THE CHARLOTTETOWN HERALD A Cheerful Heart. "The Mirror of True Get the Most Manhood." **Out of Your Food** ask not gold to hoard and hold You don't and can't if your stomach

from the knowledge of the laity !

and New Testament. But it was

not always thus. Before Catholic

Middle Ages.

Beyond my need from day to day; Nor wealth of lands my life demands, Nor stocks and bonds to file away, Nor costly trophies of the mart; digest is wasted. And yet to riches I aspire, One splendid jewel I desire-Give me, O God, a cheerful heart !

This jewel mine, I shall not pine, Nor seek nor strive for lordy store :

'Tis wealth itself, nor power nor pelf Can add to its possessor more ; From it shall living fountains start, To pave my path with gorgeou flowers. I crave the magic of its powers-

Give me, O God, a cheerful heart ! Let others strive and think they thrive

In getting things that must decay; Of these bereft they may be left Unfortressed in an evil day, Unarmed against the spoiler's dart. Contentment such protection brings I shall be more secure that

kings-Give me, O Lord, a cheerful heart!

The cheerful heart that plays its par Exultant whatso'er beset

Nor frets nor fumes in sullen gloom That make disaster darker yet ; Be this my wealth, and if the mart Shield yield me less than others

win. shillings, become the owner of a I still have greater store withinbound volume containing all the Give me, O Lord, a cheerful heart ! Inspired Writings of both the Old

On Vacation.

brains and hands invented the art of printing with movable type, a B.ble Now that racation time is with us a few words on that pleasant topic was an expensive luxury. Every may not be amise. Vacation should word of its 35,879 verses had to be be a time of recreation ; and change copied with minute and toilful care. When the long and anxious task was of scene is a most important part of it. Hence, those who have dwelt, completed, the written characters the year long, amid the noise and covered 12,783 folios. These were bustle of the city seek some place in of parchment, for paper was little the country in which to spend a few known in Europe before the days weake. To the conscientious Oath- of Gutenberg and his primitive olio the place where a vacation is little printing-press. The monkspent is important. The first ques- soribe's work 'used up' 427 skins of parchment-the cost of which at the tion such a Catholic asks is: Will present day (as estimated by Mr. L. it be possible for me to hear Mass on Sundays in the place where I am Buckingham) would be £85, while going to spend my vacation ? All the copying, in the usual engrossing other considerations count as very band, would amount to the tidy little little beside this one. Scenery, so- som of £133 for wages alone. This cial attractions, etc., all have their would represent a first-cost price of place, of course, but the paramount £218 (considerably over a thousand consideration is whether one will be dollars) for a single manuscript copy in touch with the Church and its of the Bible. Very few of our critministers, or entirely debarred from ics would, we opine, be the happy attendance at Sanday Mass. The owners of a copy of the Written obligation of attending Mass on San- Word if they had to part with over day is one of the strictest which the £200 for the luxury. And it is one Church lays upon us, and no loyal of the glories of the Catholic Church Oatholic will lightly consider the that, through the pions labor of her possibility of being in such a position monks, she was able, before the days as to render its fulfilment an impos. of the printing-press and cheap sibility. Another thing which Catholics Writings under circumstances of

We acknowledge the receipt of a Fr. Pustet & Co., New York and valuable pamphlet, "In Defense of is weak. A weak stomach does not di-Cincinnati, publish "The Mirror of Religion and the Dignity of Labor gest all that is ordinarily taken into it. It gets tired easily, and what it fails to True Manhood as reflected in the or, Can There Be True Morality Life of St Joseph," translated from Without Religion in Any System of Among the signs of a weak stomach the French by the Rev. John F. Education ?" by the Rev Joseph J are uneasiness after eating, fits of nervous headache, and disagreeable belch-Mullany, LLD. Bishop Ludden O'Connell, rector of St. Stephen's of Syracuse gives his imprimatur; Church, Port Carbon, Pa., in ing. "I have been troubled with dyspepsia for years, and tried every remedy I heard of, but never got anything that gave me relief until I took Hood's Sarsaparilla. I cannot praise this medicine too highly for the good it has done me. I always take it in the spring and fall and would not be without it." W. A. NUGENT, Belleville, Ont. and Bishop Colton of Buffalo con- reply to Robert F. Ditchburn, Supributes the preface, in which he erintendent of Public Schools at says: "Towards increasing devo- Tamsqua, Pa., and President of the tion to St Joseph, has this little Educational Association of Schuylkbook, 'The Month of St Joseph,' iil Co., Pa. Mr Ditchbarn's lecture been proposed by its pions and is given as an appendix to this Hood's Sarsaparilla learned author. We wish it a wide pamphlet of sixty pages, inclusive. Strengthens and tones the stomach and the whole digestive system. orreulation, knowing that it will Father O'Onnell has followed the bring to those who use it many method which has been one of the verage Protestant, the monk of the blessings, spiritual and temporal. most special features of the Sacred Middle Ages appears as a lazy, wine-Its readers will come to know and Heart Review in its years of labor bibbing individual, ignorant himself admire St Joseph, and to be led for the cause of truth ;- that is, he of Scriptural truths, and solicitous to ask his all-powerful prayers, has brought forward, in support of only to burn every Bible he could whilst they will be drawn to have his thesis, witnesses from the ranks lay his hands on so as to keep it something of his spirit and to copy of non.Catholics to prove his posi-

Pamphlets.

his virtues." tion. He does us the honor, indeed, The New Zesland Tablet bas a The 325 pages of the clearly to quote extensively from our colwell-worded editorial showing the printed little volume present St. umns; but he cites as well Lutherabsurdity of Protestants at the preoseph to us for our meditations in ans, Episcopalians, Quakers, Presbysent day who criticize the Church the various aspect of his earthly lie terians, Methodists, Baptists; he and all Summer Complaints. for not placing a copy of the Bible they recall to us his faith, hop., brings forward as witnesses editors in the hands of everybody in the charity, humility, patience, pru- and college presidents, and even denne, obedience, pusity; they re- the Chinese Minister, Wu Fang; "Nowadays," says our esteemed veal him to us as intercessor for the and he has give us a pamphlet well contemporary, "a Catholic can purafflicted, for sinners, for the dying, worth buying and keeping and conchase a New Testament for a few as the patron for youth, and for the sulting. Single copies 10 cents; pence. He can, for two or three toiler ;-- in fact, as " the patron of \$7.50 per 100 copies.

all in every state of life, age and circumstance, because he always We have received the " Calendar presents himself to them as their of the University of Otaawa for the protector, their guide, and their Academic Year 1904-'5," and the model." Truly, as Bishop Colton Labor Bulletin of the Common-

says, "How beautiful, then, is St. wealth of Massachusetts, No. 32, Joseph, so close and so dear to the July, 1904," subject matter, "Wages Heart of our Lord." We would like and Cost of Living." to see this work in the bands of all

our laymen, our old men, and our The Church in New young men, to be carefully read by them as a daily companion-at least Zealand. laring one month in the year-that

they might imbibe therefrom some-The New Zialand Herald, a non thing of the spirit of S: Joseph, the Catholic journal, paid recently the humble carpenter, yet the holy following tribute to the Catholic pouse of Mary and the foster-father Church in that country :-of Jesus, and the chosen patron of "However much men may differ

the Universal Church. (Price 75c.) upon doctrinal pointe, we do not think that there is any difference of "The Bible and the opinion as to the energy and persistence with which this ecclesiasti-Church." cal organization carries on its work.

As the result, it steadily holds its U. S. says: "I have been troubled A little reprint on "The Bible own among powerful and vigorous with sick headache for over a year. and the Church : an Essay Towards denominations. Indeed, it has Lately I started taking Laxa Liver Faith," by the Rev. Willard G. somewhat improved its position Pills and they did me a world of good Davenport, Episcopalians rector of during the past twenty years. acting without pain or griping." Emmanuel Church, Anacostia, D O, During the period between the cenhas such good things in it only in. sus years of 1896 and 1901 it added creases our earnest desire and prayer nearly 11,500 to the number of its

A Standard Remedy Used in Thousands of Homes in Canada for nearly Sixty Years and has never yet failed



CURES Diarrhœa, Dysentery, Cholera, wear, amounting to \$5,000, at Cholera Morbus, Cholera Infandiscounts ranging from 10, 15 tum, Cramps, Colic, Sea Sickness and 20 per cent. All must be sold. Be quick and get Its prompt use will prevent a your pick.

great deal of unnecessary suffer- CONROY THE SHOE MAN.

WEDNESDAY, AUG 31, 1904



Neuralgia and Gout are all completecured by Milburn's Rheumatic If you want to buy Pills the great specific rheumatic remedy. Price 50c. a box at all dealers. SATISFACTORY pair of A little girl who had been study-

BOOTS SHOES ng fractions, when told by her mother that eggs were nine cents a dozen, or anything else in the called out to Robb, her younger bro-FOOTWEAR ther, "You don't know how much that is apiece, and I do."

ing and often save life.

for nothing."

Sick Headache

Mrs. Joseph Wordworth Obio.

A certain restaurant has become

Price. 35o

line, at the greatest saving Robert thought a moment, and answered proudly, " Yes, I do; you price to yourself, tryget a cent apiece for nine and three

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nection with summer vacation is the rules of conduct to be observed. Toward good, honest, healthy fun, no one can have any objection, but there is a tendency on the part of

young people when away from home to give their animal spirits too free a rein. Now, whether we are young or old the sense that we are Catholics should be always with us, and our far more befitting and religious. Its conduct should be such as to bring native name was Horicon, but like no reproach on our glorious religion. so many places in this country dis-A writer in the Annals of Our Lady covered by Catholic missionaries a of Lourdes well express this thought religious title was bestowed upon it,

in the following sentences : "There is one thing above all Father Jogues, the martyred price", others to be noted when going to its discoverer, who called it the Lake summer at a country boarding-house, of the Blessed Saorament. Mr. Danand that is that you are a Cathelie. ker's poem recounts the various The surroundings must necessarily battles which took place upon its be of divers religious beliefs. There, waters, but concludes his poem with neccessarily gather there careless and these star zas :

easy-going people, who will be more or less influenced by the example you set, and example at this season, when you are off guard, will count for more than many sermons at other times.

"Let everything you do, the way you act, the way you dress, the matter you read, all tend to stand for something higher than the lazy, hammock life of those whose only care is their own pleasure.

"A Catholic should be the central Thou sainted lake, St. Sacrament, figure at every gathering of this nature. Regularity at prayers, at-

tendance at Mass, and the absence of theredes is expected of you and see to it that expectations are with Cardinal Logue he visited the not shattered and that they be not Protestant archbishop of Armagh and an occasion for evil instead of good." Primate of Ireland, Dr. Alexander. -Sacred Heart Review.

The Bible in the Middle Ages.

We wonder if our Protostant friends, who make such a show of b-1 with the Pope,' these unruffled - loyalty to the Bible, and who speak dignitaries manifest their sense of Dr. as if Catholics were debarred from Alexander's scholarship and gentlereading or even possessing the Word of God, ever stop to consider that were it not for the Catholic Church they would have no Bible to boast abou'. Yet such is the case. "For of Ireland and the speedy downfall of the sacred writings," says Charles that system of combined ignorance Batler (A Protestant writer, in his and ruffianism known as Ocangeism." "Horæ Biblica," pp. 35-36),," which contain the Word of God, and for

the traditions of the wise and good respecting it, we are almost wholly indebted, under Providence, to the zeal and exertions of the priests and monks of the Church of Rome, during the Middle Ages. . , . Copying the Bible was a task of infinite pains and perseverance, to which (for gain was out of the question) nothing but the conscientious and unwearied industry of a religious copyist was equal." Yet, to the

mate, at least in theory, go to Armagh Oathedral to exhibit their feelings toward the cardinals through the medium of brickbats and cries of 'To manly bearing-for, indeed, he is both a scholar and a gentleman-by a voluntary tribute to his high character. This is a bright augury for the future

