

In reasoning on the organic economy, I saw that not only did the vital circulation pick up seeds of disease and decay through the absorption of putridity from the *colon* and even many times from the *illium* and *jejunum*, but that the stomach itself, as just suggested, helped on these disease-producing processes in all the affected parts of the body by sending into the circulation the very poisonous dregs of over-detained food by not being permitted to rid itself of the incumbrance thus abnormally detained through the interruption of the channel below.

The sewer of our street if clogged even a mile below our residence, not only poisons the air at every outlet above, but in our very residence it backs up its deleterious effects, thus multiplying dangers to life and health by preventing the escape of our waste materials. To purify the residence the sewer below should be flushed till the passageway is clear to its very outlet.

Thus, as I firmly believed then and now know, by flushing the *colon* through mechanical and hydraulic means and removing all obstruction, the generation of acid in the stomach would cease by this organ's passing its unwholesome contents through the *duodenum*, when the welcome stranger, *hunger*, would again knock for admission. I foresaw that by thus freeing the *colon* of its putrid contents, the myriad invisible absorbents of that *viscus* would cease their cruel and pernicious employment of conveying to the vital fluids the germs of putridity, and that this vital circulation in turn, thus free from impure matter, would go on with its normal health-giving work of carrying to all parts of the organism the germs of pure nutrient substances extracted from the unfermented food in the stomach as fast as digested, and from the *chine* and *chyle* in the *duodenum*.

These early conceptions of the natural working of the vital economy, I am happy to say, I have found to be the literal physiological truth in my own carefully analyzed experience during all these years of patient and persistent investigation.