## 'IHE "COMING MAN."

A parl of very chubly legs Incesed in scarlet hose;
I pair of little stubby boots,
With rather doubtful toes:
A little kilt, a little cont,
c 'ut as a mother can-.
Ind lo! before us stands in state
'lhe future's "coming man."
His eyes, perchance, will read the stars And seareh their unknown ways:
Perchance the human hearl and soul Will open to their gaze;
Perchance their keen and thashing glance Will be a mation's lightThose eyes that now are wistful bent On some " ligg fellow's" kite.

Those hands - those little, busy handsSo sticky, small and brown;
Those hands whose only mission seems To pull all order down -
Who knows what hidden strength may be Hidden within their clasp'
'I'hough now 'tis but a tuffy stick In sturdy hold they grasp.

Ah: blessings on those little hands Whose work is yet undone!
And blessings on those little feet
Whose race is yet unrun!
And blessings on the little brain
That has not learned to plan:
Whate'er the future l:olds in store.
God bless the "coming man!"
—The Examiner:

## IF ONLY.

It was a lovely afternonn in summer when two merry-hearted inirls, but little over fourteen years old, sprang with buoyant steps into a trim little boat on the unargin of a pretty little lake. Their cousin, Willie Gray, was in the bout, standing in its bow with an oar in one hand, ready with the other to assist his cousins to pass astern. Alfred, his brother, having pushed the boat out from the beach, leaped quickly on board, and the boys were soon seated and rowing vigorously towards the middle of the lake. The calm water sparkled in the bright sunshine, a gentle breeze fanned their chesks, and the beauty of the scenery ulong the border of the lake raised their spirits to the height of innocent gaity. Lively chit-chat and merry laughter gave expression to their gladness, and their excursion semed likely to prove as delightfra as the music of a chime of bells.

Presently by a false stroke of Willie's our, the boat tipped slightly on one side. One of the girls-it was Alicr-uttered a litttle scream. The boys Jaughed at her idle fear, and Alfred who took foolish delight in teasing his cousin, at once sought to inerease her alarm by rocking the boat. Alice screamed louder, and cried, in a tremulous voice:

But with a, ..ceking lau $u_{i} h$, Alfred rocked the bout more and nore violently, until its
edre almost touched the water. Then Willie, secing that loth girls were becom. ing alfrighted, grasped his brother's arm, and in somewhit angry tones suid:
"Stop your fooling, Alf:"
" let me alone!" replied . Dfered, angrily, as he tried to unchasp his brother's hmil. This brief struggle caused the light little bont to capsize. In a moment all of them were struggling in the water. The boys: being good swimmers, though shocked, did not lose their self-possession, but becran, as soon as their oyes were freed from water, to look after their cousins. Alice was not to be seen. She had sunk out of sight, but they grasped Ellen, and, by holding on to the boat which lay bottom upward, they sought to swim with the almost senseles.s girl unto the shore. Fortunately a man in nnother boat came to their assistance, and they were saved from the fate which had so suddenly overtaken the timid but lovely Alice.

When Alfred looked on the pale face of his dend cousin, he shuddered and exclaimed, with a deep groan. If only-

He finished this sentence by adding to it in thought only, so that it becane, "If only I had not been such a fool, such a wicked fool!" He said this not once or twice only, but times without number. Whenever for years afterward he thought of Alice, he still gronned out that sad, hurning phrase, "If only."
"If only!" How many erring youths who began life under the sweet influmees of home and mother's love but suliseguently went astray, have uttered those bitter, agonizing words! There is not a prison cell on carth in which this cry is not constantly uttered; nor is there a heart which is stained with the guilt of sin that does not brenthe it. No; for even when God has forgiven the sin, the guilty one cannot forgive himself; but always when thinking of his first wrong step, will sigh and whisper, "If only." beware, therefore, O joyous girl, 0 merry boy, of doing any act which when done, will cause you in coming years to say, "If only."

## HOW TO MAKE LIFE HAPPY.

Take time; it is no use to furne, or fret or do as the angry housekeeper wio has got hold of the wrong key, and pushes, shakes, and raitles it about the lock until both are broken, and the dour is still unopened.

The chief secret of cumfort lies in nut suftering trifles to vex us, and in cultivating our undergrowth of small pleasures.

Try to regard present venations as you will regard them a month hence.

Since we cannot get what we like let us like what we can get.
It is not riches, it is not poulerty, it is human nature that is the trouble.

The world is like a looking glass. Laugh at it, and it laughs back, frown at it, and it frowns back.

Angry thoughts canker the mind, and dispuse it to the worst tempur in the world -that of tixed malice and revenge.

## A BOM'S RENOLVE

I WILL not swear.
1 will not dare
God's holy mame to take.
I will not lie
But I will try
The truth my guide to make
I will not steal
For I simuld feel
Degraded and anhumed 1 will be kind. My purents mind.
Nor as a fighter mamed

## CHIIS LIFE IN HRA\%IL.

The children get lew caresses, and give none. Thare is nuthing oi that overilow of tenderness, that constant wateliful care, that shed such a halo around our homes. The babes vergetate in their stenly, brown fashion, seldom crying or laughing, hut lying all day in their hammock cradles, and watching everything around them with keen eyes. As soon as tho little boys and girls can toddle about they are left pretty much to themselves, tumbling up the backstairs of life on a diet of meal and tish.

The parents seldom punish the chiliren, for they are very docile. When they do. the little onos pucker up their mouths ami look sullen. Pleature is expressed by a smile-among the girls often by a bromed grin, with an nbundant show of the teeth -but a hearty laugh is a rarity:

## SLNDAY-SCHOUL LESSONS

## Auguse 5.

Lesson 'Tortc:-The baptism of Jesus. -Mark 1.1-11.
Memoliy Velsen, Mark 1. J.11
Gohoden 'lext.-Thuu art my beloved Son, in whom I am well pleased. - Jarh 1.11:

Avalist 12.
Lesson Tome:-Temptation of Jusus. Matt. +. 1-11.
Memory Verses, Matt. 4. 1-t.
Gonden Text-In all points tempted like as we are, yet without sin - Hed 41.5

One: Monday morning Dorothy volunteered to supermend the family washmig. When Nora put the clothes on to boil, the little overseer gave one astunishad look. then ran to mamma, exclaming in great excitement: "Oh, mumma: mamma: Nora's cooking the clothes. - Youth's Compraion.

Tue invitations of Christ are to every one. "If any man thirst, let him come unto me, and drink." The water gushing from the hillside is an invitation to every. thirsty, weary one pasuing by to stop and rest and be refreshed. Just as free to all is the water of life uffered in the invitation of Christ.

