THE STANDARD, ST. JOHM, N. B., 'THURSDAY, DECEMBER 15, 1921

o look older than you real

Brown Your WOMEN FOR

Daily Fashion Hint

Health Talks

We are indeed fearfully and woaler-bly made, as one of old said. Our blood-vessels are not like plum-ing pipes, stiff and stable, always of

On the contrary, the walls of ou

Household Hints Li receipts for family of four, two its and two children. All spoor asurements rounding unless other SEND FOR TRIAL PACKAGE. vise stated: White Bean Crequettes, Tomato Sauce. 5 cupe bolled white beans. 1 cup bolled rice. 1 tablegoon butter, 1 tempoon sait 1 tablegoon butter, 1 tempoon sait 1 tablegoon butter, 1 1 tablegoon butter, 1 2 cup bolled rice. 1 tablegoon butter, 1 2 cup bolled rice. 1 tablegoon butter, 1 2 cup bolled rice. 1 ise stated: White Bean Cro

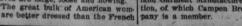
billing water and boil for 36 to 40 inutes without a cover. Drain and over with a cream sauce. Sauce-Pût the butter into sauce an over fire. When melted add the corr. Mix well and add the cold mitt lowly, stirring until smooth and reamy. Add the salt and popper ad boil 3 minutes. Sauce Mit Seederuph Griddla

biood-vessels are elastic. Sometimes they contract and lessen		1 cup boiled rice. 1 tablespoon butter, 1 teaspoon salt.	air. It is unfa
the amount of blood passing through	ALA	1 teaspoon onion julce. 14 teaspoon nutmeg. Dash white pepper. 1 teaspoon Worcestershire sauce.	o look older th
them. At other times they dilate and permit much larger quantities of blood		1 teaspoon Worcestershire sauce. 1 tablespoon parsley.	
Contraction and expansion of the vessel walls are controlled by certain		2 eggs. Wash and soak the 3 cups of beans	1 5-
nerves, called the "vaso-motor nerves," the vaso-constrictors and the vaso-		over night; drain, cover with boiling water and boil 2 hours or until tender.	MA K
illators. There is a condition, called "Ray-		Drain, put the beans and rice through food chopper, add the butter and well-	1 1
usud's disease," in which there is per- sistent contraction of the blood-ves	· // / · /	beaten eggs, seasoning and mix well. Spread on platter to cool. Take a	
sels of certain parts of the body. In chilblain of frost bite there is	Lind	spoonful into floured hands and form into cone shapes; dip in egg (1	12 -
temporary constriction of the blood- ressels. In Raynaud's disease there	9732 LH8 12 599	beaten with 1 tablespoon cold milk), then in breadcrumbs; fry in deep, hot	
may be temporary contraction of the blood-vessels like chilblain, or-in		fat Serve with tomato sauce, gar- nished with parsley.	M
severe cases-the blood supply may be cut off till the toes or fingers or	FOLLOWING THE NEW MODE	Brussels Sprouts, Cream Sauce.	10
tips of the ears or nose may actually grow black and be lost.	Especially becoming to slender	1 qt. Brussels sprouts.	A -
Fortunately, Raynaud's disease is a rare allment, and we are lucky that	figures is this dress in black crepe satin. The bead trimming about the waist and on the sleeves features	1 tablespoon butter. 1 tablespoon flour.	AL P
the severe type is seldom met. This is a good thing, because cases have	bewitching color effects in copper, blue and gold. Into the large arm-	1 cup cold milk. 1 teaspoon salt.	
been known where the hands and feet have been lost.	holes are set the flowing sleeves, while velvet ribbon, finished with silken	Dash white pepper. Wash and clean the Brussels	1
In mild attacks, the tips of the fin- gers, or perhaps one finger alone, may	tassels, holds in the fulness at the waist- line. The neck is collarless and cut in	sprouts; lay in cold water one hour; drain. Put over fire in saucepan of	"Brownatone
be white as deatlf. This condition is replaced by redness or blueness, de-	the new boat-shaped outline. Medium size requires 37's yards 40-inch satin.	bolling water and boll for 35 to 40 minutes without a cover. Drain and	"Brownatone ed. faded or
pending on the reaction. This form is purely functional in its disturbances.			shade of rich, black if prefer
In severe attacks there is great pain and finally gangrene or death of the	Laces And Spangles	flour. Mix well and add the cold milk	"Brownatone
afflicted parts. In still rarer forms there may be	Remaining Popular	anony Add the sull and nonner	will not rub of
patches of involvement in the breast or elsewhere. Wherever there is local	remaining r opular	Sour Milk Breadcrumb Griddle	Absolu This safe an
disturbance in the vaso-motor nerves, there is found contraction of the blood, vessels.	The favor granted laces and span- gles early in the season is continuing,		is used and en women in busi
Blindness from involvement of the retina of the eye or loss of speech	and as the opening of the formal sea-	1-2 cups sour milk. 1-2 cup breadcrumbs.	Apply it yo brush. The r
may be observed. The attacks of Raynaud's disease	son approaches, buyers report an ever increasing demand for robes, span- gled and beaded flounces and the laces	1 level teaspoon baking soda.	Guaranteed sa sulphur, silver,
may come off and on for years. Ill- health, worry and overwork are con-	known as Spanish. While most of these laces are only	1 tablespoon molasses.	or coal tar pro- same as for gr
tributing causes. Usually the attacks become milder	of Spanish inspiration and are not the old-time Spanish lace, they are of the	1 egg.	50c. and \$1.50. recommended
as time goes on, and eventually dis- appear entirely.	same effective designs and becoming textures of the original Spanish pro-	ana, how widdle hat shans into	Stores and oth the genuine.
In treatment of Raynaud's disease, rest in bed during the attacks is in-	duct. They are being shown in all the leading evening colors and are espec-	browned on both sides.	Special Send only 10
dicated. Very gentle massage is use- ful Warm baths and electricity will	black over colors, or in colors over	Griddle Cakes Without Eggs.	Free trial pack on, the care of
screetimes restore the circulation. Applying a rubber bandage has been		2 cups flour. 1 1-2 cups milk. 1 tablespoon molasses.	Mall T
recommended. This is left in place for five or ten minutes. Then it is removed, and the reaction may cause	spangles are leaders. The imported	1 tablespoon melted butter substi-	The Kenton
the blood to return to the bleached out parts.	spangled robes that are on the mar- ket are marked by their adherence to prevailing styles. Low waist-imes, el-	1 level teaspoon sait. 2 teaspoons baking powder.	502 Coppin Enclosed f
All the underlying causes of ill- health should be removed. The pat-	liptical necklines, longer and fuller	Mix the first five ingredients to-	postage and package of
ient must be built up, protected from cold weather and encouraged to take	which are incorporated in these new	powder. Fry on hot griddle that has been brushed with drippings or	Light
regular but gentle exercise. What ever helps to improve the general	moonlights, jades, nasturtium and fuchsia shades are most popular.	oil. Bran Griddle Cakes.	Mark with
well-being will go a long way toward eliminating Raynaud's disease.	Beads and cabochons, combined with spangles in very gorgeous and intri-	1 cup bran. 1 cup flour.	mail with y dress.
Catarrh Means	cate designs, make many of the flounc- ings, bandings and motifs. Also, the	1 1-2 cups milk. 1 tablespoon molasses. 1 tablespoon melted butter substi-	
Impure Blood	short chemise corsage is designed from these materials and forms the basis of a charming frock when lace is used	tute,	Right C
It is a Constitutional Disease	to make a full skirt of Spanish influ ence.		Tigin C
When it affects the nose and throa	As the gift-buying season approaches the narrow laces, vals, Venises, filets	Mix the first six ingredients to- gether until smooth, then add the egg	Ih
and becomes chronic it weakens the delicate jung tissues, deranges the di	and Jrish crochets which are used in the manufacture of many of the small	and baking powder. Fry on hot grid- dle that has been brushed with drip-	New York,
gestive organs, and may lead to con sumption. It impairs the taste, smel	lingerie, blouse, etc., increase in de	· · · · · · · · · · · · · · · · · · ·	the tall citized occurred to u
and hearing. Take Hood's Sarsaparilla, which by purifying the blood removes the	Irish crochets have practically sup	Siscult Dough Comee Cake.	wayt rrain in other than ho
cause of the disease, so troublesome at this time of year, and gives per	class of merchandise. Vals are always	2 teaspoons baking powder.	head straps at being trample we find that t
manent relief. "I had catarrh of the head and	Venises and clunys hold an importan	1-2 teaspoon sait.	of the difficult
stomach, and dreadful ringing noise in my ears. I decided to try Hood	B sortes -Dry Goods Economist	12 cup brown sugar. 1 teaspoon butter or substitute	south-bound t
Sarsaparilla; my health improved wonderfully and I adopted Hood	THE MAN WHO WON'T QUARREL	1.2 tablessoon dissement	I what may show a first
Sarasparilla as my family medicine. Mrs. M. Jenney Shaw, St. Johns. O	"The type of husband every good	a warry distribution there and a matter and	wouldn't mine
Too Much To Expect,	tung" (Zurich). "No matter what hi	Ightly. Dust board with flour and roll 1-2 inch thick; put on pie tin and	bright wool n the strap,"
your horse to stand unattended for	g qualities are, if he makes a point of	tute. Mix sugar and cinnemon togeth	factly. Some
over an hour," said the magistrate, "Well, I defy anybody to teach the	made in a passionate desire for peac e at any price, his wife secretly regard - him as being no 'sportsman.' Afte	e er and sprinkle over top. Bake 15 s to 20 minutes. This is best when	smiled the re
	- all. without occasional discord, con cord never seems' quite perfect."		at her contriv support she
Marrie Constanting of the Annual State		2 cups flour.	Put right out
		1 / 2 teespoons baking nowder	and the state of the

New York, Dec. 14.—Being among the tall citizens of Manhattan, it never occurred to us that standing in a sub-wayt rrain involved any difficulties other than holding bundles and over-head straps and saving one's feet from being trampied by the crowd. But now we find that this is only the small part of the difficulties in case one is a tiny slip of a thing Hike the girl in the south-bound train. In the first place, she could-brit term reath the ename'sd

Will The American Press Comment Women Follow Paris? Hair With "Brownatone"

ry woman knows that a pretty ones its beauty when framed by gray, streaked or bleached hair, wrinkies and blemishes are not



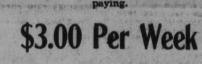
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CONSTIPATIO

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PRAISE

not been in his nati 1919. - He left the Paci

e, his ju James O'Connel, fo paid \$75,000—the commanded by a m ever c

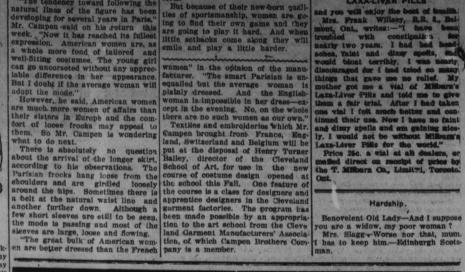
> orn in Cali wenty years old. I feet tall. ht, 180 pounds anded hitter.

about O'Connell's good," continued K best natural ball pl

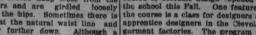


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weeks," wrote Southey. Add music and you have the third necessity, Mr. E VERYONE enjoys music and with

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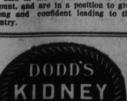
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she couldn't reach. MURDERED! Put right out of business, family not of good honest of Corns-sore, troublesor that sting and bits. Putn Extractor is the only pair relief for corns, it never everywhere. 1-2 cups milk, 1 egg.

tablespoon butter. Iff flour, baking powder verywhere. on that politics in that politics in that politics in the structed on a the structed on a the structure of t Put in hot

lation that pointes in Catada have been reconstructed on a safe and same basis of party lines. The worst thing that could possibly have happened would have been for one of the parties to weak a majority as to have to ap-peal to visionaries and doctrinaires like the Farmers and the "Progres-sives' in general for support in order to enable it to carry on. The Laberals are safe in the suddle on their own account, and are in a position to give

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