

of the arms ; another should envelop the legs. This latter is not alluded to by authorities or writers, but a large experience makes me think it a necessity. The mother or person in charge must sit down opposite a good light with the child on her lap, an assistant steadies the child's head from behind. It must then be induced or compelled to open its mouth. The latter, most likely, will be your course, for the pinioning which has been going on is not calculated to put it in a mood for persuasion. At once introduce into the mouth a small sized tongue depressor and hold down the tongue, thus exposing the pharynx. Very often a finger may be used to depress the tongue ; try it, for it frightens the child less. Look for enlarged tonsils, redness of the mucous membrane, or any membranous patches on it. In many cases it will be necessary to make palpation of the pharynx. To do this you must stand behind the child ; when its mouth is open push in the cheek of one side between the molar teeth. This serves as a gag and prevents biting of your finger. Pass the forefinger to the back of the pharynx and up behind the soft palate ; note the presence of any adenoids or any bulging into the posterior wall of the pharynx, which may be indication of the presence of a retro-pharyngeal abscess.

This is the general routine followed in examining a child. There are some special points to which I will now draw your attention.

1. *General condition.*—The child should be regularly weighed. Alterations in weight from time to time are useful in prognosis and treatment. The average weight of an infant at birth is about seven pounds. By the fifth month this should be doubled, and trebled by the first year. By the sixth year it should again be doubled, so that a healthy child at that period ought to weigh forty-two pounds. At the fourteenth year this is again doubled.

Measurement of the head is often of importance. Two measurements are generally made : a coronal measurement from one auditory meatus to the other and a circumferential