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WESTMINSTER ROLLER RINK — Skating Friday night. Ladies free. Gentlemen 10c; skates 10c. Band Monday night. Admission 10c. 70tf

PALACE DANCING ACADEMY — RE-OPENS for season of 1893-4 Monday, Sept. 4. Beginners' classes as follows: Gentlemen, Mondays at 8; ladies, Tuesdays at 8; ladies and children, Saturday afternoons at 3 o'clock. Academy open evenings from 8 to 9 o'clock after Aug. 15, for registration of pupils. DAYTON & MCCORMICK, members of P. A. T. of D. Academy, 476 Richmond street. Residence, 241 Oxford street.

MEETINGS.

Not less than 15 words. | 1c. Per Word

MACCABEES—LONDON TENT 17 WILL meet this (Wednesday) evening at 8 o'clock, Carling's Block, Richmond street. b

THE ANNUAL MEETING OF THE Women's Christian Association will be held at the "Y" rooms, Nitschke Block, Dundas street, on Thursday, Oct. 5, at 3 p.m. b

ST. GEORGE'S, 42, A., F. AND A. M., G. R. C., meets to-night (Wednesday), 4th inst., at 7:30 o'clock sharp. Visitors welcome. JOHN A. NELLES, W.M.; A. ELLIS, secretary. b

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One time, 15c.; three times, 30c., for fifteen words.

RELIABLE GIRL WANTED FOR STORE-ROOM. Grigg House. 88c

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WANTED — A YOUNG GIRL AS housemaid; references required. Apply at 296 Queen's avenue. 87tf

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PARKE & PURDOM — BARRISTERS— Offices, opposite City Hall, Richmond street, E. JONES PARKE, Q.C., T. H. PURDOM, T. E. PARKE ALEXANDER PURDOM.

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Auction Sale of Brick Cottage and Lot, No. 766 Colborne street, on Thursday Oct. 5, at 2:30 p.m.

MR. NEIL COOPER has been instructed by Mrs. Gollop to sell on the premises, the above named property, comprising fine lot with brick cottage thereon, containing five rooms, hall, pantry, summer kitchen, hard and soft water, lot of choice fruit trees, opposite Colborne Street Church, and within one block of street railway and close to St. George's school. A good chance for railroad man, and will be sold cheap. Terms made known on day of sale, or can be had by applying to NEIL COOPER, auctioneer. 85u tx

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Prices will remain as usual—25c, 50c, 75c and $1. Plan opens Thursday. 89k

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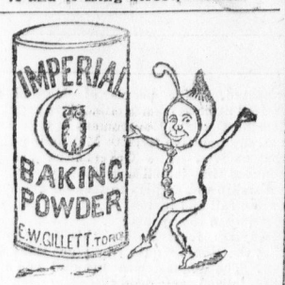

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To the halt and lame, to the incurable, to those whom doctors have failed to relieve, to those whose lives are a misery, through suffering and pain,

EACH EVENING at 8 O'CLOCK
ON PRIVATE LOT,
Corner King and Clarence Streets, London.

SEDATIVE OR STIMULANT?

Dr. Arnott Discusses the Properties of Alcohol,

And Gives His Reasons for the Belief That It Acts as a Narcotic or Sedative—Distinguished Physicians Think Likewise.

The great interest taken on the discussion concerning the medicinal uses of alcohol at the recent meeting of the Canadian Medical Association in this city prompted a reporter to interview Dr. Arnot on the subject, of which that gentleman has made a deep study.

"The subject was introduced by Dr. Harrison, of Selkirk, the president-elect for the ensuing year, in a very able and liberal paper, in which he maintained the correctness of the old theory that alcohol is a stimulant," said the doctor in reply to a question.

"You say the old theory is the other view held by many beside yourself?"

"O yes; in the old country many of the most distinguished men hold that the action of alcohol is similar to that of chloroform or opium. For instance, Prof. Wilkes, of Guy's Hospital, in a paper read before the British Medical Association, said that the stimulant theory was held only by a few antiquated physicians. And in the discussion which followed the expression was not called in question. Then Prof. Whitta, of Belfast, the author of one of the best books for medical students, says that we will never understand the action of alcohol as long as we look upon it as a stimulant."

"It would seem that the British physicians are in advance of you here on this question, then?"

"Yes; judging from reports, the belief in the stimulant theory of alcohol is as dead in the old country as belief in bleeding is in this. I might give you a long list of distinguished men who hold this view, including Sir Andrew Clarke; and in this country also we have quite a number."

"Well, what reasons did Dr. Harrison advance in support of his views?"

"He reported a number of cases occurring in his practice that were apparently saved by the use of alcohol."

"Is that not satisfactory evidence?"

"Not at all. There is nothing so unreliable in medicine as individual experience. That is what supports patent medicines and half the drugging of this age. A patient is ill and uses a certain line of treatment; if he recovers his tendency is to attribute his recovery to the means used. Nothing may be farther from the truth, as a great many diseases would get well without any treatment. Blood-letting was supported for many years by individual experience until a clear-headed fellow demonstrated that nearly twice as many died of those who were bled as of those who were not bled. This is true to a certain extent of alcohol to-day. Hospitals conducted without it report a smaller death rate than those which use it. And to come nearer home, Dr. Bucke told the convention the other day that when he went to the London Asylum there was between $5,000 and $6,000 squandered every year in alcohol. He discontinued its use, with the result that not only is the $5,000 saved every year, but the death rate is lower and the percentage of recoveries is greater. Such facts as these are of more importance than individual experience. Dr. Bucke, in my judgment, deserves great credit for his farsightedness in bringing about this important reform."

"What test would you have this question submitted to?"

"Nothing can be considered as established unless it harmonizes with individual experience collective experience and the scrutiny of the enlightened reason. The stimulant theory of alcohol does not satisfy these tests, as the profession are divided, hospitals are divided, some using it and others not; and no man attempts to show that there is any reason in it. All who defend it do so on the ground of experience alone. A man may think that his patient would not have recovered if he had not received alcohol, but he cannot know it. A fair test would be to have 100 cases of a certain disease treated with alcohol and a like number without. That would open the eyes of people."

"You think then that the percentage of recoveries from most diseases would be greater if alcohol was not used at all?"

"Yes, sir, I do. Why, sir, there are several physicians in this city besides myself who very rarely prescribe alcohol, yet they are esteemed the very best."

"Did not Dr. Gardiner charge you with having advised him in a certain case to double his dose of whisky?"

"Yes, and quite correctly. I have never at any time said that I did not or would not use alcohol in sickness if I thought it would do the patient good. Just the other day I gave a lady two ounces of strong whisky in a few minutes and with great relief. Chloroform would have done better, but I was afraid to give it in that case. The difference between Dr. Gardiner and myself is that he gives it as a stimulant while I never use it but as a sedative. If it be a stimulant, then nearly every patient should have it, as nearly all are debilitated; but if it is a sedative, very few should have it. If it be a stimulant, there will be little danger of people acquiring a craving for it. If it be a narcotic, then like nearly all narcotics, it will in time create an appetite for itself."

"Was not the subject discussed by others?"

"Yes; several spoke to the question, all favoring the old view, but it was clearly brought out that all are agreed that in whatever dose its general action is sedative or narcotic."

"If that be so, wherein do they disagree with you? I am afraid I do not understand."

"Well, they admit that its general action is narcotic. Of course no one could deny that, as it is so often used as a 'night cap,' but then they declare that it is also a stimulant. Now, a sedative and a stimulant are the very opposite of one another, and how a drug can act in two opposite ways I will not attempt to explain. It reminds me of the Irishman who took his whisky at night to make him sleep, and in the morning he took some more out of the same bottle to wake him up!"

"If the stimulant theory be so unreasonable, how do you account for its holding its own so long?"

"Alcohol, like other narcotics, gives relief to distress and suffering. For the same reason blood-letting was practiced so long. A patient bled to faintness experienced great relief, but it was relief often purchased at the expense of life. So do I believe it is with alcohol to-day; a patient may express relief and seem better after getting it, but his chance of recovery is diminished thereby."

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