SIXTH MONTH 30 DAYS

June

THE SACRED HEART

<del>*************************************</del>			
DAY OF MONTH	DAY OF WEEK	COLOR OF VESTMENTS	+ 1904 +
3 4	W. T. F. S.	r. w. w.	S. Eleutherius. CORPUS CHRISTI, S. Mary Magdalene de Pazzi. S. Francis Caracciolo.
5	Su,	r.	Second Sunday after Pentecost S. Boniface. Solemnity of the Feast of Corpus Christ
6	M. T.	w. w.	at High Mass and at Vespers. Hymn, "Pange S. Norbert. " [Lingua." S. Augustine of Canterbury.
8	W.	w.	S. Ferdinand.
9 10 11	T. F. S.	w. w.	Octave of Corpus Christi. SACRED HEART OF JESUS. S. Barnabas.
			Third Sunday after Pentecost
12 13 14 15 16 17 18	Su. M. T. W. T. F. S.	w. w. w. w. w.	S. Leo III., Pope. Vesper Hymn, "Iste Confessor." S. Anthony of Padua. S. Basil. S. John of St. Facundus. S. John Francis Regis. S. Bede the Venerable. Our Lady Help of Christians,
Silv			Fourth Sunday after Pentecost
19 20 21 22 23 24 25	Su. M. T. W. T. F. S.	W. r. W. W. W. r.	S. Juliana Falconieri, Vesper Hymn, "Deus tuorum S. Silverius. S. Aloysius Gonzaga. B. Innocent V., Pope. S. Isidore the Husbandman. NATIVITY of S. John Baptist. S. Gallicanus.
160 A N			Fifth Sunday after Pentecost
26	Su.	r.	SS. John and Paul. Selemnity of S. John Baptist a High Mass and Vespers. Hymn, "Ut quean
27	M.	w.	S. William. [laxis.'
28	T.	w.	S. Leo. II., Pope.
30	W. T.	r. r.	SS. PETER and PAUL. Commemoration of S. Paul.

OF LIGHT"

"THE QUESTION is the subject of a little booklet recently issued by us. Of interest to everyone who wants good lighting. Mailed free on request.

McDonald & Willson, Toronto

# HOME CIRCLE

permeates the house.

TO CLEAN ARTICLES OF NICKEL

in the plating of which the usual polishing materials act very destruc-The yellowest and brown- Nearly all children, especially the alcohol and acid for fifteen se-conds. Five seconds suffice ordin-reason in the matter, deny to their

When trouble is brewing, keep still. keep still. When your feelings are ents go to the opposite extreme and hurt, keep still, you recover from indulge their children in all sorts your excitement, at any rate. Things of confectionery, allowing them to look differently through an unagitated eat rich, indigestible cakes, jams, In a commotion once I wrote a letter and sent it, and wished I had not, says a writer in an exchange. In later years it happened I had another commotion, and wrote a long letter; but life rubbed a little sense into me, and I kept that letter in my pocket against the day when I jam nor any of that indefinable could look it over without agitation hodgepodge of stuff that masquerades and without tears, I was glad I did. under the name of cake. Beware of Less and less it seemed necessary to cheap painted candies; they are poissend it. I was not sure it would do any hurt, but in my doubtfulness I leaned to reticence, and eventually it was destroyed. Time works won- syrup made from fruits. A lump of ders. Wait till you speak calmly, and sugar or a stick of good candy now then you will not need to speak, may- and then will not hurt them, thing conceivable, sometimes. It is of good quality. Fruit jellies, if unstrength in very grandeur.

DESSERTS FOR WARM DAYS. Velvet cream is a simple dessert, suited to warm days. Soak half a box of gelatine in a cupful of milk for half an hour. Meanwhile make custard of three cupfuls of milk, the yolks of three eggs and half a cupful of sugar. While it is hot stir in the gelatine and beat until it is dissolved. Lastly add the stiffly-beaten whites of three eggs and a teaspoonful of vanilla. Turn into a mould and put in a cool Serve ice cold. Powdered after it comes from the mould contribute to the flavor. Or the cream may be dipped by the tablespoonful from the mouls after it has stiffened and heaped into a glass dish, powdered macaroons being sprinkled botween the layers. Candied or maraschino cherries may be used as a

garnish if the macaroons are not employed. Snow pudding as served at a certain farmhouse is delicate and easily prepared. Soak two heaping teaspoonfuls of gelatine in half a cupful of cold water for half an hour and then dissolve in half a cupit-l of hot water. Stir in two cupfuls of sugar. When the sugar is melted and the liquid is cool add the juice a large lemon and the stiffly beaten whites of two eggs. Beat all together until cold and foamy. Turn into a mould and place on the ice. Serve with a boiled oustard made the yolks of two eggs, two tablespoonfuls of sugar and flavoring

ca over night. Lay them for a few seconds in own bulk of shredded pineapple which cient prototypes that few people who was looking sorry as she pass-alcohol containing 2 per cent. of has been sweetened to taste. Turn would doubt their being genuine oldsulphuric acid, remove, wash in flow- into a buttered baking dish and fashioned silver. ing water, rinse in alcohol and rub bake an hour. Cover the top with

# SWEETS FOR CHILDREN.

est nickled articles are restored to they be normal, healthy children, pristine brilliancy by leaving them in crave for sweets. A great many children all kinds of sweets. They do this from some preconceived notion that sugar and candy and cakes When slander is getting on his legs, are bad for the children. Other parcandied fruits, preserves, etc. They both are making a mistake. Children should be allowed to eat sweets-but the proper kind of sweets. Cheap, nasty confections should never be given them, neither should they be permitted to have too much

onous But give the children sweets in the form of pure chocolate, honey and Silence is the most massive them eat molasses, but be sure it is adulterated, and plain cookies that

are not too sweet are good for children. Let the children have sweets. But system craves them. They impart warmth and energy. They nourish

and build up the tissues. The best time to give children sweets is at meal time. Let fruits, jelly, syrup, molasses, honey or cookform part of each meal, and and then children will not so often plead for candy and cake.

Let the children have sweets. Lut see to it that they are furnished the proper kind, at the right time and in a sensible quantity.-Medical Talk.

# PERSONAL CLEANLINESS.

With the exception of malaria nearly all of the infectious diseases of the Northern States are transmitted through the secretions of the If one should watch his felbody. low-beings on the streets, in cars, at restaurants, shops or other public places, or even, it is to be feared, in intelligent homes, he would soon find that the secretions, and even the excretions of the body, are constantly finding their way to the fingers and thence to everything that the fingers touch, says Dr. C. V. Chapin in Good Housekeepiag. The fingers constantly go to the lips, and often into the mouth, and also often into the nose, pencils are moistened with saliva, and the same fluid is used to with a boiled custard made of books. The lips are used to bors know it to be true. Speakcupful of milk, a cupful of the yolks of two eggs, two ber the disgust which overspread the faces in a railroad car when a woin individual moulds and be decorated
with maraschino cherries.

For puff pudding pour a nint of
scalding milk over two slices of
white bread and reduce the bread to
a pulp. Stir in two eggs, two tablespoonfuls of sugar, season with
nutmeg and beat to a froth. Bake
in small cups that are only half full.

Here is a bread puddine recipe for
cherry time, which will soon be here.

faces in a railroad car when a woman was seen to give her poodle 'a
drink from the public drinking glass.
No one else touched it during the
trip, but it is more dangerous, and
not less disgusting to drink after human beings than a dog. Fortunately
most disease germs die easily, and it
is chiefly by the quite direct means
of contact just suggested that the
contact just sugges faces in a railroad car when a wo- pains in my bladder were very severe dytuft.

mouth except what belongs there, we might ride in a car with a diphtheria vatient and run no chance of catching the disease. Disease germs do not fly about, seeking whom they may devour. The matter of protection is largely in our own hands. By the strict personal cleanliness one can avoid the secretions of his fellow-beings, and hence escape most sources of infection. Children are A little boy was dreaming the greatest offenders and they are oftenest attacked. It is hard to that the pins fell out of all the stars, teach them strict personal cleanli- And the stars fell into his cap. oftenest attacked. It is hard to leach them strict personal cleanliness, but the attempt must be made. Such cleanliness is demanded not Such cleanliness is demanded not What should that little boy do? only by hygiene but by esthetics. It what should that little boy do? is only decent to keep one's secre- Why, he went and looked inside his tions to one's self and to avoid those of others. If it is necessary at home, how much more is it so while travelling, when one is likely to meet with persons infected with any of the contagious diseases.

TO GIVE THE BRIDE.

It is not difficult to choose a present for the bride these days, as times have changed, and one need not give silver for glass or rugs or furniture—as relatives and friends alike NOT GUILTY. used to do. Wearing apparel, such as furs, laces, fans, parasols, even silk stockings and petticoats, gloves, and dainty little matinees—in a word, the luxurious accessories of Aunt Sarah. "I suppose dress are popular wedding presents ther gave it to you for being a good from relatives and close friends Pieces of French bronze are charmingly ornamental, odd, artistic and, in most cases worth

in most cases, useful, as the greatest artists in this line do not diselectroliers, etc. Clocks are acceptable things to buy, and the perfect-ly appointed home should have at least two of them. Gifts of linen help the hride in her many little en-tertainments, and the hand-embroidered lunch cloth or that of handsome drawn-work will last for many years and always give pleasure. He pauses in his gracious guise handsome counterpanes, pairs of And blesses each before he speeds linen speets, and pilloweases, each finished with the monogram of the And ere he passes back to heaven, bride below the handsomely hemlength tablecloths and napkins, doylies and covers of all kinds and Every bride delights in one of the old-time gifts of a chest, One Sunday Miss Lee told the pri-such as belonged to every bride of mary class how to belong to the made useful in many ways—for keeping of the extra supply of table linen, or for the more prosaic keeping of the bride's array of freshly laundered Among those who promised to the bride's array of freshly laundered Among those who promised to solve supplying the state of the sta TO COOK UNCOVGRED.

Cooking school experts tell us that cabbage, opions and strong smelling vegetables should be cooked uncovered. There is an odor, of course, whereas, if the draughts quickly disperse it, whereas, if the saucepan is covered a war strong odor is diffused every.

The HOME CIRCLE

the bride's array of freshly laundered shirt waists. Such a gift as this can never come amiss. French gray silver tea and coffee pots, and eream pitchers in lattice-work pattern, are very effective. Brass sconces that may be used either for candles or for electric lighting are exceedingly attractive, especially those that are copied from the antique shapes. Quaint and ornamental for the table bottom of a baking dish with the bread, over it put a layer of pitted other is, and continue in this way until the dish is full. Sprinkle the top with buttered crumbs and bake to boat shaped, and show ornamental and picked him up. She comforted For pineapple and tapioca pudding, thin, delicate model of the teaspoon shower of tears.

dry with a linen cloth. This pro- a meringue, made of the whites of a city bride was eighty-four glasses baby's playthings, without mother's cess gives a brilliant polish gnd is two eggs and two tablespoonfuls of of jelly. She knew the young lady's asking her, and made the room all especially useful with plated articles sugar, and brown. currants, plumbs, grapes, quinces and crab apples. She felt assured that

# The Lily at the Gate

hearty welcome, which it did.

Were joyously tripping along; on their way, throng.

Sweet mites, whither goest thou this blessed morn?" And they answered, their faces aglow:

We seek for our Queen, the fair head to adorn The loveliest flowers that grow.

best, and so We've plucked them till bare is the sward

And no more can we find though we've ter, was drawn up on the lawn and searched high and low; Lord?"

'Go yonder," said He, "to the pearly white gates, And open them wide, for I ween Beyond the bright portal a lily

Go gather it in for your Queen. So gaily they all at the Master's

command The gates flew to open and lo! On the threshold there stood with a crutch in his hand, A little lame child from below. -Pleasance Ellis.

# FOUND WHAT HE WAS LOOKING FOR

A Complete Cure for Bladder Troubles in Dodd's Ridney Pills

James Atwell Tried Other Medicines and Bandages but they Failed - Dodd's Kidney Pills Didn't.

Campbellford, Ont., June 20.—(Special).—"I had Lumbago and Bladder thought that was a fine name. Trouble for years. I could get no The nasturtiums, too, grew rapidly relief till I tried Dodd's Kidney They threw hawsers over the sides Pills and they cured me." This is the statement of James At- of hollyhocks. The blossoms ran

THE LITTLE DREAMER.

cap,

And found it wasn't true.

HE HAD MORE TIME. Two small boys at the newsboys' dinner, says the New York Sun, put their grimy hands side by side upon the tablecloth.

"See my new doll," said Helen. "What a lovely present," replied Aunt Sarah. "I suppose your mogirl?"

THE GOOD-NIGHT ANGEL. dain to turn out ink wells, clocks, The good-hight angel comes at eve Across the quiet hills, And tucks the sleepy blossoms in Beside the meadow rills? On uplands wide each drowsy bird He cradles in his nest, And in a dewy valley far Rocks the wild winds to rest.

Upon his kindly way; Beyond the sunset bars, stitched border; long and medium To watch the babies, birds and buds For lamps he lights the stars.

A SUNSHINE GIRL. "the long ago." These may be Sunshine Society. To keep on being

top with buttered crumbs and bake boat shaped, and show ornamental and picked him up. She comforted very strong odor is diffused every time the lid is disturbed, which very slowly for two hours. Serve effects in pierced work. The new him and sent him home with a sunteaspoons, made up in the shiny smile on his face instead of a soak one and a half cupfuls of tapio- of our great-grandmothers' days, are Another time she just smiled up Then stir into it its dainty and look so like their an- into the face of a lady she knew,

shine went through a crack, you see. A country housekeeper's present to Another time Betty picked up country she was able to obtain the her face lighted up as if the sun freshest fruit as each arrived in its had come out. It made her so hapseason - strawberries, raspberries, py to see that Betty thought of doing this herself.

Saturday Betty went to ask a litthis practical present would have a tle girl to come to Sunday school, and the next day she went and took her to the class.

That spread sunshine all round, for the teacher was glad, the class was A group of wee angels in heaven one happy and Mary and Betty were both

One day all Betty could find to do Their Jesus they met as they sang was to put her arms about father's neck when he looked tired and whishe smilingly questioned the per, "I love you!" Dear me! How the sun came out then!-Sunbeam.

THE "MORNING DORY."

Father had a sailboat and mother a rowboat. Dorothy had no boat at all, and she wept grievously. Father said she must certainly have a boat of her own, and mother said she should have the best one of all-"and The pretty white lilies she loves a safe one, too," she added to fath-

So a leaky, abandoned dory, which had been lying on the shore all winfilled with rich garden earth. Are there no more in heaven, dear mast was placed where a mast should be, a bowsprit to point straight out to sea, and rigging for vines to climb on. The outside of vines to climb on. the boat was painted dark green. During the following days mother and Dorothy put the dory in order. Of course there were no sails to mend, but there were seeds to plant; there was no deck to holystone, but there were soon weeds to pull. Lorothy had plenty to keep her busy when the little green shoots began

to spring up. One night, when father came lack from town, he brought a package 'Here are some friends of mine who wish to cruise on your dory summer, Captain Doro'hy," he said The "friends" were black-eyed Susan and bouncing-bet and sweetwilliam and jonnie-jump-up. Derothy set these passengers in the bow, where they had a fine view out to

The little green shoots that came first grew and grew, and before long a morning-glory had set a lookout at the very top of the mast.

"Why don't you name your ship the Morning-Glory?" suggested fath-Now Dorothy, although she was nearly five, could not say the letter

So what she answered was, "Yes, the Mornin' Dory." and moored the boat to a big bunch well of this place, and all his neigh- along the bowsprit and up the rig-bors know it to be true. Speak- ging like brave little sailors. Round "For five months of the time the the prow was a white foam of can-

# THE RHEUMATIC WONDER OF THE AGE

# BENEDICTINE SAL

This Salve Gures RHEUMATISM, PILES, FELONS or BLOOD POISONING. It is a Sure Remedy for any of these Diseases,

### A FEW TESTIMONIALS

#### RHEUMATISM

What S. PRICE, Esq., the well-known Dairyman. says:

212 King street east. Toronto, Sept. 18, 1908.

John O'Connor, Toronto: DEAR SIR,-I wish to testify to the merits of Benedictine Salve as cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a few days was complete. ly cured. S. PRICE.

475 Gerrard Street East, Toronto, Ont., Sept. 18, 1901.

John O'Connor, Esq., Nealon House, Toronto, Ont. DEAR SIR,-I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictive Salve, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recommend its to any one suffering from lumbago. I am, yours truly, (MRS.) JAS. COSGROVE.

2561 King Street East, Toronto, December 16th, 1901. John O'Connor, Esq., Toronto:

DEAR SIR,—After trying several doctors and spending forty-five days in the General Hospital, without any benefit, I was induced to try your Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a work. Law able to go to work again. It among should doubt these factors week, I am able to go to work again. If anyone should doubt these facts send him to me and I will prove it to him.

Yours for ever thankful, PETER AUSTEN

198 King street East, Toronto, Nov. 21, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,—I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatism. I have experimented with every available remedy and have consulted, I might say, every physician of repute, without perceivable benefit. When I was advised to use your Benedictine Salve I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily activity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the cacy of Benedictine Salve. Yours truly,

12 Bright Street, Toronto, Jan. 15, 1902.

GEO. FOGG.

John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism. There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation. ve Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected are absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried large number of other medicines advertised, without receiving any benefit. Yours respectfully, MRS. SIMPSON.

Tremont House, Yonge street, Nov. 1, 1901.

John O'Connor, Esq., Toronto: DEAR SIR-It is with pleasure that I write this unsolicited testimonial, and in doing so I can say that your Benedictine Salve has done more for me in one week than anything I have done for the last five years. My ailment was muscular rheumatism. Iapplied the salve as directed, and got speedy relief. I can assure you that at the present time I am free of pain. I can recommend any person afflicted with Rheumatism to give it Yours truly, (Signed) S. JOHNSON,

# PILES

7 Laurier Avenue, Toronto, December 16, 1901. John O'Connor, Esq., Toronto, Ont .:

DEAR SIR,—After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with Yours sincerely, JOS. WESTMAN.

241 Sackville street, Toronto, Aug. 15, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,—I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding Itching Piles. I have been a sufferer for thirty years, during which time I tried every advertised remedy I could get, but got no more than temporary relief. I suffered at times intense agony and lost all hope of a cure.

Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can heartily recommend.. it to every sufferer.

JAMES SHAW.

Toronto, Dec. 30th, 1901.

John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this unsolicited testimonis and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an operation. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me a thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am,

Yours, etc., ALLAN J. ARTINGDALE, With the Boston Laundry.

# **BLOOD POISONING**

Toronto, April 16th, 1902.

John O'Connor, Esq., City: DEAR SIR,—It gives me the greatest of pleasure to be able to testify to the curative powers of your Benedictine Salve. For a month back my hand was so badly swollen that I was unable to work, and the pain was so intense as to be almost unbearance. Three days thank you enough as directed, I am able to go to work, and I cannot thank you enough as directed, I am able to go to work, and I cannot thank you enough so intense as to be almost unbearable. Three days after using your Salve 72 Wolseley street, City.

Toronto, July 21st, 1902.

John O'Connor, Esq.: DEAR SIR,-Early last week I accidently ran a rusty nail in my finger. The wound was very painful and the next morning there were symptoms of blood poisoning, and my arm was swollen nearly to the shoulder. I applied Benedictine Salve, and the next day I was all right and able to J. SHERIDAN, go to work. / 34 Queen street East.

# JOHN O'CONNOR LAST, TORONTO

WM. J. NICHOL, Druggist, 170 King St. E. J. A. JOHNSON & CO., 171 King St. E. PRICE \$1.00 PER BOX. And by all Druggists