

conducted as necessity or contingency required. In sickly seasons the inhabitants of York are liable to be attacked by intermittent fever.

Kingston, which is the second town in the province, is larger than York, and contains a much greater number of inhabitants. It is placed on a gentle slope at the north-eastern extremity of the lake, near the source of the river St. Lawrence. The situation of this town is certainly more healthy than that of York, but its inhabitants are by no means exempted from sickness. On its western side, the shores of the lake are indented with deep creeks and retiring bays, whose banks in summer put forth a rank and luxuriant vegetation. At this place the ships of war were equipped for the service of the lake. The town is beset with *picquetting*, and a regiment with other detachments generally composed the garrison, to defend the works in case of an assault from the enemy.

On the southern and western boundary