

goes to those who chastise their bodies, and bring their senses into subjection to the laws of a God-given Religion.

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We take this opportunity of reminding our Dear Brethren of the Clergy of the two annual collections ordered by the Holy See. We wish the amount collected to be forwarded at the earliest convenience by the Pastor.

The serious loss suffered by the Catholic congregation of Windsor is known to you all. Whilst each parish has, no doubt, its own needs, still a little help to those in want will not interfere with the ordinary collections. Hence we trust that during the course of the next four or five months, the various Pastors throughout the Diocese, will, on a Sunday to be named by them, cause a collection to be taken up in their respective Churches in aid of the building fund for the new Church at Windsor, the proceeds to be given to the Rev. Edmund Kennedy, who will communicate with the Reverend Pastors.

The Regulations for Lent are the same as last year.

The Blessing of our Lord Jesus Christ be with you all, dear Brethren.

This Pastoral shall be read in every Church in the Diocese on the first Sunday after its reception that the Pastor shall officiate therein.

✠ C. O'BRIEN,
Archbishop of Halifax.

E. F. MURPHY, V. G.

HALIFAX, 15th Feb., 1898.