LEGAL. A. WEIR. M.A. L.L.B.

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SOCIETIES.

CORDIAL INVITATION Distribution of Seed Grain and Pota-

ADDRESSED TO WORKING GIRLS

Mile. Robitaille Tells How Mrs. Pinkham's Advice Helps Working Girls. Girls who work a reparticularly susceptible to fe-male disorders, es-pecially those who are obliged to stand on their feet from morniog until pickt -2

morning until night in stores or facto-1 in stores or facto-ries. Day in and day out the girl toils, and she is often the she is sick or well, whether it rains or shines, she must go to her place of em-ployment, perform the duties exacted of her-smile and be agreeable.

her—smile and be agreeable. Among this class the symptoms of female diseases are early manifest by weak and aching backs, pain in the lower, limbs and lower part of the stomach. In consequence of frequent wetting of the feet, periods become pain-ful and irregular, and frequently there are faint and dizzy spells, with loss of appetite, until life is a burden. All of these symptoms point to a derangement of the female organism which can be easily and promptly cured by Lydia E. Pinkham's Vegetable Compound. Mile. Alma Robitaille, 78 rue St.

Mlie, Alma Robitaille, 78 rue St. François, Quebec, Quebec, tells what this great medicine did for her. She writeg: writes :

Dear Mrs. Pinkham :-

Dear Mrs. Pinkham:--'Overwork and iong hours at the office, together with a neglected cold, brought on a very serious female trouble until finally I was unable to go to work. I then thought of a friend who had taken Lydia E. Pink-ham's Vegetable Compound when her health was in the same condition that mine was and straightway sent out for a bottle. I finished that and took two more before i really began to improve but after that my recovery was very rapid and I was soon well and able to go back to work again. I certainly think your medicine for sick women worthy ot praise and am indeed glad to endorse it."

It is to such girls that Mrs. Pinkham holds out a helping hand and extends a cordial invitation to correspond with her. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge. Her long record of success in treating woman's ills makes her letters of advice of untold value to every ailing working girl.

Why Dicken's Lives.

Why is it that the sales of Lickens' Why is it that the sales of Dickens' works, in England alone, amount in a single year to those of any later novelist during his whole lifetime? The readers of his novels do not lack intelligence, and a good number of them are of a suf-ficiently advanced culture to detect his faults. But whatever the higher criticism man dicher grainer him theme still are faults. But whatever the figher criticism may disclose against him, there still re-mains the fullness of his robust human sympathy and that mastery of genius which forever holds the mind even of children, as that of Shakespeare's does.— H. M. Alden, in Harper's.

Have You Bronchial Catarrh.

It is easily recognized by the dry cough and hoarserees. Not difficult to cure with Catarrhozone as Mr. Zavier Babin, ot River Capalin, Que, proved. "No one could

toes From the Central Experimental Farm, Ottawa, 1907-8. By instruction of the Hon. Minister of Agriculture a distribution is being made this season of samples of superior sorts of grain and potatoes to Canadian farmers for the improvement of seed. The stock for

distribution has been secured mainly from the Experimental Farms at Indian Head, Sask., and Brandon, Man. The samples consists of oats, spring wheat, barley, In-dian corn (tor ensilage only) and potatoes. The quantity of oats sent is 4 lbs., and of wheat or barley 5 lbs., sufficient in each case to sow one-twentieth of an acre. The samples of Indian corn and potatoes weigh 3 lbs. each. A quantity of each of the fol-lowing varieties has been secured for this distribution :-OATS.-Banner, Wide-Awake, White Giant, Danieh Island, Thousand Dollar, Improved Ligowo, all white varieties. Black oats are not recommended for gener-al cultivation, a few samples, however, are available which can be sent if specially asked for. listribution has been secured mainly from

asked for.

WHEAT .- Red Fife (beardless) ; Preston. Pringle's Champlain and Huron (early bearded sorts); Percy and Stanley (early beardless varieties).

BARLEY.-~SIX-rowed.—Mensury, Odessa, Mansfield and Claude. Two-rowed.—Stand-well, Invincible, Canadian Thorpe and Sid-

DINDIAN CORN (tor ensilage). - Early sorts. Angel of Midnight, Compton's Early and Longfellow ; later varieties, Selected Lea-ming, Early Mastodon and White Cap Yellow Dent.

POTATOES. - Early varieties, Early Whi Prize and Rochester Bore. Medium late varieties, Carman No. 1 and Late Pur tan. These later tarteties are as a rule more productive than the earlier kinds.

Only one sample can be earner whose. plicant, hence it an individual receives a sample of cats he cannot also receive one of wheat, barley, Indian corn or potatoes. Lists of names from one individual, or application for more than one sample for one household, cannot be entertained. The samples will be sent free of charge through the mail.

the mail. Applications should be addressed to the Director of Experimental Fa.ms, Ottawa, and may be sent in any time before the 15th of February, after which the lists will be closed, so that the samples asked for may be sent out in good time for sowing. Ap-plicants should mention the variety they prefer, with a second sort as an alternative. Applications will be filled in the order in which they are received, so long as the which they are received, so long as the supply of seed lasts. Farmers are advised to apply early to avoid possible disappoint-ment. Those applying for Indian Corn or potatoes should bear in mind that the corn is not usually distributed until April, and that potatoes cannot be mailed from here until danger from trost in transit is over. No postage is required on mail matter ad-dressed to the Central Experimental Farm, Ottawa.

WM. SAUNDERS, Director of Experimental Farms.

LOSING MUSCULAR POWER? The First Sign of Mental Decay-The Warning of General Break Down.

Changes in the nervous system manifest themselves slowly. They show first by muscular weakness— a feeling that threatens paralysis, or by a fullness in the head that indicates approach

It seems like stiffness but you soor dis-

cover there's a lack of power-that the endurance of this or that muscle is not what it ought to be.

Your friends may notice a slight thick-

ness of speech or that your memory is decidedly failing. These symptoms may grow worse very quickly if they are not treated by Ferro-

quickly if they are not treated by Ferro-zone. You must build up the nervous system. This can be accomplished in no other way as thoroughly and permanently as by the use of Ferrozone. This remarkable remedy, which has cured ters of thousands of Canadian people, in-creases enormously the digestive power, stimulates the formation of blood, the rich, red kind that puts new life into the nerves. The first result of these changes is in-

The first result of these changes is in

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ing appoplexy.



BOVRIL is not a mere extract. It contains in concentrated form all the essence, substance and flavor of prime beef.

Sand the the state of the 一次大学教育主义

When tired out, try a little BOVRIL in a cup of boiling water, with a soda biscuit. 'Twill refresh and strengthen you. All good cooks keep BOVRIL always on hand. There's not a day passes that it cannot help make some dish more palatable --more nourishing.

All good grocers sell BOVRIL.

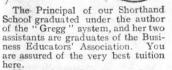


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It is written in one straight line It is written in one straight line and based on the movement required to write ordinary longhand. It re-quires no shadings, back slants or vertical strokes which are "hard to remember" and require "slackening up" to make correctly. The Gregg is thus easier to learn, write and read. A speedy, accurate stenographer is the result.

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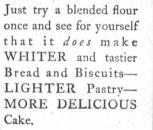


combine the rich nutriment, the whiteness, lightness and delicate flavor of Ontario wheat with the

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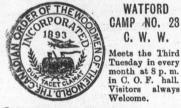
ates than we can supply.

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And there's good reason

LABEL



Meets the Third Tuesday in every month at 8 p. m. in C. O. F. hall. Visitors always Welcome. C. S. W. LOUKS, Clerk. COURT LORNE NO.77 Bernhammen and the second the sore epots and gave im-bad a hard hacking cough that caused me great pain. My throat was hoarse, and I had great distress in my chest. Catarth-ozone reached the sore epots and gave im-had a single attack." Every physician who is asked about Catarthozone says it is a sure cure—so will you it you try it. Sold every J. D. BROWN, C. C. S. W. LOUKS, Clerk. Regular meetings the Sec-ond and Fourth Monday in each month at 8.00 o'clock p m. Court Room, over D. G. Parkor's Store, Main Street, Wattord. I. J. Kadey, C. H. : J. H. Hume, R. S. ; J. E. Collier, F. S. 1 cure-so will you it you try it. Sold every where, 25c. and \$1.00.

U. S. Navy Third.

Washington, Dec. I.—The United States will have third place among the navies of the world's great nations when the vessels now ordered are completed. England is first, France second, Cermany SOUTH END BAKERY. fourth, Japan fifth, Russia sixth, Italy seventh, Austria eighth and Brazil ninth, according to the annual United States PEARCE BROS., navy report, published today.

> Pale, sickly children should use Mother Graves' Worm Exterminator. Worms are one of the principal causes of suffering in children and should be expelled from the ... system.

Full lines of best Fruits and Confectionery.

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STACE LINES.

WARWICK STAGE LEAVES arwick Village every morning except Sun birg Withord at 11.80 a, m. Returnin tiord at 3.45 p. m. Passengers and freigt on reasona. le terms, D. M. Ross, Pop'r.

WATFORD AND "ARKONA STAGE LEAVES Arkona at 9 a.m. Wiebeach at 10.10 a.m. Remrning leaves watford at 9.46 p. a., Passengers and reights conveyed on reasonable terms. -PHED

creased strength. Natural circulation quickly follows, and that fullness in the head, so disturbing and alarming, too, quickly passes away. These chauges are wrought in a natural way, for the reason that Ferrozone treats the causes that excite these troubles. For the aged and weak who need strength -for the aged and weak who held strength -for these run-down and thin,-for the suckly and nervous sho lack staying power -nothing compares with Ferrozone. No tonic gives such lasting good health ; try it yourself. Sold by all dealers in 50c.

boxes

Some Odd Things About New York. m New York city surface cars corry as many passengers each day as there are persons living within the borders of California.

Why Colds Come.

The fact that colds are more common in winter than in summer is not due sum-In winter than in summer is not due sim-ply to the lower temperature. It is main-ly because people spend less of their time in the open air. Dreading the chilly air, they remain indoors, the health is pro-porlionately lowered, and they take cold easily.—Cassell's Saturday Journal.

COLDS, HEADACHE, CATAREH

Relieved in 10 Minutes by Dr. Agnew's

Catarrhal Powder.

Rev. W. H. Main, pastor of the Bap-tist-Emanuel Church, Buffalo, gives strong testimony for and is/a firm be-liever in Dr. Agnew's Catarrhal Pow-der. He has tried many kinds of remedies without avail. "After using Dr. Agnew's Catarrhal Powder I was benefited at once" are his words. It is a wonderful remedy and will relieve any form of head pain in ten minutes and eradicate catarrh. Dr. Agnew's Heart Cure helps the

Dr. Agnew's Heart Cure helps the overworked heart. (3)

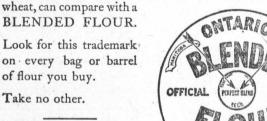
living within the borders of California. New York city expenses for 1908 will be \$34,500 a day more than in 1907. During the last year there have been an average of seven houses built each day in the Borough of the Bronx. Labels in hate and tags on overcoats, showing the sellers of these articles, are of some value. Waiters in New York restaur-ants always glance at these indices so as to fix the social standing and probable liberal-ity to their constomers. The service is ac-cording to their conclusion. New York city has one public servant for each 70 inhabitants. Paved streets of New York city are long

each 70 inhabitants. Paved streets of New York city are long enough to reach from the Atlantic ocean to Pike's peak. New York city imports \$3,500,000 worth of precious stones each month. If the capital surplus and undivided pro-fits of the national and state banks of New York city were equally divided they would give \$53 to each man, woman, and child in the metropolis.—New York Herald.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cresolene -they breathe it.

qualities of Manitoba wheat.

For all home baking-no flour, milled only from spring



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