drunkard shall inherit the kingdom of God.' He dashed the glass upon the floor, exclaiming, 'That is the last of my drinking liquor, God being my helper.' He has kept his reslution."



THE CHRISTIAN'S CONFLICTS.

(CONCLUDED.)

This is a picture of leaping over a bar placed at different heights according to the ability of the person to leap higher or lower. But the Scriptures make no mention of this game, and hence we may learn that we are not to leap our way to heaven; though many persons act as though they believe they could succeed in this way. They are always trying to leap over the crosses which they ought to bear; to leap over

their duties, or in other words to at tend to them very irregularly, at their own convenience. But it is not by sudden fits and starts that we can "work out our salvation," but by a patient, earnest and persevering attention and obedience to the Divine commandments. The Saviour says "Work," but how long? "while the day lasts," that is, all our life; we are to be continually at it: walking and not leaping.