

Sanitary Management of Schools.

PROF. VIRCHOW, (an European authority of eminence,) enumerates the following injurious agencies and causes of disease in schools, to which attention should be directed:

1. *The air of the school-room*, the quality of which is determined by the size of the room, the number of pupils, the mode of heating, the ventilation, moisture of the floor and walls, dust (cleanliness.)

2. *The light*, as determined by the situation of the building and room, the size of the windows and their relation to the desks, the colour of the walls and surroundings, artificial light, (gas oil).

3. *The sitting* in the school-room, especially the relations of desk and seat, size of the seats, their arrangement, duration of sitting.

4. *Bodily Exercise*, especially playing, gymnastics, swimming, their relations to sitting and to the purely mental labour, their arrangements and superintendence.

5. *Mental exertion*, its duration and variety, the individual amount, the arrangement and duration of recesses and vacations, the extent of home and school exercises, the date of the commencement of obligatory attendance, etc.

6. *The punishment*, especially corporeal.

7. *The water for drinking*.

8. *The privies*.

9. *The means* (implements) of *instruction*, especially the choice of school books (size of type), and objects of illustration.

SERIOUS CASE.—A correspondent of one of the leading English medical journals asks if any of its readers can suggest a remedy for certain pains and internal disturbances which afflict one of his patients. He has already administered, without any beneficial result, preparations of opium, belladonna, cannabis, ipecacuanha, assafoetida, valerian, ether, chloroform, bromide of potassium, quinine, iron, zinc, hydrocyanic acid, bismuth, antacids, pepsine, pancreatine, hot drinks, and other remedies. He has tried galvanism, hot fomentations, cold cloths, mustard poultices, hot baths, croton oil, and various blisters; also sub-cutaneous injections of morphia, atropine, strychnia, and caffeine. In spite of the assaults of this vast army of drugs and things, the pains obstinately refuse to leave, and the medical attendant calls despairingly for help. He has evidently done all that could be expected of him, if not more; and the best advice we can give him would be to let the patient alone for a change.