

mp. t's tennis

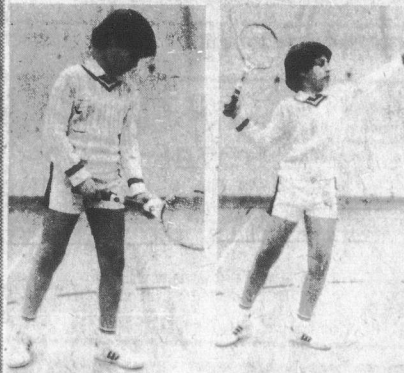


Illustration 1

Illustration 2

THE SERVICE . . . Part 2 Forward and up together

As we learned last week, the server starts the serve with his weight on his back foot. His arms should be in a relaxed position in front of him as he stands sideways to the net.

As in all other strokes, the weight must be on the front foot when the serve is completed. However, unlike other strokes, the server cannot take a step forward as he might contravene the foot-fault rule.

What actually happens is that the server rocks forward from his back foot to his front foot. At the same time, both arms drop from their ready position, separate and go up together.



Ron
Thornbury

In illustration 1, the weight has moved from the back to the front foot and the arms are moving downward together. With the weight forward, as in illustration 2, the arms rise together into the final position just prior to hitting the ball.

Note how the shoulders are kept back. The body remains sideways to the net throughout this important phase of the serve.

Next week we'll see the release of the ball, the contact position and the follow-through.

Ron Thornbury is director of the Oakville Tennis Academy.

Peel soccer flexes its muscles

By TOM MALONEY
Times Staff Writer
Before being buried under 10 jubilant Oakville teammates, Colin Samuels streaked in a victory celebration with an arm upraised as if carrying the first Olympic torch. Samuels' winning goal gave Oakville Shell the first Streetsville-Meadowdale Minor Atom Soccer Tournament championship and incidentally settled a year-long dispute.

Oakville and final opponents Guildwood split five games evenly last year, each with two victories and a draw. "But I always thought we had the better team," said winning coach Phil Iafrafi, who has led Oakville through 21 games without defeat this season. "Today it showed. They got tired in the second half but we looked strong."

Malton Broncos won the consolation title with a penalty kick victory over Wexford. Any break in the action was thought a good excuse to lounge briefly on the grass, or even on top of the game ball, in deference to the hot weather during the tournament. An English native in the stands mentioned that playing in the mud and rain would be preferable.

But Oakville survived second half pressure from Guildwood forwards and finally went ahead to stay on Samuels' second goal of the contest. Kevin Gineterick added insurance minutes later with a lofting kick from the middle. "I think this tournament

points out the strength of the Peel Youth Soccer league," said Iafrafi. "Last week two Peel teams (Oakville and Burlington) made the final of the Oakville International tournament. In this tournament, Peel teams won the two championships by beating Scarborough teams."

Malton, with a much smaller population to choose from than any of the other three finalists, drew 3-3 with Wexford after an overtime and won on penalty kicks. Duane Hahn scored with seconds remaining in overtime on a penalty kick after a Wexford player mistakenly picked up the ball. Apparently he believed that Hahn had scored a goal and was starting the ball back towards centre. Goaltender Craig Langhoun shone in the penalty kick situation, making all but two stops and exciting the Sunday afternoon crowd with a sprawling save on a grounder.

Nemez clan leads tennis qualifiers

Coach Domenic Ferrari said he was disappointed with Broncos' loss to Oakville in the opening round. "They beat us only 1-0 in league play and I thought it could go in our favor this time," said Ferrari. "But I'm pleased with what we did. We have only 500 boys to choose from and Oakville has between 1,000 and 2,000."

Whiteoaks qualified in the boys under 16 along with Mike Wolff of Pine Point and Robert Benneyworth. Richard Robinson of Mississauga qualified in boys under 12 with a 6-0, 6-0 victory over David Collings of Mississauga. Chris Pridham of Cobblestone Courts qualified in boys under 14 with a 6-1, 6-1 victory over Alan Trivett of Bramalea. Others qualified from the west central region are Tina Wolff of Pine Point in girls under 12, Maureen Fiorini of Pine Point in girls under 18 and Lisa Grattani of Pine Point in girls under 16.

United changes its own fortunes

The winds of change have blown good fortune for Mississauga United Atlas Metal Stamping. United got off to a slow start in Metro Interdistrict Minor Soccer League peewee play. But that all changed when coach Bern Huggiestone changed Gary Nietvelt from centre half to wing.

United stretched its winning streak last week with a 4-0 victory over Oakville. Simon Mahdessian led the Mississauga attack with a pair of goals while Nietvelt and Clive Brown got the others. Manager Mahdessian singled out fullback Dave

Minns and the United defence for helping Brian Humphrey and Thomas Jennerhasset to the shutout. United returns to action on Saturday at 3 p.m. at Fleetwood Park with an Ontario Cup game against Oshawa.

MINOR BANTAM
Mississauga United ran its unbeaten string to six games last week with a 2-0 victory over Oakville. United, now 5-0-1, has surrendered only four goals in league play. Don Ferguson, playing with a broken nose, earned the shutout. Fred Thompson, who scored both United goals, has also benefited from a change. Coach Graham Fielding says Thompson's play has been outstanding since he was moved to centre half. "He's all over the field," says Fielding. "He loves it because he's in every play."

Mid Summer Carnival and Sidewalk Sale

The carnival is coming to the Meadowvale Town Centre to help us celebrate our first annual, Mid Summer Sidewalk Sale. There will be rides, balloons, and lots of fun for the kiddies. For the adults there will be a Sidewalk Sale on the mall with super savings on all kinds of spring and summer things. Bring the family. There's something for everyone at the Town Centre this Thursday, Friday and Saturday.

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