

Your Hair is Worth It
 Afraid to use hair preparations? Don't know exactly what to do?
 Then why not consult your doctor? Isn't your hair worth it?
 Ask him if he endorses Ayer's Hair Vigor for falling hair.
Does not Color the Hair
 J. C. AYER COMPANY, Lowell, Mass.

The Evening Chit-Chat
 By RUTH CAMERON



That the American people are woefully lacking in gentleness and deference towards old age, is a charge that has recently been made to me.

"I have travelled considerably, and have spent periods of time ranging from nine months to two years in seven different foreign countries, but have never met with the rudeness from young people that I do here," an elderly gentleman writes to me.

I wonder if her comparison is wholly fair.

For myself, I have never been in any other country than America, so I can't presume to judge how other people treat their old folk, but it certainly does seem to me that we do not treat them here with the deference and gentleness that we should.

America is a young country, and it has a tendency to defy youth. It seems to me that we bow down to our young people, exalt their interests, strive to make the pathway perfectly smooth for them, and do everything to make them think themselves the centre of importance, quite too much, and put ourselves out for the sake of the old people altogether too little.

Why not be original and make things different in your home?

Why not make your children and yourselves an oasis exception to this ugly rule by having deference and thoughtfulness towards old age the habit of your household?

In quite too many homes, when there is any subject to be discussed, the young people say their say first, and then the old people are allowed to say their say first, and then the old people are allowed to say a few little-headed words.

Make it different in your home. Exact of your children all possible respect and deference towards old age, and then try to teach them also gentleness and unselfishness.

It is a traditional belief that child-

Ruth Cameron

What Ails You?

Do you feel weak, tired, despondent, have frequent headaches, coated tongue, bitter or bad taste in morning, "heart-burn," belching of gas, acid risings in throat after eating, stomach gnaw or burn, foul breath, dizzy spells, poor or variable appetite, nausea at times and kindred symptoms?

If you have any considerable number of the above symptoms you are suffering from biliousness, torpid liver with indigestion, or dyspepsia. Dr. Pierce's Golden Medical Discovery is made up of the most valuable medicinal principles known to medical science for the permanent cure of such abnormal conditions. It is a most efficient liver invigorator, stomach tonic, bowel regulator and nerve strengthener.

The "Golden Medical Discovery" is not a patent medicine or secret nostrum, a full list of its ingredients being printed on its bottle-wrapper and attested under oath. A glance at these will show that it contains no alcohol, or harmful habit-forming drugs. It is a fluid extract made with pure, triple-refined glycerine, of proper strength, from the roots of native American medicinal forest plants. World's Dispensary Medical Association, Props., Buffalo, N. Y.



Pork and Beef remain at famine prices, and BREAD is the most economical and health-giving food we can buy. But there is bread and bread. It depends on the flour. A chemical analysis will show that

ROYAL HOUSEHOLD

is richest in GLUTEN, the nutritious part of wheat, the part that makes brain and bone and tissue, like the protein of milk or eggs. Use only

ROYAL HOUSEHOLD.

JOB PRINTING Neatly EXECUTED

ONCE MORE FROM THE GREAT WEST

Comes Evidence of the Great Work Dodd's Kidney Pills are Doing.

Cyrille Maginel Cured of his Rheumatism and Diabetes by the Old Reliable Kidney Remedy.

FINDLAY, Man., June 6—(Special.) Cyrille Maginel, a well known farmer living near here, furnishes further evidence of the great work Dodd's Kidney Pills are doing in the west.

"I suffered from Rheumatism and Diabetes," Mr. Maginel says in telling the story of his cure. "My sleep was broken and unrefreshing, and I was tired and nervous all the time. I was treated by a doctor but he failed to cure me. Reading that Dodd's Kidney Pills were good for brick sediment in the urine, led me to try them and after using twelve boxes I am as well as I can possibly be. Dodd's Kidney Pills have made a new man of me and I am thankful.

Dodd's Kidney Pills are no cure-all. They cure sick kidneys and that is all that is claimed for them. But sick kidneys are the root of numerous diseases caused by impure blood. For you can't have pure blood with sick kidneys. It is the work of the kidneys to strain the impurities out of the blood. Dodd's Kidney Pills cure Diabetes because it is a kidney disease; they cure Rheumatism because it is caused by sick kidneys failing to strain the uric acid out of the blood.

tion of oxalic acid brushed over it with an oil toothbrush.

For a bad case of sunburn, when the skin burns and smart, use a cream made of one ounce of bono-nated oxide of zinc ointment, and two drams of spirit of camphor.

To clean rusty curtain pins, drop them into a little water which has a generous addition of ammonia and leave for fifteen minutes. The change in appearance is most gratifying.

When blacking a stove that has been discolored by overheating try rubbing well with vinegar before blacking. The polish will remain brighter much longer than otherwise.

Boy Torturer Arrested at St. John.

Sixteen Year Old Lad Positively Identified by Victims.

St. John, N.B., May 27.—The police this morning made a sensational arrest of the boy fiend who has been torturing children in this vicinity for the past few weeks.

He is Charles McLaughlin, sixteen years of age, and he was arrested at his home after he had jumped from a high window in an attempt to escape. The boy was taken to the police station and positively identified by the children he ill-treated.

When arrested McLaughlin first denied the charges, but when he was confronted by his little victims he broke down and confessed. He could give no reason for his action.

His mother says he was a time novel reader, and he had a loaded revolver in his pocket when captured. He has served a term in the reformatory.

COLDS LEAD TO CATARRH.

In this changing climate repeated colds drift into Catarrh. The tendency of Catarrh is to extend through the system, and nasal Catarrh is not the only result. Unless a complete cure is effected, the inflammation passes rapidly into the throat, bronchial tubes, and then to the lungs. You cannot make new lungs any more than you can make new fingers, but Catarrh can be cured. Catarrh sufferers, meaning those with colds, sore throat, bronchial trouble, can be relieved by inhaling Catarrhzone. In using Catarrhzone you do not take medicine into the stomach. You just breathe a healing pinky vapor direct into the lungs and air passages. Healing balsams and germ-killers are sent to every spot where catarrhal inflammation exists—germs are killed, foul secretions are destroyed, nature is aided, and the disease is quickly expelled. Colds and throat troubles cannot last if healing vapor of Catarrhzone is breathed. Use Catarrhzone to remove your winter ills. It is pleasant, safe, and guaranteed in every case. Price \$1.00; trial size, 25 cents.

King's Coronation Next Empire Day.

London, May 20.—It is stated King George will not be displaced if it is found feasible to hold his coronation on Empire Day.

Being keenly interested in anything that helps towards consolidation of the Empire the suggestion is not unwelcome or unappreciated.

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BIG VALUE Dinner Sets,

Tea Sets, and Toilet Sets. Also,

Jugs, Plates, Fern Pots, etc.

Large shipment just in. Newest patterns and designs in BEST OF WARES.



6-PIECE TOILET SETS,
 LITHO. FLORAL SPRAY ASSORTED PATTERNS, \$3.50



5-PIECE DINNER SETS,
 ASSD. PATTERNS, \$6.75

C. L. MARCH Co., Ltd.

The BURNING MINE. Grief of King and Queen.

The Queen-Mother's Message—Lord Lonsdale's Descent Into the Pit.

King George, Queen Mary, and Queen Alexandra are deeply affected by the disaster at the Wellington Pit, Whitehaven, in which, according to a revised official statement, 133 men and boys lost their lives. On Saturday Alderman Braithwaite, Mayor of Whitehaven, received the following telegram from the King and Queen:

"I am commanded by the King and the Queen to inform your worship that their Majesties wish to subscribe one hundred guineas respectively to your worship's relief fund for those bereaved through the terrible disaster at the Wellington Colliery.

"The King and Queen again wish to assure your worship of their heartfelt sympathy with those afflicted by this appalling catastrophe.

"Lieut.-Col. WM. CARNINGTON."

Ever since the news of the accident reached them their Majesties have made inquiries as to the likelihood of rescue, and almost hourly have received reports upon it. Despite their own grief they are filled with the deepest sympathy for the poor women and children left widows and fatherless by the explosion. Happening as it did when His Majesty is on the threshold of his reign, King George was all the more affected by the disaster, and he heard with poignant feelings of regret that the Home Secretary, in order that no more lives should be lost in the burning mine, had refused to consent to the reopening of the pit in which the 133 men are entombed.

The following touching message was sent by the Queen-mother to the Mayor of Whitehaven on Saturday:

"Even in my crushing grief I am not insensible to that of others. Please therefore let all the bereaved widows and members of the families of those poor men who have lost their lives in the terrible colliery disaster at Whitehaven know at once that in my own sorrow my heart bleeds for them.

"I am sending you to-day £100 as a donation towards the fund which I am sure you will raise for the benefit of those poor sufferers. That God will help them in their affliction will be my earnest prayer.

"ALEXANDRA."

To every bereaved home a copy of this royal message of sympathy was sent on Saturday evening by the mayor. It was printed on a black-bordered sheet of paper, and the document is being prized in many a home

pit, did much to subdue the more resentful of the miners who continued to entertain the belief that the men were still alive and that further attempts at rescue should be made.

Slattery Memorial.

A meeting of the committee of the Slattery Memorial movement took place in the Court House in Judge Johnson's room, last evening. The financial statement submitted by the Secretary-Treasurer showed a total of cash received \$3,220.80.

Rev. Bro. Ennis informed the meeting that Messrs. Butler and McDonald, architects, had drawn the plans of the proposed memorial building free of cost, and that Hon. J. C. Crosbie had given 100 tons of sand as his donation to the fund.

Mr. J. L. Slattery proposed a vote of thanks to Mr. Justice Johnson for all he had done to help on the movement. Hon. John Harris seconded the motion, which was carried unanimously.

A vote of thanks was also proposed by Mr. W. Clouston, and seconded by Mr. M. O'Flannigan to the Secretary-Treasurer, Mr. Carroll for his zeal in the cause.

The money having been handed over to the Rev. Bro. Ennis by the Treasurer, the latter thanked the committee and the subscribers for their generosity, and intimated that no time would be lost in erecting a suitable memorial to the late Rev. Bro. Slattery. Judge Johnson suggested that a Memorial Tablet be affixed in the new building to perpetuate the name of the lamented Superior.

Jeffries in Condition.

Ben Lomond, June 2.—Jeffries is now in magnificent condition for his championship battle.

This is the gist of a statement issued by Dr. Chas. V. Cross, United States examining physician of San Francisco, who yesterday made the most complete and painstaking examination Jeffries has had since he began training for his coming battle. For nearly two hours the physician watched over Jeffries in his rubbing room at the local camp, and he gave out this statement:

"In the course of my practice I have examined fifteen or twenty thousand men, and I have never seen anything so wonderful, the strength, power and perfect condition of this man. His eye is clear and steady, indicating a cool and well-balanced judgment. His heart action surprised me, for after his vigorous exercise, and while he was being rubbed and kneaded by four pairs of hands, his heart pulse was only 68. In the average man it would have been 90 or over.

"I was especially careful to search his lungs for any trace of the pneumonia with which he was seriously afflicted some years ago. The lungs showed absolutely no evidence of pneumonia, and his respiration organs are entirely free and normal. His breathing machinery is excellent, too. Six parts of the physical man must be right for him to be strong enough to enter a strenuous athletic contest—his brain, heart, lungs, stomach, kidneys and liver. Every one of these organs in Jeffries is perfectly sound and free from flaw. I have found nothing in my searching examination to indicate that the stories of hidden diseases in Jeffries are true."

Dr. Cross, who recently attended Johnson, says: "As to a comparison of the physique of Johnson and Jeffries, there is not a large margin of difference. Both men are in fine bodily trim. Johnson, like Jeffries, is sound throughout."

Your Nerves are Terribly Weak.

You find, too, that your health is steadily failing. A general reduction of vigor makes work difficult. At night you are so tired that enjoyment of any sort is impossible, you have not the strength. This is the type of sickness that paves the way to hysteria-brooding nervousness. These open wide the door to permanent ill-health. You will be glad to know that you can remove your weakness almost at once by taking Ferrozone (Blood Food), a marvellous blood tonic and restorer that supplies the nervous system with food-materials to build up its power.

Ferrozone, too, has the power of endowing the blood with those elements that guarantee richness and color. You know that when blood is made rich and strong the whole system is vitalized. You know that good blood and strong blood is the foundation of strength, endurance and vim. Ferrozone (Blood Food) is not a stimulant that pushes the system for a brief time and then lets it fall lower than before—it builds up.

Ferrozone (Blood Food) is not a temporary make-shift that excites hope only to result in disappointment—it is a true tonic. Ferrozone (Blood Food) is a true restorer of health and strength. It imparts to the system that feeling of well-being we call health. In many lands thousands have testified to the restorative powers of Ferrozone to build up the nerves and establish strength. Let Ferrozone help you. Ferrozone (Blood Food) price 50c.

Mr. Pierce Ronayne Replies.

Dear Sir,—I noticed in your paper of June 1st a letter signed "Reflector" with a lot of trash in it about affairs here. He states that I am appointed Customs Officer and Purchasing Agent for Mr. Cashin. I am no agent of Mr. Cashin. Even if I was, it is none of his business; but I was always a supporter of Mr. Cashin, and always will be. No slur or jealous writing from "Reflector" who is ashamed to sign his name, will alter me. Messrs. "Reflector," "Searchlight," etc., have a lot to say about the stopping of the Gut here. I was master of a boat out of here for nearly fifty years, and give my opinion now that stopping the Gut at Tor's Cove would do more harm than good, and a waste of public money. What good is the break-water with a southeast wind? Our public wharf was repaired this spring, so were the roads. I suppose "Reflector" thinks that the Government should import a man to have the work done. Certainly I am not competent to be Chairman of the Road Board no more than my old friend, Cornelius O'Brien, of Bay Bulls, to be Magistrate, in his opinion. He winds up by saying that he (or she) "don't want to be hard on any one, but I am going to watch things." I wonder if he is going to trap this summer? It is time for him to get ready. As my name was mentioned in "Reflector's" letter, I ask you to publish this in justice to me.

Yours sincerely,
 PIERCE RONAYNE.

Tor's Cove, June 5th, 1910.



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good home made bread—made of "BEAVER" FLOUR. It means vigor, bone and muscle to your growing children, because it is a perfectly balanced food. And it is the least expensive food you can put on the table.

"BEAVER" FLOUR is a scientific blend of the best Western Spring Wheat and Ontario Fall Wheat. It is as good for pastry as for Bread, and best for both. Your grocer has it.

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