

C. L. B. Cadets.



Recent Brigade Orders read "all ranks joining the reserve or resigning must return to the Quartermaster before, caps and badges, as they are 'Brigade property.' Officers Commanding companies are held responsible to see this order executed. All ex-Servicemen under Army order No. 43 of 1922, are requested to discontinue, when wearing uniform, silver badges, wound stripes and chevrons denoting services overseas, introduced during the Great War. No recruits will be accepted after this date until after the Annual Camp. All recruits at present in training must report for examination on Thursday, July 19th. Lieut. J. J. Bishop, Officer Commanding Bonavista Company who has been doing extra good work there is promoted Captain under orders dated 20th June. Heartiest congratulations to Captain Bishop.

On Memorial Day, July 1st, the Brigade paraded to the "Great Solemn Service" at the Sergeant's War Cross, foot of Garrison Hill with other organizations and their representative laid the Brigade's wreath adorned with their colours of red, yellow and blue ribbons, side by side with the beautiful wreath from their old pals the Cadets, just as the old Cadet and C.L.B. lads are sleeping side by side in the big cemetery and other places in the lands beyond the seas. May their memories never fade, and this annual union of Christians always take place there under the canopy of Heaven to keep their memories green for all time.

On Monday, the second of July, (a general holiday) the annual outdoor sports were held on St. George's Field. The attendance was a record one, the best for years. The Committee are to be highly congratulated on their most satisfactory work. Amongst those present were His Lordship the Bishop of Newfoundland, Sir Richard Squires, Prime Minister; His Honour Mayor Cook and Lieut.-Col. Paterson of the N.N.D. Highlanders. His Excellency the Governor and Lady Allardice were invited but sent regrets as they had a previous out of town engagement. The C.L.B. Ladies' Auxiliary who "ran the canteen" did magnificent work in providing for them their grateful thanks. The prizes were presented by Mrs. Rendell, wife of the Officer Commanding, in a most graceful manner who extended her congratulations as well as each prize winner. The Committee is grateful to all those gentlemen who managed the road race of ten miles and helped generally in the field. They are grateful also to the Belvedere Party Committee who arranged their sports programme so as to give everybody interested a chance. At the close of the sports, 5.40 p.m., many of the officers proceeded to the Belvedere Garden Party for tea. All the officers were on duty at the sports excepting three members of the mess.

On Sunday, July 15th, the Battalion will parade at 9.30 a.m. and proceed countrywards on a route march to a convenient site where a drum head service will be held. The Battalion band will furnish the music and one of the Brigade chaplains will also be in great strength that day we hear.

Captain C. A. E. Jeffrey, Officer Commanding the Field College companies, has resigned his command owing to giving up his duties at Field College and entering commercial life. Captain Jeffrey is a veteran of the Great War, having done service with the Canadian Expeditionary Forces. He has done fine work with his Companies in drill and athletics, and as Camp Commandant at Top-sail, and all ranks wish him good luck in his future career.

Camp preparations are going on slowly and surely for Top-sail. A new building will be erected to take the place of the "Big Mess Tent," now full of honours in the way of service patches and whose canvas is about "all in." Volunteers are asked to help get this new building into shape and all ranks who can wield the carpenter's tools are asked to assist at once for service under Lieut. Moty and Sergt. Major Russell—the King! This building must be erected at once, as time is getting short. Lieut.-Col. Rendell, O.C. this year purposes to motor the lads to camp instead of the traditional march and so far fifteen gentlemen have offered their cars for this duty and we feel sure more will be forthcoming. Will car owners therefore kindly help us out and notify Lieut.-Col. Rendell?

All ranks are glad to welcome back to Newfoundland again their old Colonel—the first Lt.-Col. of the 1st Battalion C.L.B.—Sir Joseph Waterhouse, who has recently arrived from Bermuda. Sir Joseph has always been a great contributor to brigade funds and has always had a keen interest in the Brigade welfare. Outpost Company commanders are reminded to send in their official monthly reports for June to Headquarters, St. John's.

Next Thursday night there will be a meeting of the Officers Mess to



How To Sleep 3-IN-A-BED

YES, IT CAN be done—but not like this.

The trouble is, most people go to bed with "something" on the mind—or ON THE STOMACH!

The answer is, no matter what the day has brought forth to upset your mind and digestive organs, take Beecham's Pills when you retire.

Though in no sense a "sleeping potion," this 80-year-old household medicine so harmonizes the system that you can sleep in quiet and perfect rest, even in two feet of bed space.

Beecham's Pills are as efficient and harmless for children as for adults—sweetening the stomach, invigorating digestion and stirring liver and bowels to natural activity.

At All Druggists

discuss important executive matters and every officer will please reserve that evening.

During the past ten days the Executive have had some twelve applications for loan of tents, boilers, kettles and camp equipment. The Brigade is and has been willing to do all it can for sister organizations, churches, etc., but the demand for loans of such property have increased so much for these items with cost so considerable in repairs and upkeep that it has been found impossible to carry on loaning this valuable equipment without making a charge for the same on account of wear and tear.

We notice this month the Chaplain on duty is the Rev. E. J. R. Nicholls of St. Michael's Parish.

Big values. Boys' Rubber Sole Canvas Shoes. Brown, 90c. pair; Black, 85c. pair; sizes 1 to 5. F. SMALLWOOD, Water Street. June 20/23

Mrs. E. M. F. Pittman, L.Q.C.M.

The above lady, who is the wife of A. C. Pittman, J.P., of Clarendville, has just received her diploma from the Marcus Lucius Quinn Conservatory of Music, from which institution she has just graduated with honors. We offer our congratulations.

Dizzy Spells Are Usually Due to Constipation

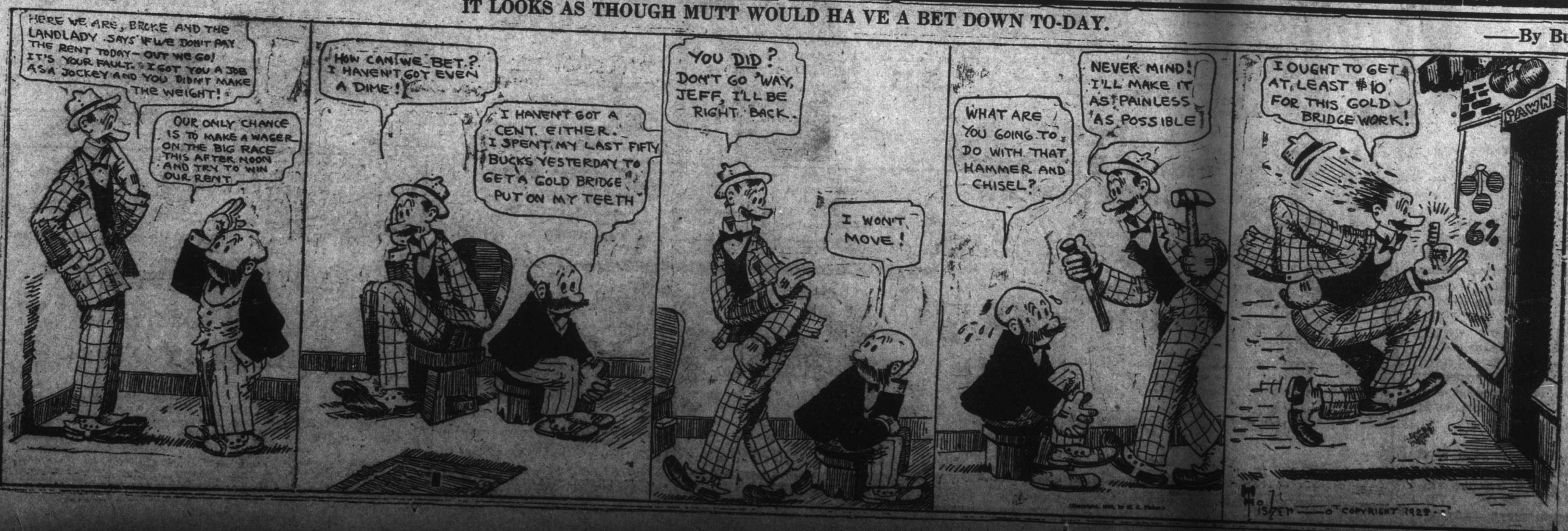
When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctor's prescription Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication.

Nujol is a lubricant—not a medicine or laxative—so cannot grip. Try it today.

Nujol

A LUBRICANT—NOT A LAXATIVE

MUTT AND JEFF



By Bud Fisher.

Our Weekly Market Report.

Codfish—The foreign markets show very little improvement. Consumption is fair but prices are no better. The exports this week were 17,208 qts. as follows:

From Outports—By schr. Brant from Union Export Co., Port Union, 1188 qts. to Barbados.

From St. John's—By schr. Humores 4721 qts. to Alicante from the Monroe Export Co. By schr. Casarna 5142 qts. to Pernambuco from Monroe Export Co. By schr. E. D. Bailey to Alicante 2883 qts. from W. J. Moores and Nid. Produce Co. By S.S. Silvia 3293 qts. to New York for transshipment to West Indies from Jas. Baird, Ltd., Geo. M. Barr, Bowring Bros., T. Hallett, Harvey & Co., Job Bros. & Co., A. E. Hickman Co., Ltd., Kennedy Co. and Monroe Export Co. Total 17,028 qts.

Common Cod Oil—The supply in sight is in adequate for the demand and we look for firm prices.

The Menhaden fishery in Chesapeake Bay where the principal substitute for Cod Oil for tanning purposes in the United States comes from has proved a failure.

It was reckoned that over 60 million of these fish were caught last year, and less than 8 million this year.

As the season is now well advanced there is no likelihood of any good catches being made and therefore the supply from this source will not be equal to requirements.

We would not recommend our fishermen holding back their oil but we think they will get good prices for all they have right through the season.

Cod Liver Oil—The report published by Dr. Zilva is taking a good effect, but it will take some time to convince the wholesale buyers that they must change their ideas of Norway oil being equal to the Nid. oil.

They have been prejudiced in favor of Norway for some years and it may take a little while to overcome it, but we hear that some of the principal manufacturing chemists are now visiting Nid. to investigate the facts published by Dr. Zilva for their own satisfaction.

We hear of enquiries from many sources and are not surprised to hear that some of our refiners have as usual, notwithstanding the poor encouragement from all quarters.

Lobsters—More new stock arrived in town this week from Placentia Bay and other points on the South Coast. A great deal of what has been examined so far are of poor quality owing to the use of an inferior paper for lining instead of the regulation parchment. This inferior paper turns the fish in the cans to a rusty brown color. Some of the which are consequently low. In the local market the quotations are \$34 to \$36 per ton, according to quality. The demand is now at its lowest point. The local hay crop is looking poor owing to the cold weather of May and June, but may recover with favorable weather. The S. S. Manoa brought in 1835 bales last trip.

Oats—The oats market is weak in sympathy with other grains. The prices are the same as last week and there are ample stocks in the market. The S.S. Manoa from Montreal and Charlottetown this week brought in 3998 sacks, which together with what was already on hand gives an ample supply to the market. The quotations are \$3.70 to \$3.80 for Mixed; \$3.80 to \$3.90 for White, and \$4.00 to \$4.20 for Black per sack of four bushels. The Canadian crop is looking prosperous.

Potatoes—The new American potatoes will be arriving here about the 28th of July. Meantime the local market is well supplied with imported P.E.I. stock of 1922 growth, which are selling at \$2.30 to \$2.50 per 80 lb. sack. The last heavy shipment

The First National Attraction at the Nickel for the Week-end

"DAVID BUTLER"

In a thrilling social melo-drama

"According to Hoyle"

CHARLES HUTCHINSON in current chapter of "HURRICANE HUTCH."

"SNUB POLLARD"

In a comedy riot

"DO ME A FAVOUR"

MONDAY—Extraordinary attraction, "TURN TO THE RIGHT"—a truly worth-while super-special—Winchel Smith's great play, a "Rex Ingram production," starring ALICE TERRY.

TIGER BORAX SOAP

made and guaranteed by the well-known and long established firm of Hodgson & Simpson, Ltd., of Liverpool, England, is a creamy pale laundry Soap.

Almost Good Enough to Eat

July 6, 1923

habits of the caribou, recently took place under the direction of the Alaskan division of the bureau of education. The herd, in this case, was a band of 1,500 reindeer owned by the government, and the route lay from Goodnews Bay, on the Behring Sea, to Cantwell Station, in the Broad Pass District.

"One of the principal reasons for this move was to take the reindeer herd, considered one of the finest in Alaska, out of the vicinity of the annual caribou migrations.

"While resting near Bethel one of the most exciting incidents of the journey occurred. Early one morning, a passing herd of caribou was sighted. In a few minutes the entire herd of reindeer became nervous, in

restive, and eager to break away. The herders, working heroically, ran here and there endeavoring to calm the animals and distract their attention. Yet, in spite of their best efforts, a hundred or more of the deer succeeded in breaking away and joining their wilder brothers.

"Then followed a strenuous chase across country, in which the guards, assisted by men from the reindeer station in the vicinity, recovered all but fifteen of the traitor deer.

"Now, with the aid of the white man, there is being developed the reindeer industry, the most tangible evidence of which is found, perhaps, in the fact that reindeer meat can

now be purchased in many of the larger cities of the Pacific coast."

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KODAK

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Developing and Printing Service

Gives you finished prints from your roll films in 24 hours, without fail.

When you're off for a picnic, or on your holidays, take your camera with you to "snap" the good times you have, the lovely bits of country you see, and send your films to us for development.

Our special apparatus ensures you the best possible results from your films. Our reputation ensures you the prompt service of which we make a special feature.

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