



## Personals

Mrs. C. Weir is spending a few days in Detroit.

Mrs. Herbert Nichols, Wharncliffe road, is holding a bridge this afternoon.

Mrs. Ruby Grazer and Miss Penfold of this city left yesterday for New York.

Mrs. George Thompson, Queen's avenue, is spending several days in Detroit.

Mrs. W. E. Watson has returned to the city after spending several days in Woodstock.

Mrs. Donald McLean returned home last evening after spending the past week in Toronto.

Mr. J. A. Parker of McGill University is the guest of Mr. and Mrs. S. P. Campbell, Queen's avenue.

Mrs. Sherwood Fox is entertaining this afternoon at her home on Regent street, having several tables of bridge.

Misses Evangeline and Thelma Harrington, Talbot street, are spending the week in Petrolia, the guests of Mrs. Nicholson.

Mrs. W. Prout of Bothwell has returned home after a few days' visit with her daughter, Mrs. Frank McEae, Wharncliffe road.

The Sir John Carling Chapter, I. O. D. E., is holding a bridge on Friday afternoon at the home of Mrs. T. F. Kingsmill, Albert street.

Miss Joan Rowat, Cartwright street, is visiting in Ottawa and while there is the guest of Lieut.-Col. Elmitt and his sisters, the Misses Elmitt.

One of the social events which is being eagerly looked forward to is the dance given by the Kewanee Club in the Winter Gardens this evening.

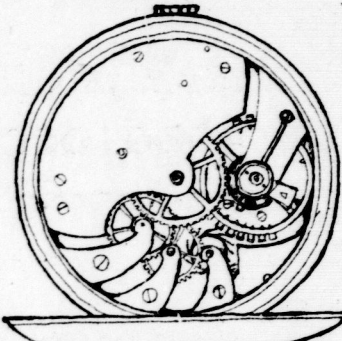
Mrs. Arthur Wallace Goodson of Detroit, accompanied by her two children, Mary Elizabeth and Rowan, will be the guest of her mother, Mrs. Robert Rowan of Byron avenue for several weeks.

Miss Elsie M. McDermid, William street, has been a recent visitor in Kirkville, Mo., and while there was the guest at a delightful party given by the Axi Club of the American School of Osteopathy of that city.

## HOME ECONOMICS

[By Mrs. Elizabeth Kent.]  
Macdonald College.

### BALANCE WHEELS.



The body is composed of many complex organisms finely co-ordinated by nerves and muscles. Each of these organisms has its own activities—heart, lungs, brain and the rest, but for normal living each must act properly in relation to the whole. Many of the seemingly small and insignificant details plan an amazingly important part in the management of the whole machine. They are like tiny balance wheels which regulate the co-ordinated working of an intricate machine. There are glands, such as the pancreas and the thyroid. If the pancreas gets upset, the body may lose the power to burn carbohydrates and thus be deprived of this important fuel food. If the thyroid becomes too active, the body may burn fuel faster than it can be supplied, and the resulting emaciation cannot be cured except by righting the action of the thyroid.

All the chemical elements of the body must not only be there, but in the very place and quantity where they are needed. The blood is kept in good condition of red and white corpuscles, the heart beats, nerves and muscles respond promptly to brain impulses, largely through the presence of phosphorus, calcium, magnesium, sodium and potassium in the tissues and fluids where they belong. Water helps to regulate the distribution, to make possible the transportation, to make chemicals by holding them in solution in the body fluids, and to facilitate the removal of waste through the kidneys. The right foods and plants of water keep the body balance wheels in good order.

## At Cupid's Cail

[By May Chrisie.]  
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### III.—A Terrific Dream.

Mary had a mind that naturally acted quickly.

Although astounded at Bellairs's news, she soon pulled herself together. She wasn't going to let this curious individual notice her chagrin.

Five thousand dollars! Her husband—Dick Calardin—had really "let himself in" for such a sum! Dick had no business head. And Eve had played upon his ignorance. Considerably more, then, had Carrington Bellairs.

Again did Mary read the "note." It was dated just over one month ago, and payers was now due. The rate of interest had been enormous. It was a scoundrel's proposition; but nothing was to be gained by telling Bellairs such a plain home truth.

He had Dick in his power—until that five thousand dollars was paid!

"I understand," said Mary softly, smothering down her indignation. "Miss Rochester—ought to say now Mrs. Vandaveer—has gone off without paying back that money that your—your firm—lent her. Isn't that so?"

"It is," said Carrington Bellairs. He couldn't help admiring Mary's fortitude. He had happened to discover that Dick Calardin had no money, to speak of, and this bill meant ruination for the newly-wedded young couple.

"Of course, Dick didn't understand what he was signing. You know that?" The man shrugged his shoulders.

"That isn't my affair. Ask Eve—if you can find her, that's to say."

"Eve had no intention of paying you back this money that she borrowed. You also knew that, of course?" Mary's tones were still quiet, but there was a contempt behind them that Bellairs was quick to notice. No, he wasn't coming off with flying colors in this matter.

"I'm a plain business man," he remarked gruffly. "People's possible 'intentions' don't count at all with me. I can't let sentiment enter into the affair."

"No, of course not," Mary said. She put the note into her pocket. "Don't worry about not getting your money, Mr. Bellairs. I'll see that you're paid—in full."

She gave him a cool, curt nod, and left the room before he could find any further words with which to annoy her. In the hall she met his aunt and made her a cheerful good-bye.

"That's a sweet girl, Carrington," remarked that lady, after Mary had departed. "In some ways I'm sorry that you didn't marry her. She'd make any man a charming wife."

"You didn't think so once upon a time," her nephew answered gruffly. "You were none too keen to get away from her when she was here."

He flung himself from the apartment, his heart heavy, for he had really cared for Mary, and he utterly despised himself for his present shylock-like behavior, now that she'd slipped from his grasp.

As for Mary, that damsel returned immediately to Dick.

"He's sleeping peacefully," the landlady of the Barley Mow informed her. "Best not go up just now, my dear."

So Mary entered her own little room downstairs, sat down upon the bed, and gave herself up immediately to thought.

Five thousand dollars! It must be paid.

How—how was she to raise the money?

One thing sure and certain was that Dick mustn't be worried over the affair. His head bothered him too much, for he was making quite a slow, though sure, recovery.

"I have it," she said softly. "It's my own—the diamond!"

"Oh, she'd be glad to part with it! It had always seemed to the young girl as though the diamond had a sinister influence about it. Through its medium she had been nearly murdered—no once, but twice!"

"I'll go to town tomorrow and sell the thing," she said. "And I won't say one single word to Dick about the matter."

She felt much better now—more hopeful. It was splendid to be able to stand up to her husband and financial bother.

Her bedroom was quite dark, and Mary felt tired out. She lay down on the bed and presently dozed off.

And then she dreamed a curious dream.

It was a sunny morning, and she was flying in an aeroplane. Up, up into the glorious blue! The motion was delightful, soothing, yet exhilarating. Leaning over the side, she could see the Barley Mow and its surrounding fields and woodlands. How far off the landscape looked from this enchanting height!

Oh, to fly on like this forever!

Then suddenly there was a curious whirring overhead. Mary looked up hastily. There, in another aeroplane, was Julian Vandaveer and Eve, accompanied by the Cingalee.

Julian was the pilot. Eve the passenger, and Kismet—what was he? Mary could see his evil face quite distinctly. It looked sinister and mocking.

Then, temporarily, they disappeared. Her own machine flew onwards at terrific speed.

But Mary was alarmed. She knew the other aeroplane was following her. On, on! It mustn't reach her!

There was the whirling sound again. She turned her head. Presto! The other aeroplane was immediately above her, and she could see the Cingalee hanging over the side of it with something large and heavy-looking in his hand.

"Crash! Crash! Bang!" The sound of the explosion rang in Mary's ears as Kismet dropped his bombs. She could feel her machine stagger, sway and half turn over!

"Was this death? Had the machine been struck? The sound of the explosions had been terrible.

But, no! Her aeroplane was gradually righting itself. She was flying on! The whirling sound again! And see, right overhead, the hostile plane! The sinister Oriental face—Eve smiling—Vandaveer insouciant—Mary could glimpse the three distinctly.

"Crash! A long pause. Then, crash! Again. Another pause. Then, bang! Again Mary's aeroplane staggered, spun around and began to nose-dive to the earth.

She screamed, and woke up trembling. It had been a dream!

Tomorrow—Mary's Plan.

The winter months are coming. Why not get in touch with the La Salle Extension University and cash in on your spare time?

IMPERIAL BANK CHAMBERS.

## THE FASHIONS

[By Eleanor Gunn.]  
(Copyright by the Fairchild Company.)

### PRACTICAL HATS FOR EARLY WINTER.

When it comes time to bundle ones neck in furs, hats that are close fitting and hats that have no back brim gain prestige.

Most women look smarter in hats of this type when collars cover their chins, as collars have a comely way of doing just now. Not that they are voluminous, they are just high and snug, and deep enough to dig ones chin down into and keep it from getting frost bitten—a cheery thought with



prospects before us of sitting hours in the nipping November air watching the football games which bespoken November's calendar.

### Velour and Fur Hats.

One of the most interesting side-lights on millinery appropriate for such occasions, and for day in and day out wear, is that furs have been followed by velours and that the winter will find us wearing hats of fur fabric, and of fur itself. Take, for instance, a combination such as black velvet and ermine, tails being used as a sort of tassel effect on the brim. There are

off the face models of fur and fur fabric, one of the most popular of the latter being the baby lamb and slynx.

An all fur hat is inclined to be very heavy in effect, to say nothing of being hot for the head, but it is merely far faced or fur trimmed is quite another matter. The fashion of trimming the hat with a small animal scarf is new enough to bear re-mentioning, and the use of narrow bands of fur, and of fur pompoms and fur pads which are applied on felt or other fabrics may be mentioned as good trimming.

One might easily have a fur brim on the hat, sketched at the lower end of the panel, although in the original it was made of velour with a velvet drape in contrasting color, serving as the crown. The fur shades are still popular with or without fur trimmings, and so are the more golden shades of ermine and slynx.

While the majority of women are inclined to prefer hats which are worn in one color, there are any number of models at present being shown and worn which combine two shades, for instance, of fuchsia or of blue, and some hats which boldly combine grey and black velvet. When one shade is felt and the other velvet, the effect is very smart—the trimming, of course, repeating one or the other color.

### The Lure of Glossy Surfaces.

When flurries of snow come, then perhaps ones thoughts may be less intrigued by the smartness of polished surfaces, for they are anything but wintry in spirit. Just now, ermine ribbons, and not a demand for hats, for a chic woman was seen lunching a few days ago in a dress which was bordered in bows of narrow ermine ribbon sewn at intervals around the edge of the skirt, and in a band from wrist to elbow of her loose sleeves.

Ribbon sashes are more often ermine than not, and it matters not whether the colors be black or red, for both are popular this fall. A bright red ermine sash in twill effect made a smart festive hat, for bright red hats or dark ones trimmed with red feathers are accepted as one of the salient features of a season, which from a millinery standpoint at least, is rich in interest.

### BEAUTIFUL PROCKS SEEN AT MONTREAL WEDDING

Montreal, Oct. 12.—A wedding of noteworthy interest took place at the Basilica. Major George P. Vanier, officer of the Legion of Honor, formerly of the 22nd Battalion, was the groom, and the bride was Miss Pauline Archer, daughter of Mr. Justice Archer and Mrs. Archer.

The bride wore a gown of white charmeuse satin, draped from her shoulders, the girl caught with a large pearl ornament. The long court train was lined with pale pink georgette. Her tulle veil was arranged over her face and fell to the end of her train, and she carried a prayerbook of mother-of-pearl.

Her two attendants wore gowns made alike, the bodice of robin's egg blue velvet and the skirts of the same colored silk lace and tulle, with touches of silver, black velvet picture hats, with black chantilly lace falling over the brims.

## WOMEN'S CLUBS

[By Eleanor Gunn.]  
(Copyright by the Fairchild Company.)

### ST. ANDREW'S LADIES' AID.

The St. Andrew's ladies' aid are holding a rummage sale on Friday and Saturday. In the east end town hall, which will be open for business after 1 o'clock on Friday and after 2 o'clock on Saturday. They have procured numerous articles both of clothing and household articles, and expect the sale to be quite successful.

### WORTLEY ROAD MOTHERS' CLUB.

The Wortley Road Mothers' Club held their regular meeting on Tuesday evening. It was decided to add \$75 to the amount they have already collected for the Sick Children's Hospital, which is now \$225. Final arrangements were made for the rummage sale which is to be held tomorrow. During the evening Mrs. Loeke spoke, the subject of her address being "What We Owe Our Children and What They Owe Us."

Reading was given by Miss Reta Johnson, and a solo by Miss Nettie Jones.

### EMPRESS AVE. MOTHERS' CLUB.

The regular meeting of the Mothers' Club of Empress avenue was held on Monday evening and took the form of a sale of home-made cooking and fancy articles, from which a large sum was realized. An interesting program was given, consisting of reading by Mrs. Tulow, a vocal duet by the Misses Jean Benner and Dorothy Bathurst. Mrs. Mason of Rectory street club also addressed the meeting. At the close of the evening refreshments were served.

### VICTORIA HOME.

The nurses and patients of the Victoria Home were given a delightful concert on Monday evening by Mrs. Brown. The program consisted of solos by Mrs. Phillips, Miss Kums, Mrs. Fair, Miss Rapsay acting as accompanist. The little Misses Maude and Bess McGreggor giving a duet. Miss Gladys Brown, delighted her audience by numerous selections on the bagpipes, which were greatly enjoyed. At the conclusion of the program Mr. Brown gave both the nurses and patients a treat of candy.

### LORD ROBERTS MOTHERS' CLUB.

The first regular meeting of the Lord Roberts Mothers' Club was held on Tuesday evening in the kindergarten.

### WESTERN ONTARIO WOMEN'S ACTIVITIES

Address News For This Column to The Editor of Woman's Page.

### Y. M. C. A. AUXILIARY.

The Ladies' Auxiliary of the Y. M. C. A. has reorganized, the following officers being elected: President, W. W. Wilkinson; first vice-president, Mrs. T. Aitkin; second vice-president, Mrs. Jessie Morven; secretary, Miss Louise McAuslan; assistant secretary, Mrs. D. M. Henderson; treasurer, Mrs. M. Preston; assistant treasurer, Mrs. E. M. Grove.

### MANDAMIN W. M. S.

The October meeting was held at the home of Mrs. Fred Strangway. A carefully-prepared paper on "South Sea Islanders" was given by Miss Helen Macdonald. Roll call was answered by the members repeating Scripture verses on "Fruit." It was decided to send fruit and vegetables to the Redeptive Home, Toronto. A prayer for strength to take up the cross and spread the gospel was offered by the president, Mrs. Hoden.

### UNDERHILL-MACDONALD.

A quiet wedding was solemnized on Saturday afternoon at 3 o'clock at the Ridout Street Methodist parsonage, when Anne Macdonald of Ottawa became the bride of Richard Underhill of East Oxford, the Rev. J. A. Agnew officiating.

### DURST-LAYMON.

A quiet but pretty wedding was solemnized at 3 o'clock Wednesday afternoon at St. Andrew's Presbyterian Church when Luta Leonie, daughter of Mr. and Mrs. James L. Laymon, was married to Robert Durst, son of the late Adam and Mrs. Durst, the Rev. D. C. MacGregor officiating.

### WITH BRIDES

A quiet wedding was solemnized on Saturday afternoon at 3 o'clock at the Ridout Street Methodist parsonage, when Anne Macdonald of Ottawa became the bride of Richard Underhill of East Oxford, the Rev. J. A. Agnew officiating.

The church was prettily decorated with ferns and yellow mums, the guests' pews being tied with large bunches of tulle and marigolds.

The bride entered the church on the arm of her father, who gave her in marriage. Mr. Wheeler at the organ played the Bridal Chorus from Lohengrin as the bride and groom entered the church, playing Mendelssohn's Wedding March at the conclusion of the service, and also playing very softly during the service. At the signing of the register Mrs. Wilson Hodgins sang "All Joy Be Thine." Mrs. Hodgins was gown in navy blue canton crepe, embroidered in beads and a large picture hat. Very charming was the bride in a smart suit of navy blue serge, embroidered with bugle beads, wearing a small French hat of brown feathers and a corsage of Sunset roses and orchids.

The bridesmaid, Miss Madeline Sutherland, wore a gown of navy tulle with touches of grey, and a grey hat and a corsage of Russell roses.

The groom's gift to the bridesmaid was a handsome box of French blue satin and tulle, embroidered in gold, large black hat and a corsage of roses.

Mrs. Durst, mother of the groom, looked charming in a black satin gown and black hat.

There were lovely gifts from the many friends of the bride and groom. A profusion of flowers were arranged in the dining-room, where a buffet luncheon was served. The bride and groom left on a honeymoon to several American cities, and upon their return will reside in London. The bride traveled in her suit, donning the gift of the groom, a cape of seal, with rich trimmings.

A reception at the home of the bride followed the ceremony, the house being a veritable bower of autumn foliage, yellow mums and colored zinnias.

Mrs. Laymon, mother of the bride, wore a handsome gown of French blue satin and tulle, embroidered in gold, large black hat and a corsage of roses.

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