WILLIAM FOREMAN & CO.

WILLIAM FOREMAN & CO.

Dainty -White Waists

We are showing a most complete range of White Waists, the styles are the latest, they are trimmed with embroidery insertions and tucks, the best workmanship, is perfect in every detail, and the best of linen lawn is used in the Waist, you'll be charmed with their Leauty when you see them, the prices are reasonable in every respect. \$1, \$1.25, \$1.50, \$2, \$2.25, \$2.75, \$3, \$3 25. They fit perfectly.

William Foreman & Co.

The Surest

......

Way to get the best value in shoes is to go to a reliable and well known house where footwear of all styles are always to be found. No risk when you do this. We point with pride to our record of low price selling for the past number of years. Ask your neighbor about us. He will tell you the best assortment, newest styles, biggest stock and lowest prices of any Boot Shop in Chatham and the largest stock of **Trunks and Valises**.

J. L. CAMPBELL, Shoe Store

Repairing of all kinds neatly done.



Wedding Ring

Marriage License :

Can both be procured from

Von Gunten Bros.

CHATHAM'S RELIABLE JEWELLERS. And above all, you can depend on it being kept strictly confidential by them and only

published when requested and then Free of Charge.

WANTED.

WANTED-At Merrill House, second GOOD GIRL WANTED-Highest wages; family small. Apply at this office. WANTED-An assistant for repair

paint shop. Apply Wm. Gray &

WANTED-A good boy, about sixteen is wanted in The Planet Job De-

WANTED-A good general servant, or a nurse girl, apply Mrs. McLachlan, William street. WANTED-A good quiet horse, young, suitable for a milch delivery wagon. Apply to N. A. McGeachy & Son, Chatham, Ont., lot 3, Con. 3, Har-

wich, rear of Cemetery. WANTED-50 men to work in Sugar Beet. Railway fare of those who stay through the season, will be paid both ways. Applications to be made by May 20th. Address, J. J. Scott, Box 34, Melvin, Mich. 10

GIRL WANTED-Prefer a middle aged woman; in a comfortable farm residence, three miles from Chatham on Lot 4, con. 4, Harwich. Apply on vernises or address, F. W. Dunlop, Chatham P. O. 10t

STEER LOST-Three years old, stray-STEER LOST—Three years old, strayed or stolen from lot 13, concession
6, Raleigh, red and white, with
small notch in right ear; has been
away a few days or a few weeks.
A reward will be paid by giving such
information as will lead to its recovery to the undersigned. W. R...
Irwin, Chatham P. O.

57-62 The Critical Age

Height of vigor past—nature's pow-er slowing down, vitality less, recup-erative power less, endurance less. Stop the progress of decay, tone up the weakened nerve centres, impart vigor to the tiring brain, prepare for the crisis. A means of remarkable protency in the renewal of decreasing vigor is found in Ferrozone. It brightens up the whole being, imparts a sense of power and strength. By back twenty years. Ferrozone strength, vigor, endurance, vim. Your druggist has it. Get a box to-day at McCall's.

Contentment rarely comes to the man who gives his attention to another man's advancement.

Where Medical Science Fai's to cure rheumatism, and all the time you suffer dreadfully, why don't you get a bottle of Polson's Nerviline and try that? Rub it into your stiff joints, sore arms, lame back, bent shoulders—wherever the pain is. shoulders—wherever the pain is. Nerviline has cured plenty of people in this way, and that ought to be proof enough that it will cure you, too. It is an unusually strong liniment that ourse rheumatism in unusually quick time. Best household liniment known,

"DRINK GRANO, CEREAL COF-

WHERE TO SPEND THE SUMMER Charming Muskoka, Georgian Bay, Lake of Bays. Summer rates now in effect. The "Royal Muskoka" opens June 14th. Accommodations, information, etc., at City Ticket office, 115 King street, W. E. Rispin, Agent.

WHY WE EAT SOME FOODS.

Not Alone That We Like Them, Why do you take milk in your tea? liked it that way, but the scien-

lists have found a deeper reason, place ing the custom on purely scientific grounds. These learned ones discourse as follows: We use sugar in our tea to prevent injury to the coatings of our stomachs. Whenever tannic acid and albumen meet, they fall desperately in love with each other, get married without bans and live together ever after-ward as tannate of albumen, or leather. Now, there is tannic acid in tea and a lot of albumen in the coating of the stomach. The tannic acid weds as much of this as is allowed by the laws of chemistry and so far injures the

But milk also contains albumen. When milk is added to tea, therefore, the molecules of tannic acid select their albumen partners from it, and as a divorce is unknown to tannate of albumen the albumen of the stomach remains single, and so the lining of the stomach is uninjured.

Now, you may imagine that when you mix a salad dressing you put vin-egar in it because it tastes better made that way, but you are wrong again. It is for a chemical reason, which is as

Raw vegetables are easily enough digested by cows and horses, but with difficulty by the human stomach, because they contain that hard, fibrous substance cellulose. But acids dissolve cellulose, and vinegar is an acid. That is why we take it with salad and cabbage, and doubtless that is why it tastes so well, for the palate is an excellent judge of what is good for the stomach. Oil is added for the very good reason that it protects the lining of the stomach from the action of the cid in the vinegar. Why de we take butter on bread?

Partly because wheaten flour does not contain enough fat and partly because butter contains a triffing quantity of substances called "extractives," which in some unknown way stimulate the appetite and aid digestion.

Why do we take pepper, mustard and spices? Because they tickle the glands of the stomach and make them work. equently they produce an abundant supply of digestive juices. They also stir up the liver, and a stirring up of this organ is an important thing for people who live sedentary lives.

Why do we put salt on our meat? Why, there are two principal salts in our body, and their supply has to be kept up. They are sodium salts and potassium salts. There is sufficient of the latter in the food we eat, but not of the former. We therefore have to add the sodium salts in the form of common salt, which is sodium chloride. Another reason why we eat common salt is that a certain amount of hydrochloric acid is needed by the stomach for the purposes of digestion and also to kill This acid is manufactured in the stomach from hydrogen and the chlorine of common salt. We take more salt with some meats than with others because some naturally contain less salt than others. So by our condiments we seek to even up things.

Men and Women In Sleeping Cars. "It would surprise you to know that heavy per cent of the persons who travel on sleeping cars make no effort to disrobe before they retire," said a conductor who runs between New Orleans and Chicago. "They simply roll in with boots, spurs and all. They do not seem to know that a berth on a sleeping car is just the same as a bed in a private home except in size. Some of them will pull off their coats and collars. Some of them will slip their shoes from their feet. There are many, of course, who are used to traveling and who go in for a good night's sleep.

"With women it is different. You can never catch a woman so indifferent to comfort and cleanliness in this respect. She will pull her shoes off every time."

"With the aid of this little book,"

said the canvasser as he produced a "Mother's Guide" for the inspection of his victim, "you will be able to bring up your children properly."

She took the book and weighed it thoughtfully in her hand. Then she caught it by the edge and brought it down on the palm of her hand as if to see if it could be handled with ease and

"Oh, I don't know," she said at last. "I can't see that it's any better for that purpose than a slipper.

Dismissing a Dead Man's Carriage. At the conclusion of a funeral serv-ice it is a custom among the old noble families of Rome for the chamberlain of the household to come to the church door and announce to the footman, who stands in waiting, that his master or mistress or whoever the dead may be, has no further use for the family carriage, whereupon the footman in forms the coachman, who breaks his whip over his knees and drives mourn-

fully away.

Brown-I don't like to read tales which show how genjuses were buce

unruly children. Jones-Why not? Brown-They encourage lazy parents to believe that their unruly children will turn out genluses.

The Sensation. "Well, how does it seem to be engaged to such a wealthy girl?"

"Fine! Every time I kiss her I feel as if I were taking the coupon off a 6dlw government bond."-

The Nysoms are busy village folk who represent the best class of Scaninavian immigrants in the second ition. They are rising in world, but are dependent upon honest and hard work for their livelihood. One of the sons is to be a doctor, another an engineer another a salesman. The girls do all the sewng and housework.

But each one has some other work which is not done for pay. Jack and Nancy—they have ado; ted Fnglish nick-names—draw, not well enough to make them critics of old or new nasters, but well enough to cat h landscape or a face that pleases them, or to make funny little pic-tures that delight the other members of the family.

One of the boys is a skillful photographer, another collects autograpus another moths. Two of the girls play on the piano and violin, like professionals, but with taste and feeling. All the members of the family sing. Nancy has a fine sopr, no voice and the mother a good contralto; and when all join in the charus, the effect pleases others; it place the Nyroms immensely.

'Why," said a city visitor to Mrs Nysom one day, "why do your children spend so much time in pursuits will never bring them any Mrs. Nysom looked at the perform-

the family concert with smile in her eyes. "Did you ever go to Norway?" she asked.

'You would have seen there, when the flocks were going to the upland pastures, girls who drove them fartened a tiny hell around the neck of each sheep. "Why do they do it?" do you ask. It is to keep them together.

and to make music as they go.
"These little talents and pleasure in the household keep the children together, and will, I hope, make music for them all through the long, climbing journey of life. God had an end to serve when He gave to each of us the power to laugh and enjoy, as well as to work.'

Keeping Up Appearances. A New Hampshire woman who takes summer boarders occasionally

employs as "extra help" the daughter of a neighboring farmer. This young woman is in constant fear that she will be "snubbed by the city folks," and her ideas as to their standards of superiority are sometimes amusing.

evening one of the boarders went into the dining room to spea to the landlady, who was taking her supper in company with her sensitive help." The girl began to cat sponge cake, then took some pound cake, and was at work on a slice of fruit cake when the boarder at last left "My, but I was glad to see her

exclaimed the girl, turning to her employer with a sigh of relief; and relinquishing her hold on the fruit cake, she reached for the bread plate. "I'm just gouged with cake," she added in frank explanation, "but ses of digestion and also to kill of course I wasn't agoing to let one of the microbes we swallow. of those stuck-up city folks see me to, and I didn't know, what was pro-

The Value of Happy Memories.

Happy memories are sources of in terest and cheer, and are to be highly cherished. They are green stots To thousands they are as oasis in the descrt. He evinces provision who, as they occur, stores them away for future use and who uses every occasion for their multiplication. In the hour of need, he finds them a spring of refreshment and joy, and inspiration and a sup-port. When bereft of kind, loving and helping associations, he is to be pitied, who has no sweet, luring, and sustaining recollections of home Church, Sabbath school, and revival scenes. In his distress he lacks the spor of noble incentive, the nerve of a happy experience, and the stimulus of a healthy retrospect. There are times when the former life of love, peace, mercy and grace rises before the mind with a new meaning and Even when other friendships force. exist, the fragrance of previous intimacies and experiences dies not, but lingers to sweeten the present and to impart zest ta grateful meditation and earnest activity.

A Certain Bull's-Eye.

A sporting gentleman who has the reputation of being a very bad shot, recently invited some of his friends to dine with him. Before dinner he showed them a target painted on the barn door, with a bullet in the bull's eye. This he claimed to have shot at 1,000 yards' distance. As nobody believed him, he offered to bet the price of an oyster supper on it. On one of his guests accepting the wager he produced two witnesses, whose veracity could not be ques

tioned, to prove his assertion. they both claimed that he did as he said, he won the bet. At dinner the loser asked him how he had made such a wonderful shot. The host an-

I shot the bullet at the door at distance of 1,000 yards, and then painted the target round it."

The Baby's Name, "Name the child," said the clergy-

"Superfluous," replied young Mrs. Verdigris, the mother of the cherub. 'Superfluous."

"My dear madam," said the preacher in a whisper, "that will never do. I can't give the baby such a name as that. What suggested it

to you?"
"My husband's brother." "Is he a married man?"

"No sir, he's an old bachelor."

"As I suspected. Madam, we will call this baby 'Blessing."

"I've no objection, sir, but I like the sound of the other better."

The Bridegroom Came No. May—I understand Pamela came near being married once, Delle—Yes, she had everything ex-cept the bridegro

About Man's Half Hose

Summer lines here are as smart as you would expect us to keep if we sold nothing else. Just a skit over the prices to give an idea of how fastidious men may pick and choose in this stock, remember nothing is too cheap to be fast-colored.

Plain black cotton, 4 qualities, 10c,15c, 20c and 25c Plain fine cotton, in fast shades of brown, cadet blue, royal blue and cardinal, 200, or 3 pair for 500

Fine strong black, with natural wool soles,250 Lisle thread, cluster stripes of yellow, red, white or helio on black ground......250

At the same popular price there's also a line of colored lisle; blue or cardinal with white stripes. Mercerized lisle, beautifully fashioned and finished, dark blue with light blue

fronts, fancy patterned in black, white or colors 50 Finer line 35c, or 3 pair \$1.00 Plain cardinal, a most comfor-table make, with full fash-ioned foot, and extra spliced heel and toe 250

Royal quality black cashmere, with dropstitch embroid-ery in red, white or blue **500**

special line reg. 65c value, selling at 50c Fancy blue and black stripe with silk thread woven in, and plain black sole.

THORNTON & DOUGLAS IN LIQUIDATION.

DISTRICT DOINGS.

MITCHELL'S BAY.

Mr. and Mrs. Raymond visited Mr Mr. and Mrs. James Bishop at Glenwood on Saturday, returning Sunday, Considerable rain fell at the Bay on Sunday night. It was greatly needed here to freshen up the grain.

The church at the Hall was largeattended on Sunday morning at the

Our election is nearly here, and we nope our friend, Mr. J. S. Fraser will get a large majority in this riding.

THLEPHONES ON TRAINS.

"The Overland Limited" - Electric Lighted-contains a novel feature, absolutely new to railroad travel.

If you contemplate a trip to any Western point the Union Pacific of-fers you the highest degree of comfort and luxury, with no additional cost and a great saving of time and ex-

Full information cheerfully furnished on application to G. G. HERRING, G. A., 126 Woodward

Detroit, Mich. H. F. CARTER, T. P. A., 60 Yonge Toronto, Ont.

THAMESVILLE

May 19-E. Shaw returned on Saturday from San Francisco, where he has been for the past year.

Miss Dickson, of Strathroy, is visiting her brother G. A. Dickson. H. Pavey, of London, is in town to

Miss Buller spent Sunday with Chatham friends.

Joseph Lambrook is moving into Davies' house, on Sherman

D. E. Wallace is in Chatham to-day A. H. Willis has accepted the posi-tion of Chief of Police for the village and Jas. Reid has taken Mr. Willis' old position with Mr. Duncan.

Oarrier boys are not authorized to collect subscriptions. Our collector calls in each town once a month; if a subscriber wishes to pay his account before the collector calls, he must re-

OPINIONS OF LEADING PHYSICI-ANS.

I have been prescribing Strong's Pilekone for the last eight years, and have had better success with them than with all other means. W.M. WOODRUFF, M. D., London, Ont. Price \$1.00. For sale by druggist or by mail on receipt of price.
W. T. STRONG, Manufacturing Chemist, London, Ontario.

mit direct to The Planet Office Cha ham, as we will not be resp monies paid to carriers.

"DRINK GRANO, CEREAL CO

It is not good form to talk the little spats observed in the of your friend.

Perfect Cure for Bronchitis

This disease can be treated only remedy carried to the affected par long with the air breathed, for ture intended these organs for passage of air alone, and sprays, mizers and internal medicines utt y fail. But Catarrhozone doesn't fa for it goes wherever the air breath goes, and its healing antiseptic vape is sure to reach every affected par Catarrhozone is inhaled at the mou and after passing through every cell of the breathing organs is slow Telephone connections are provided at terminal stations, Chicago and San Francisco, and are available for use of passengers three-quarters of an hour prior to departure.

This famous train reaches Salt Lake City 12 hours and San Francisco 16 hours ahead of all competitors from Comaha

Men may be born with fortu-ready made, but character they ha

C. C. Richards & Co.

Gentlemen,-I have used MINARD LINIMENT on my vessel and in me family for years, and for the even

er it has no equal.

I would not start on a voyage with out it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN. Schr. "Storke," St. Andre, Kamou

A WISE IDEA

To get your old carpet mar tured into beautiful durable rugs prices that are right. Call and samples. Factory opposite Piggott & Sons lumber office in J. & J. Older-THE CHATHAM RUG FACTORY.

THE STEAMER City of Chatham

Will make her regular round trip f CHATHAM to DETROIT every Monday, Wednesday, Saturda Leaving Rankin Dock, Chatham, at 7.30 a.n., an returning leaves Detroit (foot of Randolph St. at 3.30 p. m. Detroit time, or 4 o'clock Chathan

One Way Trips: Leaves Chatham for Detroit on Thursday ing at 9 o'clock and leaves Detroit for Ch on Friday morning at 8.30 Detroit city tim o'clock Chatham time

Children under 12 ye ood for day of issue on E. Cornetet - Captain

Dainty Portraiture

Is our delight. An Artist despises crude work and we claim to be artists in our profession. Whether we can substantiate our claim or not is for you to judge and we cordially extend you an invitation to investigate thoroughly before placing yourself in our hands.

If you sit to us and we don't produce artistic work, we will not accept your money. We are after money—but we want to get it by the "artistic worth" plan.

************ WESTLAKE BROS.

Fifth Street, Chatham