





Thick, Tender Savory Meat

cr chops-the kind, you know, that make your quests praise your hos-pitality, your cocking, your entertain-ment. Why not this kind of meat instead of the doubtful cuts and inferior meats ? We want you to know our meats. A sirloin or porterhouse will enable you to judge





JUST BREATHE CATARRHOZONE Count ten-a bad cold is relieved

by Catarrhozone- wait one minute and you will feel its soothing influence on 'a sore irritated throat. No ; failure with "Catarrhozone"-it cures because you can breathe a healing

vapor to the very spot that needs help. The big thing to remember about Catarrhozone is this — you just breathe a healing piney vapor that cost is full of the purest balsams, that steak, a roast, chops from the loin, is rich in the greatest healing agents known to science.

This wonderful vapor dispels all Crown and Bridgework \$3.00 coreness, kills all germs, gives nature a chance to complete a real cure. Colds and throat troubles can't last if the pure healing vapor of Catarr-

hozone is breathed. Catarrh will dis- DR. ARTHUR B. COBB appear, bronchial attacks will cease, coughs and winter ills will become a thing of the past. Complete outfit lasts two months, price \$1.00 smaller size 50c; sample size 25c, all dealers,

or The Catarrhozone Co., Kingston, Ont., Canada. Open until eight. No Sunday wor

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Every branch of Dental work in this office is in the hands of a trained Specialist. We have found that this specialized form of treatment insures best results and aids in the saving of time and money.

Whether it is a tiny cavity or a difficult and extracting operation of bridgework that must be given attention you will find that our treatments are free from pain and equally free from excessive

Fillings 50c. and up.

tooth. Excellent Plates \$8.00.

Dentistry Offices: Corner of Main and Eagle Streets Buffalo, N.Y. (Formerly known as "White Dental Offices", Dr. Cobb-Proprietor)

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bably killed Her imme ced three ten dollar bi pinned to her chemise. he police say they have aplain recently bought th in Buffalo. It is a new four empty cartridge found

he Goodall family say wh boarded with them in went to Buffalo every some errand, all through t emplain is a fine looking he should be enamor nan of fifty two is a myst le fully admitted the sho police.

Progress and Development

RECONSTRUCTION means more than a return to pre-war conditions, in points

to even greater progress and development.

Firms or individuals who have plans for

increasing the scope of their business

operations should seek the advice of their

THE CANADIAN BANK

OF COMMERCE

ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.

\$15,000,000

PAID-UP CAPITAL

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did it because I was je said

hat a big fine looking m as Templain is should atuated with a woman of age, is a mystery which