

Why the Doctor Advocates Twin Beds

GET a good sound sleep every night—every nerve, every muscle relaxed—and Nature will fill your body with new energy, and wake you up fit and fine.

Every muscle relaxed! No one can sleep perfectly with nerves on edge or muscles tense.

This is the reason why doctors are urging *Twin Beds*—so one sleeper will not disturb the other, or communicate a cold or other infection.

The reason, too, why you should be sure your bed is *noiseless*—and why your spring should be even and resilient, your mattress and pillows sanitary and restful.

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The truly *noiseless* Bed is the Simmons Metal Bed—built for sleep by Simmons Limited.

Just as the *sleep-inducing* Spring is a Simmons "Waldorf," of specially tempered spring coils. Fine springs that fit the contour of the body and support the spine in a straight line, insuring perfect circulation and restoring the

energy used up in the fatigue of the day.

Simmons Felt Mattresses are the result of twenty-five years' study of equipment for sound, natural sleep. Made of pure, new cotton in clean, sun-lit factories. Used in thousands of fastidious Canadian homes.

And Simmons Pillows, which rest the head and neck exactly as they need to be rested.

Simmons Limited is a specialist in *Twin Beds*—a pioneer in that fine modern principle of a separate bed for each sleeper.

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Simmons Metal Beds, Springs, Mattresses, Pillows, Day Beds and Children's Cribs are the most sought after sleeping equipment in leading stores all over the country.

The prices are little if any higher than for ordinary beds.

And when you are selecting your Simmons Beds with an eye to their appearance in the room, you will see that Simmons has for the first time established *beautiful and authoritative design* in Metal Beds.

Sleep is a big subject! Write us for the booklet, "What Leading Medical Journals and Health Magazines Say about Separate Beds and Sound Sleep". Free of charge.



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SIMMONS LIMITED

MONTREAL TORONTO WINNIPEG CALGARY VANCOUVER



The "CHATSWORTH" Design 1901—In Twin Pair

Made of Simmons new Square Steel Tubing—Seamless, smooth and beautifully finished.

Exquisitely enameled in the accepted Decorative Colors.

Has the Simmons patented pressed steel *noiseless* Corner Locks. Easy rolling casters.

Your choice of Twin Pair and Double Width. Specially pleasing in *Twin Pair*.

SIMMONS BEDS—Built for Sleep

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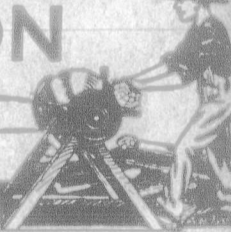
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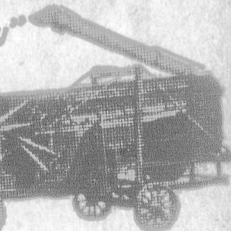
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