

The Lesson.

"O my lesson!" groans a teacher on Sunday within an hour of school-time. "I can't make it interesting to my class!" Of course you can't. Deducting the time needed for toilet preparation (no small job for some teachers), deducting time needed for the walk or ride to school, and there is little leisure left for packing, with items of interest, your class-bag.

Do you want to know how to make the lesson interesting? Two words will solve the difficulty. *Get full.* We don't say the rule is infallible, but it will certainly be of great assistance. Begin this Sunday to prepare for next Sunday, by finding out the lesson-subject and stamping it on your memory. We wonder how many teachers know a week ahead what the lesson will be? Do you, reader, know the lesson?

Monday morning go out with your bag and collect items for the lesson sedulously as any old rag-picker would hunt the streets for odds-and-ends. You read the morning paper. "There's a nice thing on next Sunday's lesson," you say. Cut it out. You are on the street; you hear a smart thing said, or see a smart thing done. "My boys will be interested in that next Sunday," you say. Remember it. You are reading your book in the evening. "That idea is pat for next Sunday," you think, at a certain passage. Put a mark there.

Pick up everywhere. Grub in all places. Fish in all pools. Reap in all fields. You would be a full man or woman by Sunday. If a fountain is full it will give. You will be surcharged with information as a battery-jar with electricity. You will be likely to give out ideas as readily as that jar will give out shocks.—*S. S. Times.*

RALPH WELLS said at the Vermont State Convention last October: "The Sunday-school is like a horse. It stands on four legs. The pastor and the superintendent are the two front legs, which make it go forward. The teacher and the parent are the two hind legs, which give it power. If any one of the four legs fails to do its part, it is lame and goes slowly, if it goes at all. Let all the four legs work together; the Sunday-school will go forward with good success."

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The Best Lesson-Help.

WE heard, a short time since, the Rev. William Taylor, D.D., of New York, himself a distinguished author and successful Sunday-school expositor, speak on this subject as follows: "This is a day of great multiplication of Sunday-school lesson-helps. Every religious paper has its column or two every week, and many special periodicals are published for this purpose. And all this is admirable. But there is help that surpasses all others, and that is a *loving heart*. Sound interpretation is good. Accurate information is good. But love in the heart is best of all."

There is a profound significance in this remark. It is but the sentiment of St. Paul, as given in the Revised Version:—"If I speak with the tongues of men and of angels, but have not love, I am become as sounding brass, or a clanging cymbal. And if I have the gift of prophecy, and know all mysteries and all knowledge;