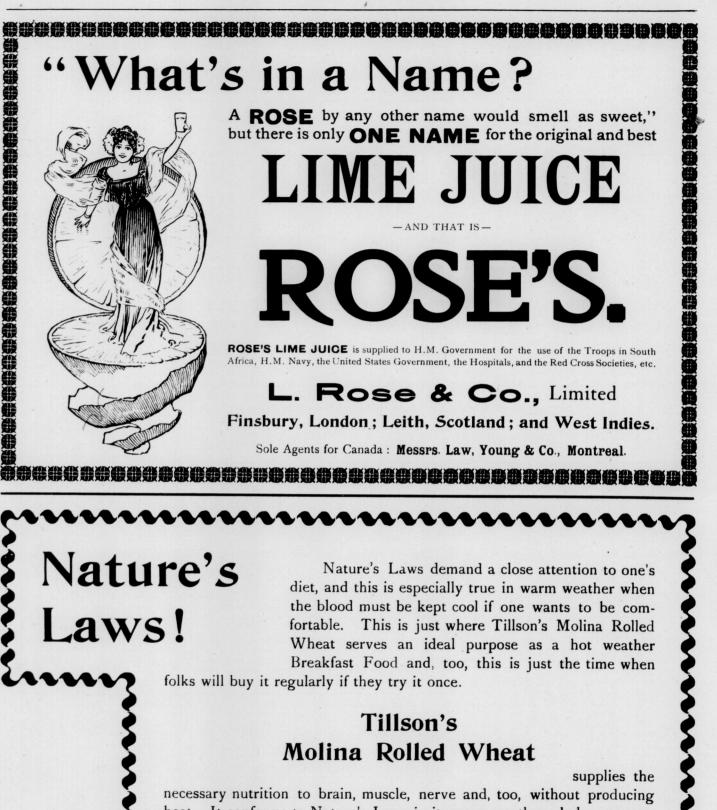
## THE CANADIAN GROCER



necessary nutrition to brain, muscle, nerve and, too, without producing heat. It conforms to Nature's Laws in its warm weather wholesomeness. Its light, healthful flakes and rich, delicate flavor unite to form a Breakfast Food that for a pudding or porridge is without a peer.

> The Tillson Co'y, Limited Tilsonburg, Ont.