

**Better Things
Follow
Better Health**

—when coffee ills are dismissed by a change to

POSTUM

—the pure food-drink that rebuilds the nerve centres broken down by coffee.

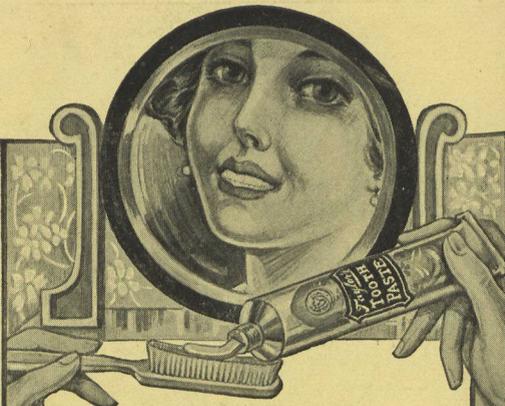
Postum comes in two forms:

Postum Cereal—the original form—must be well-boiled.

Instant Postum—soluble—no boiling—made in the cup with hot water—instantly.

Both kinds are delicious—cost per cup about the same—sold by Grocers everywhere.

“There’s a Reason” for Postum



Taylor's

TOOTH PASTE

**Delightful — Refreshing
Cleansing — Antiseptic**

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ESTABLISHED 50 YEARS

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TORONTO



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