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"I HAVE NEVER SEEN ANYTHING LIKE IT"

Carrick Has Gained Sixteen Pounds in Less Than 30 Days by Taking Tanlac

William Carrick, for many years a resident of Tacoma, Washington, is now a citizen of Hunter, Missouri. While en route to his future home in Hunter recently, Mr. Carrick called at the Owl Drug Store in Kansas City, and made a statement regarding his experience with the medicine that will be of interest to all suffering people.

"I have never seen anything," said Mr. Carrick, "like Tanlac's selling out on the Pacific coast, around where I live. A friend of mine actually went seventy-five miles one day to get a bottle, and knowing what I do about it, I believe I would do the same thing, rather than be without it. When I first started taking it I had little idea it would do me any good, but when I told you I have gained sixteen pounds in less than thirty days and am able to work for the first time in months, you can understand why I talk like I do about it."

"Suffering like a year ago my appetite went back on me and my stomach got in such a bad fix that nothing I would eat seemed to do me any good. My stomach soon after would keep belching up sour gas for hours, and I suffered terrible pain about my stomach all the time and at times I would turn suddenly sick, that I could hardly retain a thing, I had eaten. I dropped off twenty-seven pounds in weight, and hardly had strength to raise my head, and was so nervous for almost six weeks that I hardly slept at all. I finally got down flat on my back in bed, couldn't take a bit of nourishment, except a little milk, and for five weeks I thought sure I would never pull through."

"I was stopping with my nephew in Tacoma at this time, and as he had seen Tanlac recommended so highly he went down and got a bottle for me. Well, sir, by the time I finished my first bottle I was on my feet and feeling like a different man. My appetite picked up right away and I soon got so I couldn't get enough to eat, and ever since I finished my second bottle I have been feeling strong and fine as you please. The sourness, gas and pain left my stomach entirely and nothing is barred from my diet. It was about the close of spring when Tanlac straightened me up and I worked every day this summer at my trade as carpenter, and have felt fine all the time. I don't believe I ever enjoyed better health than I do now. I have personally recommended Tanlac to hundreds of people and as I was passing through here today, I stopped in to get two

HEAVY MEAT EATERS HAVE SLOW KIDNEYS

Regularly eat meat who eat most regularly can make a mistake by pushing the kidneys occasionally, says a well known authority.

Meat forms uric acid which exerts the kidneys, they become overworked from the strain, get sluggish and fail to filter the waste and poisons from the blood, then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with other natural ingredients, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder weakness.

Jad Salts is inexpensive and safe, not injurious; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby avoiding serious kidney complications.

Because there are still many deserters and evaders in hiding in the United States, no modification of the passport regulations at Windsor is looked for for many months.

Soothing His Fears. He - I understand your father said if he found me here again he would kick me out the door.

She - Oh don't worry; father's punting is wretched.

LEMON JUICE WHITENS SKIN

Girls! Make beauty lotion at home for few cents

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quart of the best bleaching and skin whitening lotion and complexion beautifier, at very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck and arms and hands each day and see how tan, redness, skin roughness and wrinkles disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless.

Rippling Rhymes

It makes me fret when men complain of feet or mud or wind or rain. They look out from a cozy room and see the skies enraptured in gloom, and groan because they may get damp while going for a postage stamp.

The spider has to fight out doors, however hard the water pours; he cannot sit beside the fire and make a brutal foe expire; he cannot bear a paraisol to shield him from the waterfall. The soldier stays outdoors to fight, the weary day, the bitter night; he hears his comrades dying groans, the cold is crawling through his bones. Methinks that when the boys come back from streaming trenches and muddy tracks, they'll look with pity and disdain on gents who murmur and complain. A man will say, "Ding-dong, the sheet! It puts rheumatism in my feet." The weather is the limit, go! around this climate, anyhow! And then some soldier who has slept on battle-fields by lamp-light, will say, "A grog on shoulders, have some hope and get your rubber doll." Oh, when the boys come home again, we'll see a lot of man-size men, and they may teach us to forget our tendency to whine and fret.

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears Signature of

BOYS SUIT.

For the small boy up to six years of age there is nothing more practical than a wash suit consisting of a belted blouse and full knickerbockers. The style shown in No. 8823 may be made up in linen, tanad head, poplin, galatese or chambray. The long blouse buttons at centre front, and it is held in place by a narrow belt of the material. A wide collar of white flannelette finishes the neck, and a silk tie is knotted at the front. The sleeves may be tucked or gathered at the wrists. The separate knickerbockers are shirred on elastic at the knees.

The boy's suit pattern No. 8823 is cut in three sizes, 2, 4 and 6 years. The 4 year size requires 2 1/2 yards of 27 inch, 1 1/2 yards of 36 inch, or 1 1/2 yards of 44 inch material.

To Obtain This Pattern Send 15c to The Courier Office, or two for 25c.



Tokio Has Unique Mayor

AFTER several months of interregnum Tokio has a mayor in the person of Viscount Inadiri Taira, who is something of a character.

He was born in 1850 and received part of his education at the Keiojijuku, Tokio, but was graduated from Yale University in 1873. There he was a member of the Psi Upsilon fraternity, which boasts several famous Japanese on its rolls.

Upon returning home from the United States he filled various official positions, such as vice-minister of finance on two occasions, director of various bureaus in the Department of Finance, professor in the Imperial University and finally president of the board of auditors. He was considered an authority on questions of economy and finance and he was well known for his "high virtue and plain conduct."

The newspapers have published many interesting stories about the mayor. It is said that when he first got back from the United States he was a stylish young man, of the kind known in this country as "high collar," but he developed into a kind of plain Spartan type. He has been accustomed to get up every morning at 6.30 and set about his morning labor at once. Like Gladstone he engages in quilting wood, and does a farmer's work in his own garden. He raises all the vegetables consumed in his own household. In the summer-time pumpkin vines make a veritable tunnel from the gate up to the portico - a distance of about sixty feet. Once on a very large pumpkin he inscribed the character "Katsura Taro" in honor of the late Prince Katsura, ex-premier, who was famous for having an abnormally large head.

After Viscount Taira has done a certain amount of work in the garden he sits down to a breakfast of uncleaned rice, slices of pickled radish (dalkon) and a bowl of soup called "miso." The Japanese, as a rule, prefer cleaned rice, which is more palatable, but the uncleaned is cheaper and contains more nourishment. Indeed, it is asserted by some authorities that the prevalence of heart beriberi is the result of eating the cleaned rice.

It is said that Taira rarely takes a tramcar, but goes on foot. Even on fine days he carries an umbrella or goes out with a raincoat made three decades ago.

There is a story about Viscount Taira and Baron Sakatari, also a mayor of Tokio a few years ago. The latter was once a protégé of the former. The two met at a formal banquet, where it was necessary to put in an appearance wearing a silk hat and a swallowtail coat. The silk hat Viscount Taira wore was old fashioned and faded, and he had just returned from the Yale days. Baron Sakatari, wishing to "save the face" of his former patron, exchanged his own good hat for that of the other.

It is generally recognized that Tokio has a mayor of simple life and strict honesty. It is hoped that he may be able to effect reforms in the administration of city affairs. But it is also feared that his simplicity and honesty may not be able to make a successful stand against the corruption in municipal politics. It is hoped, however, that he can put into practice his lofty principles.

In order to convert some of his subordinates to his views the new mayor arranged at the city hall a "mamemeshi" luncheon, to which he invited the heads of the fifteen wards of the city. Genpei Tanabe, the discoverer of the nutritious qualities of the bean husk, gave a lecture on the food value of the despoiled and rejected article. The guests listened with respectful attention, but the proof of the "mamemeshi" is in the eating, and some of the reporters who were present alleged that they detected some of the guests making wry faces over this bean shell banquet.

The Miyako expresses appreciation of the value of his proposition for cheap and economical living, but suggests that "the chief executive of the city has greater things to claim his attention." The Kokumin is of the same opinion and says:

"The city is waiting for all sorts of improvement work. The people are not paying the mayor for propagating his 'mamemeshi' campaign, but they are waiting for the improvement of the tramcar communication, for instance, is a far more urgent question than the eating of 'mamemeshi.' Since the tramcar became the monopoly of the city government no improvement has been done. Cars are getting old and rattle are rusting, but no attention is paid by the municipality.

The mayor's friends believe that he will make good.

A Wooden Turbine. Interesting traces of the Moorish and Roman occupation of Portugal are frequently brought to light while prospecting for minerals is going on in the district of Alentejo. For the most part these remain are ancient agricultural implements, or machinery used in olden times in connection with oil presses or flour mills. One of the most notable examples of the kind is seen in an ancient flour mill situated on the banks of the Guadalupe river. Perhaps the most interesting part is the turbine, which is made from two logs and composed not unfavorably with the modern turbines of the same class. The outside casing is of masonry work, and this entails a considerable loss of water power on account of the passage of water between the wall and the mill-side rim of the turbine owing to bad fitting. The mill stands directly on the bank of the river which frequently in winter rises rapidly and floods the country in the vicinity of the old mill, and even covers the mill itself for days together. Yet the old flour mill with its quaint wooden turbine still stands the rigors of winter without sustaining much damage.

Children Cry FOR FLETCHER'S CASTORIA

BRANT THEATRE

Monday, Tuesday, Wednesday Douglas Fairbanks In His Latest Laughing Hit "He Comes Up Smiling"

Sam Harris & Company In the Comedy Sketch "The End of the Line"

SLEUTHS LATEST MACK-SENNETT COMEDY

PATHE GAZETTE Coming Thursday, Friday and Saturday

ELSIE FERGUSON "Hearts of the Wilds" Special Vaudeville Attraction FRIEND & DOWNING International Comedians

Rex Theatre

Monday, Tuesday, Wednesday GOLDWYN PRESENTS TOM MOORE

"Just For Tonight" Love, Romance, Adventure

Three Eddy Sisters Music, Singing, Dancing

FRIENDLY ENEMIES - WITH - Chester Conklin and Sid Chaplin Mack-Sennett Comedy

THE BULL'S EYE Coming Thursday ENID BENNETT "The Biggest Show on Earth"

GRAND OPERA HOUSE Mon. Nov. 18th. THE SOCIAL EVENT OF THE SEASON AMERICA'S FOREMOST STARS Thos. A. Edward H. WISE and ROBINS IN THE BRILLIANT COMEDY SUCCESS GENERAL POST

The greatest play that has come from England in years. A comedy of love, laughter and democracy. 2 years in London, 1 year in New York, 4 weeks Royal Alexandra, Toronto.

This attraction comes to Brantford with Manager Whittaker's own personal recommendation.

Prices - Evening, \$1.50, \$1.00, 75c, 50c. Seats on sale at Bolos' Drug Store.

STRENGTH DRINK FLAVOR DALLEY COFFEE

Buy the BEST Sealed tins ONLY

The Most Delicious Drink

NOTICE

Increase in Subscription Rates Commencing Dec. 1, 1918

The subscription rates of the Brantford Daily Courier and the Brantford Daily Expositor, commencing December 1st, 1918, will be as follows:

Delivered in Brantford and Vicinity, 45c. per month

By the year, Paid in Advance, \$5.00 per annum

By Mail, " " 4.00 per annum

Single Copies, 2c.

After publication of this notice, payments in advance on subscriptions will only be accepted to December 1st at the old rate, after that at the new rate.

This advance in subscription rates has been made necessary by the tremendous increase in the cost of white paper, the price of which has recently been fixed by the Paper Controller at Ottawa. By this one item alone thousands of dollars are added to our annual cost of production, and in addition, labor, presses, stereotype supplies, type and all other items of expense have enormously advanced in price during the last few years.

Even at the new rates the Brantford papers are only now charging prices which have been in force for some time back on almost all the other daily newspapers published in this section of the Dominion. In many cities the subscription rates are very much higher.

(Signed) THE EXPOSITOR. THE COURIER.

November 1st, 1918.

NO. 8

The Reasons Why--

THIS is what war-time conditions have done in the case of the telephone business:

- Increased the cost of new telephone construction from 50 to 100 per cent or more—
- Doubled the price of steel, copper wire, platinum and lead—
- Increased the cost of all labor that goes into telephone plant and equipment.
- Made higher wages necessary for telephone employees—
- Increased the traffic so that a larger number of employees is necessary—
- Drawn to the colors a large proportion of skilled male employees, making ordinary upkeep both difficult and expensive—
- Made it necessary to give the subscriber more service to take care of his ephone employees—
- Increased the traffic so that a large thriving business—
- And made it necessary also for us to get some increase in rates to cope with mounting costs.

We are therefore asking for what is necessary. We can see no other solution.

The Bell Telephone Company of Canada