## MESSENGER AND VISITOR.

all who use BAKING POWDER.

To the Weary Dyspeptic.

We Ask this Question:

Why don't you remove

that weight at the pit of

the Stomach?

Why don't you regulate that

variable appetite, and condition the

digestive organs so that it will not

be necessary to starve the stomach to avoid distress after eating.

For this purpose

Burdock Blood Bitters

has no Equal.

and permanently cures all derange-

ments of digestion. It cures Dys-

pepsia and the primary causes lead-

Dyeing

with Soap!

Scep is the Hossehold D es and dyes with one oper

any shade. No streaks. Any 1-CLEANLY, SAFE, SURE

. Soap

Maypole Made in England

It acts promptly and effectually

bowels.

ing to it.

The first step is to regulate the

Ask your Grocer for it.

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#### This and That Se.

NOT THE SAME KIND OF NURSERY.

The anxious mother brings up what she thinks is the day nursery to ask for some ad-vice as to her child. She asks the central the nursery, and is given Mr. Gottfried Glubber, the florist and tree dealer. The following conversation ensues. 'I called up the nursery. Is this 'he nurs-

ery ?

'Yes, ma'ma,

'I am so worried about my little Rose.'

'Vat seems to be der madder ?'

'Oh, not so very much, perhaps, but just a general listlessness and lack of life.'

'Ain'd growing right, eh ?' 'No sir

Vell, I dell vou vat vou do. You dake der skissors and cut off apoud two inches vrom der limbs, und-' 'What-a-at ?'

'I say, dake der skissors und cut off apoud two inches vrom der limbs, und den turn der garten hose on for apoud four hours in der morning-

'What-a-at?'

Turn der garten hose on for apoud four hours in der morning, und den pile a lot of black dirt all around, und sphringle mit in-segt powder all over der top---'

Sir-r-r ? "Sisr-t-?" "Shopringle mit insegt powter all over der top. You know usually id is noddings but pugs dot--" "rlow dace you?" What do you mean by such language ?" "Noddings but pugs dot chenerally causes der troubles; und den you vant to vash der rose mit a liquid breparations I haf for sale

Who in the world are you, anyway ?' 'Gottfried Gluber, cer Horist.' 'O-o-oh !' weakly. 'Good-bye.'—Buffalo xpress.'

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#### STUBBORN.

'Yo' nebbah had eny experience wid wives do you, bruddah ?" asked henpecked Remus. 'No, sah,' replied Sam, but Ah've raised mules.'-Chicago Daily News.

# TUNING A PHYSICIAN. He Got Out, and Then in Tune.

If coffee has you where your nerves demand it each morning you have a wreck ahead sure.

Think back for a year and notice how the sick spells grow on you instead of getting lece

You are running into nervous prostration rou are running into nervous prostration or some fixed disease absolutely certain, and when it suddenly takes full possession you will find nothing, absolutely nothing, in drugs that will heal you. Nature demands penalty for the daily hurt to the nervo centres by coffee, and you must pay the full price

A physician of Cornwall, Ont., says of himself. "For years coffee was to me what rum is to the toper but I kept getting worse and worse in health.

"I suffered from continuous pervous twitching, insomnia, restless, miserable nights, nerves all gone. Craving for coffee was intense but it put me lower and lower in healtn. Something must be done, so I tried leaving off the coffee and using Postum Food Coffee. The first trial wife and I were both disgusted or we were careless in brewing it, but we went carefully into the subject of preparing Postum and found we had only allowed it to brew about five minutes and that won't make good Postum. So next time it was boiled full fifteen minutes after boiling began, then served with good cream and it was toothsome and delicious. That marked the beginning of my return to health. Now I sleep well, the old twitching has dis-appeared, and in short I am well again. My good wife has also been much benefited by leaving off Coffee and using Postum Food Crifee. We have abandoned the old coffee Name given by Postum Co., for all time." Battle Creek, Mich.

There's a reason why so many intelligent people and physicians drink Postum in place of ordinary coffee.

Look in each pkg. for the famous little book, "The Road to Wellville."

# AUTOPHOBIA

'Herbert had been running an auto so long that he had forgotten all about horseback riding

"What did he do when the horse balked ?" 'He crawled under it to see what was the matter.'-Cleveland Plain Dealer.'

NEWSY TINA. News is getting so plentiful in Tina that one of the local papers is thinking of issuing daily. Last week, for example, one man got his toe smashed, two had their feet cut,

one ran a nail in his foot, and a woman fell and broke her arm .- Kansas City 'Jourual.'

#### THE SALOON CURSE.

Here is an extract from a speech made some days ago in Los Angeles, Cal., by ert J. Burdette :

I do not know one good thing about the saloon. It is an evil thing that has not one redeeming thing in all its history to com.

mend it to good men. It breaks the laws of God and man. It descrates the Sabbath ; it profanes the name of religion ; it defies public order ; it tramples under foot the tenderest feelings of anity; it is a moral pestilence that blights the very atmosphere of town and ad country; it is a stain upon honesty; a blur upon purity ; a clog upon progress ; a check upon the nobler impulses ; it is an incentive to falsehood, deceit and crime.

From such a hateful fountain head can ere ever flow a clear stream? Can you name one good thing the saloon has e done for humanity-one good thing-but one instance in which it has brough forth fruits unto righteousness-one sweet and healthful, and pure, gracious and beautiful which will linger lovingly in the memory of men, when you have buried the rum power, to make them say, "God bless the saloon for the good it did."

Search through the history of this hateful thing, and read one page over which some mother can bow her grateful head and thank God for all the saloon did for her boy There is no such record. All its history is written in tears and blood, with smears of shame and stains of crime and dark blots of

disgrace. Men, are you going to stand for this thing? Are you going to vote for it? Are, you going to put into offic, in city or county, men who will be the tools of the saloon power? As you love the fair name of your city get together and make your lives and your unided strength tel for all that is best and cleanest in good government.

#### A PREACHER'S WARNING.

"Have we not reason to believe that half of the wheat produced in the kingdom is every year consumed, not by so harmless a way as throwing it into the sea, but by converting it into a deadly poison-poiso n that destroys not only the strength and life, but also the morals of our countrymen ? Well, but this brings in a large revenue to the King ! Is this an equivalent for the lives of his subjects ? Would his Majesty sell a hundred thousand of his subjects yearly to Algiers for four hundred thousand pounds ? Surely, no ; will he, then, sell them for that sum to be butchered by their own countrymen ? Oh, tell it not to Constantinople that the English raise the royal revenue by sell-ing the blood and flesh of their own country-men?"-John Wesley.

### LIQUOR IN THE YUKON.

The Canadian Government is having trouble with the liquor traffic in the Yukon Territory. This is not strange. The Gov-erament has failed to adopt the one practical and useful method of prohibiting the dangerous liquor traffic in this new north country where its effects are sometimes terrible in the extreme. It is stated that some America are striving to secure a monopoly of the liquor business in the Yukon and Canadians are justly indignant The Victoria Daily Colonist says forcibly about the condition of affairs, 'The whole system of permits is rot-ten and has been condemned by the beites element among the people in the Territory.'' --Pioneer,



claim this as 45 RECOMMENDATIONS to REGULATIONS

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the minimista linerite to per possibilitions connected therewrith, of the following plants: (i) At least six meshaf read-auring the term of these years. (i) if the father (or mether, fil er is doccased) of any person of gible to make a homestead entry provisions of this Act, reside (arm in the violatity of the issue (or of suct person as a homestead quirements of this Act as to read to obtaining patent may be must such person reading with the uother.

such person resulting with the fail uother. (5) if a sottler has obtained a pairs are shared out a source of the source are of such patent, counter-signed insame prescribed Dy Mis Act, as to res-prove to obtaining patent may be m prove to obtaining patent may be mented at non-second holes to be resonneed the second holesented (4) If the souther shis permanent excoupes farming man owned by eatimed by residence upon the midd the term "ricentry" most dabove is in indicate the same towneedbar. A settler who sycills himself of th risions of clauses (3) (3) set (4) may atte thirty access of in homenous and any for the south accession.

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