

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy.

Chas. H. Fletcher Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Skinner's Monumental Art Works

Established 1874

HEAD OF BECK'S HILL, Duckworth St., St. John's, Nfld.

Now on hand a large new stock of Headstones and Monuments. All prices and sizes. We are now booking orders for spring delivery. Write for catalogue and Mail Order system or see our local agent who will be pleased to furnish all necessary information.

Edward French, Local Agent, care of G. Hierlihy's store.
First-class stone sockets supplied free with all headstones.

The Word

Congoleum

Is stamped on every square yard of CONGOLEUM FLOOR COVERING.

Look for the word CONGOLEUM.

Otherwise you may get only a cheap imitation.

If your merchant can't supply you write to

Colin Campbell

PURITY FLOUR

Order it this time

More bread and better bread

Advertise in The Guardian

Shrapnel Shell, Deadliest Missile

It has been calculated that if one man were required to make a shrapnel shell it would take him five days, working eight hours a day, the cartridge case and the powder being already supplied to him. The making of high explosives is therefore an extremely difficult business, requiring the minutest care and precision. A badly-made shell is more than a shell wasted or a shell that explodes at the wrong time. It may destroy the gun from which it is discharged, and in many cases this would be the equivalent from a military point of view of the loss of a hundred men. It is plain, therefore, that inspection cannot be too thorough, for it is conceivable that a battle might be lost through some apparently trifling mechanical defect in the shell. The workmen who are engaged in this business, therefore, are doing quite as much as the men at the front to bring victory to their country's arms.

The Inventor of Shrapnel.
Shrapnel is named after Lieut. Henry Shrapnel, of the British Royal Artillery, who devised the explosive, having received his inspiration at the siege of Gibraltar in 1781. The first test was made in 1803, and the weapon was used successfully against the French at Vimiera in 1808. The first shrapnel was spherical in form, and was filled with bullets and a bursting charge of powder. On occasion rusty nails, stones and all sorts of metallic rubbish have been employed instead of bullets, but when it is possible to get lead bullets or steel-covered lead bullets they are preferred. Shrapnel reaches the maximum of destructiveness, probably, in the famous 75 guns of the French artillery. The shell of this gun is three inches in diameter, and the maximum range is about 8,500 metres, but in general practice the range is about 6,000 metres. The best infantry has an effective range of only about a third of this distance. The shrapnel bullet, moreover, is heavier and therefore more deadly than the rifle bullet.

A Gun Within a Gun.
To make his hit the infantryman must see his mark. The shrapnel needs only the range, for when it explodes it literally sprays a space of 25 by 100 yards with its missiles, which number anywhere from 250 to 375. The rifle bullet at 2,000 yards has nearly spent its velocity. The shrapnel on the contrary, at the moment it bursts has a great velocity, and at the moment it leaves the muzzle of the gun. In other words, it is as though a couple of hundred infantrymen had been instantaneously transported to the very midst of the enemy and there fired upon them. A shrapnel shell has been called a gun within a gun, and with the exception of the torpedo is the most deadly and complicated weapon that has ever been devised. Contrary to common ideas, the case of the shrapnel shell does not burst when the bullets are discharged. The head of the shell continues its flight, and only after it has come in contact with a solid object does this head, which also is equipped with a number of steel-clad bullets, burst into a hundred fragments. In other words, the modern shrapnel fire operates which may be at 2,000 yards, and again when the shell strikes, which may be a couple of thousand yards further on.

How Shell is Fired.
A shrapnel shell is, on the outside, merely a huge cartridge, perhaps 18 inches long and three inches thick. It is discharged by a percussion cap operating on a charge of black powder, which in turn explodes the smokeless powder, which is the real propellant. Half-way down the cartridge, and at the base of that part of it which leaves the gun, is a rim of steel. Being a great deal softer than steel, this copper band when forced through the gun is cut by the steel rifling, and a spinning motion imparted to the shell, which increases the precision of aim. Before the gun is discharged the time fuse is set, and the discharge ignites it. If it has been timed for, say, 4,000 yards, this means that after the complete shell has traveled 1 1/2 seconds another charge of black powder in the base of the shell will be exploded. This is called the bursting charge, and it is this that explodes the bullets which are embedded in a matrix of resin. The reason for thus embedding the bullets is to keep them from moving when traveling through the air; and also because when the black powder reaches the resin it produces a

cloud of smoke which mark the points of discharge and lets the observers know if the shells are bursting in the right place. Undisturbed by this explosion in the rear, the head of the shrapnel continues its flight until it strikes a solid object, when there is another explosion more violent than the first, though scattering fewer bullets. To understand the part that shrapnel plays in this war it is only necessary to reflect that 50 per cent. of the wounds caused are by artillery fire. It one day's action north of Arras the French artillery fired 300,000 rounds of shrapnel.—Toronto Mail and Empire.

Alcohol in "Nips"

Alcohol taken in "nips" extending over a long course of time produces degeneration of the brain, with mental degradation. It also leads to a hardening of the liver and kidneys and to fatty degeneration of the heart, and to the production of chronic illness, and to the eventual shortening of life. If you want to live a healthy, long life, do without alcohol.—Geo. Carpenter, M. D.

Sample Rooms

Samples of wine and samples of beer.
Samples of all kinds of liquor sold here.
Samples of whiskey, samples of gin.
Samples of all kinds of bitter. Stop in.
Samples of ale and porter, and brandy.
Samples as large as you please, and quite handy.
Our samples are pure, and also you'll find.
Our customers always gentle and refined.
For gentlemen know when they've taken enough.
And never partake of the common stuff.
Besides these samples within, you know
There are samples without of what they can do:
Samples of headache, samples of gout.
Samples of coats with elbows out.
Samples of boots without heels or toes.
Samples of men with a broken nose.
Samples of men in the gutter lying.
Samples of men with delirium dying.
Samples of men carousing and swearing.
Samples of men evil daring.
Samples of long and hard men.
Who long in vain for their freedom again.
Samples of old and young in the strife.
Samples of youth who are tired of life.
Samples of ruin, pain and lives.
Samples of those who come and wives.
Samples of aching hearts grown cold.
With anguish and misery untold.
Samples of noble youth in disgrace.
Who meet you with averted face.
Samples of hungry little ones,
Striving to death in their dreary homes.
In fact, there is scarcely a woe on earth
But these samples have nurtured or given birth!
Oh! all ye helpers to sorrow and crime,
Who deal out death for a single dime,
Know ye that the Lord, though He may delay,
Has in reserve for the last great day
The terrible woe of whose solemn weight
No mortal can know till the pearly gate
Is closed, and all with one accord
Acknowledge the justice of their reward.

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For Infants and Children
In Use For Over 30 Years
Always bears
Signature of *Chas. H. Fletcher*

Forbidden Newspapers

The Gaelic American, a weekly paper published at 165-167 William street, New York U.S.A., The Irish World, a weekly paper published at 27-29 Brodway street, New York City, U.S.A., and the People's Post of Indianapolis have been refused the privilege of the mails in Canada and are prohibited from circulation in any way.

Confederation

(Winnipeg Telegram.)
It is well known that one of the political ambitions of Sir Robert Borden is to have his premiership marked by the admission of Newfoundland to the Confederation. He is thoroughly familiar with the problem, and is convinced that the difficulties in the way can be overcome if approached properly. Had it not been for the war with the immense labor it has entailed, he would probably have set himself seriously to the task before now. Even as it is, there have recently been indications that Newfoundland is getting into a more amiable frame of mind. Her feeling of irritation is dying away. The question with her, now as ever, is mainly financial.

DODD'S KIDNEY PILLS

FOR ALL KINDS OF KIDNEY DISEASE
URIC ACID
RHEUMATISM
GRAVEL
DIABETES
MIGRAINE

The Anti-Alcohol Movement

It was not until well into the last century that men began to realize the necessity for concerted and organized effort against the evils of intemperance. Since that time the warfare against liquor has appeared in varying aspects.

At one time the movement assumed the character of a propaganda for personal reform. Temperance evangelists, like John B. Gough and Father Murphy, by their voices and personality, made temperance reform popular, which means that many heard them gladly, and sought to give up their convivial ways. Doubtless these were not a few who radically and permanently turned from drunkenness to sobriety. At any rate, drunkenness ceased to be respectable. But these who deemed moderate drinking generally been considered extremists; and doubtless many of them did make statements regarding the effects of alcohol which had not been definitely proved and some statements which have never yet been proved. There have been, in fact, two classes, one condemning the use of alcohol, even in moderate quantities, and the other, though deploring the abuse of alcohol, yet deeming its moderate use.

It was in these old days that societies such as the Sons of Temperance and the Independent Order of Good Templars flourished. The latter order has continued from that time to this to do worthy work in the temperance cause, and some of the strongest workers in the antirum campaign today acknowledge that they received their first impressions regarding the evil effects of the drink traffic in a Good Templar's lodge. The lodge was, in fact, one of the nuclei around which the temperance forces rallied.

As it dawned on some of the workers that the effort to reform the drunkard was something like shutting the stable door after the horse has been stolen, the Band of Hope movement was started for the young. Through this instrumentality many children obtained their first impressions of the evils of alcohol, at a time when their minds were most impressionable. Some who belonged to these bands are now prominent physicians, legislators, lecturers, whose influence is potent in the antirum warfare.

There was another movement, started by the women of Ohio. The crusaders went right into the saloons, bearing the lion in his den. Their influence was electric, and as a result there started a wave of reform, and the crusader movement crystallized into the Woman's Christian Temperance Union, which has been one of the strongest and most persistent agencies for moral reform. What this crusader years ago laid aside the methods of the crusaders, the women are none the less earnest and determined in their work for the emancipation of this country from the clutches of the rum traffic.

Fire Fire Fire
Insure your House and Property against
Destructions by Fire
Don't be left Homeless.
THE BRITISH CROWN ASSURANCE CO. LTD.
A. E. Hickman,
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ST. JOHN'S

For Sale
An Enterprise Model B Oxone Ether Gas-making and Lighting Outfit.
Almost new. Will develop 700 candle-power clear white light. Suitable for Stereopticon views and moving pictures. Reason for selling, installing electric light. For price, etc., apply to C. E. Russell, Guardian Office, Bay Roberts.

Counter CHECK BOOKS
I am agent for a first-class make of Counter Check Books, made in various styles. You can have your checks of Blue or Black Backs or the Carbon Leaf style. There is no order too small or none too large for me to handle.
C. E. RUSSELL, Bay Roberts.

The Endless Chain
MR. RETAIL MERCHANT, your business depends entirely on the prosperity of your customers. The success of the people of this town and nearby towns means your success. The more money the people earn, the more they will have to spend — WITH YOU — if you make a bid for their trade. For this purpose use the columns of "The Guardian"
Get our rates for a 6 or 12-months advertising contract.

General Post Office
BRITISH MAILES
Having been advised that mails for the United Kingdom will be despatched by the direct Canadian Service Steamers, sailing every Friday from Halifax or St. John, Mails for Great Britain will be despatched from St. John's by every Monday's Express, closing at the General Post Office Mondays at 4 p.m.
H. J. B. WOODS,
Postmaster General

THIS WOMAN'S SICKNESS
Quickly Yielded To Lydia E. Pinkham's Vegetable Compound.

Baltimore, Md. — "I am more than glad to tell what Lydia E. Pinkham's Compound did for me. I suffered dreadful pains and was very irregular. I became alarmed and sent for Lydia E. Pinkham's Vegetable Compound. I took it regularly until I was without a cramp or pain and felt like another person, and it has now been six months since I took any medicine at all. I hope my little note will assist you in helping other women. I now feel perfectly well and in the best of health." — Mrs. AUGUST W. KONNER, 1632 Hollis Street, Baltimore, Md.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record of being the most successful remedy for female ills we know of, and thousands of voluntary testimonials on file in the Pinkham laboratory at Lynn, Mass., seem to prove this fact.

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammations, ulcerations, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham, Medicine Co., (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Fire Fire Fire
Insure your House and Property against
Destructions by Fire
Don't be left Homeless.
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H. J. B. WOODS,
Postmaster General

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THE MERRIAM WEBSTER
THE GAY DICTIONARY WITH THE NEW REVISED PAGE.
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6000 Illustrations. Best nearly half a million dollars.
Let us tell you about this most remarkable single volume.

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paper and
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We beg to announce that we are prepared to execute all orders for
Boat's Plank and Fish Drim Headings, very cheap.
Dressed Lumber and Palings
A Good Stock Fir Clap-board on hand.
Get our prices before purchasing elsewhere.
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Country Rd., BAY ROBERTS

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Envelopes
To Shekpepers and Others
I have now on hand a stock of
Envelopes
Sold only in lots.
C. E. RUSSELL, Bay Roberts.

POSTAL TELEGRAPH SERVICE.
POSTAL TELEGRAPH OFFICES are operated throughout the Colony at all the principal places. Messages of ten words, not including address or signature, are forwarded for twenty cents. A Government cable to Canada, Cape Breton, connects with the Commercial Cable Co.'s system to all parts of the world. There is no more efficient Telegraphic Service in existence.
A ten word message to Canada, exclusive of signature and address, costs from 85 cents to \$1.00.
A ten word message to the United States, exclusive of signature and address, costs from \$1.10 to \$1.50.
To Great Britain, France or Germany—25 cents per word.
Telegrams are transmitted by means of the Wireless Service during the summer season, and all the year round to Steamers equipped with the wireless apparatus, which are able to pass with in the route of the wireless stations at Cape Race and Cape Ray.
Telegraph messages may be obtained at all Post Offices and from Mail Clerks on Trains and Steamers, and if the sender wishes the messages may be left with the P.M. to be forwarded by first mail to the nearest Telegraph Office free of postage.
H. J. B. WOODS,
Postmaster General.
General Post Office,
St. John's, Nfld., Nov., 1914.

Carbon Paint
Try some for that new roof. Or maybe you have a leaky roof. Carbon Paint is just the thing to stop the leak. Be sure and try it. C. E. Russell, Sole Agent.

General Post Office
Rates of Commission on Money Orders.
The rates of commission on Money Orders issued by any Money Order Office in Newfoundland to the United States of America, the Dominion of Canada and any part of Newfoundland, are as follows:
For sums not exceeding \$10 - 5 cts
Over \$10 but not exceeding \$20 - 10 cts
Over \$20 but not exceeding \$50 - 15 cts
Over \$50 but not exceeding \$100 - 20 cts
Over \$100 but not exceeding \$200 - 25 cts
Over \$200 but not exceeding \$500 - 30 cts
Over \$500 but not exceeding \$1000 - 35 cts
Over \$1000 but not exceeding \$2000 - 40 cts
Over \$2000 but not exceeding \$5000 - 45 cts
Over \$5000 but not exceeding \$10000 - 50 cts
Maximum amount of a single Order to any of the above countries and at offices in Newfoundland, \$100, but no money may be obtained as the result of a single Order.
H. J. B. WOODS,
Postmaster General.
General Post Office,
St. John's, Nfld., June, 1914.