## PAGE OF INTEREST TO WOMEN

McDONALD-McKAY.

### TALKS ON HEALTH

visiting her mother, Mrs. May R. home to their friends in October.

lies Susan Blackburn has but reby returned from Japan, where she had the past year, and is at home her sister. Miss Grace Blackburn. Dr. and Mrs. Shanks of Western Uninity, who have been spending the nmer in the United States, are ex-

Miss Helen d'Avignon has returned ter a delightful holiday in the Adironks. Mrs. d'Avignon and Miss Dory d'Avignon will spend the weekwith her at Port Bruce.

r. and Mrs. A. E. Barbour and Mr. Mrs. J. L. Johnson and daughter, Lillian Johnson, leave today for York and will be guests at the Pennsylvania, while in that city. ling the past year in industrial rerch in cities of the United States, is

Frank Forristal the regent of Senator Coffey Chapter, L O. D. E., entertain the chapter at her home ington street, on Tuesday after-

the city for a few days, the guest

her sister, Mrs. W. L. Mara, Queen's

engagement is announced L younger daughter of Mr. and W. H. Roberts, Simcoe, to Har-Squire, Waterford, only son of Mrs. S. L. Squire, Toronto, the ige to take place early in October.

icGregor, 393 Burwell street, are ng forward to next Thursday afthey will receive from 5 o'clock, it being the occasion of

ent.-Col. McEwen and Mrs. Mc-n of "Alloway Lodge," London, an-nce the engagement of their daugh-Amy Isabel, to Mr. Stanley Covert ning of Cambridge, Mars., the mare to take place about the middle of

Mr. Clifford Prangley of Cuba, Mr. Clifford Prangley of Cuba, who now visiting in Strathroy, was the older of the lucky ticket 1210, and won he handsome miniature dreadnought, which the Campbell Becher Chapter, I. D. D. E., has been raifling. The tickets were drawn on Friday night at the teaster annual dance and con roast oter's annual dance and corn roast eld at the Springbank Pavilion. It has a curious coincidence that the mount of money taken in at the dance or tickets on the boat, \$12.10, correded with the lucky number. were present at the dance.

quiet widding was solemnized re-Paul's Cathedral.

McLACHLAIV
quict wedding was celebrated at
manse, Vanneck, on Saturday, Sept.
1920, when Angus, eldest son of Mr.
Archibald McLachlan of
Archibald McLachlan of
Robena, Township, and Laura Robena, ment. For a moment he looked straight into my eyes with his own vivid blue orbs. And then he tilted up his glass and said:
"Yotre sante, mam'selle."
I leaned a little towards him. A wave of excitement carried me along.

lavaliere, and to the pianist a beautiful pearl pin. The bride travelled in a suit of navy velour and wore a small hat.

McDonald—McKAY.

A quiet house wedding took place at high noon on Wednescay, Sept. 22, at the residence of Capt. and Mrs. Dan McKay, Britannia road, Goderich, when their daughter, Elizabeth, became the bride of Mr. David Brown McDonald, son of the late John S. McDonald, M. P. P. The ceremony was performed by the Rev. R. C. McDermid, pastor of Knox Church, the happy couple standing between two standards twined with white and surmounted with huge bowls of white asters. A very pretty home wedding took place at the residence of Major and Mrs. R. G. Stewart, Courtright, on Wednesday, Sept. 22, when their youngest daughter, Annie E., was united in marriage to Mr. Cecil E. Moon of St. Thomas. The bride was charming in a gown of French net over white satin.

Thomas. The bride was charming in a gown of French net over white satin. She wore the bride white roses. Mrs. Edwin White, sister of the bride, played the wedding music, while the ceremony was performed by the Rev. Dr. Schofield of Corunna, under an arch of evergreens, maple leaves and white ribbons. The bride and groom left by motor for St. Thomas, where they will reside, accompanied by the best wishes of relatives and friends. The groom's twined with white and surmounted with huge bowls of white asters. The bride looked very smart in a tailored suit of French blue velour gold tone, with hat to match, and carried a shower bouquet of Ophelia roses. The wedding music was played by Mr. Buckley of St. George's Church, Goderich. The bride was unattended, and only the immediate relatives and friends were present. Mr. and Mrs. McDonald are taking a motor trip to London, Hamilton, Nazara Falls and points east, after which they will reside on the groom's farm near Rule.

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XVI\_A Burning Flame.

Luckily my companion did not notice "Shall I say something, too?" my embarrassment. He was too hun-He nodded. For a moment I thought

MOON-STEWART.

Upon that point I count not sets by myself.

Julie was a false friend, of course. She had discovered my rendezvous with Fred and planned to break it up.

She must have deliberately come up to town by the train following the one of id taken. She probably had rung Fred up at his club and inveigled him into meeting her. Not that he needed much "inveigling" where any pretty woman was concerned. That fact I admitted ruefully to myself.

A man like Fred seems born perpetually to humiliate some woman.

Well, I—Anne Travis—wasn't going to play the role of the humiliated one moment longer.

I would enjoy my lunch in spite of all the Freds and Julies in the world!

So I began to sparkle. Scintillating little phrases, odds and ends of naws and wit, breezy comments on the place and sit in which there entertained the five and secondly that your dealings in the world secondly that your dealings is the second to the place and sit is in the bit to the man." I echoed blankly.

He nodded.

"They say all sorts of things to me. "They say all sorts of things—"

"They say all sorts of things to me.

"They say all sorts of things—"

"They say all sorts of things to me.

"They say all sorts of things—"

"For instance? Please be more explicit." I gripped the slender stem of my glass to hide a sudden curious trembling the shade of my glass to hide a sudden curious trembling the shade of my glass to hide a sudden curious trembling."

"Your eyes have told me lots of things—about yourself—Anne."

"Your eyes have told me lots of things—about yourself—Anne."

"Your eyes have told me lots of thi

little phrases, odds and ends of news and wit, breezy comments on the place and its inhabitants—these entertained young Saunders vastly.

I know that I became a reveiation to him. Hitherto he'd-seen me paavish, or petty, or even rude. He had revereven glimpsed this other side.

We were the merriest couple in the room. Little gusts of laughter drifted from our table, making some of the ledder folks twen towards us amiling.

I echoed blankly.

He nodded.

"And secondly, that your dealings are always honest and straight. There's no deception in you. You could be true as steel, to a cause, or a person, or a belief—"

This was embarrassing. I broke in hurriedly:

"And what do I see in your eyes, I wonder?" older folks turn towards us, smiling sympathetically.

And I distinctly heard an elderly genial-faced old gentleman remark:

"What a charmingly attractive couple

"What a charmingly actuators these two make."

Neil Saunders also heard the comment. For a moment he looked straight into my eyes with his own vivid blue orbs. And then he tilted up his glass

Then Saunders spoke.

3160

in silver or stamps.

His words were simple and direct.
"You see in my eyes the fla

Advertiser Patterns

Owing to the pattern manufac-turers increasing the price of pat-terns to us, all patterns adver-tised from this date will be 15 CENTS EACH.

#### Cynthia Grey's Mail-Box

Life has loveliness to sell,
All beautiful and splendid things,
Blue waves whitened on a cliff,
Soaring fire that sways and sings,
And children's faces looking up

Holding wonder like a cup.
—Sara Teasdale. Thistle's Seeds and Dollars. Dear Miss Grey.-Please find inclosed two-dollar bill for Sick Children's Hospital. I am also sending some flower seeds tomorrow, and will send more as they are wanted. Although this sumthey are wanted. Although this summer is ended, there is another coming, and I hope the Pageites will prepare for it by getting seeds and help a good cause at the same time. Dear Miss Grey, could I get the pattern of the baby's bonnet, as I would like to make one or two for Christmas? Address inclosed. Glad you want me to be one of the family. I noticed someone writing about a certain amount that was wanted by the end of this month for the Children's Hospital. Does that mean we won't be able to help any more after that date. I must have overlooked it, as I don't remember seeing anything

Ans.—How good of you, Thistle, to send so much for the hospital. With the amount you sent I have \$36 to turn in to the committee. Let me explain again, that with our next gift we will have a contribution of over \$200 to our credit. It will take \$1,000 to establish a Mail-Rey cot in the new hospital and we are Executive my companion did not notice my embarrassment. He was too hungry of suppose.

I know that he caught no gluppes of Fred and Julie. He pilotad me straight through the loungs into a cost little blas meant for two, and seized the menu caid.

"I know women hate having to choose things, so I'll do all the ordering," he said in a masterful way. His eye roamed over the card marked." As for me, I was filled with a variety of queer motions. The principal one, of queer motions as an animal ment at my own lack of pain over the sight I had just witnessed. Anger and annoyance and contempt were there.

But in the meantime there was at any violent grief over Fred's duplicity. "A cad." That's what I styled him inwardly. Well, one wasn't going to mope about a cad." That's a challenge. I accept it." His shipperd comment just barely reached more as Saunders and I walked through the lounge?

Upon that point I could not satisfy myself.

Upon that point I could not satisfy myself.

Julie was a faise friend, of course. She had discovered my rendezvous with Fred and planned to break it up. They do. Indeed they have said to the proof of the provident was provident for the provident was provident with the provident was pro Box cot in the new hospital, and we are

as I don't remember seeing anything about it. THISTLE.

believe she is different than the believe she is different than the work wind. I will not take up any more space, which I think could be filled much better, so will inclose my mite for the S. C. H., and call myself, THE BLACK SHEEP. Ans.—Thank you, Black Sheep, for bringing a gift for the hospital and help for Ouija Board. Was it a case

'You're moving it,' say Ma to Pa, 'I'm not,' said he, 'It's you—'"
when you consulted Ouija? Don't let

Have seen where so many are asking for stocking-foot pattern, and thought I would like to have one too, as it is coming cold weather. I also would like to know how to make paper bead portieres, and saw in the Mail-Box where some lady would tell how to make them. I am inclosing addressed wonder.

I gazed into the vivid biue depths and read it every day. BLUE BELLE, and read it every day. BLUE BELLE, Ans.—Have mailed you S. F. P. Bue Belle, and thank you for remembering the hospital fund. Several have been asking for Mammy Dinah, but I Ans.—Have many Direction being the hospital fund. Several have been asking for Mammy Dinah, but I have no record of her address, and so far she has failed to send it in. It was she who offered to give instructions for making portieres.

Cucums Holmes, Stella Holmes, Jack Richardson. Carrots—Alex. Lapiere, Albertine Dobson, Wilfred Scott, Clare South. Popcorn—Charlie Cranston, Andy Welsh, Irma Bruton, Oscar Saunders. Corn, Golden Bantam—James Riley, Corn, Golden Bantam—James Riley. blush crept from the collar of my new French frock up to my cheeks and brow, and a queer, inexplicable thrill went through and through me.

"You see in my eyes the flame which you have kindled!"

Tomorrow—Values Readjusting. patterns and gift for the hospital fund.

—Cynthia Grey. Arabelia-Thank you for return

patterns. Inclosures were Sunny Sally—Cynthia Grey.

Ans.—I'm sure you are not serious, Strawberry, in thinking there could possibly be ill-luck in connection with your gift. Don't be in the least superstitous in the matter, but if a fear still beautically and the straightful straightfu haunts you, why not ask the exchange of a coin for the gift. This is guaran-teed to banish ill-luck and retain the joy of friendship.

Should Wait for Right Man.

Dear Miss Grey,—I hope this hot day doesn't melt you. It is surely hot, but such lovely weather for corn and potatoes. Do enjoy the Mail-Box letters so much, but when I hear girls asking about a fellow, if it is the right one, they don't need to ask anyone, But, oh, girls, be careful, for what is sadder than to turn from the right one and not know how very dear he was to you till it is too late. No matter how kind a husband and home you have that one remembrance is always present. I know from experience. I have everything to make me happy, but that one face is absent in everything. Sometimes I think my heart will break; if I could but see him once more. Don't think this silly, it is just a warning to someone else, as I am speaking from a broken heart.

Ans.—There is much in the fact that "the past will always win a glory from its being far." Perhaps if you

would discover you were cherishing something in your heart that has lost the old interest. Don't look at the past, but make the most of your present blessings, and be happy in your home and a pal to your husband.

Wants Recipe for Beetroot Wine, Wants Recipe for Beetroot Wine,
Dear Miss Grey,—Being a constant
reader of your valuable paper, I have
used a good many of the recipes printed
and find them very satisfactory. I
should like to see printed a recipe for
beetroot wine, as I hear it is very nice.
Have inclosed a dime for the S. C. H.
LITTLE MOTHER.
Ans.—I refer your request to readers,
Little Mother, and thank you for the
hospital dime.

Help for Mary.

Dear Miss Grey,—It is some time since I have written to you, and this time I wish some of your valuable advice. What will remove mildew from a white cotton skirt? What will rea white cotton skirt? What will remove the shine from a serge suit? Yours sincerely.

Ans.—For mildew, soften some laundry soap and mix with equal quantity of common chalk, powdered. Rub on stain and expose to the sun. If this fails, here is another method: Mix one tablespoon soft soap or softened laundry soap, one tablespoon powdered table probable tablespoon salt and dry soap, one tablespoon powdered starch, one-half tablespoon salt and juice of one lemon. For shine on serge try sponging with soap bark, or if this is not effective take sandpaper and rub the surface carefully.

### Western Ontario Women's Activities

recently.

Miss E Reece gave a very interestmiss L Reece gave a very interesting and helpful talk on "Improving the Health and Strength of Our Daughters." The roll call was responded to by hints on "Prevention and Cure of Colds." Vocal and piano solos were given by Miss D. Anderson of Knox.

W. I. AND SCHOOL FAIR. The second annual school fair, held at the Providence school recently was a great success. This fair was was a great success. This fair was organized by the Providence Women's Institute and includes three schools, S. No. 4, 6 and 7, Moore. With the splendid co-operation of the trustees and parents this fair bids to rival the township school fairs. The following is the prize list: Best collection of vegetables from home garden—Keith South.

ome garden—Reith South.
Singing—S. S. No. 7.
Physical exercises—S. S. No. 7.
School taking most prizes—S. S. No. 6.
Onions, (yellow)—Tom Welsh, Bettie Saunders. BLUE BELLE. Saunders, Alex. Lapiere. Beets-Charlie Duncan, Bettie Saun-

Beans, (Black)-Isabel Holmes, James Riley, Lyla Davis, Raiph Holmes.

Beans (White)—Charlie Duncan,
Florence Callum, Reta Callum, Henry

White, Charlie Wray, Ethel Davis, Rus-

Wellington. Weilington.
Asters—Lyla Davis, Margaret Welsh,
Grace Wray, Irma Bruton.
Bread—Reta Callum, Grace Wray.
Dark Cake—Jean Morrison, Florence
Wellington, Irma Bruton, Albertine

HOME MRS. ELIZABETH KENT, MacDONALD COLLEGE. CANNED TOMATO SOUP



few young carrots. When they are soft mash them through a sieve fine enough to retain the seeds. If they are thoroughly mashed there need be very little waste, merely the seeds and skins left. Season the strained pulp with salt, and if desired sugar to taste; boil it fifteen minutes and bottle it hot in sterilized bottles. When the bottles are cool, dip the cork ends in melted paraffin wax to seal them.

the cork ends in melted paraffin wax to seal them.

Flour and fat, butter, margarine or beef suet may be added to this soup before the last boiling, in the proportion of two level tablespoonfuls of each to a pint jar of pulp. The fat should be melted, the flour stirred smoothly into it, and the tomato pulp added, and the whole boiled. It is claimed that the flour and fat aid in preserving the soup, and that the soup is ready to serve when merely heated. But experience proves that the soup keeps perfectly when merely heated. But experience proves that the soup keeps perfectly well without the flour and fat, and some people may find it more convenient to have it clear to use with meat stock in a clear red soup, or with milk in a tomato bisque, or alone as a thin sauce for rissoles. It is also convenient to use with macaroni and cheese or with bread crumbs and eggs to make a tomato scollop.

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PIN STRIPE BRILLIANTINE, navy and black, white pin stripe, ideal goods for dress, skirt or blouse. Price, a yard ......\$2.50 WORSTED SUITINGS, fine checks, of me-

dium and dark grey, with overcheck of white, exceptional value. At, a yard ......\$6.00 WORSTED SUITING, dark grey with light grey pin stripe. Price, a yard ......\$5.00 Dress Goods Dept., Second Floor.

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### Club News

Who's Afraid.

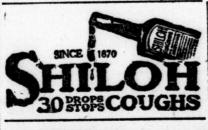
Dear Miss Grey,—Have been reading the Mail-Box every day and found it very helpful, so I am in need of help and think you are the best one to give me any advice. I have a friend, and he has a birthday soon, and I wanted to give him something: in fact, I have ordered a mice tiepin for him, and I heard today that it is bad luck to give anyone a pin of any kind, so have been wondering what to give him, or will I take chances on the tiepin? Do you believe in such foolish things? Hope have not taken too much room in the Mail-Box. Wrote to Grace Darling a long time ago and she never answered my letter. Was dreadfully disappointed.

Ans.—I'm sure you are not serious.

Florence Callum, Reta Callum, Henry O'Dell.

Peas—Ralph Holmes, Bettie Saunders, A meeting of the University women of the city has been called by the West-the city has been call UNIVERSITY WOMEN'S CLUB. Miss Bessie Mossip and Miss Min Sweetpeas—Stella Holmes, Florence hinnick, delegates from the local club to the Federation of University Women's Clubs, held in Toronto in Au-

LORD ROBERTS M. C. Miss Maud Hay will be the speaker





Sugar

erts Mothers' Club, to be held on Cathedral is to be held on Tuesday Thursday evening, September 30. Miss night, when it is expected that Miss Hay has just completed a course at Mellets will address the meeting on her Columbia University on Subnormal work among the Mohammedans in Fez. Children, and that will be the subject Morocco. The meeting will take the on which she will speak. This talk form of a tarewell party for one of the was arranged for in view of the sur- girls. up deaconness work in Toronto.

tober. Dr. Clark, who is attached to the Canadian Mission of Mental Hy-giene, is to come here on the invita-tion of the local board of education.

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Medical science knows how serious is the sign of bleeding gums. For it knows that tender and bleeding gums are the fore-runners of Pyorrhea, that dread disease which afflicts four out of five people over forty.

If the disease is unchecked, the gum-line recedes, the teeth decay, loosen and fall out, or must be extracted to rid the system of the Pyorrhea poisons generated at their base—poisons which seep into the system and wreck the health. They cause rheumatism, nervous disorders, anaemia, and many other ills.

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