would flutter painfully when I would walk fast or sweep. 'I have taken every medicine to start a small drug store, but without permanent benefit. One evening our grocer was asking my husband how I was, and urged that I quit coffee and use Postum, so he brought home a package, and I made it according to directions, and we were both delighted with it. We quit coffee altogether and used only Postum.' (Tea produces about the same effects as coffee, because they both contain the drugs caffeine and tannin.)

"I began to get better, and in a month's time looked like another person. The color came back to my cheeks, I began to sleep well, my appetite was good, and I commenced to take on flesh and become interested in everything about the house.

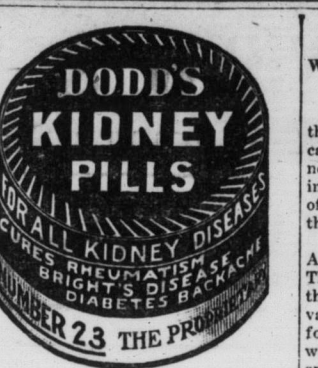
"Finally, I was able to do all my own work without the least sign of my old trouble." Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.—sold by Grocers.



Der Shky Pilot.

Vunce I was a waiter

In your good old London town;

But now I shieer der Zeppelien

What drops der bik bombs down.

I am von bold shky-pilot.

I do der Var Lord's vill;

Some prettee Engleesh vimmen

Und der leetle childs I kill.

Hoch! Hoch! I am so happy

Up here among der shstars,

I vish der Vaterland would be

For effer in der vars.

To me it was der 'great bik fun

To hide above der clouds,

Und tink how many Engleesh dead

You wrap up in der shrouds.

Und what I likes about it best—

Von ting you vill agree—

Vile I drops bombs upon your head

You cannot punish me.

It makes mein zides mit laughter

shplit

To look down from der shky,

Und dink der shpeshul constables

Do "Vake up, England!" cry.

I come like thief in dead auf night,

Und den your papers write und say

I vas von pirate Hun.

But nicht care I for what you tink

Of terrors in der nights!

I make you var in vays dat are

Der latest ting in frights.

If England vins—vell, vell, I vill

Again a vaiter be;

If Germany—I tink so—vins,

Den you shall "vait" on me!

—Clyde Foster in London Answers.

WHO IS DR. JACKSON?

For years he taught food chemistry, dietetics, and diseases of the digest-

ive tract in one of the large medical schools of the continent. In his extensive experience in free clinics he worked out the formula for Dr. Jackson's Roman Meal, a compound of whole wheat and rye, with deodorized flaxseed and bran. It nourishes better than meat, prevents indigestion and positively relieves constipation or "money back." Ask your doctor. At all grocers, 10 and 25 cents. Roman meal is made by Roman Meal Co., Toronto.

DEAF TO ALL WAR NEWS.

English Convict Gains a Rare Distinction.

To have lived in England for the past fifteen months without knowing that war had broken out was the rare distinction of a prisoner charged recently at North London police court.

The man, who is very deaf, had been arrested within eight days of his liberation from a term of penal servitude and he confided to a police officer that he had just heard there was a big war on in France costing \$3,000,000 a day. He asked the officer if it was true, and, being told that it was, he expressed the opinion that the Government would save money if they paid the inmates of prisons to fight.

TRAPPERS

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P. S. HAIRSTON,

1323 Traders Bank, TORONTO

DOG DISEASES

And How to Feed

Mailed free to any address by the Author

H. CLAY GLOVER, V.S.

118 West 31st Street, New York

THE TRAYMORE

THE LARGEST FIREPROOF RESORT

HOTEL IN THE WORLD

The Spirit of America at play:

Magnitude and Cheerfulness.

AMERICAN PLAN

EUROPEAN PLAN

D. S. White, Pres. J. W. Mott, Mgr.

Iron rings were used as money by the ancient Britons.

Nine churches in England are named in honor of St. David, of Wales.

PIGEONS IN WARFARE.

Were Used Extensively During the Boer War.

It is not generally known that all the armies and navies of the world can fall back on official pigeons, if necessary, and that the birds belonging to the British Navy have their official standing and numbers just as the handymen have.

During the Boer War the British Army had its carrier-pigeon system. The birds brought messages from all the towns beleaguered by the Boer invaders, and when Sir George White's force was cooped up in Ladysmith winged messengers carried several despatches from that gallant officer to the men who were slowly fighting their way to his relief.

The first war in which pigeons were used as messengers was the Franco-Prussian, and the birds carried news into and out of besieged Paris. A post was established at Tours, and right through the siege regular mails were carried between Paris and Tours by pigeons.

Throw Away Your Eye-Glasses!

A Free Prescription

You Can Have Filled and Use at Home

Do you wear glasses? Are you a victim of eye-strain or other eye weaknesses? If so, you will be glad to know that there is real hope for you. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without any glasses and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time, and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully beautified by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto. Fill a two-ounce bottle with warm water, drop in one Bon-Opto tablet and allow to dissolve. With this liquid, bathe the eyes two to four times daily. You should notice your eyes clearing up perceptibly right from the start, and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now, before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time. The Valmas Drug Co., of Toronto, will fill the above prescription by mail, if your druggist cannot.

MADE ARTIFICIAL LEATHER.

A substantial prize has been won by a Belgian inventor in Italy for an artificial leather made of cotton,

which is said to be as durable and elastic as the genuine article.

A woman may have high ideals and still wear a low-cut gown.

Borrowed umbrellas cast the shadow of suspicion.

It's useless to waste hints on narrow-minded people.

FARMS FOR SALE.

FARMS—ALL SIZES—STOCK

Grain, dairy or fruit. When you want to buy, write H. W. Dawson, Brantford, Ont.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB

Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

FOR SALE.

NEWFOUNDLAND PUPPIES FOR

Sale from pedigreed stock. Also pure-bred Persian Kittens. Beautiful pets. Sure to attract attention. H. A. Gillespie, Abbotsford, Que.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC.

Internal and external, cured without pain by our home treatment. Write before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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MADE IN CANADA

MAGIC BAKING POWDER

CONTAINS NO ALUM

Makes pure, delicious, healthful biscuits, cakes and pastry. It is the only well-known strictly high class baking powder made in Canada, selling at a medium price.

Read the label

E.W. GILLETT COMPANY LIMITED

WINNIPEG TORONTO, ONT. MONTREAL

While Plumes Are All the Go.

May—No, George, it cannot be. I am not good enough to be your wife.

George—What nonsense, dear. You are an angel!

May—George, even an angel could not be happy with a man who had only \$1,250 a year, and feathers the price they are!

Minard's Liniment Cures Dismember.

A Saving Anyway.

O'Brien—So the landlord lowered the rent for yez. He'll save money at that.

Casey—How so?

O'Brien—Shure, it's less he'll be losin' when ye don't pay it.

Minard's Liniment Cures Colds, &c.

Always Late.

"Hind thought is better than forethought."

"Oh I don't know. I'd be a rich man to-day if I had thought of a lot of my ideas first."

Minard's Liniment Cures Garget in Cows

It doesn't cost half as much to live as it does to make a good impression on your neighbors.

Minard's Liniment Cures Garget in Cows

FREE TO HOUSEWIVES

A big 64 page Household Account Book, Calendar and Recipe Book combined, size 8x12 inches, containing hundreds of the best and latest recipes.

HOW TO GET YOUR COPY.

Below are the names and addresses of twelve firms. Select eleven of your best friends and either have them write, or write a postcard yourself to each of these firms asking them to send "Shepard's Housekeeper's Perfect Account Book" to the address supplied.

For instance, supply your name and address to the first firm on the list, a friend's name and address to the second, and so on.

Next week's issue of this paper will show another list of firms to whom you can send a further list of names and addresses.

Write your postcards today before you forget.

Canadian Shredded Wheat Co., Niagara Falls, Ont.

Christie Brown & Co., Toronto. C. Turnbull Co., Ltd., Galt, Ont.

Cowan Co., Ltd., Toronto. Clark Bros. & Co., Preston, Ont.

Maple Leaf Milling Co., Toronto. Dominion Cannery, Co., Hamilton.

E. W. Gillett Co., Toronto. Wm. Clark Co., Ltd