

THE JOY OF MOTHERHOOD

Take to this Woman after Taking Lydia E. Pinkham's Vegetable Compound to Restore Her Health

Ellensburg, Wash.—"After I was married I was not well for a long time and a good deal of the time was not able to go about. Our greatest desire was to have a child in our home and one day my husband came back from town with a bottle of Lydia E. Pinkham's Vegetable Compound and wanted me to try it. It brought relief from my troubles. I improved in health so I could do my housework; I now have a little one, all of which I owe to Lydia E. Pinkham's Vegetable Compound."—Mrs. O. S. JOHNSON, R. No. 3, Ellensburg, Wash.

There are women everywhere who long for children in their homes yet are denied this happiness on account of some functional disorder which in most cases would readily yield to Lydia E. Pinkham's Vegetable Compound. Such women should not give up hope until they have given this wonderful medicine a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of 40 years experience is at your service.

Guide-Advocate

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W. C. AYLESWORTH, Publisher.
T. HARRIS, Editor.

Guide-Advocate

WATFORD, DECEMBER 6, 1918

NOTE AND COMMENT

Ship Construction—Some idea of ship construction and sailing regulations may be gathered from the fact that to-day a merchant vessel is leaving North American ports for Europe every forty minutes.

The direct cost of the war to all belligerents is estimated at \$175,000,000,000, and this stupendous sum is expected to reach \$200,000,000,000, all lost through the world-dominating ambition of the German Kaiser whose hide is not worth thirty cents.

The total British casualties during the war are reported at 3,050,932. Of these, 658,665 were killed, 2,032,122 wounded and 360,145 missing. The killed alone were nearly double the total number who died from battle or disease in the Federal army during our Civil War. And Great Britain was only one of the nations engaged in the war.

Nothing makes pleasanter reading than the accounts which tell of the joy and gratitude of the French and Belgian people who are being liberated after four long years of cruel oppression by the German invaders.

Catarrah Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrah deafness, and that is by a constitutional remedy. Catarrah deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflated you have a running sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrah, which is an inflamed condition of the mucous surfaces. Hall's Catarrah Medicine acts through the blood on the mucous surface of the system. We will give One Hundred Dollars for any case of Catarrah Deafness that cannot be cured by Hall's Catarrah Medicine. Circulars free. All Druggists, 75c. F. J. CHENEY & Co., Toledo O.

Such scenes must be a recompense for all the toil and hardship and danger that have been undergone by the soldiers who have effected the rescue of these people.

Houston Post.—"What security has the United States for the billions of dollars loaned to Great Britain?" ask an anonymous muttonhead of St. Louis. The security of as sublime a courage, as invincible a spirit, at unwavering a faith, and as knightly an example of self-sacrifice as the annals of the human race disclose. Next!

So successful have been the various bond issues by the Government, as showing the financial resources of the people, that in future when the country has occasion to borrow money for development or other public undertakings the people should first be asked to lend, before borrowing from foreign countries. Better that our own people should reap the extra percentage above what the banks allow them than let it go to foreign lands. Of course this will mitigate against the banks to some extent, but we can do with fewer banks, as with many other institutions of which the country has a surplus.—Glencoe Transcript.

Boston Transcript.—"Another victory at Mons impends—and how long England's road has been to it! That road leads through the souls of the British peoples as well as over the long way from London and Bombay and Ottawa and Melbourne, through Gallipoli, Saloniki, Bagdad and Jerusalem to the devoted spot. It is the road of a great nation's supreme endeavor. Along it lie the bodies of a million British soldiers—dead to blast the way back to this point. It is the road of the greatest offering of blood and treasure that a nation ever made—a road of sorrows innumerable and untellable, but also of the joy of sacrifice and heroism and eventual triumph. Is it not to be also the world's road to safety to security, to lasting peace? If it is not, then the long and terrible way has been traversed in vain.

Although beaten and humiliated, Germany has not given up her hypocritical propaganda. Her latest exploit in this direction is to secure a revision of the armistice terms. Having made her bed she is not willing to lie on it and is using the women of Germany to repeat in a modified form the cowardly cry of "Kamerad" used by the Hun soldiers while ready to snipe their benefactors. The women of Germany have appealed to the wife of President Wilson to use her influence to save them from starvation, forgetful perhaps of the treatment they gave British and Canadian prisoners when they spit in their faces, struck them when they were weakened through starvation and dashed cups of water from their lips when famished for drink. Then what of the starving and ravished girls and women of France and Belgium by the German troops? To rush to the aid of Germany now would, as Mr. Rathorn of the Providence Journal says, be like "carrying flowers to a murderer."

Miller's Worm Powders are a prompt relief from the attacks of worms in children. They are powerful in their action and, while leaving nothing to be desired as a worm expellant, have an invigorating effect upon the youthful system, remedying fever, biliousness, loss of appetite, sleeplessness, and other ailments that follow disorders caused by worms in the stomach and bowels.

Some Skirts, These!

William North, who has some local fame as a collector of relics, showed The Telegraph the other day a copy of the Toronto Globe of the early date of September 26, 1866—why that is 52 years ago! The front page is entirely given over to advertisements, a column being devoted to Radway's Ready Relief and John Bull Bitters. The Great Western Railway announces that the Erie and Niagara line be opened for public traffic between Niagara and Chippawa on Monday, the 20th of August. J. Charlesworth & Co. advertise "Bradley's Duplex Elliptic (or Double Spring) Skirts. They are acknowledged by all to be the most perfect and agreeable skirt ever invented and unequalled in elegance, elasticity, lightness, durability, comfort and economy."—Welland Telegraph.

A woman can tell a real blonde from a chemical blonde by merely glancing at her. But the only way a man can tell is by marrying her.

Canada's War Exports

In the twelve months ending September 1918, Canada exported \$163,388,362 worth of animal products and \$440,742,430 worth of agricultural products, a total of \$604,230,792. In addition to her farm products she exported over \$33,000,000 worth of fish. In the first 47 months of the war Canada exported \$1,874,701,900 worth of foodstuffs. This effort has helped to maintain the Allies and it has helped Canada maintain her war efforts. The call to Canada is still for production, and by increased production Canada can easily pay her billion war debt and maintain Canadian prosperity.

Only the uninformed endure the agony of corns. The knowing ones apply Holway's Corn Cure and get relief.

Great Britain's Dead.

[New York Telegram]
Official statement by James Ian MacPherson, parliamentary secretary for the war office, of British losses in killed will make the world gasp. The total on all fronts was 658,665, of whom 37,856 were officers. The roster of casualties totals 3,049,901. The total casualties of the United States have just been announced as 100,000.

Each country suffered alike in that the best, youngest and strongest have gone. In defence of motherland and liberty the bones of Britain's heroic sons lie scattered from the English Channel to the mountains of Italy, from the Golden Mountains to the Holy Land.

Men from every quarter of the land of the Angles; brawny men from over the Northern border in the kilts and tartans of their clans; men from Wales, and some loyal men from Ireland, were bravely reinforced by brothers from overseas. Canada, Australia, New Zealand, far off India all rallied nobly to the cry of battle and sent of their bravest and best.

What the Canadians did at Ypres, on the Somme and Vimy Ridge, and what the Anzacs did at Gallipoli will pass into war annals of heroism.

The figures give the lie to those propagandists and traitors who have been perpetually asking, "What are the British doing?" "They're letting the French do all the fighting!" "England's contemptible little army," "Kitchener's mob" and "the first hundred thousand" certainly did more than yeoman service on behalf of the world.

It is in Demand.—So great is the demand for Dr. Thomas Electric Oil that a large factory is kept continuously busy making and bottling it. To be in demand shows popular appreciation of this preparation, which stands at the head of proprietary compounds as the leading Oil in the market, and it is deserving of the lead.

Plants that Poison Stock

It is impossible to say with exactitude how much damage results from cattle and live stock generally, eating poisonous plants. It is, however, certain that the waste thus caused amounts to serious proportions annually. Cattle, sheep and swine are taken ill, and frequently die from trouble attributable to the consumption of poisonous plants when other things are supposed to have been the cause. If it were the custom in all cases of this kind to call in a veterinary surgeon to investigate it would be discovered in many instances that the consumption of poisonous plants was at the foundation. Some of these plants are common to every province in the Dominion, others are only to be found in sections of the country. The Agricultural Gazette of Canada, in the September and October numbers deals with this matter in a very lucid way and supplies accounts of the most troublesome of these weeds in seven out of the nine provinces.

In Ontario it would seem that there are only two poisonous weeds that cause farmers serious trouble. These are Spotted Cowbane or Water Hemlock (Cicuta maculata) and the Common Horsetail. Both these plants are found in low places, or in sandy land which has a poorly drained subsoil, the Cowbane being especially poisonous to cattle and the Horsetail to horses. There are other poisonous plants found in the province such as Sneezeweed, Sheep Sorrel, or Lamb Kill, Stinking Willie, and Purple or Corn Cockerle. The last named is hurtful particularly to young chickens.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

CHRISTMAS CAKE

Is always appreciated by young and old, and don't cost you any more than many other kinds if you figure it out. Anyway it is mighty handy when the unexpected guest drops in.

- Seedless Raisins..... 28c lb.
- Seeded Raisins..... 18c lb.
- Currants..... 35c lb.
- Citron Peel..... 60c lb.
- Mixed Peel..... 60c lb.
- Dromedary Dates..... 28c pkg.

SHELLED WALNUTS ALMONDS
FILBERTS
Everything Fresh and Reliable.

THE N. B. HOWDEN EST.

Canada Food Board License No. 8-017.

TRENOUTH & CO.

DEALERS IN
Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Crapping and Rolling Done While You Wait
PHONE 39

The Ford plant will start producing pleasure cars as fast as it is released from war contracts.

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Fletcher*

A young fellow once wrote to a firm who were selling razors at 5s each: "Please send me one of your razors, for which I enclose P. O. for 5s. "P. S.—I have forgotten to enclose the 5s but no doubt a firm of your standing will send one." The reply he received was in the following terms:—"We beg to acknowledge receipt of your esteemed order, and have pleasure in sending the razors, which we trust you will like. P. S.—We have forgotten to enclose the razors, but no doubt a fellow with your cheek won't need one."

ROLL OF HONOR

Men From Watford and Vicinity Served in The Empire

- 27TH REGT.—1ST BATTALION
Thos L. Swift, reported missing at 15th, 1915
Bry C Binks Richard H St
L Gunn Newell, killed in action
F C N Newell, DCM T Ward
Alf Woodward, killed in action
Sid Welsh M Cunningham
M Blondel W Blunt
R W Bailey A L Johnston
R A Johnston G Mathews
C Manning H F Small
F Phelps C Toop
E W Smith C Ward
J Ward, killed in action C Ward
F Wakelin, DCM, killed in action
T W Wakelin, wounded and missing
H Whittitt B Hardy
- PRINCESS PATRICIA'S C. L.
Gerald H Brown
- 18TH BATTALION
C A Barnes Geo Ferris
Edmund Watson G Shanks
J Burns F Burns
C Blant Win Atterso
S P Shands Walter Woolf
- 2ND DIVISIONAL CAVALRY
Lorne Lucas Frank Yerks
Chas Potter
- 33RD BATTALION
Percy Mitchell, died of wounds Oct.
Lloyd Howden
Geo Fountain killed in action Sept.
Gordon H Patterson, died in Hospital, London
- 34TH BATTALION
E C Crohn S Newell
Macklin Hagle, missing since Oct.
Stanley Rogers Win Manning
Henry Holmes, killed in action Sept. 1916
Leonard Lees
C Jamieson
- 29TH BATTERY
Wm Mitchell John Howard
- 70TH BATTALION
Ernest Lawrence, killed in action Oct. 1918
C H Loveday A Banks
S R Whalton, killed in action Oct.
Thos Meyers Jos M Wardm
Vern Brown Alf Bulough
Sid Brown, killed in action Sept. 1918
- 28TH BATTALION
Thomas Lamb, killed in action
MOUNTED RIFLES
Fred A Taylor
- PIONEERS
Wm Macnally W F Goodme
ENGINEERS
J Tomlin Cecil McNau
Basil Saunders ARMY MEDICAL CORPS
T A Brandon, M D W J McKenzie
Norman McKenzie Jerrold W St
Allen W Edwards Wm McCau
Basil Gault Capt. R. C.
- 135TH BATTALION
Nichol McLachlin, killed in action Oct. 16, 1918
Alfred Levy
- 3RD RESERVE BATTERY, C.I.
Clayton O Fuller, killed in action 18th, 1917
- 116TH BATTALION
R R Annett
- 196TH BATTALION
70TH BATTERY
R H Trenouth, killed in action Oct. 8th, 1917
Murray M Forster V W Willoug
Ambrose Gavigan
- 142ND BATTALION
Lieut. Gerald I. Taylor, killed in action Oct. 16, 1918.
Austin Potter
Russ G Clark GUNNER
- John J Brown RNCVR T. A. G
1st Class Petty Officers.
ROYAL NAVY
Surgeon Frederick H. Haskett, L.
ARMY DENTAL CORPS
Elgin D Hicks H D Taylor
Capt. L. V. James
ARMY SERVICE CORPS
Frank Elliot R H Acton
Arthur McKercher
Henry Thorpe, Mech. Transport.
- 98TH BATTALION
Roy E Acton, killed in action Nov. 6th BATTERY
CF Luckham Harold D Ro
Romo Auld Clifford Le
63RD BATTERY
Walter A Restorick George W. F
Clare Fuller Ed. Gibbs
- 67TH BATTERY
Edgar Prentiss
- 69TH BATTERY
Chester W Cook
- ROYAL AIR FORCE
Lieut. M R James Cadet D. V.
Lieut. Leonard Crane, killed in July 1, 1918.
J. C. Hill, mechanic
Lieut. J. B. Tiffin Cadet E. C.
- 1ST DISTRICT BATTALION
WESTERN ONTARIO REGIMENT
Reginald J Leach Leon R Palm
James Fair Fred Birch
Russell McCormick John F. Crean
Leo Dodds Fred Just
John Stapleford Geo. Moore
Mel. McCormick Bert Lucas
William Higgs Alvin Copela
Lloyd Cook Herman Cap
J. Richard Williamson William Bl
Oct. 11, 1918.