the money that might be given to her before twelve every Monday morning.

On the next Monday morning a gentleman visited the light-house, and, seeing her in the attire of a widow, gave her a

sovereign.

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The poor woman was perplexed; so large a sum would be of great service to her during her present pressing wants—the doctor's bill was unpaid too—she asked the advice of her friends; one advised one way, another the contrary. At last she resolved to ask God in prayer what she ought to do with the sovereign. She rose from her kness convinced that it belonged to the missions, and she at once put it into the box. God, who is a husband to the widow, and a father to the fatherless, was not unmindful of her faithfulness.

In the course of the day a widow lady of high rank, with her daughter and several attendants, called to inspect the lighthouse. She made several inquiries of the poor widow, and,

before she left, put a piece of gold into her hand.

Two days afterwards one of the pages came with a letter from the lady, kindly stating that the felt much interested in the family, and begged the acceptance of £25 from herself and, £5 from her little daughter, who was also much concerned for their welfare.

The kind lady was Her Royal Highness the Duchess of Kent; and her little child—the Princess Victoria, now the Queen of England.

## A GOOD EXAMPLE.

Colonel Gardiner always devoted two hours every morning to reading the Word of God and prayer. If his regiment had to march at six o'clock, he rose at four; and, if he had to march at four, he rose at two. Whilst true to his eurthly, he forget not his heavenly. Sovereign: whilst providing for his body, he neglected not the culture of his heart.

## A CURE FOR ALL FITS OF DOUBT, PERPLEXITY AND FEAR.

WHETHER they respect the body or the mind, whether they are a load to the shoulders, the head, or the heart, the following is a radical cure, which may be relied on, for I had it from the Great Physician: "Cast thy burden on the Lord: He will sustain thee."