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The Home.

Confession.

BY MARY F. BUTTS.

Not when I feel my neighbor's fault Does help come from above; Not when I mourn his littleness, His lack of generous love;

But something great and sweet and kind Seems near to help and bless, When I confess with penitence My own unworthiness.

—Golden Rule.

What to do With Ugliness.

Personal ugliness is not a pleasant burden for any man or woman to carry through life, and the way in which it is borne usually furnishes a very good index to character.

The poet Rogers was afflicted with a notably unpleasant, cadaverous countenance, which with all his intellectual power was a mortification to him. To hid his annoyance, he joked about his ugliness incessantly, and deceived his friends into supposing him indifferent to it. He once turned to Sidney Smith, who with Byron and Moore was dining with him, and said: "Chantrey wants to perpetuate this face of mine. What pose would you suggest that I should take?"

"If you really wish to spare the world as much as possible," said the wit, "I would, if I were you, be taken at my prayers; my face buried in my hands."

Rogers laughed with the other persons present, but he shot a malignant glance at the jester and, it is said, never fully forgave him for the bon mot.

The distinction of being the ugliest man in England was born for forty years by a Flemish musician named Heidegger, a protege of George II., who by his wit and tact used his gargoyles face to keep his master in good humor, and to furnish jokes for him. He made a fortune and kept his place at court until the age of ninety. An artist of the time has preserved for us the incredibly ugly face, which was the chief capital of its owner.

Madame De Stael and Charlotte Bronte were women lacking in the usual traits of feminine beauty, but they were so unconscious and indifferent to their defects that their personal charm was greater than that of most beautiful women.

Mrs. Browning, says a friend who knew her in Florence, "was the tiniest of women. There was something elfish in her birdlike face and masses of black hair. But she had probably in her childhood bidden good-bye to the hope of beauty, and had forgotten all about it. Hence, when her soul looked directly through the pinched features into yours, what did you care how ugly they were?"

If the face lacks comeliness, good sense should prevent attempts to make it more attractive by cosmetics, or depilatories or nose molds; or by set, artificial smiles. Homely features should be let alone and forgotten. If the possessor of them is cheerful and kind, self-forgetful and courteous, she has qualities that are more highly esteemed than mere beauty; qualities that won for the Russian Princess Olga, who was supremely ugly, the pleasant distinction of being the "most charming woman in the world."—Youth's Companion.

One Way to Grow.

"I grew so tired of my own thoughts, of my own sins, of my own ways of thinking and doing, that I was almost distracted," said a bright woman to her friend in the course of an afternoon conversation. "It took me some time to find it out," she added, "for I thought for a long time that I was tired of everybody and everything else. But when I got rid of other things and other people, I was tired still, and by and by I saw that I was tired of my own self." "But what could you do about it?" asked her friend, smiling at her earnestness.

"I just began to practice letting myself alone," she replied. "I had grown so uncomfortable to get on with, that other people had already learned to let me alone; but that didn't answer at all. I had to let myself alone."

"But how in the world could you do it? I should suppose that the very effort would have intensified your consciousness of self."

"But it did not. I just let go of myself. I had very decided views and strong convictions and great pertinacity of purpose. Trifles were momentous to me. Everything, however insignificant, was an object of thought and care. Now, I began to let other people decide things—to go their way, to wear what the family liked, to drop the thing I was doing at every call. It was a beautiful discipline, I assure you, and you have no idea how it relaxed the strain and tension on my nerves and spirit. I used to hold on to all my ways with a tense grip, but I learned to hold everybody loosely after awhile, and was surprised to find how easily I let them go."

"Your family and friends must have found it a delightful change," laughed her friend.

"So they did," answered the other, joining good-naturedly in the laugh. "I think they were afraid I was ripening for an early departure from this earth, but I had lapses enough to save me from being thought quite an angel, and I had a glorious rest."

"Didn't you go on doing your duty?"

"Of course, every day, but just the next duty, not the duty of a month all in a day, or the duties of a day in an hour. I kept on trying; but if all went wrong I just said results were not mine to produce, or to worry over. I simply let them go, and forgot them as quickly as possible."

"It all sounds lovely," said her friend thoughtfully; "a unique way of taking a mental and spiritual vacation. I've half a mind to try it myself."

"Do, dear!" said the first speaker; "it will rest you as nothing else will. It is good common sense, and," she added softly, "it is good religion too. Why, I used to carry as heavy a burden about the condition of the universe as if I had created it and was responsible for all its sin and misery."

He who made it never meant that load to be taken by us, or he would have made us great enough to bear it. The fact is, we are only children, and if we live as they do, simply minding, and loving, and learning, and doing as we are told, we should come far nearer than we have come yet to the secret of inward peace, and inward peace is the first and most essential element in the growth of the higher life.—The Silver Cross.

Strawberry Fritters.—Strawberry fritters, that may be made from the preserved fruit when the fresh berries are not in market, are an excellent luncheon or dinner sweet. Use large berries, washed, stemmed and placed on a cloth to dry. Make a batter with two eggs, whites and yolks beaten together; four tablespoonfuls of milk, a piece of butter, the size of a walnut; a pinch of salt, and scant teaspoonful of baking powder, mixed in about a cup of flour. Drop in the batter two or three berries at a time, taking out at once in a large spoonful to cook quickly in very hot oil. Send to the table hot and dusted quickly with powdered sugar.



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Adapted Lesson V. PAUL'S MESSAGE [Read verses]

Other foot is laid, which I. NOT SLOTH I. AFTER THE preceding ATHENS—"N the length of cannot have been TO CORINTH—the great desire to w certain that h hours across th 2. A CERTA From these L clude that th Rome as to c names, as the rus—The most Minor, stretch of the Black S Roman empero tastes, called to of Caligula. H 54. COMMAND were very nume a separate distric several times ex this fact.

3. OF THE SA est Jews trained useful trade. T who does not ter him to steal." anxious that th should not suffe hearers by any apostle's case gi spirituality of m pation can coex they could retire and cares of th make much great them remember epistle-writing t 2, 9; 2 Thess. 3, 4, 12. WERE TE made was probab of goat's hair, an strips and joinin common employ were in large dem Arab nomads."

II. FERVENT IN 4. AND HE REAS SUADED—The two teacher's work, ap ing and the heart. learn from 1 Cor. 2 —Gentile proselyt usual, he only turn Jews.

5. SILAS AND T —Literally, came d directed to rejoin (chap. 17, 15.) T obeyed the directio back at once to MA 2.) They seem also supplies (2 Cor. 11 that he was more fr He spoke with eve fervor than before SPIRIT—The best t ed by the word. H until it filled him a saw human nature, tristically royal. M possibilities; great i Sin was a terrific evi own soul. He saw munities about him otry of the Jews at perial cruelty and w the atrocious and r Corinth. He saw, t Gospel to renovate l lieved that eternal l on the acceptance Christ. These wer They were the sprin and they justified it. A lighted match fa or pile of sand is ex same, when applied genial glow, or to flame and explosion. Christian minds are a truth very different! In the languid mood no passion and inspir another time it seems voice of God to our sp