Constipation

pared by C. I. Hood & Co., Lowell, Mass

## .\* GATES' CERTAIN CHECK CURES

DIARRHOEA DYSENTERY CHOLERA CHOLERA MORBUS CRAMPS and PAINS and all SUMMER COMPLAINTS.

Sold Everywhere at

25 CENTS A BOTTLE.

C. GATES, SON & CO.

MIDDLETON, N. S. MIDDLETON, N. S.

Whiston & Frazee's COMMERCIAL COLLEGE.

HALIFAX and TRURO, N. S.

Our Course of Instruction is thorough and up to date, and graduates readily find employ-ment. Send for circulars to S. E. WHISTON, Halifax, or J. C. P. FRAZEE, Truro.

ONLY A COUGH

But it may be a sign of some serious malady fastening itself upon the vital parts.

Puttner's Emulsion

will dislodge it and restore the irritated and inflamed tissue to healthy action.

Always get PUTTNER'S, it is the Original and BEST.

## DISAPPEARED!

Kidney Pains All Gone. What Did It? Doan's Kidney Pills. How Do You Know? A Kingston Man Says So.

Mr. W. J. Pappa, 112 Barrie St., Kingston, Ont., writes as follows: "Having been troubled with kidney disease for years, and not having received any permanent relief until I used Doan's Kidney-Pills, I take great pleasure in letting others similarly afflicted know of that wonderful curative properties possessed by Doan's Pills. Before taking them I was troubled at night by having to rise, but can now sleep, and do not feel weary in the morning. I hope that this may induce other sufferers from kidney or urinary troubles to give Doan's Kidney Pills a faithful trial, for I know that no other remedy could have acted so well as they did in my case."

The Habit of Interrupting

A few days since I was present at small luncheon party of ladies, and I noticed with some surprise the scant courtesy they showed to one another during conversation. One of the party would start to say something, and before she had finished another would break in with another topic, only to be interrupted in turn. I must confess that I was a bit surprised, for all these women were supposed to be well-bred, and yet they were disregarding one of the simplest rules of polite behavior.

A little later I was calling on some

friends and I noticed the same thing. Each member of the family would interrupt the others, and the interruption was considered quite as a matter of course. Then I understood the situation better, and put the blame just where it belonged on the lack of home training. If the mother grows careless and allows her children to contract the habit of interrupting one another constantly, she must not be surprised if this habit is carried beyond the home circle, and her children show society the result of indulgence of thought-

The habit is one of the most unpleasant that can be contracted, and the fact that it is such a common one does not make it e bit the better or the more excusable It is a habit that grows on one uncon-sciously if one does not keep close watch. It should be the care of the mother in the me to teach her children respect for one another, and insist upon that courtesy of treatment which she expects them to give to strangers. Unless politeness is a habit it will never be a grace. It must be in-grained, and the teaching cannot be begun

too early.

I wish the girls would keep a little watch ipon themselves to see whether they have fallen into the pernicious habit, and, if they have, just set to work to break them-selves of it at once. It may seem a little thing, but it is one of the indications of fine breeding to treat any one with respect due to him as an individual .-

A Housekeeping Experience Abooad.

Housekeepers who have worried along through this trying summer may be inter ested in the following description of summer housekeeping in Italy. It comes in a personal letter from a young American woman of limited means, who nevertheless wandered from one end of Europe to the other; and even beyond, for she spent one summer in Finland and Iceland. She

I have become a padrona with seven enormous keys, so heavy that I have to padrona: I am also cook, art student, scribbler, and should be studying Italian.

Also, it has been very hot—so hot that one felt as if there was little worth doing in this world, and one didn't care 'tuppence" who did it. Did you ever keep house in hot weather, with no ice and no screen, and in a land where the insectivora abounded? We have the pestilence which hoppeth in darkness, and flies by the 500 and many, many mosquitoes, and harvest lice, and green and blue beetles, and harvest bugs that bite, and long-nosed gray beetles that plunge into the milk; and big grasshoppers that come z pping in through the windows, and a few centipedes, and rumors of scorpions, and a mighty orchestra of cicadas that drone and buzz among the olive trees under my window.

Every day brings fresh discovery in the

stinging and biting line. Fifteen minutes at a stretch of peaceful comfort has been impossible. With this wail finished, I will remark that the insect enemy is the worst thing about San Gim-short for San Gimignano. For my quarters, five rooms and a garden across the lane. I pay about \$6.40 a month; and for my beloved Maria, my servant, who comes for an hour and a half every day, \$1.60 a month. We are delightfully behind the times here. Every-

thing is done with hand labor; distaffs, ploughs, spinning wheels, farm implements, are as they were in Virgil's time. I shall go to Venice for the winter—a queer winter resort, but I have a chance to rent a nice little apartment there for \$6 a mouth.-Harper's Bazar. \* \* \*

Proper Treatment for Dogs.

It is very cruel to keep dogs in the hous all the time. They want to run and play just as much as boys do, and if kept in the use all the time will soon become sick. They should always have a comfortable place cold nights, and plenty of good water as often as they want it, and they should ot be fed so often as to make them fat and unhealthy.

Some dogs that have been badly treated become cross and dangerous. Some men and boys treat them cruelly; but when they have been treated kindly they soon show how much they feel it. There is no, animal that suffers more when spoken to unkindly, or that is more happy spoken kindly to.

The active dog requires drink frequently during the hot day, as does also the cat; and a dish of fresh water should stand where they can have access to it. Undoubtedly many a dog is driven to madness through lack of water; and the testimony is that hydrophobia is almost unknown in those localities where dogs can drink when they wish

Think, reader, how you are refreshed by a drink of cool water on a hot day. The lower animals are equally in need of the means of quenching thirst.

Every city, village and country town could be liberally supplied with drinking fountains for animals, and they should be so constructed that even the smallest dogs can drink from them.

Muzzling dogs in hot weather is a form of extreme cruelty, preventing their free respiration, perspiration and drinking, which are essential to their good health. The muzzles tend much rather to increase the danger of hydrophobia than to diminish it.

I do not believe there has been instance of a man committing suicide when

he has had a dog to love him.
"There can be no doubt," writes Mr. Darwin, "that dogs feel shame as distinct from fear, and something very like modesty when begging too often for food. A great dog scorns the snarling of a little dog, and this may be called magnanimity."

Dogs and other pet unimals are often logs and other pet animals are often subjected to prolonged torture when sentence of death has been pronounced by their owners. The common practice of making an inexperienced boy the execu-

intaking an inexperienced by the execu-tioner causes torture to the once-loved pet, and has a pernicious effect upon the sensi-bility of the boy.

When it is necessary to kill such animals because of old age and sickness, then they should always be killed instantly, without knowing that they are going to be killed, and without pain.

A Small Workt ench.

A small workbench is very convenient for doing small jobs of repairing. Get a long, deep, but narrow, empty grocery-box and mount it upon legs upon its side. This provides not only a workbench, but a shelf below it for keeping gools. The cover of the box can be hinged to the front for the purpose of keeping the tools more secure. There is not a farm in the country that can afford to be without at least a small bench which to make repairs and to construct the small articles needed in carrying on farm op rations,-(D.

BADDECK, June 11, 1897. C. C. RICHARDS & Co.

DEAR SIRS, -Minard's Liniment is my remedy for NEURALGIA.

It relieves at once. A. S. McDonald.

Delicate children! What a source of anxiety they are! The parents wish them hearty and strong, but they keep thin and pale.

To all these delicate children Scott's Emulsion of Cod-liver Oil with Hypo-phosphites comes with the best of news.

It brings rich blood, strong bones, healthy nerves, and sound digestion. It is growth and prosperity to them.

No matter how delicate the child, it is readi'y taken.

50c, and \$1.00, all druggists.



GIFTS FOR BRIDES \*

Pudding Dishes, Fruit Dishes, Pitchers, Trays, Cake, Baskets, Bon Bon Dishes, Butter Coolers, Castors, Clocks, etc., etc.

WATCHES

Gold, Gold-filled and Silver.

SPOONS, FORKS, KNIVES.

Write for particulars if you want any-thing in the Jewellery line.

M. S. BROWN & CO. Wholesale and Retail Jewellers,

HALIFAX,

## A Dunnville Jeweller's Wife

GURED OF PALPITATION OF THE MEARY AND SMOTHERING SPELLS BY MILBURN'S NEART AND MERVE PILLS. Mrs. D. R. Lassile, Canal Street, Dunn-ville, Ont., whose husband keeps a jewellery store, and is one of the best



known and most progressive citizens of Dunnville, Ont., gives the following description of her recent experience in the use of Milburn's Heart and Nerve Pills:

"I took Milburn's Heart and Nerve Pills:
"I took Milburn's Heart and Nerve Pills for weak nerves, dizziness, palpitation of the heart, smothering spells at night and sleeplessness. Before I used them I could not get restful sleep, and my nerves were often so unstrung that I would start in alarm at the least noise, and easily worried.

"Last February I commenced taking this valuable medicine, and it proved the right remedy for my weak and shattered nervous system. Milburn's Heart and Nerve Pills restored my nerves to a strong and healthy condition, gave regular and normal action of the heart.

"I sleep well now, and am better in every way, and I recommend them heartly to all who suffer as I did."
Milburn's Heart and Nerve Pills, soc. a box, or 3 for \$1.25, at all druggists.
T. MILBURN & Co., Toronto, Ont.

Legalius Pills care Constipation. Sket Resthiche, Difflowersess, Dyspepala. Every pill guerandeed perfect, and to work without a gripe or pale. Price 25c., all druggists.

Lord and Lady Aberdeen arrived at Liverpool on Tuesday, 22nd inst.

d BIBLE

November 30

Abridged from Fourth

TRYING TO DEST

Lesson XI. Dec. 1 Read Jeremiah 36 GOLD

The word of our (Isa. 40:8. EXPL

I. THE PROPHE WORK.—(1) "His alted of the Lord was Hilkiah (1:) priest who found t Josiah (2 Kings 2 birth)" was at An close by Jerusalem, born probably aboyear as King Jos prophesy, a young year of Josiah, 627 21 years old at that was that of both p "He never marrislife" continued for Josiah (B. C 627 destruction of Jesus and desponding. Termiah and timid disposition life, sensitive to and desponding. to do was contrary tion, but it was daccount.

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