THE CATHOLIC REGISTER THURSDAY, JUNE 8, 1905



heart and interest in life because of one cruel blow, and so refuses to believe in all mankind just from the one wrong done to herself, makes not only herself, but her associates, still more miserable. Now, one is, of course, at liberty to be miserable onesonal feelings to injure or embitter some one else's happiness, that is a crime against humanity in general, and such a person sins, not only against herself, but against every one else.

SORROW.

ability to endure the daily cold bath; no woman should make the but Sorrow is the making of some wo-but no woman should make the men and the destruction of others. To taking warm baths all winter, should some it gives the perception of fine she attempt to plunge into cold wa-instincts, and in drowning her own ter, like the experienced cold water, like the experienced cold waber heart and services to a needy hu-her heart and services to a needy hu-her heart and services to a needy hu-ter fiend. If she is accustomed to a daily tubbing in warm water, let her daily tubbing in warm water, let her manity, and in so doing, recognizes daily tubbing in warm water, let net that she still has work to do in the reduce the temperature of the water world, and that there are others more a few degrees each day until it drops deserving of sympathy and love than plunge, let her try sponging with herself. The woman who shuts up her cold water For this purpose she cold water. For this purpose she can use a foot-tub, filling it half or a third with tepid or warm water in which she stands, and then sponge off the body with water from the cold faucet. This sponging may be done with an ordinary sponge, a self, but when one allows one's per- Turkish wash-rag or the bare hands. Another way to educate oneself vp to the daily bath is to use the shower. Take a warm (not a hot) bath, lasting from six to ten minutes, and then turn on the cold shower for a quick finish. If you have no shower attached to your tub buy

one of the rubber tubes with a nickel

spray attached, of the sort most of-

KNOWLEDGE OF HOUSEWORK.

In this country there is no excuse ten used for rinsing the hair after lor girls being brought up in absolute a shampoo. Attach this to the cold ignorance of the kitchen and its uses. water faucet and spray the body Sewing, cooking and housework gen- with it briskly. erally should enter into the training If you are extremely nervous, avoid of every girl, but not to be left to the cold baths, and every night, teachings of any school. The before retiring take a warm bath, the girl should learn the beginnings of which will soothe the tired nerves. sewing with the making of her doll's Because your best friend is a devotee clothes. She should learn house of the cold bath, do not imagine work, beginning with the little things that it may be just the thing for any child can do in a home, and you. If after trying it a number of cooking will drop into its place quite mornings you still find that your finnaturally. Such teaching is best done ger nails are a bit blue, your teeth under the mother's eye and tuition, chattering and that no glow spreads and may be taught the child in school over your flesh, no matter how vigorvacations or at free moments, to be ously you rub, then be sure that the followed by more advanced training cold bath is not for you, and go and greater responsibility as she back to the soothing warm or tepid grows older. Naturally there are edu- bath. cated women who will never learn A warm bath should be taken at home-making but by the saddest ex-periences, if they ever learn. The abil-cleanliness, for the daily cold water ity has not been given to them. Such bath is more of a stimulant than a women are found in the ranks of the cleansing process. uneducated also, so that education cannot be held responsible for such failures. Rather has higher mental training been found to improve the great majority. She has learned The lark and the oriole blent in one Sunday?" that details are important in every gush study, that nothing is too insignifi-Of exquisite melody burst from her cant to be overlooked, and how to apply this learning to home-making. So long, however, as mothers are interested only in a daughter's appearance when grown up, just so long will the young woman know and Her grief and her sympathy dwelt think only of what gives pleasure and luxury.

SAFE RULE FOR CHILDREN.

It seems to me an excellent rule that children should never put any put the harmless rose leaves, later day and get a petal that is nve or six sprays of lily of the valdey, a flower with some hidden charm which makes all children love it: mouth and was sucking them. I said walked by the side of his carriage : "Do you know that those flowers are most poisonous?" She glanced at me with surprise. "Why, they are not poisonous flowers," she answered; But one dwelt apart in a place she did it. "don't you see they are lily of the I answered earnestly : vallev "They are one of the most harmful plants in our gardens. Any part is Where the world was shut out, with dangerous, and the flowers the most Please take your boy home and Where applause was not heard, but 80. wash his mouth and hands carefully. and I would send for your physician. I do not know the result; the child may not have had the flowers long shough to acquire much poison. In England, where the lily of the valley grows wild, many cases of acute poismning have come from it, many weaths.



NO EFFECT.

Tommy-"You said I shouldn't eat those mince pies in the pantry; that they would make me ill. Mother-"Yes, Tommy. Tommy (convincingly)-"But, mam-

ma, I don't feel ill. Good-bye, papa, and don't forget The things I wanted you to do; And send a doll for my doll-Her cold has made her very blue. And if you think you haven't time, Why, please remember what I say: You needn't earn my bread for me-I'll get along on cake to-day.

A SHREWD HERO.

nearest policeman crying "My pa's killed a man!" The following inveskilled a man!" Bisma ck had to confer the Iron tigation and summary punishment Cross or a here in the ranks one day that came to James is supposed to efand, thi ing to try his humor, which fectually stop any more romancing. was of the elephantine order, on the man, he said:

"I am authorized to offer you, instead of the cross, a hundred thalers. What do you say?" "What is the cross worth?" quietly

asked the man. "About three thalers." "Very well, then, your Highness, trial to leave it.

I'll take the cross and ninety-seven thalers.

A QUAINT ANATOMIST.

had said to him. "Take good care A school teacher tells this story: of your mother, Herman, for she is Recently I was teaching a spelling sick and nervous, and any excitement lesson to a class of little second may upset her." graders. The word "each" occurred, He dropped the water-wheel and was written on the board, and from ran to the porch where mother was I expected to derive "peach," calling. "reach," "teach," etc. Pointing to "Hermie," said mother, in a wor-the word of the board, I said: "Can ried tone, "look off there toward the give a story using railroad track. Do you see that any child 'each'?'' A hand was unhesitatingly smoke. That ought not to be there." apt to be worried.

mind, "have you read the books in wrong," begged mother. "And Heryour Sunday school library?'

"And can you tell me what happen- he answered, and started off toward ed to the boy who went fishing on the track.

"Yes :he caught three fishes and an he walked, for really it was foolish eel

"How do you know that?"

" 'Cos I was with him.'

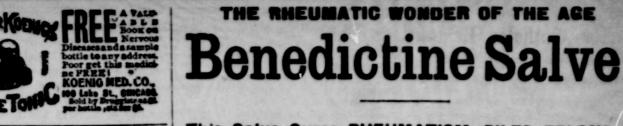
WHAT CAN A BOY DO?

This is what a boy can do, because five minutes the train would be due! boys have done it.

ander Pope wrote his famous "Ode railroad grade. "I must wave a red

But he had nothing to flag the train He can write a great book. Mac- with, and it. was too far to run

sight



tales

As before James rushed out to ter-

of his being scolded so much. "You

see he's not my real father, my mo-

ther's been married twice," and he

gained some sympathy from his asso-

On Thanksgiving day though he out-

done all other acts. His father at-tempted to kill the Sestival turkey,

but being overcome at the sight of

the blood, he clapped his hand over

his eyes and ran into the kitchen say-

ing hoarsely, "Murder!" James took one look at the blood-

stained face and hand and fled to the

HOW HERMAN SAVED THE

TRAIN.

How Herman did hate to go! He was setting up a little water-wheel in the ditch, and it was the greatest

Hermie's face drew up into a scowl

Then he remembered what his father

"It's only a little grass burning

along the track. That's all right,'

he urged, eager to get back to the

mie, don't you get hurt," she added.

"All right, mother. I'll see to it."

First he ran to please mother. Then

to make such a fuss over a common

thing. Then as the flames came in

was it? No grass fire along the track could look like that. The long

wooden bridge was burning. And in

"What shall I do?" panted poor

he began to run again. What

Nother was so

'Hermie!''

"Hermie!"

"Hermie!"

rify his playmates by woeful

ciates

This Salve Cures RHEUMATISM, PILES, FELONS or BLOOD POISONING. It is a Sure Remedy for any of these Diseases.

A FEW TESTIMONIALS

RHEUMATISM

What S. PRICE, Esq., the well-known Dairyman, says

212 King street east. Toronto, Sept. 18, 1968.

John O'Connor, Toronto:

DEAR SIR,-I wish to testify to the merits of Benedictine Salve as a cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a few days was complete. ly cured. S. PRICE.

175 Gerrard Street East, Toronto, Ont., Sept. 18, 1901. John O'Connor, Esq., Nealon House, Toronto, Ont.

DEAR SIR,-I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictive Salve, and around again. applied it according to directions. In three hours I got relief, and is four days was able to do my work. I would be pleased to recommend in to any one suffering from lumbago. I am, yours truly,

(MRS.) JAS. COSGROVE.

256; King Street East, Toronto, December 16th, 1901. John O'Connor, Esq., Toronto:

DEAR SIR,—After trying several doctors and spending bity-five days in the General Hospital, without any benefit, I was induced to try year Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days I want out on the storet spain and now after using the second se days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these factor sead him to me and I will prove it to him. Yours for ever thankful,

PETER AUSTEN

198 King street East, Toronto, Nov. 11, 1002. John O'Connor, Esq., Toronto

DEAR SIR,-I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at in-tervals during the last ten years been afflicted with muscular rheumatism. tervals during the last ten years been amoved with muscular rhoumatism. I have experimented with every available remedy and have consulted, 5 might say, every physician of repute, without perceivable benefit. When I was advised to use your Benedictine Salve I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily ac-tivity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimontal as to the effi-cacy of Benedictine Salve. Yours truly, GEO, FOGG. Yours truly, GEO. FOGG.

12 Bright Street, Toronto, Jan. 15, 1962. John O'Connor, Esq., Toronto:

DEAR SIR,-It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism. There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation. I was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected as absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried . large number of other medicines advertised, without receiving any benefit.

Housekeeping. I would not even let And sent a thought winging its way world by storm, before he was in his water wheels had ingenuity enough

THREE SISTERS.

One sang a song where the notes of

As though all the joy of her life in

though all her pain,

the thrush,

gush

throat,

one note

in one strain

wondering heart,

-a creature apart.

teens. towards the sun lest they make some mistake at a As the voice of the sea from the echoing shell not from a rose. Last spring I saw Speaks-the infinite voice in its a lovely child in his carriage holding lines seemed to dwell, And the world, again listening, world. breathing and breathless was stirred he had thrust them in his By the power of a thought-by the breath of a word, in great alarm to his mother, who Till it knelt at her feed at the voice of her speech, And wrote her a poem and yearned

thrust up and a little German girl | Herman looked. replied: "Does your tack each?" | apt to be worried

"BETTER THE DAY," ETC.

"Some of 'em," he replied, rather in fresh terror.

doubtfully.

Till, enthralled, it would crown her to Solitude," when he was only 12 flag.

leaf, berry or flower in their mouths, One wrote a poem ere morning was aulay wrote his first volume, the home. He stood a moment helpless-"Primitiae," which took the literary ly. Then the boy who could make

Yours respectfully, MRS. SIMPSON.

Were prisoned and held there; as He can write a great poem. Alex- Hermie, as he hurried up the steep That sang itself into the world's

years old.

A BOLD LADY.

Mar" a marriage suggests to an the woman propose it?" But one selsom finds actual historic proof that she did. A recent delightful book on Scotland has an interesting and apparently authentic story of a case where the woman not only took the initiative, but took it in a highhanded fashion.

The young Countess of Carrick was left a widow by the death of her husband while on one of the crusades. The king became her guardian, and she had gaod reason to fear that he would force upon her a marriage of YOU MAY BE CERTAIN THE LI- showing no tacks or fastenings whatpolicy. She was a famous horseand often rode for a day woman, through her own forest, attended only by a small mounted guard. One day she encountered a young man to whom she was at once much attracted. She asked him to return with her to her castle, but he had gallant adventure already in some hand, and ungraciously declined the invitation.

At a word from her, her men-atarms made him a prisoner, and bore him off to Turnberry Castle.

32

Two weeks' imprisonment brought nim to a proper sense of the charms of his fair hostess, and knight and er poisonous impurities from the ady were wedded, with the reluctant consent of the king.

The son of this romantic marriage was Robert Bruce, whose splendid patriotism and brave deeds are well fitted to justify his mother's courageous audacity.

THE BATH.

mulates all the secretions and ener- er Pills. gies and soothes the tired nerves. All | They cure by thoroughly cleansing the sidewalk. these good results spring from its the filtering and excretory systems move," he should to his best friend. primary office as a cleanser of the and awakening the action of the liver millions of pores all over the body. to renewed energy and activity.

arrive of her family physician, who presumably understands her peculiar you will then understand why this functional habits and needs. Every great medicine is considered indis-sort of bath is followed by some pensable in the great majority of sort of reaction, and the bath best homes. The Chercher Killer Liver the function of the fact that suited to your particular case is the one which leaves you feeling strong-est and best. A few trials of vari-ous temperatures will be the best

toward her reach.

called home,

place where, when wearled, her sis-

ters might come;

its clamor and din;

where peace entered in. The birds built their nests in the

sheltering eaves, The winds sang of peace through the

whispering leaves.

The hands of her little ones built her a throne.

And the crown of her life was the love of her own.

The eyes of the wearied and suffering

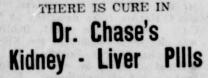
Turned to her as the daisy face turns to the sun; And, methinks, though the world ne-

ver heard of her name, That it oft found a blessing, nor

knew whence it came. -The Delineator.



VER IS DERANGED AND THAT



"Bilious" is the word used by many sir.

derangement of the liver. Biliousness is caused by the failure of the liver to filter the bile and oth-

blood. The result is a clogging and poisoning of the whole system. Indigestion, headache, languid, melancholy feelings, irritability of tem- his own people. per, constipation, alternating with

muscles and bones and a pale, sallow I fear, if business does not brighten. complexion are among the symptoms.

daily bath is not only a beautifier, certain cure for biliousness and tor- wered Mamma Reece. but it prolongs life and youth, sti- pid liver in Dr. Chase's Kidney-Liv-

said so. When you feel out of sorts and noand her daily tubbing should be gov- tice any of the symptoms of torpid Before night one or two people shave or hair cut from that day to erned by her own feelings and the liver and biliousness put Dr. Chase's called to see if the house was for this. advice of her family physician, who Kidney-Liver Pills to the test, and rent and several neighbors came in

Dr. Chase's Kidney-Liver Pills, one which leaves you feeling strong-st and best. A few trials of vari-us temperatures will be the best Now is the time for testing one's book author, on every box. Dr. A. W. Chase, the famous receipt book author, on every box. Dr. A. W. Chase, the famous receipt matried twice, as they had. Once by a Protestant minister and once by a priest. "James," said the father solemnly, "Did you know your mother's heen married twice?"

to think of a way out of worse He can become famous. Charles difficulties. He pulled off his red Dickens did his "Sketches by Boz," so blouse and waved it vigorously at the well, that before he was twenty-two, speck which approached in the dishis name was known to all the tance. The engineer caught sight of

He can "make his mark" so well the red blouse so frantically

models of composition to-day. He can enter a great university be-fore he is thirteen. William Pitt I had not come quick when mamma called!" thought Herman, with a models of composition to-day.

AR-TIS-STICK.

In a large boys' school in the North back to his water-wheel. a fire recently made an excellent excuse for a new building. When the boys returned from their summer vacation they found a handsome Queen the stomach and bowels of bilious Anne structure with modern conven- matter, cause the excretory vessels iences and decoration, in marked con- to throw off impurities from the trast to the old school structure. The walls were of artistic rough gray plaster, with a dado of bur- They do this without pain or inlap four feet high; and such was convenience to the patient, who speedthe master's pride in their immaculate beauty that the fiat went forth that not a nail or tack must mar all kinds of people.

their surface. What was the disgust, then, of the head master, on passing the open door of a mischief-loving and law-defying pupil's room to behold a row of neckties hanging against the wall, ap-

parently each on a separate tack. With black frown and angry stride the master entered the room and summoned the delinquent to explain instantly.

eye, the rogue removed the ties, ever on the virgin surface of the wall.

"What? How! How did you hang them there?" thundered the amazed head master.

"Just this way, sir," said the boy, demurely, as he pressed a gaudy Ascot on the rough gray plaster. "They are silk ties and they stick,

people to describe the condition of ill-health into which they are thrown by derangement of the liver. their trap.

REALLY.

Little James Reece had a way of telling everything his family talked about. It became very amusing to shave him both.' his neighbors and very annoying to

One day papa Reece said: WWe looseness of the bowels, pains in the will have to leave our beautiful home, "I don't know where we'd move to Taken properly and hygienically, the Fortunately there is prompt and as a way to better ourselves," ans-

donned cap and coat to get out on "We're going

"Ah, sure?" doubted his friend. "Yes, sure," asserted James. "Pa ren. And unless he went to another

referred laughingly to the fact that they had been married twice, as they

the dancing little figure that waved and that it will open his career. Pal- brought the train to a standstill. The merston England's great statesman, trainmen came clambering down to was admired in school for his brilliant fight the fire. The passengers followwork and wrote letters home in ed after, and the very first to corie English, French and Italian that are out of the coach was Hermie's father.

> shudder, as happy in the possession of enough money to buy a steam engine that would really run, he went

They Cleanse the System Thoroughly .- Parmelee's Vegetable Pills clear blood into the bowels and expel deleterious mass from the body. ily realizes their good offices as soon as they begin to take effect. They have strong recommendations from

THE LION AT THE BARBER'S.

Once upon a time the lion decided that he should go to the barber's, and so he posted off to the shop kept by the monkeys.

"I'm in a big hurry," said the lion why he had so flagrantly disobey- as he climbed into the barber's chair. ed and to remove the offending tacks "Get through with me as quick as you can, for I want to catch

With hanging head, but twinkling train." He threw himself back n the chair and closed his eyes, and before the monkeys had half recovered from their scare he had fallen asleep and was snoring.

"What did he said he wanted-a hair cut or a shampoo?" asked the chief barber of his assistant.

"He didn't say," answered Jimmy. "Well, I guess you had better wake

him up and ask him." "Well, I guess I'll resign my job," replied Jimmy. "If I wake him up he will eat me up."

"Then I'll shave him," said the chiei.

"Maybe that isn't what he wants, and he'll eat you up," said Jimmy. "Then, suppose I cut his hair?"

"He may not want his hair cut and he'll eat you up for that." "Then I guess I'll cut his hair and

"He'll eat us both up then."

The chief scratched his head and the assistant scratched his head, but

presently Jimmy says: "Boss, I would like to get off to

day to go and see a sick friend. "All right," answered the chief, as wered Mamma Reece. James could hardly wait until he brain, "and I'll take a day off too."

So they took each other by the paw to and tiptoed as easily as they could across the plain until they got out of earshot of the lion, and then they

barber shop Mr. Lion hasn't had his

PILES

7 Laurier Avenue, Toronto, December 16, 1901. John O'Connor, Esq., Toronto, Ont .:

DEAR SIR,-After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with piles. Yours sincerely, JOS. WESTMAN,

241 Sackville street, Toronto, Aug. 15, 1902.

John O'Connor, Esq., Toronto:

John O'Connor, Esq., Toronto:

John O'Connor, Esq., City:

John O'Connor, Esq.:

go to work.

DEAR SIR,-I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding Itching Piles. I have been a suffer-er for thirty years, during which time I tried every advertised remedy I could get, but got no more than temporary relief. I suffered at times in-tense agony and lost all hope of a cure.

Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can hearting recommend. it to every sufferer.

JAMES SHAW.

Toronto, Dec. 30th, 1901.

DEAR SIR,-It is with pleasure I write this unsolicited testimonial and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an opera-tion. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completery cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me a thorough cure and I am sure it will fering so long. It has given me a chorough cure and i and the trans-never return. I can strongly recommend it to anyone affiicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE, With the Boston Laundry.

BLOOD POISONING

Corner George and King Streets, Toronto, Sept. 8, 1904. John O'Connor, Esq., Toronto:

Dear Sir,-I wish to say to you that I can testify to the merits "of your Benedictine Salve for Blood-Poisoning. I suffered with blood poisoning for about six months, the trouble starting from a callous or hardening of the skin on the under part of my foot and alterwards turning to blood-poisoning. Although I was treated for same in the General Hospital for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital uncured and then I tried your salve, and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. I was also treated in the States prior to going to the hospital in Toronto, without relief. Your salve is a sure cure for blood-poisoning.

DEAR SIR,-It gives me the greatest of pleasure to be able to testily to the curative powers of your Benedictine Salve. For a month back my

hand was so badly swollen that I was unable to work, and the pain was

so intense as to be almost unbearable. Three days after using your Salve as directed, I am able to go to work, and I cannot thank you enough. Bespectfully yours, J. J. CLARKE,

DEAR SIR,-Early last week I accidently ran a rusty nail in my finger.

The wound was very painful and the next morning there were symptoms of blood poisoning, and my arm was swollen nearly to the shoulder.

applied Benedictine Salve and the next day I was all right and able to

JOHN O'CONNOR LAST, TORONTO

FOR SALE BY

J. A. JOHNSON CO., 171 King St. E

WM. J. NICHOL, Druggist, 170 King St. E.

J. SHERIDAN,

34 Queen street East.

MISS M. L. KEMP.

Toronto, April 16th, 1908.

72 Wolseley street, City.

Toronto, July 21st, 1902.

PRICE \$1 00 PER BOX

