

verse 27: "It is noteworthy that it was the remembrance of this verse which made Henry Martyn persevere in preaching to poor Hindus at Dinapore in India. He had found they only came for temporal relief, and cared nothing for his preaching, and he was on the point of giving up in despair. But this verse came across his mind. 'If the Lord was not ashamed to preach to mere bread-seekers,' he thought, 'who am I that I should grieve over it in disgust?'"—*Ryle*. . . . Look through the lesson, select its strong passages, like verses 27, 35, 37, 39, read them carefully to the class, and make them the center of teaching thoughts. . . . Find in this lesson seven facts about the bread of life: 1. It is not often sought sincerely (verses 22-26). 2. It is often unappreciated (verse 27). 3. It is obtained from Christ (verse 27). 4. It is partaken through faith (verses 28, 29). 5. It is abundantly satisfying (verse 35). 6. It is for all men (verses 37-39). 7. It gives everlasting life (verse 40). . . . Show why Christ is spoken of as the bread of life, and in what way we may partake of him.

References.

FREEMAN. Ver. 27: Sealing, 797. . . . FOSTER'S CYCLOPEDIA. Ver. 24: Prose, 10001, 3351. Ver. 27: Prose, 1940, 8263, 8711, 11118. Ver. 33: Prose, 12022. Ver. 35: Prose, 10451, 6930, 3075, 681. Ver. 36: Prose, 5874, 5876. Ver. 37: Prose, 3373, 5244, 5361, 6300, 6303, 7111, 7169, 7255, 7528, 7755, 9973.

Primary and Intermediate.

LESSON THOUGHT. *Who Feeds Us?*

Review. Let three or four children tell the story of the feeding of the five thousand. One may tell why Jesus went up into a mountain, and who went with him. Another, why so many followed him there, and how the day was spent. Another may tell about the little boy and his loaves, and what Jesus did with them. Still another may tell how the great multitude was fed.

Encourage the children to help, by making much of their little attempts. The child who knows that teacher may ask him to tell some part of the lesson next Sunday will be much more likely to listen attentively.

Tell that after the miracle Jesus went away in a boat across the Sea of Galilee to Capernaum. The people wanted to make him a king. They thought it would be nice to have a king who could feed them all the time, so they need not work at all! Jesus saw this thought in their hearts, and went away, out of their sight. But they followed him to Capernaum. Then Jesus talked to them about the true bread.

Print on the board, "Bread of Life." Jesus had given them bread to eat the day before. It was

this kind of bread. [Show a biscuit or cracker, calling it a little loaf of bread.] What does this bread do for us? Yes, it keeps our bodies alive. Without food the body will die. [Tell story of a child who was found nearly dead for want of food.] What dies when a little child goes out of this life? Yes, the body. The soul goes on living. So we see the body is not all we have. What other part have we besides the body and the soul? What do we think with? What do we use when we learn these lessons about Jesus and eternal life? Yes, each one of us has a mind. Every child has three parts in his nature—body, soul, and mind—and God gives food for each part.

Show some heads of wheat. Talk about the way God makes bread for our bodies, by giving not only the wheat, but the sun and dew and rain and the rich earth in which it may grow. Show an apple, and help the children to see that all our food comes from God, though men work to raise the grain and the apples.

Can bread feed the mind? Ask how many can read? What other things do you expect to learn in school? Yes, you must learn geography and language and arithmetic and many other things. Teach that the mind does not grow by eating food. A boy or girl who eats too much will not be able to think and learn as well as one who eats less. Show that we get food for the mind when we think and learn. If we do not use our minds, they will starve. If we use them to think about bad things and to learn bad things, then our minds will grow in bad ways.

But there is something more to be fed. What is it? Yes, the soul, or spirit. [Above words on the board print "Jesus" in large letters.]



Jesus says he is the bread of life, or the bread for our souls to eat. What do we do when our bodies are hungry? Yes, we eat food. So, when our souls are hungry, when we want to be good and do right and please God, we must come to Jesus, and take his love and help.

Little Mary was hungry one day, and cried. Mamma said: "Come here, Mary, and I will give you some bread." But Mary did not go. It did not stop her hunger to stand there and cry. She ought to have taken the bread.

So, when a child wants to be good, it does not help to say so. He must go to Jesus, and take the love and patience and good-will he offers to give.

Teach that by and by these bodies will die. But if we have taken the food Jesus offers for the soul, that will live on and on forever.

Who will learn and offer this prayer every day: "Lord, give us this bread?"