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PROMOTES HEALTH, STRENGTH & ENERGY.

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Regular Standard Belt for Men, Women and Children.....	\$3.50 and \$5.50
Corsets, all styles.....	\$1.50, \$2.25, \$2.50, 3.25
Chest Protector.....	4.00
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Nerve and Lung Invigorator.....	6.00
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All the above are the Genuine Dr. Scott's Electric Goods, and can be relied upon.

They are Permanently Charged, Wonderfully Efficacious, and infinitely the Best and Cheapest.

Beware of all Belts that require re-charging with vinegar or acid. They are dangerous, making sores on the body. Dr. Scott's can be WORN WITH PERFECT SAFETY, under all circumstances, always doing good. Inquire at your druggists, or remit the price to

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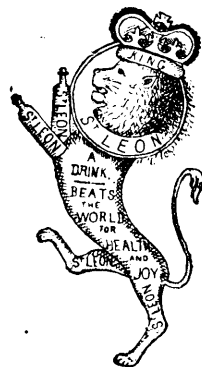
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And you will receive the article post-paid.

AGENTS WANTED. Mention this paper. Send for Catalogue.

GUILTY.

TWO CHARGES PROVEN.

ST. LEON VICTOR.

FIRST—It searches the arteries, draws from the flesh, absorbs and clears the system of poisons.

SECOND—It acts steadily on the weak parts until the whole organism is raised to perfection, and the happiest results to health and life are attained.

THE ST. LEON MINERAL WATER Co. (Limited), 101 1/2 KING STREET WEST, TORONTO.

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THE GREATEST

MEDICINE of the AGE.

Absolutely Guaranteed to Accomplish all we claim, or MONEY REFUNDED.

MICROBES ARE THE TRUE CAUSE OF DISEASE

Our Remedy Destroys them without harm to the Patient. Please Investigate First, then pass your opinion.

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**REGULATES**

THE
BOWELS, BILE AND BLOOD
CURES

Constipation, Biliousness, all Blood
Humors, Dyspepsia, Liver Com-
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Down Conditions of the System.

WATFORD, ONT.

My daughter after a severe attack of Scarlet Fever was completely broken down. I spent hundreds of dollars in doctors' bills with but little satisfaction. Before she had taken one bottle of Burdock Blood Bitters there was a remarkable change, and now she is entirely cured.

MRS. HOPPERTON.

**"CATTLE DIE
KINSMEN DIE
ONE'S SELF DIES TOO
BUT THE FAME NEVER
DIES OF HIM WHO HAS
WON A GOOD NAME"**

NORSE SAGA

2/6 60W.

**THE FAME OF
NESTLE'S FOOD
WILL NEVER DIE**

IT HAS WON FOR ITSELF A GOOD NAME

It came into existence twenty-three years ago in response to a great cry for help from mothers in European cities, whose children were dying from Cholera Infantum. From that time on NESTLE'S FOOD has been regarded as the safest diet and best preventive of Cholera Infantum and other Summer Complaints.

A sample will be sent to any mother mentioning this paper.

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HARRIET HUBBARD AYER'S

RECAMIER TOILET PREPARATIONS

THESE PREPARATIONS ARE FAMOUS

AS THE ONES

Endorsed and Used

BY THE

MOST BEAUTIFUL WOMEN OF EVERY COUNTRY.

VOLUNTARY TESTIMONIALS

From Mesdames:

ADELINA PATTI NICOLINI,
BERNHARDT,
LANGTRY,
POTTER,
MODJESIA,
CLARA LOUISA KELLOGG,

And Thousands of others.

What the Recamier Preparations are, and Why they are to be Used

RECAMIER CREAM which is the first of these world-famous preparations, is made from the recipe used by Julie Recamier. It is not a cosmetic, but an emollient to be applied at night just before retiring, and to be removed in the morning by bathing freely. It will remove tan and sunburn, pimples, red spots or blotches, and make your face and hands as smooth, as white and as soft as an infant's. Price \$1.50.

RECAMIER BALM is a beautifier, pure and simple. It is not a whitewash, and unlike most liquids, Recamier Balm is exceedingly beneficial, and is absolutely imperceptible except in the delicate freshness and youthfulness which it imparts to the skin. Price, \$1.50.

RECAMIER LOTION will remove freckles and moth patches, is soothing and efficacious for any irritation of the cuticle, and is the most delightful of washes for removing the dust from the face after travelling, and is also invaluable to gentlemen to be used after shaving. Price, \$1.50.

RECAMIER POWDER is in three shades—white, flesh and cream. It is the finest powder ever manufactured, and is delightful in the nursery, for gentlemen after shaving, and for the toilet generally. Large boxes, \$1.00; small boxes, 50c.

RECAMIER SOAP is a perfectly pure article, guaranteed free from animal fat. This soap contains many of the healing ingredients used in compounding Recamier Cream and Lotion. Scented, 50c.; unscented, 25c.

Read the following quotation from a certificate signed by three of the most eminent chemists in America:

"The constituents of the Recamier Cream are well-known remedial agents, and their properties are fully described and authorized in the American and French pharmacopoeias. They are combined in a way which, while novel, is chemically correct, the resulting preparation being perfectly safe and beneficial for the uses specified. In the proper sense of the word, Recamier Cream is not a cosmetic, but a remedial agent for the skin."

HENRY A. MOTT, Ph.D., LL.D.
Member of the London, Paris, Berlin and American Chemical Societies.

THOM. B. STILLMAN, M.Sc., Ph.D.
Professor of Chemistry of the Stevens Institute of Technology.

PETER T. AUSTEN, Ph.D., F.C.S.
Professor of General and Applied Chemistry, Rutgers' College, and New Jersey State Scientific School.

If your druggist does not keep the Recamier Preparations, refuse substitutes. Let him order for you, or order yourself from either of the Canadian offices of the Recamier Manufacturing Company, 374 and 376 St. Paul Street, Montreal, and 50 Wellington Street East, Toronto.

For sale in Canada at our regular New York prices: Recamier Cream, \$1.50; Recamier Balm, \$1.50; Recamier Moth and Freckle Lotion, \$1.50; Recamier Soap, scented, 50c.; unscented, 25c.; Recamier Powder, large boxes, \$1.00; small boxes, 50c.

HOUSEHOLD HINTS.

BAKED POTATOES.—Scrub the potatoes with a brush; put them into a hot oven, bake forty-five minutes, or till as soft as a mellow apple; then break the skin to let out the steam, wrap in a napkin and serve immediately.

PEACH PUDDING.—Fill the pudding dish with alternate layers of crumbs, dotted with butter, and sliced and sweetened peaches, having crumbs on top. Pour over custard made of one pint of milk, the yolks of two eggs, and two tablespoonsful of sugar. Steam, and serve with any good sauce.

FOR WASHING RED TABLE LINEN.—Use tepid water with a little powdered borax, which serves to set the colour; wash the linen separately and quickly, using very little soap; rinse in tepid water containing a little boiled starch; hang to dry in the shade, and iron when almost dry.

LEMON MERINGUE PIE.—The juice and grated rind of one lemon; one cup sugar; one cup water; a small piece butter, one tablespoonful corn starch. Boil the water, wet the cornstarch with a little cold water and add; when it boils add the sugar, butter and lemon; when it cools add the beaten yolks of two eggs; bake with under crust only. When done add the meringue of the two whites, to which was added slowly while being beaten, two spoons of sugar; brown lightly.

MASHED POTATOES.—Boiled potatoes, twelve; scalded milk, one-half cup; salt, one tablespoonful; butter, one tablespoonful; mash the potatoes with a wire masher as soon as they are boiled, in a hot sauce pan; when fine and light, add the butter and salt; then add the milk gradually, beating well; when all is added, beat with a spoon till very light and white; be sure that the potato is kept hot and that the milk is hot.

FRIED SPRING CHICKEN.—After dressing the chicken, carve it and let it soak an hour or two in salt water. Put enough lard and butter in a frying-pan to almost cover the chicken (about three tablespoonsful), and set it on the stove to heat. Put some flour in a pan, sprinkle it with salt, roll the chicken in the flour, and when the grease is sufficiently hot, put the chicken in it, and let it fry slowly until it is brown on one side, then turn it and let it brown on the other side. When it is thoroughly done take it up and pour out all the grease except enough for gravy.

FRICASSEE OF CHICKEN.—Put a thin layer of salt pork (chopped) with a little onion cut fine into a dripping pan and lay the fowl on this after jointing it. Pour in cold water two inches deep, cover with another pan and cook slowly until tender, uncover, increase the heat and turn the chicken often, as one side browns. When all is turned take up and arrange on a hot dish. Add more boiling water to the gravy, a spoonful of butter in two of browned flour, some chopped parsley, pepper, and if needed salt, boil and pour over fowl.

BOILED POTATOES.—Potatoes twelve; boiling water two quarts; salt, one teaspoonful; wash, pare and soak the potatoes in cold water from fifteen minutes to two hours, according to the age of the potatoes; the older the potatoes the longer they should soak; cover with the boiling water and boil fifteen minutes, then add the salt and boil fifteen minutes longer. Pour off every drop of the water and shake over the stove till dry and floury; if they are to stand before serving, cover with a towel.

Does your Cake

39/52
Dry up
Quickly?

If so, your baking powder is adulterated with ammonia or alum, ingredients injurious to health.

Housekeepers who use Cleveland's Superior Baking Powder know that it has the peculiar property of producing light, wholesome bread, biscuit, cake, etc., that retain their natural moisture and sweetness. This desirable quality, in a baking powder shown by the Official Reports to be the strongest of all pure cream of tartar powders, makes Cleveland's Superior "Absolutely the Best."